



PAUL'S LETTER

ST. PAUL'S EPISCOPAL CHURCH

St. Paul's Episcopal Church in Cary is home to an active, caring, and diverse congregation of the Episcopal Diocese of North Carolina. Through corporate worship, spiritual development, fellowship, and service we continue to grow together in faith. We strive to be Christ's welcoming, reconciling, and transforming presence in the world through our many and varied ministries.

Rector's Letter

Dear Friends:

Occasionally I like to highlight some of the ministry initiatives of our diocese. There is a fairly new one that I'll be engaged with this year and I'd like to share some information about it.

In previous newsletter articles I've described the ministry of the Diocesan Trustees, as well as my being appointed to the Trustees by Bishop Michael Curry a few years ago. As I serve my second three year term as one of six Trustees, I have accepted Bishop Anne Hodges-Copple's request to serve as the Trustees liaison to the Diocesan Mission Endowment Grant Board.

This Mission Endowment Grant is described by the diocese as a permanent endowment created for the specific purpose of supporting the diocesan mission strategy of establishing the Episcopal presence of Christ in communities in ways that brings the community to see Christ's presence among them. What makes the grant unique is expanded eligibility in applying for the grants. While grant projects must relate to missionary initiatives located within the 38 counties of the Diocese, the initiatives themselves do not have to be associated with diocesan entities. Only one participating member of the proposed project team is required to be associated with a diocesan entity; the rest of the team can build out from there. This opens the door to greater eligibility, including:

- Strategic partnerships between diocesan and outside entities, including interfaith and secular entities
- Companion relationships
- Partnership ministries of congregations, institutions, and organizations of the diocese.

Any proposal needs to align with any of the five stated mission priorities of the Diocese of North Carolina: (1) Furthering the mission of the Episcopal Church (2) Reaching out to new ethnic communities (3) Focus on young adult evangelism and formation and ministry (4) Christian life-long formation as a disciple of Jesus (5) Collaboration and partnerships for ministry and presence in the world.

As you know I love this great diocese of ours and look forward to serving in this new capacity both building on the vision Bishop Michael Curry placed before us and working with Bishop Anne Hodges-Copple, our bishop pro tem, as we continue forward during this time of transition for our diocese. I'll also have the opportunity to work with the Rev. BJ Owens, former associate rector here at St. Paul's, who is a Mission Endowment Board member. How great is that!

George

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**Take the Bishop
Search Survey.
See Page 6**

**Next Newsletter
Deadline:
Wednesday,
April 20, 2016
at 10:00 a.m.**

newsletter@stpaulscary.org



Warden's Corner

Spring is in the air – the air is warming, trees are leafing out, and spring flowers are in bloom. Many of us have a ritual of spring cleaning in our homes this time of year, at St. Paul's, we have a little spring-time sprucing of our own going on in our church home.

In February, a team of 17 individuals finished the LED lighting replacement in the Education Building – now, the entire building has been updated. This new lighting is tremendously more energy efficient, and it will also reduce the amount of volunteer time spent replacing fluorescent bulbs and worn out fixture electronics.

The youth have recently cleaned, updated, and painted the youth wing. Be sure to stop by in the youth wing to check out the newly painted walls and especially the updated photos that grace the rooms.

After Easter, the old (and deteriorating) waterline from the water meter to the kids' club and chapel will be replaced. This will bring water to the kids' club and chapel that is, once again,

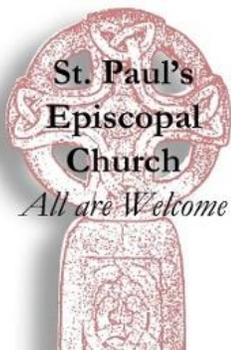
both clear and without odors. No buildings other than the kids' club and chapel will be impacted by the week-long work.

While it's not cleaning per se, this next item is definitely home-related. St. Paul's will be sponsoring the Habitat Episcopal Build April 7-9th at the Habitat for Humanity Crosstowne site. From personal experience, I can attest that it is a rewarding experience. For more information or to signup, visit: <http://crosstowne.habitatwake.volunteerhub.com/events>.

Finally, there will be a workday on April 30th to clean up the grounds and spread mulch on the St. Paul's campus. Please consider helping, there will be plenty of jobs including the moving / spreading of mulch, weeding, and pruning. Many hands make light work – all are invited!

Prayerfully submitted,
Your Senior Warden,
Julia Rudy

Hospitality, Parish Life, and Pastoral Care



About Our Church

Congratulations to Eric and Cara Delia on the birth of their daughter, Genevieve Selah Delia. Genevieve was born on Feb 25, 2016.

We express our sympathy to Mike Gorman for the death of his aunt, Ann Caroline Gorman; to Gwen Niedig for the

death of her aunt, Dorothy M. Wells; to Jenna Geigerman for the death of her father, Jeffrey Alan Windom; and to Kimberly Clary Wood for the death of her grandmother, Betty Clary.

*Submitted by Melanie Fairbrother
Office Manager*

Ministry of the Week



Apr 3	Celebration of a Ministry: The Rev. Lois Reardin
Apr 10	Outreach Committee
Apr 17	Spring Ministry Mini-Fair
Apr 24	Vestry Quarterly Parish Update



**CELEBRATE THE
MINISTRY OF
THE REV. LOIS
REARDIN**

Please join St. Paul's clergy and parishioners at 10:10 a.m. on Sunday, April 3rd, for a special coffee hour in the parish hall to celebrate the ministry of Rev. Lois Reardin. Lois has been an important part of St. Paul's clergy since 1999. She has decided to step away from active ministry as a clergy member, but will continue to be an active member of our church community.

To express our love and gratitude to Lois, we will gather in the parish hall to share stories, laughter, and refreshments. For more information, please contact Karen Smith (karensmith7@twc.com) or Candy Snively (candy.snively@att.net).

All Are Welcome!

Spring Mini Ministry Fair

Sunday, April 17

Parish Hall – Coffee Hour

Whether you want to get involved in something new or just find out what's happening, come to the Spring Mini Ministry Fair. Here are some of the ministries who will be on hand:

Altar Guild, Buildings / Grounds, Fellowship, Memorial Garden, Men's Group, Ministry of Mothers Sharing, Newcomer Ministry, Outreach, Rainbow Gathering, Senior Ministry, and many, many more.

Sponsored by the Ministry Leader Resource Committee (MLRC)

The Rev. Lois Reardin began her priestly ministry at St. Paul's 17

years ago. As a matter of fact both Lois and I arrived in North Carolina the same month back in 1999. While Lois moved to North Carolina to retire and be closer to family, a whole new chapter of priestly ministry was about to begin.

As a Priest Associate at St. Paul's, Lois served in so many ways – both pastorally and liturgically. I found in Lois someone with whom I could seek advice and with her sense of humor some of the most memorable one liners of my life. Those who know Lois know what I mean.

Lois brings a depth and meaning to ministry due to her love of being a priest and reminds those of us who are ordained that being a priest or deacon is not a job, but a major part of who we are. It's a way of life.

Lois has decided to retire as a priest associate at St. Paul's after 17 years of faithful, committed service to our community of St. Paul's. We want to thank Lois on April 3 at a special celebration during coffee hour. Please join us.

Of course, Lois is not going anywhere. She will still be a part of our St. Paul's congregation. A new chapter.

George



Women's Study Group



The Women's Study Group meets next on Tuesday, April 12th from 12:00 noon -1:30 p.m. in the bride's room to discuss *Pastrix: The Beautiful, Cranky Faith of a Sinner & Saint* by Nadia Bolz-Weber. From Amazon: "Now a New York Times bestseller, Nadia Bolz-Weber takes no prisoners as she reclaims the term "pastrix"(pronounced "pas-triks," a term used by some Christians who refuse to recognize female pastors) in her messy, beautiful, prayer-and-profanity

laden narrative about an unconventional life of faith." We hope you can join us for wonderful discussion and fellowship.

Our upcoming books include:

- ☐ May 10: *The Sweet By & By* by Todd Johnson; and
- ☐ June 14: *The Five People You Meet In Heaven* by Mitch Albom.

If you have any questions, contact Leah Dail at LeahDail@gmail.com.

Submitted by Leah Dail

Angels Among Us: Care & Share, St. Paul's "Inreach" Ministry

During the most intimate moments of parish members' lives, Care and Share is quietly present.

Are you aware of our Care and Share ministry? A small group meets monthly and confidentially to enlist simple but often vital support for the members of St. Paul's during times of serious need. Working confidentially with the clergy, the planning team is a group that swoops in – quietly, privately, and quickly - to organize volunteer help when it is needed the most such as a death in the family, a new diagnosis, a friendly call to a fellow member with friends on the parish prayer list, or emergency child care. Committee members coordinate specific areas and pull together care teams of volunteers to help in a variety of ways.

The planning team relies upon a network of volunteers to help serve our parish community with these services – transportation, funeral receptions, or meals. Would you like to learn more about joining this network of "angels?" We welcome more hands to reach out and serve others. Opportunities range from providing a one-time meal to a family in need to driving a parishioner to service on a coordinated, longer term basis.

For more information, please contact ministry leader Margie Best at 919-303-3830 or at mwbest@bellsouth.net.

Or fill out an info form on the church website: www.stpaulscary.org/ministries/adults/. Please join us in this important and very rewarding work, in quiet service to others.

Submitted by Linda Cozzolino



NEED CARE & SHARE?



Newcomers Class

Newcomer Class in April

There will be a newcomer class for all who are interested in learning about St. Paul's. It will be 3 consecutive Tuesday evenings, April 19, April 26, and May 3, in the youth wing, 7:00 – 8:15 p.m. The classes will be led by Father George, while other clergy and ministry leaders will come in to share information

about the many opportunities in which to participate. For more information, contact Frank and Anne Laney, annewlaney@gmail.com, (919) 460-0835.

Submitted by Anne Laney

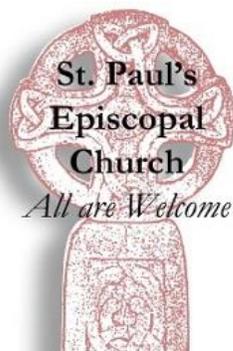


PAUL'S LETTER

Get your St. Paul's Letter (this Newsletter) delivered electronically!

- ◆ *It comes in color.*
- ◆ *All of the links work – just click to go to the web site or send an email.*
- ◆ *It saves the church postage and printing costs.*
- ◆ *Read online or print out at home.*

Send an email to newsletter@stpaulscary.org and put the word "ONLY" in the title. We'll add you to our electronic distribution list and save money on postage.



SPRING CLEANING?

Got usable stuff in your attic, basement, or closets that you are ready to part with? Save it for the First Annual St. Paul's Yard / Garage / Rummage / White Elephant / Parking Lot Sale and Flea Market, early this summer! We haven't worked out all the details yet, but hold onto your saleable stuff and get ready, because it's coming to a church near you!

CHH Offerings Starting in April

Just a reminder that there is still time to register for our April courses. Don't miss these great opportunities!

Savvy Seniors, a Lunch and Learn Opportunity – Thursdays, 11:00 - 1:00 p.m., April 7-May 26:

Melissa Huemmer, Licensed Clinical Social Worker and counselor at CHH, will guide participants through discussions on topics pertinent to dealing with aging.

This is designed to be a fun and helpful experience where people can express themselves and seek information and support in a compassionate environment.

Topics will be adjusted to suit the needs of the group, but past sessions have included discussions about Maintaining Social Connections, Having Fun, Dealing with Physical and /or Memory Changes, Adjusting to Transitions in Living Situations, and Dealing with Fears and Anxieties. Cost is \$20 per session (bring a lunch, we provide drinks) and we must have at least six participants to proceed with the group; you do not have to be associated with St. Paul's to attend – bring a friend! Please contact Melissa Huemmer at Melissa.huemmer@chhcary.org or by calling 919-414-0668 to register, or to learn more specifics about the group.

“How to Organize Your Personal Finances to Avoid Stress” – Monday, April 11, 7:00 p.m. at CHH:

It is not surprising that the American Psychological Association identified money as a *somewhat* or *very significant* source of stress for the majority of Americans in 2015. We have asked St. Paul's parishioner, Bill Gautier, a financial advisor with Davenport & Company, to give us a few pointers on how to tackle some of that stress by getting organized and putting a plan into action. This course is offered free of charge and will be limited to 25 participants. Please contact Mary Kintz at info@chhcary.org to register or ask for more information.

Study Skills for High School and College – Thursday, April 14, 7:00 - 8:00 p.m. at CHH:

This workshop will help students identify the tools needed to create a successful study plan for exams. Lori Ghosal, Ed. D, an Academic Coach at NC State Student Services, has 8+ years of experience in academic affairs, creating academic success strategies, and career plans for students. We will examine how students learn best and provide strategies that complement learning styles to increase comprehension, critical thinking, and analysis skills to improve test performance! Please contact Lori Ghosal at lori@innerquestcoaching.biz to sign up, or check out her website at www.innerquestcoaching.biz.

Submitted by Mary Kintz



Take the Bishop Search Survey

THE BISHOP SEARCH SURVEY is live and waiting for you to share your thoughts, suggestions, wishes and ideas for the XII Bishop Diocesan.

Information shared in the survey will be used by the nominating committee to help develop the diocesan profile used to inform potential candidates about all the Diocese of North Carolina has to offer.

The survey is available in both English and Spanish.

The preference of the nominating committee is that the survey be completed online. However, for those unable to do so, hard copies of the survey - one in English and one in Spanish - were sent to every church and parish to copy and distribute as needed. Please note: all hard copies of the survey must be received (not postmarked) at Diocesan House no later than April 15.

The online survey will close on April 15.

This is a key opportunity to make your voice heard - please don't miss it. Share this survey as widely as possible and add your voice to our call for the XII Bishop Diocesan!

[Take the survey - English](#)



The Episcopal Diocese of North Carolina

[Take the survey - Spanish](#)

Spring Fun at St. Paul's Preschool

The preschool is in full bloom this spring after enjoying a wonderful Spring Break and Easter Sunday!

Smile...spring pictures are scheduled for April 6th and 7th. It is always nice to see our friends from Portrait Makers! We are hoping to take advantage of the beautiful courtyard for class pictures.

The children are looking forward to a visit from the Traveling Tortoise April 18th and 21st. The children will learn about the intriguing world of herpetology (reptiles and amphibians)! During the visit, they will experience live demonstrations with animals from around the world. They will enjoy exciting herpetology field-work with fun "hands-on" activities with snakes, lizards, frogs, and tortoises.

Special thanks to our talented Garden Moms who took the children out to plant and dig in the dirt! Our



Summer Fun Camp

classroom garden will soon be filled with beautiful tulips, daffodils, and other colorful flowers!

Summer Fun Camp information can be found on the preschool [webpage](#). Summer Fun Camp will be held May 31st- June 3rd and June 6th-9th. We would love for you to join us this summer!

The preschool has a few openings in our programs for the 2016-2017 school year. Please pass this information to friends and neighbors and post on any websites at your disposal. Our teachers are the BEST! Come LOVE, LAUGH, and LEARN with us!

Blessings.
Brooke Bowersox



Communion Classes & Celebration

Communion classes will be taught April 10, 17, and 24 during the Sunday school hour in Room 13 – the transitional kindergarten preschool room at the end of the education building hallway, across from the library. We are expecting a large group of children and we are excited to welcome them to class! Classes will start immediately following the 9:00 a.m. worship service. Please bring your listening ears and best behavior.

Our parent companion class will be held on April 24 at 10:15 a.m. in the chapel. Parents of communion class participants are encouraged to attend, however everyone is welcome!

Our communion celebration will be held on May 1st at the 9:00 a.m. worship service. Sunday dress is appropriate and children will be presented with a Bible. A special coffee hour will be held in the parish hall after the worship service.

Children's Stewardship – Update \$1200 to go for Stop Hunger Now!

Ever wondered where the money the children collect in their Sunday morning basket is going? It is slowly adding up and as of March 16, 2016 the balance for the children's offering is \$1678.64. All money collected from June 1, 2015 to

May 15, 2016, including Mite Box contributions, are designated to be used to fund our children's Stop Hunger Now day on May 15, 2016. To create 10,000 meals, we need to raise \$2900 by May 15, 2016.

Children's Ministries



Christine Ingram
Children's
Ministries Director
467-1477, ext. 19



How do I participate in the May 15, 2016 Stop Hunger Now Event?



Children and their families are invited to attend the Stop Hunger Now event on May 15, 2016 from 10:15 a.m. to 11:15 a.m. in the parish hall. Our goal is to create 10,000 meals. Children ages 3 and up are welcome to participate WITH their parents. We have openings for 100

volunteers. To participate, all you need to do is sign up here: <http://events.stophungernow.org/StPaulsCary>. If you would like to help for an additional hour (from 11:15 a.m. - 12:15 p.m.) please contact Glenda Swann.

Pre-EYC=Outreach and Fun!



Pre-EYC has been busy! On March 12 a group of Pre-EYCers and their parents volunteered at the Food Bank of Eastern North Carolina. Our job was to package black eyed peas, pinto beans, and to wrap labels on cans of peas – the children (and adults) had a very good time!

think of the children and their chaperones as they head out for an overnight in the woods where they will enjoy all of God's creations. And, finally, on April 24, Pre-EYC will finish the year by providing service to the church by completing a playground clean up day and family picnic. All current 4th and 5th graders AND rising 4th graders and their families are welcome to join us!!

On April 10, the children will be doing a set up for WIHN, and then we will have our annual spring retreat. Please

Heroes and Villains VBS-Ordinary People becoming Extraordinary!



Mark your calendars for our annual Vacation Bible School-June 20-24, 2016 (9:00 a.m.-12:00 noon) OR June 22-24, 2016 (6:00-7:30 p.m.). Through stories, crafts, science, and music we will learn about: David's Bravery, Joseph's Perseverance, Moses' Obedience, Ruth and Naomi's Friendship and Loyalty, and Meshach, Shadrach, and Abednego's Faith. Come join us for a week of fun as we learn about Bible Heroes and Villains and how ordinary people became extraordinary!

registration form early to reserve a spot. Registration forms are available in the narthex, by the bulletin board in the education building, and in the church office. We will need youth helpers and lots of adult volunteers as well.

4th and 5th graders – think you are too old for VBS? Think again! This year's VBS will have special activities just for you! You won't be rotating through all the activities with everyone else-your group will be pulled out to do some extra fun "bigger kid stuff." Don't spend lots of money on a camp-come spend the week with us instead!!!

All children ages 3 to 5th grade are welcome to participate. Spaces are limited so be sure to turn in your

Registration forms are available in the narthex and the parish hall. Hope everyone can join us!

Spring Children's Calendar

Date	Event	Date	Event
Apr 3	No Sunday School (Spring Break)	May 1	First Communion Celebration at 9:00 a.m. service (Last Day of Sunday School)
Apr 10	Communion Class # 1 / Pre-EYC set up for WIHN at 1:00 p.m.	May 8	Mother's Day / 5 th Grade Recognition/ No Sunday School
Apr 16-17	Pre-EYC Overnight (4 th & 5 th grade)	May 15	Stop Hunger Now Event for Children at 10:00 a.m. / No Sunday School
Apr 17	Communion Class # 2	May 22	Bishop's Visit / Confirmation Sunday
Apr 24	Communion Class # 3 / Pre-EYC Picnic & Playground Clean Up	Jun 20-24	Daytime VBS (9:00 a.m. - 12:00 noon)
		Jun 22-24	Nighttime VBS (6:00 p.m. - 7:30 p.m.)



*Fostering the love of
Christ in the youth of
St. Paul's.*

Page 9

Youth Coordinator
Leah Dail
Leah.Dail@stpaulscary.org

The mission of the Youth Ministry is to develop a spiritually rich community of young people through fellowship, fun, education, service, and worship. Our Core Development Values are the foundation of our ministry and define what is most important. They are:

♣ Fellowship ♣ Education ♣ Fun ♣ Growth ♣ Spiritual Development ♣ Service ♣ Inclusiveness ♣ Respect

Youth Sunday School

Come join us for youth Sunday school. There is a middle school class for 6th – 8th graders and another for high schoolers, grades 9 – 12. The Sunday school hour is from 10:10 a.m. – 11:00 a.m. (between services). Middle schoolers meet in the youth wing. High schoolers meet in room 10 of the education building.

Our curriculum is *Episcopal Curriculum for Youth*, from Virginia Theological Seminary. The upcoming lessons are:

Apr 3 No Sunday School – Spring Break
Apr 10 Getting to Know God: Who is Jesus?
Apr 17 Prayer: Changing Hearts God
Apr 24 Prayer: All Things Through Prayer

April Confirmation classes continue at the Center for Hope and Healing:

Apr 3 No Class (Spring Break)
Apr 10 Holy Scripture: Part I
Apr 17 Holy Scripture: Part II
Apr 24 Episcopal Polity

Episcopal Youth Community

Every young person in grades 6-12 who attends St. Paul's is welcome to be a part of the Episcopal Youth Community (EYC). Friends are always welcome to attend. EYC gathers on Sunday nights for fellowship and fun activities from 5:00

– 7:00 p.m. with a shared meal at 6:30 p.m. We combine lots of zaniness – games, songs, lots of action – with worship and service. It's organized chaos but it works!

*And the streets of the city
shall be full of boys and
girls playing in its streets.
Zechariah 8:5*

Theme for April: Play

Unfortunately, we live in culture that almost “works” all the play out of us, even out of our youth. They have school, volunteer commitments, sometimes work, even church (!) that makes demands on their time. It can be difficult to have time for play, defined as an activity for enjoyment and recreation rather than a serious or practical purpose. Jesus reminds us in several Gospels that we should be more childlike in order to enter the Kingdom of God. Why is that? I think one major reason is a child's ability to play. When we play we open ourselves to learning new things about the world, we let our serious side relax, and we open our hearts. We can open ourselves to new ways of seeing and doing. So this month in Youth Ministry we will look at play – and play at playing! We want to come away saying, “This was fun!” Come join us.

Tuesday Small Group Discussions and Pie Eating: Tuesdays (Apr 5 & 19), 6:00 - 7:00 p.m.

The Lenten study participants asked for our small group discussions to continue, so we will meet on the 1st & 3rd Tuesday of the month. We all really enjoyed the time together, the space to ask questions about our faith, and get to know each other better. The format for these sessions will be simple: eat dinner beforehand or bring it with you. We will watch a short video and discuss how our faith informs different topics. And we will eat pie!

April 5: Meet in the youth wing; April 19: Meet in room 10 of the education building

April EYC Schedule:

April 3 – No EYC (Spring Break)

April 10 – Ice Cream Social & Games at WIHN

April 17 – Kick Ball

April 24 – Assassin Tag

High School Spring Break Mission Trip

A group of 10 youth and 3 adults are going to Washington, DC from March 31 – April 2. We ask for your prayers for safe travels, deepening friendships, and spiritual renewal during our trip. We will be working with Samaritan Ministry of

Greater Washington (<http://www.samaritanministry.org/>) to learn how to truly be “Good Samaritans” to the most vulnerable people. We will focus on homelessness and poverty and the issues that contribute to them.



30 Hour FAMINE

Our Youth Group and Confirmation class is going hungry to help save kids' lives. Every \$35 we raise can help feed and care for a child for month!

WHAT: We're learning about hunger, raising funds to fight it through World Vision, and then going without food for 30 hours to understand what millions face every day.

WHY: Because we don't want to be onlookers while nearly 8,000 kids are dying every day from hunger-related causes. We're choosing to stand up and make hunger our fight.

WHAT ARE WE DOING FOR 30 HOURS? *Fasting* (starting at school at 12:30) + *Games* + *Friends* + *Service* + *God*

OUR FAMINE DATES: Friday, April 29 – Saturday, April 30

OUR GOAL: to raise \$1,400 to help feed and care for 40 kids for a month.

CONTACT: Leah Dail, Youth Program Coordinator, 919-4671477 X23, or Leah.Dail@stpaulscary.org

God blesses those who hunger and thirst for justice, for they will be satisfied..
Matthew 5:6

“Thank You”s from the Youth!

Senior Luncheon

Thank you to everyone – youth, adults, and parishioners – who helped make this another delightful event. The food was delicious (thank you to youth

and parents) and the conversations and fellowship were wonderful to experience.

Appalachia Service Project (ASP) Spaghetti Dinner

What a wonderful evening of food, fellowship, and fun. The youth really enjoyed telling parishioners about ASP and a little about themselves. Thank you to everyone who

attended and generously donated to ASP. With your help we raised over \$3000.00 to fund our 2016 mission to the mountains of Tennessee where we will help make homes warmer, safer, and drier for those in need. .

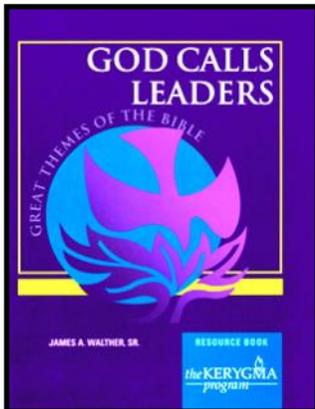


Happening Weekend!

Five youth and one adult “Happened” March 11-13 and one St. Paul’s youth served on Team. What a glorious weekend it was! It was a powerful, youth-led weekend of personal

renewal of relationships to Jesus Christ. Thank you to everyone who lifted the participants up in prayer, sent notes, and supported the group.

Adult Education Coming Up



ADULT BIBLE STUDY COURSE BEGINS APRIL 6: “*God Calls Leaders*” is a 7-week course in the Kerygma Program Great Themes of the Bible series. Led by the Rev. Dr. Cathy Deats, this course explores how God worked through the lives of patriarchs and prophets, fishermen turned disciples, and a carpenter who was a Savior. Weekly on Wednesday evenings ending May 18, 7:00 – 8:30 p.m. in the youth wing. There is a cost of \$20.00 for a resource book. Sign up to enroll by email to Beth Barnes, eanbarnes@gmail.com.

SUNDAY MORNINGS BETWEEN THE 9:00 AND 11:15 A.M. SERVICES .

CONVERSATION & COMMUNITY: in a small group setting, selections from Brian McLaren's book, *We Make the Road by Walking*, are used to facilitate spiritually-focused conversation and to foster friendships. Please come for one week, or all weeks, or anything in between. This group is for anyone looking for something more casual than adult education forums in the chapel, but more structured than coffee hour. Meetings are in the church's conference room.

FORUMS, presentations and discussions on a wide range of topics, are held in the Chapel. On Sunday, April 10, Howard Manning, Executive Director of Dorcas Ministries, will be our guest speaker. His topic is issues of poverty and need in this area and what we can do to address these issues. This will be the only forum in April. All are invited to attend the celebration of the Reverend Lois Reardon's ministry on April 3rd, the Spring Mini Ministry Fair on April 17th, and the vestry's parish update on April 24th.

CENTERING PRAYER: “*Be still and know that I am God.*” (Psalm 46) The psalmist describes both the method and the goal of centering prayer: a silent consent to the presence of God in our hearts, in our lives. A combined St. Paul's /Cary Presbyterian Centering

Prayer group meets in the parlor on the main floor of Cary Presbyterian Church at 9:00 a.m. on Fridays. Come join us! For more information contact Martha Waters, Martha.wtrs@gmail.com.

THE DAILY OFFICE is a series of prayers for daily devotions in the morning and evening. It can be read privately or corporately as a liturgy in church. The Daily Office Lectionary (BCP pg. 934) is a 2-year cycle of scripture readings which cover most of the Bible and recite the complete cycle of psalms every seven weeks. Daily Office recordings are made by St. Paul's readers and are available in MP3 format at www.stpaulscary.org. Readings by St. Paul's readers are also broadcast on the Church Broadcasting Entity Radio (THE-CBE.org). More information is available at the church web site.

THE JULIAN GATHERING meets on the second and fourth Wednesdays of each month at 9:15 a.m. for contemplative prayer and the study of Julian of Norwich. Julian was a 14th century mystic and author of *The Revelations of Divine Love*, often acknowledged as one of the world's great spiritual classics. The next meeting dates are April 13 and April 27. For more information, contact Lanny Wase, lannywase@mac.com, 919-466-9050.

PEOPLE OF ALL COLORS AND CULTURES TOGETHER (PACCT) meets on first Tuesdays at 7:00 p.m. in the youth wing. We will continue our discussion on race relations and diversity in our community and America. Please join us on March 1 for our next meeting! For more information text Andrea at 919-348-9599.

THE WOMEN'S STUDY GROUP is open to women who are interested in reading and discussing literature. The group alternates reading fiction and non-fiction each month. Many, but not all, of our selections have spiritual /religious

(Continued on page 13)



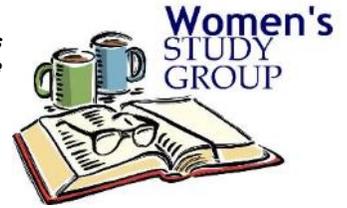
Adult Education Opportunities (continued)

(Continued from page 12)

themes. The group meets Tuesday, March 8, from 12:00 noon to 1:30 p.m. in the bride's room. Child care is available on request. For more information, see the article on page 4 of this newsletter, or

contact Leah Dail, LeahDail@gmail.com.

Submitted by Beth Barnes
and St. Paul's Adult Education Committee

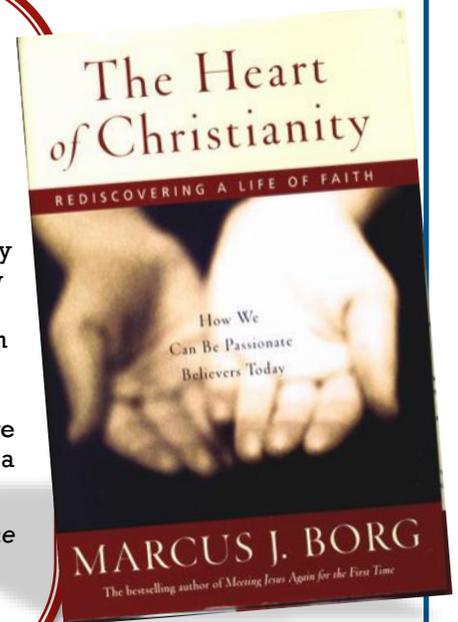


The Heart of Christianity Rediscovering A Life of Faith by Marcus J. Borg

Adult Education Book of the Month
April 2016

Marcus J. Borg was a world-renowned Jesus and Bible scholar, author and lecturer. He often focused his work on what it means to be a Christian, especially in a time of a deeply divided American Christianity. In this book, he shows how “we can live passionately as Christians in today’s world by practicing the timeless elements of Christian faith”. He defines “Practice” as “Paying Attention to God; The Formation of Christian Identity and Character; Nourishment; Compassion and Justice; and Living the ‘Way’”. Reviewer comments include: “Highly readable ... a valuable glimpse into the essence of Christianity”, and “we are reminded that the heart of Christianity speaks directly to the human heart as a lived, living, and loving faith”.

Marcus Borg wrote a number of other books, including *Meeting Jesus Again for the First Time*, *The God We Never Knew*, *Speaking Christian*, and *The First Paul*. For more information about Marcus J. Borg and his books, go to his website: www.marcusjborg.com.



Outreach

Help Keep the Little Red Wagon Rolling

St. Paul's has been a significant supporter of Urban Ministries through our Little Red Wagon weekly food collection (more than 10,000 pounds donated in 2015 alone). Each week, this requires that the food then be transported from St. Paul's to Urban Ministries in Raleigh. We are currently looking for a couple of people to each take one week per month to help with

deliveries to Urban Ministries. Ushers will load the food into your car on Sunday, and the folks at Urban Ministries will unload it on Monday. It's just a matter of getting it from Point A to Point B.

If helping with this project appeals to you, please contact Joe Ryan at jryan23@nc.rr.com or Aleta McClenney at aleta@att.net.

Submitted by Aleta McClenney

Little Red Wagon Ministry
St. Paul's weekly food collection for the hungry



“Hermano” Day (Farmworker Day) – Sunday, April 10



Soon, farmworkers from Mexico will journey to North Carolina to work on farms, located an hour from Cary. The men will live in remote and isolated labor camps and have only the barest of necessities. The Episcopal Farmworker Ministry serves men in 47 labor camps by providing them with a Sacramental Ministry, clothing, bedding, food, and medicine. St. Paul’s helps by donating work clothes and bedding and by offering financial support. On Sunday, April 10, a representative from the

Episcopal Farmworker Ministry



Episcopal Farmworker Ministry will be

here to tell us about the work being done to help our farmworker brothers in Christ. Please bring your donations to church that day.

The items most urgently needed are:

- Men’s work pants (sizes 24, 26, 28, 30, and 32)

- Men’s socks and athletic shoes - (smaller sizes)
- Men’s long sleeved shirts (smaller sizes)
- Men’s t-shirts - (smaller sizes)
- Men’s underwear (small or medium)
- Sheets (twins are best)
- Towels, light blankets, pillows
- Dried beans, rice, tortillas.

Items can be new or used. An excellent alternative is to make a monetary donation earmarked for either a **Welcome Kit** or a **Shower Kit**. Please use the memo part of your check for this. A **Welcome Kit (\$75.00)** provides a farmworker with a Shower Kit plus 3 pairs of used work pants, 3 shirts, a towel, a blanket, sheets, and a pillow. A **Shower Kit (\$25.00)** will provide a farmworker with a kit containing shampoo, soap, toothpaste, deodorant, razors, a washcloth, Bengay, Benadryl, and ibuprofen.

Submitted by Gale Herrman

A New Look at Families Together



FAMILIES TOGETHER
a PLM organization

PLM-FT is an external outreach program supported at St. Paul’s with contributions and volunteer efforts. Below we include their monthly news release.

A NEW LOOK ...For 36 years, PLM Families Together and our compassionate supporters have worked to end family homelessness in our community. You’ve helped us change lives and made a real difference in children’s futures!

Now, our Board voted unanimously to launch a new phase in our organization’s growth with a new name that emphasizes who we serve and our goal of keeping families together to achieve stable housing.

Our new logo embodies the hope that comes with having a home and focuses on our dedication to seeing that all children are given the opportunity to thrive. (The handprint is from a child in our program who now lives with her mother in their own apartment, thanks to

you.)

A STRONGER-THAN-EVER COMMITMENT...With this change to our name, we remain a PLM organization dedicated to carrying on the legacy of our founders. It is a testament to their vision - and our shared values for compassion, respect, service, and integrity will always be at the center of our work.

A CHANCE FOR YOU TO HELP US GROW! In conjunction with this change, April 1st also kicks off our Annual Campaign, “HOPE BEGINS WITH A HOME,” in which we seek to raise \$150,000. We need your help now more than ever as we work for a community where all children and their families have a place to call home and no children have to wonder where they’ll sleep at night. Thank you for all you do

*Submitted by Susan Gilbert
Development & Communications Coordinator for
PLM-FT*

St. Paul's Habitat for Humanity Workday

Do you want to help St. Paul's build a house for Habitat for Humanity? St. Paul's is the lead church for working on the Habitat for Humanity house on April 9. If you would like to help, be



sure to follow the links in the Habitat article on the website to sign up (or click [here](#)) or contact Dave Mackie at dwmackie@gmail.com, or at 919-260-6707 for more information

Come Play With Us!!

Members of St. Paul's Episcopal Church are invited to play in Wheels4Hope's 4th Annual Charity Golf Event on Monday, April 25th at Wildwood Country Club. This is an opportunity to encourage and support local recipients that need assistance with transportation. The tournament will celebrate with a blessing of five program cars at noon. The owners will receive their keys and drive off. The golf event supports the repairs for 18 program cars; one for each golf hole!

See the adjacent flyer.

Submitted by Mike Sweeney



Meet Jennifer Love, Parishioner and Dorcas Ministry Volunteer

Jennifer and her husband Damon moved with their 5 year old son Jackson from Arlington, VA to Cary in June, 2015. Jennifer was the Business Manager of a law firm in Arlington for 11 years before moving to Cary. The regulars at Women's Beach Week probably remember Jennifer as the co-chair of the beach week with her mother Karen Smith about 10 years ago.

Jennifer loves cooking, exercising, and family time. She is a regular volunteer at Davis Drive Elementary School where Jackson attends kindergarten. Jennifer started volunteering at Dorcas in March as a runner. On days she volunteers at



Dorcas, she gets in about 10,000 steps (most of it at Dorcas). So if you are looking for a way to "keep moving" and meet some fitness goals, become a Dorcas volunteer. When asked how she likes Dorcas volunteering, she says "It's fun."

Welcome Jennifer to the Dorcas team.

If you are interested in becoming a volunteer, contact me at nfierke@bellsouth.net or call me at 919-467-8807.

Submitted by Nancy Fierke, Dorcas Ministry Leader



Congregational Singing - All Are Welcome



Over the last little bit I have heard some comments and questions that lead me to think that there is some uncertainty about when the congregation is to sing in services. Happily, the answer to the question is very straight-forward. In any service when music is included in the bulletin or a hymn number is given, the congregation is welcomed, in fact encouraged and expected, to join in singing. Pieces prepared by a choir, soloist, or an ensemble for presentation, often as a prelude, offertory, postlude, and sometimes at Communion, are the few exceptions in our services where the congregation participates by listening alone.

Everyone may not know every piece of congregational music every week, and that is OK. And everyone may not sing every verse while they are moving through communion, and that is also OK. For the most part, the service music (*Gloria* or *Kyrie*, *Sanctus*, *Agnus Dei* and other pieces) stay the same each week seasonally. So those are pieces that will quickly become familiar as the weeks pass, if they aren't already. The hymns change weekly to reflect the readings from the lectionary, and the mood of the season. But even so, an effort is made to keep certain hymns (or at least hymn tunes) in a regular rotation, so that there is always something familiar even when there are others hymns that are not. Over time, the unfamiliar will become

familiar. Some music will stay and some will phase out, perhaps to come back later. The Anglican tradition of music is rich and ongoing.

In the first episode of the BBC series "Mr. Bean," Mr. Bean goes to a church service (search "Mr. Bean The Church" on YouTube and you will find it). During the sermon, Mr. Bean so annoys the man beside him in the pew with his antics, that the man will not share a hymnal with him for the final hymn, "All Creatures of Our God and King." That hymn, an Anglican classic, has repeating "alleluias" throughout all the verses. Without a hymnal, poor Mr. Bean can only remember the "alleluias," yet he makes the most of them! The take-away for me on this (besides, that sharing is a good idea especially in church!) is that while Mr. Bean couldn't sing the whole hymn, he at least sang the part he knew. And if you watch the clip, clearly he enjoys doing the part he can do. While Mr. Bean's approach to the actual singing is questionable, the notion that he does what he can is admirable. Step one in congregational singing, particularly if the piece is unfamiliar, is to do what you can.

When there is music or a hymn number in the bulletin, you are encouraged to add to the communal song as you are able. The important thing is to participate as you can now with an eye (and an ear) to increase that participation moving forward.

Buildings and Grounds



Spring Grounds Maintenance and Beautification Workday

Join your fellow parishioners on April 30th (Saturday) 8:30 a.m. to spread mulch, prune plants, and tidy up the grounds of St. Paul's. There will be a variety of jobs available – spreading mulch, weeding, pruning, and planting. Please bring a

water bottle, gloves, rake, shovel, and wheelbarrow, if you have one. It is an extremely rewarding and appreciated volunteer opportunity. Please contact Julia Rudy jbrudy@yahoo.com if you have questions.

Sunday Schedule

7:30 a.m. Eucharist Rite I
 8:45-12:30 Kids' Club
 9:00 a.m. Eucharist Rite II
 9:00 a.m. Children's Chapel
 10:00 a.m. Fellowship-Coffee
 10:10 a.m. Education Hour

11:15 a.m. Eucharist Rite II
 11:15 a.m. Children's Chapel
 11:15 a.m. Pre-EYC (2nd & 4th Sunday)
 5:00 p.m. Middle School EYC
 5:00 p.m. High School EYC



April

2016

Wednesday Schedule

10:30 a.m. Prayer Stitchers
 12:15 p.m. Liturgy Meeting
 6:00 p.m. Epiphany Choir
 6:00 p.m. Advent Choir
 6:45 p.m. Advent Bells
 7:30 p.m. St. Paul's Choir

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>3 SUNDAY SCHEDULE NO SUNDAY SCHOOL NO EYC</p>	<p>4 7:00pm AA</p>	<p>5 6:00pm Youth Small Group 6:00pm Bells of St. Paul's 6:30pm MOMS 7:00pm Mystery Book Club 7:00pm PACCT 7:00pm Canterbury Bells 8:00pm Canterbury Choir</p>	<p>6 WEDNESDAY SCHEDULE 10:00am Prayer Stitchers 12:15pm Liturgy Meeting 6:00 p.m. Epiphany Choir 6:00 p.m. Advent Choir 7:00pm Baptism Class 7:00pm Preschool Board 7:00pm Adult Ed 7:30pm St. Paul's Choir</p>		<p>1 No PRESCHOOL</p>	<p>2</p>
<p>10 SUNDAY SCHEDULE HERMANO DAY Children's Chapel at 9 Only 10:10am Communion Class 1:00pm Pre-EYC</p> 	<p>11 7:00pm Finance Committee 7:00pm AA</p>	<p>12 12:00noon Women's Study Group 6:00pm Bells of St. Paul's 7:00pm Youth Committee 7:00pm Canterbury Bells 8:00pm Canterbury Choir</p>	<p>13 WEDNESDAY SCHEDULE 9:15am Julian Gathering 10:00am Prayer Stitchers 12:15pm Liturgy Meeting 6:00 p.m. Epiphany Choir 6:00 p.m. Advent Choir 7:00pm Adult Ed 7:00pm MLRC 7:30pm St. Paul's Choir</p>	<p>14</p>	<p>15 7:00pm Rainbow Gathering</p> 	<p>16 PRE-EYC RETREAT</p>
<p>17 SUNDAY SCHEDULE MINI-MINISTRY FAIR PRE-EYC RETREAT 10:10am Communion Class</p>	<p>18 7:00pm Vestry 7:00pm AA</p>	<p>19 1:00pm Communications Com. 6:00pm Youth Small Group 6:00pm Bells of St. Paul's 7:00pm Newcomers Class 7:00pm Canterbury Bells 8:00pm Canterbury Choir</p>	<p>20 WEDNESDAY SCHEDULE 10:00am Prayer Stitchers 10:00am Newsletter Deadline 12:15pm Liturgy Meeting 6:00 p.m. Epiphany Choir 6:00 p.m. Advent Choir 7:00pm Adult Ed 7:30pm St. Paul's Choir</p>	<p>21</p>	<p>22</p>	<p>23</p>
<p>↓ MEN'S BEACH WEEK</p>				<p>↑ MEN'S BEACH WEEK</p>		
<p>24 SUNDAY SCHEDULE QUARTERLY VESTRY UPDATE 10:10am Communion Class 10:10am Parent Companion Communion Class 11:15pm Pre-EYC</p>	<p>25 No PRESCHOOL 7:00pm Care & Share 7:00pm AA</p>	<p>26 6:00pm Bells of St. Paul's 7:00pm Thomas Merton Study 7:00pm Newcomers Class 7:00pm Canterbury Bells 8:00pm Canterbury Choir</p>	<p>27 WEDNESDAY SCHEDULE 9:15am Julian Gathering 10:00am Prayer Stitchers 12:15pm Liturgy Meeting 6:00 p.m. Epiphany Choir 6:00 p.m. Advent Choir 7:00pm Adult Ed 7:30pm St. Paul's Choir</p>	<p>28 7:00pm Adult Ed. Committee</p>	<p>29 30-HOUR FAMINE</p> 	<p>30 MIDLICH DAY 30-HOUR FAMINE</p>
<p>↓ WOMEN'S BEACH WEEK</p>				<p>↑ WOMEN'S BEACH WEEK</p>		

ST. PAUL'S EPISCOPAL CHURCH

Sunday Services: 7:30 a.m., 9:00 a.m., & 11:15 a.m.



ST. PAUL'S EPISCOPAL CHURCH

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Fax: 919-467-0152
Web Site: www.stpaulscary.org

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x 13 | George.Adamik@stpaulscary.org

The Rev. Dr. Cathy Deats, Associate Rector

Cathy.Deats@stpaulscary.org

The Rev. J. Carr Holland III, Associate Rector

x 12 | Jcarrholland@stpaulscary.org

The Rev. Antoinette Wike, Priest Associate

Tony.Wike@stpaulscary.org

The Rev. Candy Snively, Deacon

Candy.Snively@stpaulscary.org

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Director of Children's Ministries**

Church School Office 467-2578

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ParishAdmin@stpaulscary.org

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Brooke Bowersox, Preschool Director

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Laura Gorman, Nursery / Kids' Club Director

Laura.Gorman@stpaulscary.org

Leah Dail, Youth Coordinator

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Melanie Fairbrother, Office Manager

x 10 | Melanie.Fairbrother@stpaulscary.org

Vestry

Senior Warden: Julia Rudy

Junior Warden: Sherri Hubbard

Charlotte Heath, Dan Loughlin, Dave Mackie,

Carter Collins, Ralph Greco, Frank Laney,

Rick Bradley, LaQuinta Yvette Jernigan, Jeff Kager, Karen Smith

Treasurer: John Goehrke — Clerk: Lanny Wase

Sunday Service Schedule

7:30 a.m.	Eucharist Rite I
8:45 - 12:15	Kids' Club
9:00 a.m.	Eucharist Rite II
9:00 a.m.	Children's Chapel
10:00 a.m.	Fellowship-Coffee
11:15 a.m.	Eucharist Rite II
11:15 a.m.	Children's Chapel