



# PAUL'S LETTER

## ST. PAUL'S EPISCOPAL CHURCH

*St. Paul's Episcopal Church in Cary is home to an active, caring, and diverse congregation of the Episcopal Diocese of North Carolina. Through corporate worship, spiritual development, fellowship, and service we continue to grow together in faith. We strive to be Christ's welcoming, reconciling, and transforming presence in the world through our many and varied ministries.*

## Rector's Letter

Dear Friends:

We find ourselves in the season of Lent, a time to prepare for the renewal of our Baptismal Covenant at Easter, as well as celebrate the sacrament of Baptism at the Easter Vigil at 8:00 p.m. on Saturday, March 26. This is also a time for those who have already been baptized, but not yet confirmed or received into the Episcopal Church, to consider doing so. Bishop Peter Lee, Assisting Bishop for the Diocese of North Carolina, will be visiting St. Paul's on Sunday, May 22, 2016. For those adults and youth of high school age wanting to be confirmed, or received into full membership into the Episcopal Church that day, preparation begins on Sunday, February 28.

Preparation will include three components: **Education, Liturgy, and Service.**

The **Educational** component will be held on Sunday mornings during the Education Hour (10:15 – 11:00 a.m.), led by the clergy of St. Paul's and topics are:

- February 28 Orientation: Everything you wanted to know about Confirmation
- March 6 The Book of Common Prayer
- March 13 Meaning of Holy Week
- April 10 Scripture: Hebrew Scriptures
- April 17 Scripture: New Testament
- April 24 Polity (governance) of the Episcopal Church
- May 1 Episcopal Ethics
- May 15 Wrap Up

The **Service** Project (for youth), *The 30-Hour Famine*, will be held April 29-30, and is an overnight experience of fasting and learning about hunger issues locally and worldwide.

The various opportunities for **Liturgy** during Holy Week (March 20, Palm Sunday – March 26, Holy Saturday) will be expected of all participants, and a class on the story and liturgy of Holy Week will be held March 13 during the education hour.

Youth in the program will be given a sponsor to guide their study and discernment and they will share in a meal together on one of the Sundays during the Confirmation Class period.

Registration forms are available in the church narthex as well as on the parish website.

George

### What's Inside

About Our Church	2
Adult Education: Offerings	16-17
ASP Spaghetti Supper	4
Calendar: March	23
CHH Programs	7-8
Children's Ministries	10-12
Confirmation for Youth & Adults	13
Episcopal Youth Community	13-15
EYC Spring Mission Trip	15
Eucharistic Ministers	5
Faith on Tap	7
Holy Week Schedule	4
Information Technology Update	6
Lent - A Time to be Stewards	3
Memorial Garden Update	9
Men's Beach Week	7
Ministry of the Week: Coffee Hour	2
Music Ministry News	20-22
Outreach: Dorcas	19
Outreach: Habitat for Humanity	18
Outreach: "Hermano" Day	19
Outreach: PLM-FT	20
Outreach: Wheels4Hope	18
Preschool News	9
Rewards Programs & St. Paul's	8
Seniors Ministry	5
Wardens' Corner	2
Women's Beach Week	7
Women's Study Group	5

### Next Newsletter

**Deadline:**  
**Wednesday,**  
**Mar 16, 2016**  
**at 10:00 a.m.**

[newsletter@stpaulscary.org](mailto:newsletter@stpaulscary.org)

## Warden's Corner



After attending the family friendly Ash Wednesday service I spent some time reflecting on my childhood experiences of Lent. I would try to “give up” something - candy, chocolate, etc., but as a young child, it was not my most successful spiritual endeavor, and then later in adolescence, I discovered doing or giving as opposed to “giving up”.

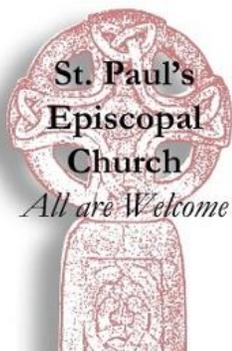
At St. Paul's, we have several opportunities to do or to give of ourselves during the Lenten season. At the time of my writing this article, through Refuge for Refugees, parishioners are preparing to welcome a family of four from Afghanistan and the

Episcopal Build project is underway with Habitat for Humanity (please visit the St. Paul's website if you want more information on either of these opportunities).

These are just two opportunities for us, as a community, to give in ways inspired by this season before Easter - I encourage you to read more, in this newsletter, to discover more opportunities that inspire you.

Prayerfully submitted,  
 Your Senior Warden,  
 Julia Rudy

## Hospitality, Parish Life, and Pastoral Care



## About Our Church

**We rejoice in the baptisms of** Alexa Lynn Webb, daughter of Mathew and Janine Webb; Ethan Robert Buchanan, son of Robert and Stephanie Buchanan; Cooper Blaire Buchanan, daughter of Robert and Stephanie Buchanan; Emery Lauren Congelli, daughter of Andrew and Kristin Congelli; Wolfgang Ethan Enders, son of Hans and Stephany Enders; and Friedrich "Fritz" Cole Enders, son of Hans and Stephany Enders.

**We express our sympathy to** Katharine Evaul for the death of her grandmother, Alvera Frauenheim; to Deb Richard for the death of her father, Don Smith; to Rich McCreery for the death of his mother, Marcia Edwards; to Carr Holland for the death of his cousin, Timothy Mitchell Klingler; to Joe Sechler for the death of his aunt, Elizabeth Sechler; and to Jim Stocks for the loss of his wife, Anne Stocks.

*Submitted by Melanie Fairbrother  
 Office Manager*

### Ministry of the Week

Coffee Hour



Mar 6	Ministry of Mothers Sharing (MOMS)
Mar 13	Men's Group
Mar 20	Dorcas Ministries
Mar 27	Fellowship Events Team

## Lent – A Time for Service, Education, and Liturgy – A Time to be Stewards

The Stewardship Committee thought the beginning of Lent might be a good time to make you aware of some of the excellent opportunities for stewardship of Time, Talent, and Treasure for you and your family, brought to you by St. Paul's. Please consider increasing your commitment to serving the community in 2016, through one or more of these:

- Our new ministry, Refuge for Refugees, developed as we prepare to be a supporting parish to welcoming refugee families who have lost their home, and some, their families as well. Please contact Mary Marsha Cupitt at [mmcc.lt@gmail.com](mailto:mmcc.lt@gmail.com) to find out how you can assist.
- Throughout the season of Lent, we will join with Habitat for Humanity, not only building a home with a family in Raleigh, but building relationships too. Please contact Dave Mackie at [dw.mackie@gmail.com](mailto:dw.mackie@gmail.com) or at 919-260-6707.
- In the midst of such an eruptive world, we at St. Paul's are building loving relationships with our Muslim brothers and sisters, engaging in interfaith prayer and conversation. Please contact Fr. George at [rector@stpaulscary.org](mailto:rector@stpaulscary.org) if you are interested in helping to build these relationships.
- The Children's Chapel is in need of volunteers to assist during the Sunday Services. If you have small children that attend Children's Chapel, or even if you just like supporting small children, please consider volunteering some of your time. Contact Christine at [Christine.Ingram@stpaulscary.org](mailto:Christine.Ingram@stpaulscary.org).
- Do you like to sing? Can you sing? Can you read music? If the answer is yes to these three, we are looking for choristers for the 9:00 a.m. Sunday services. The only other qualifications necessary are a desire and willingness to serve in strengthening the beauty and depth of our liturgical services. If interested, please contact Rusty McKinney at [Rusty.McKinney@stpaulscary.org](mailto:Rusty.McKinney@stpaulscary.org).

Finally, please note that all of these (and the over 50 other) ministries and programs exist because of your ongoing financial support of St. Paul's facilities, clergy, and staff. So while contributing to the operating budget may not seem to be as "fulfilling" an experience as direct involvement in these opportunities, it is a valued and necessary component to make them possible and keeping them running smoothly.

The vestry has invited the parish to "rise to the opportunities" and support our expansion in both outreach and inreach in 2016. However, we need more parishioner pledges if we are to meet the goals that the vestry has set before us. It is never too late to pledge. If you have not yet pledged your financial support to St. Paul's for 2016, please consider making a pledge, either on the website at [www.stpaulscary.org](http://www.stpaulscary.org) or by contacting Christine at [Christine.Ingram@stpaulscary.org](mailto:Christine.Ingram@stpaulscary.org) or 919-467-1477.

Thank you!

St. Paul's Stewardship Committee

Submitted by Tad Richard



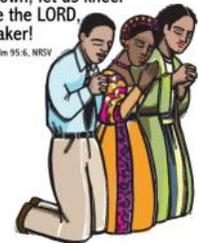
**REFUGE for  
REFUGEES**



**Habitat  
for Humanity®**

O Come, let us worship and  
bow down, let us kneel  
before the LORD,  
our Maker!

Psalms 95:6, NRSV



Children's  
Chapel



# All Are Welcome!



# Holy Week Calendar

March 21 – 26, 2016

Monday	7:00 p.m. Eucharist
Tuesday	7:00 p.m. Eucharist
Wednesday	7:00 p.m. Eucharist
Thursday	7:00 p.m. Maundy Thursday – Eucharist
Friday	10:00 a.m. Family-oriented Stations of the Cross 7:00 p.m. Good Friday – Eucharist
Saturday	8:00 p.m. Easter Vigil



## ASP Spaghetti Dinner

Mark your calendar for Friday, March 4<sup>th</sup> from 6:00 - 8:00 p.m. to share in the celebration of our Appalachia Service Project Ministry. Come meet this year's ASP ambassadors who will be serving that famous Fierke sauce with



spaghetti, salad, and dessert. Learn how you can help sponsor our 2016 mission to the mountains of Tennessee where we will help make homes warmer, safer, and drier for those in need. Tickets are \$8 for adults, \$4 for children 3-11, and \$20 max for a family.



## Seniors' Luncheon

The Youth would like to invite all Senior St. Paul's Parishioners to our Annual Luncheon for Seniors! It will be held on Sunday, March 13th, at 12:00 noon in the parish hall. This is our way to

celebrate and say thank you to the older generation at St. Paul's. Please RSVP to Leah Dail at 919-467-1477 or by email to [Leah.Dail@stpaulscary.org](mailto:Leah.Dail@stpaulscary.org).

## Eucharistic Ministers – Looking to Add More Hands

If you are looking for a way to be more involved in a Sunday service, we invite you to consider joining the Eucharistic Ministers. Our volunteers assist in the distribution of the Eucharist during worship services. Typically, we have four chalice bearers at the 9:00 and 11:15 a.m. services, and one who assists at 7:30 a.m. We also support special services such as Memorial Services, Ordinations, and other liturgical events which involve the Eucharist. Volunteers are approved by the Rector, licensed by

the Diocese, and trained by the Ministry Leader. Scheduling is flexible.

Serving as a Eucharistic Minister provides a very meaningful way to connect to the congregation, as we pass the cup of wine and acknowledge we are sharing “the Blood of Christ, the cup of salvation.” Please contact Mary Kintz at [marykintzpt@gmail.com](mailto:marykintzpt@gmail.com) if you would like to learn more about joining this ministry.



**Eucharistic Ministers**

*Submitted by Mary Kintz*

## Senior's Ministry

All seniors – young, old, and seniors-to-be – and children of older parents are encouraged to attend a meeting Saturday, March 19, 2016 at 1:00 p.m. in the youth wing. We will be discerning if there is interest in pursuing a Senior Ministry at St. Paul's for educational and social programs. We will write a mission statement for the ministry and ask that all complete a survey to gather your ideas and suggestions. Bring a snack if you

like – beverages will be provided. Please wear your name tag. Contact Margie Best at [mwbest@bellsouth.net](mailto:mwbest@bellsouth.net) or 919-3033830 if you have any questions.



*Submitted by Margie Best*

## Women's Study Group

The Women's Study Group meet next on Tuesday, March 8<sup>th</sup> from 12:00 noon - 1:30 p.m. in the bride's room to discuss *The Last Runaway* by Tracy Chevalier. From Booklist Reviews: "Chevalier offers a cast of strong characters wrestling with thorny personalities, the harsh realities of the frontier, and the legal and moral complexities of American slavery."

Our upcoming books include:

- ☐ April 12: *Pastrix: The Beautiful, Cranky Faith of a Sinner & Saint* by Nadia Bolz-

Weber;

- ☐ May 10: *The Sweet By & By* by Todd Johnson; and
- ☐ June 14: *The Five People You Meet In Heaven* by Mitch Albom.

We would love to have you join us for our discussions – even if you haven't finished the book! If you have any questions, contact Leah Dail at [LeahDail@gmail.com](mailto:LeahDail@gmail.com).

*Submitted by Leah Dail*



**WOMEN'S STUDY GROUP**

## Hi-Tech Church

Over the past year and a half, St Paul's Information Technology (IT) Committee has been busy making improvements to our technology infrastructure.

**Phone System Overhaul:** With generous contributions by the Men's Group, we were able to install a new phone system. Our previous system was over 15 years old and was beyond obsolete. The new phone system has tons of new features that most people have come to expect from Voice over Internet Protocol (VoIP) systems.

**Increased Internet Bandwidth:** With the phone system overhaul came a change in Internet provider. We now have much faster service and increased bandwidth.

**Wi-Fi Expansion:** Wi-Fi is now available throughout the entire church campus. The network is password protected but available to St Paul's parishioners and guests. Contact the church office or IT Committee for the password.

**New Website:** A new website was rolled out in September to replace an aging and obsolete system that could no longer be upgraded. As with all modern websites, it is a dynamic and growing project. It uses WordPress and has a responsive layout, meaning the page content will adjust and resize depending on the screen size on which it is being viewed. It has tighter integration with our e-news and plug-ins allow for richer

content. The clean design invites visitors to explore the site without overwhelming them with options. The new website comes at no additional cost to St. Paul's.

**Transition to Google Apps for Non-Profits:** We are currently transitioning our email to use Google Apps for Non-Profits. This means that we will now have the features and reliability of Gmail's servers. All clergy and staff have named email addresses: [firstname.lastname@stpaulscary.org](mailto:firstname.lastname@stpaulscary.org) and ministries will have email addresses as well: [ministryname@stpaulscary.org](mailto:ministryname@stpaulscary.org). The transition has been made for clergy and staff but ministry setup is still in progress.

With Google Apps for Non-Profits comes Calendars, Groups, Drive, and more. We will be using Google Groups to replace our old listserv email lists. You may have already received an invitation or two. We are currently using Groups strictly as a group email list, not as an interactive forum. Drive file storage and shareable calendars will also be employed as we ease into using the full array of features. Google Apps for Non-Profits comes at no cost to St. Paul's.

**Hardware and Software Upgrades:** Throughout the year, we have made several computer upgrades. We are also in the process of upgrading our office server. This will allow us to upgrade our church management software, Church Windows, and take full advantage of all its features.

We are also building up a list of church members with technical skills. If you have an interest and/or abilities in hardware, software, websites, networking, databases, audio /visual equipment, or other technology, please contact the committee at [itcommittee@stpaulscary.org](mailto:itcommittee@stpaulscary.org).

*Submitted by Heather Gates  
Chair, Information Technology Committee*





## Women's Beach Week

Love the Beach? Love hanging with 50 of your St. Paul's friends, then we have the trip for you! St Paul's Women's Beach Weekend 2016 will be Sunday April 24 through Sunday May 1. This is open for all St. Paul's women out of high school. There is a sign up poster with additional information in the narthex. If you are new to this trip, and have any questions, please call Yvon Daniel @ 919-747-0011 or email her at [yvaniel60@gmail.com](mailto:yvdaniel60@gmail.com). Emerald Isle, here we come!

*Submitted by Yvon Daniel*

## Men's Beach Week

Join with the men of Saint Paul's, oceanfront, on Emerald Isle for a week of fellowship, great food, and relaxation.

This year's trip runs Sunday through Sunday, April 17<sup>th</sup> - April 24<sup>th</sup>. See the weekly announcements for more details and find the sign-up sheet in the narthex. Contact Men's Group president Jeff Kager at [kagerclan@aol.com](mailto:kagerclan@aol.com) or (919)417-2179.

*Submitted by Mike McInerney*



## Faith on Tap

Variety is the spice of life! The next few months Faith On Tap will be meeting at establishments with more than ten taps - something for just about any taste! So come join us to meet old friends and/or make new ones. Both men and women are invited! Please contact Tyrus Cohan (228) 223-4558 or [tcohan0117@gmail.com](mailto:tcohan0117@gmail.com) with any questions.

Saturday, February 20 7:30pm - Raleigh Beer Garden, 614 Glenwood Avenue,

Raleigh, NC 27603  
 Saturday, March 19 7:30pm - World of Beer, 2036 Renaissance Park Place, Cary, NC 27513  
 Saturday, April 16 7:30pm - Flying Saucer, 328 West Morgan Street, Raleigh, NC 27601  
 Saturday, May 21 7:30pm - Tyler's Tap Room, 1483 Beaver Creek Commons Drive, Apex, NC 27502.

*Submitted by Tyrus Cohan*



## CHH Offerings Starting in April

The Center for Hope and Healing (CHH) is getting back to our roots of offering seminars or short courses of interest to the community. As part of our mission to address preventive approaches to overall wellness, we hope to offer ways to reduce the stress and anxiety that may be creeping into your life. Mark your calendars for these seminars planned for April:

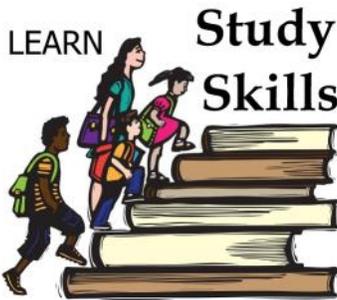
**Savvy Seniors, a Lunch and Learn Opportunity – Thursdays, 11:00 - 1:00 p.m., April 7-May 26:**

Melissa Huemmer, Licensed Clinical Social Worker and counselor at CHH, will guide participants through discussions on topics pertinent to dealing with aging. This is designed to be a fun and helpful experience where people can express themselves and seek information and support in a compassionate environment. Topics will be adjusted to suit the needs of the group, but past sessions have included discussions about Maintaining Social



*(Continued on page 8)*

## CHH Programs (continued)



(Continued from page 7)

Connections, Having Fun, Dealing with Physical and /or Memory Changes, Adjusting to Transitions in Living Situations, and Dealing with Fears and Anxieties. Cost is \$20 per session (bring a lunch, we provide drinks) and we must have at least six participants to proceed with the group; you do not have to be associated with St. Paul's to attend – bring a friend! Please contact Melissa Huemmer at [Melissa.huemmer@chhcary.org](mailto:Melissa.huemmer@chhcary.org) or by calling 919-414-0668 to register, or to learn more specifics about the group.

### “How to Organize Your Personal Finances to Avoid Stress” – Monday, April 11, 7:00 p.m. at CHH:

It is not surprising that the American Psychological Association identified money as a *somewhat* or *very significant* source of stress for the majority of Americans in 2015. We have asked St. Paul's parishioner Bill Gautier, a Financial Advisor with Davenport & Company, to give us a few pointers on how to tackle some of that stress by

getting organized and putting a plan into action. This course is offered free of charge and will be limited to 25 participants. Please contact Mary Kintz at [info@chhcary.org](mailto:info@chhcary.org) to register or ask for more information.

### Study Skills for High School and College – Thursday, April 14, 7:00 - 8:00 p.m. at CHH:

This workshop will help students identify the tools needed to create a successful study plan for exams. Lori Ghosal, Ed. D, an Academic Coach at NC State Student Services, has 8+ years of experience in academic affairs, creating academic success strategies, and career plans for students. We will examine how students learn best and provide strategies that complement learning styles to increase comprehension, critical thinking, and analysis skills to improve test performance! Please contact Lori Ghosal at [lori@innerquestcoaching.biz](mailto:lori@innerquestcoaching.biz) to sign up, or check out her website at [www.innerquestcoaching.biz](http://www.innerquestcoaching.biz).

Submitted by Mary Kintz

## Rewards Programs can help St. Paul's

Parishioners of St. Paul's will not only be giving money to their church every time they shop at Kroger, but they will also be getting access to gas discounts at Kroger or Shell as well as grocery discounts.

It is simple to help: St. Paul's is a part of the *Kroger Community Rewards Program*. We benefit from the purchases of everyone who uses the Kroger Rewards Card to shop. Simply (1) sign up for a Kroger Rewards Card (if you already have one, this step is done!), and (2) go to the Kroger Community Rewards webpage (at [www.kroger.com/account/enrollCommunityRewardsNow](http://www.kroger.com/account/enrollCommunityRewardsNow)) to choose "St. Paul's Episcopal Church" as your linked organization. Then, each time you shop and use your rewards card, St. Paul's receives a cash benefit.

The St. Paul's Preschool also participates in a similar reward program,

the Harris Teeter *Together in Education* program. The requirements are similar:

**LINK** your VIC card to St. Paul's Preschool. The preschool's number is 4843. (You do have to re-link your card every year.)

**SHOP** for HT brands and a percentage of your purchase helps St. Paul's Preschool. Participating brands include Harris Teeter, HT Traders, Farmers Market, and Harris Teeter Organics; as well as, the HT pharmacy. **EARN** with no limits. There are no limits placed on how much the preschool can earn. The best part, there is no cost to the shopper for participation. Our preschool earns based on your purchases!

Thank you for your support! .

Submitted by Rev. Dr. Cathy Deats and Brooke Bowersox



## Memorial Garden Update

The Memorial Garden Ministry is pleased to report that the redbud trees behind the columbarium in the memorial garden have been replaced! Unfortunately, we lost the original trees during the first year of their planting. This spring we look forward to seeing redbuds in bloom. Again, we want to thank those parishioners who gave so generously toward the purchase of the trees during the expansion project of the memorial garden.

Additionally, members of the ministry will be meeting on the morning of Saturday, March 19<sup>th</sup>, to work in the memorial garden and its surrounding areas in preparation for Easter. Volunteers are always welcome! Please email Jackie Straub at [jmpstraub@aol.com](mailto:jmpstraub@aol.com) for more information if you would like to join us.

*Submitted by Jackie Straub*



## Education and Spiritual Development

### March Fun at St. Paul's Preschool

March blew in with lots of laughs at the Preschool with a visit from the magician, Shaun Jay. The children were fascinated by his magic tricks! What an entertaining show!

The 3's, 4's, and TK are looking forward to enjoying a wonderful Hot Lunch Day. Parents will be able to share a pizza lunch with their child and the children will be able to experience a "cafeteria style" lunch before heading off to kindergarten.

The preschool students have been busy bees lately, getting ready for St. Patrick's Day and Easter!! The teachers have planned parades, Easter egg hunts, parties galore, and the sneaky leprechaun might even make a few visits to mess up the classrooms, but leave nice treats!

Excitement is in the air and preschool is a wonderful place to learn!



*Summer Fun Camp*

Please mark your calendars for Summer Fun Camp.

This year camp will be held the weeks of May 31<sup>st</sup>- June 3<sup>rd</sup> and June 6<sup>th</sup>- June 9<sup>th</sup>. Information will be sent home this month.

The preschool will be closed March 24<sup>th</sup>- April 1<sup>st</sup> for spring break; reopening on Monday, April 4<sup>th</sup>.



The preschool has openings for next year, so please send your friends our way. Please have them call 919-467-3788 or

visit the website to gather information about our school.

Come Love, Laugh, and Learn with St. Paul's Preschool!

I hope you all have a Happy Easter!

Blessings.

*Brooke Bowersox*



## Preschool News

## Children's Ministries



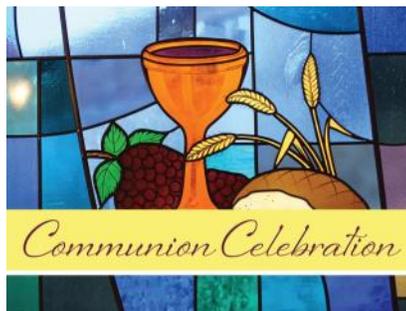
Christine Ingram  
Children's  
Ministries Director  
467-1477, ext. 19

## Communion Classes

Communion classes will be taught April 10, 17, and 24 during the Sunday school hour (place to be announced). Classes are taught by clergy and are open to all children in 1<sup>st</sup> grade and up that have not received prior communion education. Classes are cumulative and children are expected to attend all 3 classes. Participants must be baptized prior to communion class participation. Participant registration forms will be distributed February 28.

During the Sunday school hour April 24, a parent communion class, also taught by the clergy, will be offered to all parents of children participating in communion classes. However, everyone is welcome to attend!

A special communion celebration will be held on May 1 at the 9:00 a.m. service for those children that have completed the classes (dress attire is recommended), and a coffee hour to honor the children will immediately follow the service.



## Appreciating our Sunday School Teachers



Our Sunday school teachers are so wonderful, and we love to them so! Children's Ministries will be honoring them with a brunch on March 6 at 11:15 a.m. in the parish hall. You can

help us by providing food for the event. Please sign up here if you can help with food: [www.signupgenius.com/go/10c094da4a623a4f58-sunday](http://www.signupgenius.com/go/10c094da4a623a4f58-sunday).

## Mite Boxes

It isn't too late to start collecting coins in your Mite Box. Encouraging the use of mite boxes is one way to instruct children (of all ages!) about God's call to stewardship. Please drop by the church office or the narthex, or find Christine

Ingram to get your Mite Box. Mite Boxes will be turned in on Easter Sunday morning. All funds collected in this year's Mite Boxes will be donated to our Stop Hunger Now collection.



## Easter Candy Donations Needed

Thank you to everyone who has donated candy for our Easter Egg hunt. We could use a lot more, so please drop off any donations at the church office or place in the bin in the narthex on Sunday

morning. Please turn in any candy donations by March 20 so that we have time to create the treat bags. We need individually wrapped, small candies, preferably "nut free." Thank you!



## Good Friday / Stations of the Cross

Everyone is invited to the intergenerational (family friendly) Stations of the Cross Service on Good Friday (March 25) at 10:00 a.m. We will meet in the narthex – please bring a

jacket in case we walk around the church campus. This informal service usually lasts around 45 minutes. Hope to see you there!

## Easter Sunday Service

Our 9:00 a.m. Easter Sunday service will be a special “family friendly” service. There will be a child-appropriate homily and the service will be immediately followed by the annual

Easter Egg hunt. There will be no children’s chapel at either service on Easter Sunday so that everyone can enjoy the services with their families.



## Easter Egg Hunt

We hope that your children will join us for an Easter Egg Extravaganza on Easter Sunday! We will be hiding empty eggs around the grounds of St. Paul’s for the children to hunt. Children can collect one egg or 100 eggs...all eggs will be turned in to our egg hunt collection area in the courtyard, where the children will receive a bag of treats in exchange for their egg or eggs. We hope these procedures will keep everyone safe and happy as they hunt for eggs. Our egg hunt will begin around 10:20 a.m. on Easter Sunday (a few minutes after the conclusion of the 9:00 a.m. service). Egg hunt areas are: ages 0 to 3 - by kids’

club; ages 3 to 5 - behind the youth wing; ages 6 to 8 - on the playground; and ages 9 - 5<sup>th</sup> grade - on the playground. Egg hunt start times will be staggered, starting with our youngest children. Please do not start hunting eggs until instructed to do so by members of the Children’s Ministry Committee.

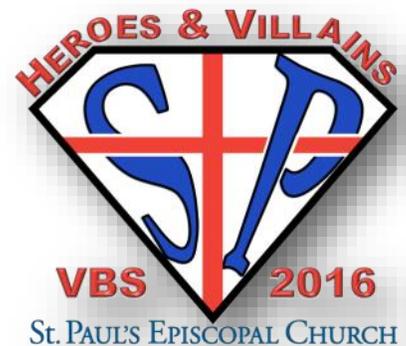


## Heroes and Villains VBS-Ordinary People becoming Extraordinary!

Mark your calendars for our annual Vacation Bible School-June 20-24, 2016 (9:00 a.m.-12:00 noon) OR June 22, 23 and 24, 2016 (6:00-7:30 p.m.). Through stories, crafts, science, and music we will learn about: David’s Bravery, Joseph’s Perseverance, Moses’ Obedience, Ruth and Naomi’s Friendship and Loyalty, and Meshach, Shadrach, and Abednego’s Faith. Come join us for a week of fun as we learn about Bible Heroes and Villains and how ordinary people became extraordinary!

All children ages 3 to 5<sup>th</sup> grade are welcome to participate. Spaces are limited so be sure to turn in your registration form early to reserve a spot. Registration forms are available in the narthex, by the bulletin board in the education building, and in the church office. We will need youth helpers and lots of adult volunteers as well.

Our VBS creation committee is working very hard on writing our own VBS for the 5<sup>th</sup> time! We could use your help in planning, imagining, creating, and doing - so please contact [Christine Ingram](#) if you can help. We also welcome you to join the VBS planning committee at one of our meetings, held on Tuesdays at 1:00 p.m. in the conference room. Kids’ club care is open during our meetings.



4<sup>th</sup> and 5<sup>th</sup> graders – think you are too old for VBS? Think again! This year’s VBS will have special activities just for you! You won’t be rotating through all the activities with everyone else-your group will be pulled out to do some extra fun “bigger kid stuff.” Don’t spend lots of money on a camp-come spend the week with us instead!!!

So fill out a registration form and join us for a week of fun!

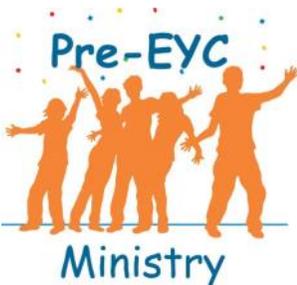
**Children's Stewardship**



## Children's Stewardship – Update

The generosity of our children is adding up! The June 2014-May 2015 children's offering basket collection will be donated to sponsor our own Stop Hunger Now event on May 15, 2016 at

10:00 a.m. So far our children have collected over \$1523.29 in their basket- all those quarters and dollars count! Thank you!



## Pre-EYC Update

Pre-EYC continues to stay very busy with outreach and fun! In February we enjoyed a Sunday of "just fun," playing games and enjoying food together. We finished the month going bowling with EYC! March will also be busy as we

volunteer at the Food Bank and then volunteer at WIHN. And, we will be getting ready for our overnight retreat in April! Contact [Christine Ingram](#) to join this fabulously fun group of 4<sup>th</sup> and 5<sup>th</sup> graders!



## Teddy Bear Tea

Thank you so much to all the children and their bears (and their parents) for joining us at our second Annual Teddy Bear Tea! The bears enjoyed some special time with their owners including parachute play, vet checkups, an

obstacle course, dress up, coloring, crafts, and story time. A HUGE thank you to Tara Muller, Erin Spencer, and Jenn Bosser for planning and organizing this wonderful event.

### Children's Ministries Calendar

<i>Date</i>	<i>Event</i>	<i>Date</i>	<i>Event</i>
Mar 6	Sunday School Teacher Appreciation Brunch 11:15 a.m.	Apr 17	Communion Class # 2
Mar 12	Pre-EYC Food Bank 2:00 - 4:00 p.m.	Apr 24	Communion Class # 3 / Pre-EYC Picnic & Playground Clean Up
Mar 13	PJ Service / Daylight Saving Time Begins	May 1	First Communion Celebration at 9:00 a.m. service (Last Day of Sunday School)
Mar 20	Palm Sunday / No Sunday School	May 8	Mother's Day / 5 <sup>th</sup> Grade Recognition/ No Sunday School
Mar 25	Good Friday Service for Families 10:00 a.m.	May 15	Stop Hunger Now Event for Children at 10:00 a.m. / No Sunday School
Mar 27	EASTER – Easter Egg Hunt / No Sunday School	May 22	Bishop's Visit / Confirmation Sunday
Apr 10	Communion Class # 1 / Pre-EYC set up for WIHN at 1:00 p.m.	Jun 20-24	Daytime and Nighttime VBS!
Apr 16-17	Pre-EYC Overnight (4 <sup>th</sup> & 5 <sup>th</sup> grade)		

*Fostering the love of  
Christ in the youth of  
St. Paul's.*



Youth Coordinator  
Leah Dail  
[Leah.Dail@stpaulscary.org](mailto:Leah.Dail@stpaulscary.org)

*The mission of the Youth Ministry is to develop a spiritually rich community of young people through fellowship, fun, education, service, and worship. Our Core Development Values are the foundation of our ministry and define what is most important. They are:*

♣ Fellowship ♣ Education ♣ Fun ♣ Growth ♣ Spiritual Development ♣ Service ♣ Inclusiveness ♣ Respect

## Youth Sunday School

Come join us for youth Sunday school. There is a middle school class for 6<sup>th</sup> – 8<sup>th</sup> graders and another for high schoolers, grades 9 – 12. The Sunday school hour is from 10:10 a.m. – 11:00 a.m. (between services). Middle schoolers meet in the youth wing. High schoolers meet in room 10 of the education building.

Our curriculum is *Episcopal Curriculum for Youth*, from Virginia Theological Seminary. The upcoming lessons are:

3/6	Getting to Know God: In Relationships
3/12	Getting to Know God: Hearing God
3/19	Palm Sunday – No Sunday School
3/27	EASTER – No Sunday School

## Episcopal Youth Community

Every young person in grades 6-12 who attends St. Paul's is welcome to be a part of the Episcopal Youth Community (EYC). Friends are always welcome to attend. EYC gathers on Sunday nights for fellowship and fun activities from 5:00

– 7:00 p.m. with a shared meal at 6:30 p.m. We combine lots of zaniness – games, songs, lots of action – with worship and service. It's organized chaos but it works!

*My dream is to live a good  
life and be loving, be close  
to God and be a good  
person and bring peace to  
people*  
Ziggy Marley

## Theme for March: Life

We are all trying to figure out how to live in a way that is deeply, truly good. You don't have to be a teenager to be striving for this, but the teenage years are a great time to let this surface, to think about what a "good life" would be like and to speak those hopes out loud. Or we can choose not think about how to live – just "go with the flow." But our community encourages youth, and adults, to live a life that isn't focused on doing what others do "just because" or live a life that is focused on stuff or success. We want to explore together how to live into the loving, challenging life of God. Again, we won't find any easy answers, but by doing this work we can better understand how to live life in the Holy Spirit.

## Lenten Series Continues:

In this Lenten season of prayer and preparation to celebrate Easter we will participate in a video-based class by Bishop Curry entitled "Spirituality and Racial Justice." We will share a simple meal together, watch the videos, and discuss how we are called to respond to racial injustice and work towards healing. We will meet in the youth wing on Tuesday nights (March 1 and March 8) from 6:00 - 7:00 p.m.

## March EYC Schedule:

**March 6 – Regular EYC**

**March 13 – No EYC (Senior Luncheon, see below for additional information.)**

**March 20 – Regular EYC**

**March 27 – Easter Sunday / No EYC**

# Happening Weekend! March 11-13, 2016

*Create in me a clean heart, O God, and renew a steadfast spirit within me. (Psalm 51:10)*

Happening



Happening is a Diocesan event designed for young people in grades 9-12. This is a powerful, youth-led weekend, which builds on the teachings from Confirmation and provides space for personal renewal of one's relationship

to Jesus Christ. The registration deadline is 3/2 and can be complete online at [www.dionc.org/digital\\_faith/events/2350041](http://www.dionc.org/digital_faith/events/2350041).

## Valentine's Murder Mystery Dinner and Fundraiser

Thank you to everyone who helped make this such a wonderful night and a very successful fundraiser. We raised a little over \$1000 for youth mission trips.

That is fabulous! It took a huge group of youth and adults to make it happen: the cast, chefs, set and decoration designers, servers, and a clean-up crew. There are too many people to thank individually, but know you are such a blessing and greatly appreciated. I have to thank one special person though - Emily Woodyer Luke. She spent countless hours on every aspect of the play and we couldn't have done it without her!



## Kanuga Snow Tubing Trip

Our trip to the mountains was a blast – VERY cold (high of 27 degrees on Saturday!) but very fun. We played games, got to know one another better, had some thoughtful “Jesus time,” snow tubed on Moonshine Mountain, worshiped at St. James Episcopal in Hendersonville, and enjoyed the wonderful facilities and hospitality of the Episcopal Church’s Kanuga Conference Center. Everyone on the trip agreed that this will become an annual event.



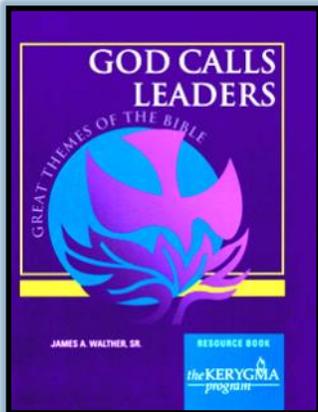
## High School Spring Break Mission Trip

The High School Youth Spring Break Trip this year will be to Washington, DC from March 31 – April 2. Youth in 8<sup>th</sup> - 12<sup>th</sup> grade are invited to participate in Samaritan Ministry of Greater Washington ([www.samaritanministry.org](http://www.samaritanministry.org)) to learn how to truly be “Good Samaritans” to the

most vulnerable people. We will focus on homelessness and poverty and the issues that contribute to them. Please prayerfully consider participating in what we hope will be a meaningful journey of spiritual renewal. The cost is \$75 per person. Please contact Leah to register ([leah.dail@stpaulscary.org](mailto:leah.dail@stpaulscary.org)).



## Adult Education Coming Up



**ADULT BIBLE STUDY COURSE: “God Calls Leaders” is a 7-week course in the Kerygma Program Great Themes of the Bible series. Every Wednesday at 7:00 p.m. starting April 6.**

Led by the Rev. Dr. Cathy Deats, this course explores how God worked through the lives of patriarchs and prophets, fishermen turned disciples, and a carpenter who was a Savior. Weekly on Wednesday evenings ending May 18, 7:00 – 8:30 p.m. in the youth wing. There is a cost of \$20.00 for a resource book. Sign up to enroll by email to Beth Barnes, [eanbarnes@gmail.com](mailto:eanbarnes@gmail.com).

**SUNDAY MORNINGS BETWEEN THE 9:00 AND 11:15 A.M. SERVICES .**

**CONVERSATION & COMMUNITY:** in a small group setting, selections from Brian McLaren's book, *We Make the Road by Walking*, are used to facilitate spiritually-focused conversation and to foster friendships. Please come for one week, or all weeks, or anything in between. There is no need to sign up, no homework, and nothing to bring but yourself! This group is for anyone looking for something more casual than adult education forums in the chapel, but more structured than coffee hour. Meetings are in the church's conference room.

**FORUMS,** presentations and discussions on a wide range of topics, are held in the Chapel. “Exploring Spiritual Direction,” a process for becoming aware of the presence and movement of the Holy Spirit in our everyday lives, work, celebrations, and struggles, will be the topic of the March 6 and March 13 forums. In Part 1 (March 6), we will explore the process of spiritual direction through the wisdom of a contemporary parable, as well as looking at poetry to get a glimpse of the mystery abiding in the process. In Part 2 (March 13), we will experience several practices that can help us “center entirely on the presence of

God.” (Thomas Merton). These forums will be led by Carolyn Edge, who has been a spiritual director and retreat leader for over 25 years. She received her certification from *The Guild for Spiritual Guidance* and is a member of St. Mark's Episcopal Church, Raleigh. From 1992 to 2009 she directed the “Spiritual Formation Program” for men and women discerning a call to Holy Orders in the Diocese of North Carolina.

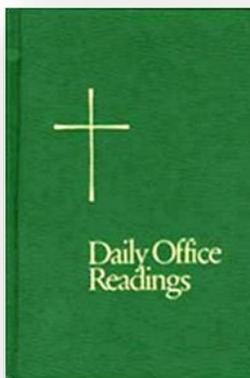
There will not be a forum on Palm Sunday (March 20) nor on Easter Sunday (March 27).

**CENTERING PRAYER: “Be still and know that I am God.” (Psalm 46)** The psalmist describes both the method and the goal of centering prayer: a silent consent to the presence of God in our hearts, in our lives. A combined St. Paul's /Cary Presbyterian Centering Prayer group meets in the parlor on the main floor of Cary Presbyterian Church at 9:00 a.m. on Fridays. Come join us! For more information contact Martha Waters, [Martha.wtrs@gmail.com](mailto:Martha.wtrs@gmail.com).

**THE DAILY OFFICE** is a series of prayers for daily devotions in the morning and evening. It can be read privately or corporately as a liturgy in church. The Daily Office Lectionary (BCP pg. 934) is a 2-year cycle of scripture readings which cover most of the Bible and recite the complete cycle of psalms every seven weeks. Daily Office recordings are made by St. Paul's readers and are available in MP3 format at [www.stpaulscary.org](http://www.stpaulscary.org). Readings by St. Paul's readers are also broadcast on the Church Broadcasting Entity Radio ([THE-CBE.org](http://THE-CBE.org)). More information is available at the church web site.

**THE JULIAN GATHERING** meets on the second and fourth Wednesdays of each month at 9:15 a.m. for contemplative prayer and the study of Julian of Norwich. Julian was a 14<sup>th</sup> century mystic and author of *The Revelations of Divine Love*,

(Continued on page 17)



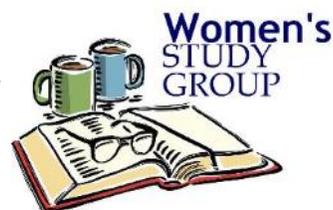
## Adult Education Opportunities *(continued)*

*(Continued from page 16)*

often acknowledged as one of the world's great spiritual classics. The next meeting dates are March 9 & March 23. For more information, contact Lanny Wase, [lannywase@mac.com](mailto:lannywase@mac.com), 919-466-9050.

**PEOPLE OF ALL COLORS AND CULTURES TOGETHER (PACCT)** meets on first Tuesdays at 7:00 p.m. in the youth wing. We will continue our discussion on race relations and diversity in our community and America. Please join us on March 1 for our next meeting! For more information text Andrea at 919-348-9599.

**THE WOMEN'S STUDY GROUP** is open to women who are interested in reading and discussing literature. The group alternates reading fiction and non-fiction each month. Many, but not all, of our selections have spiritual /religious themes. The group meets Tuesday, March 8, from 12:00 noon to 1:30 p.m. in the bride's room. Child care is available on request. For more information, see the article on page 3 of this newsletter, or contact Leah Dail, [LeahDail@gmail.com](mailto:LeahDail@gmail.com).

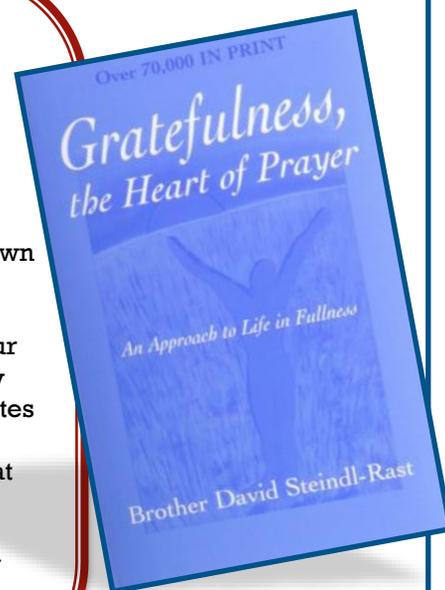


*Submitted by Beth Barnes  
and St. Paul's Adult Education Committee*

**Gratefulness, the Heart of Prayer:  
An Approach to Life in Fullness  
by Brother David Steindl-Rast, OSB  
Adult Education Book of the Month  
March 2016**

Brother David Steindl-Rast, a Benedictine monk, is one of the most well-known spiritual teachers in the world. He is known for his pioneering work in interfaith dialogue and for his promotion of the spiritual practice of gratefulness. This book is about "prayer and gratitude, awareness and our ability to see into things, discovering the grace that awaits us in everyday life." Henri Nouwen, Catholic priest, professor, writer, and theologian, writes that "although this book deals with most aspects of the spiritual life and speaks about faith, hope and love as its core, gratefulness is the theme that sets the tone of all that is written."

Brother David has written a number of other books and has a website, [www.gratefulness.org](http://www.gratefulness.org), which offers a variety of approaches to practicing grateful living in daily life.





## Habitat for Humanity Workday Lunches

Do you want to help St. Paul's build a house for Habitat for Humanity? Does swinging a hammer, laying floors, or painting a wall seem like more than you can commit to at this time? Well there is another way you can assist. St. Paul's will be providing lunch for the workers on March 12 and April 9. We need your

help to provide the food. A Signup Genius will be available on the website for you to indicate what you will provide. More details will be included on the signup or you can contact Katie Robinson at [katie015@bellsouth.net](mailto:katie015@bellsouth.net) or 919-247-3472.

*Submitted by Katie Robinson*

## A Thank You to St. Paul's from Wheels4Hope

Wheels4Hope is an external outreach program supported at St. Paul's with contributions and volunteer efforts. Here is a "Thank You" letter to St. Paul's from Carol House, External Relations and Compliance Coordinator for Wheels4Hope.

*Submitted by Mike Sweeney*



Blessings,

Opportunities to serve are all around us. Sometimes we assume that in order to change the world we have to do great and mighty things. The truth of the matter is: a simple act of kindness and an understanding word spreads His love, honors Him, and can start a rippling effect of caring. The work we do at Wheels4Hope allows us to serve the folks we help directly, as well as touch many other's lives indirectly.

Wheels4Hope would like to thank St. Paul's Episcopal Church for your ongoing support in 2016. It's congregations like you that help us meet our mission of providing affordable, reliable transportation to economically-vulnerable individuals and families in the local Triangle community. Financial support and 5 vehicles were generously donated from members of your congregation. We rely on this support to continue to serve and fulfill our mission. Thank you!

In 2015, the Triangle Wheels4Hope location placed 135 program cars with recipients referred from our local partner agencies. Last year, on October 10<sup>th</sup>, Wheels4Hope celebrated its 15<sup>th</sup> Anniversary with our 1,000<sup>th</sup> car blessing held at our founding congregation. In addition, over 100 retail cars were sold to the public to provide financial support for our mission.

Our Annual 31 Campaign was a success as we joyfully placed 31 cars with 31 families in 31 days. What an amazing way to end the year. Through the ministry of Wheels4Hope and your contributions, they now are blessed with a car.

We have high hopes of placing 150 program cars in 2016. With your continued commitment we will make this happen! Please consider donating your used car to Wheels4Hope. Help us change lives, one car at a time. For more information go to [www.wheels4hope.org](http://www.wheels4hope.org) or call 919-832-1941.

With Gratitude,

Carol House  
Wheels4Hope



## 'Hermano' Day (Farmworker Day) – Sunday, April 10

Soon, farmworkers from Mexico will journey to North Carolina to work on farms, located an hour from Cary. The men will live in remote and isolated labor camps and have only the barest of necessities. The Episcopal Farmworker Ministry serves men in 47 labor camps by providing them with a Sacramental Ministry, clothing, bedding, food, and medicine. St. Paul's helps by donating work clothes and bedding and by offering financial support. On Sunday, April 10, a representative from the Episcopal Farmworker Ministry will be here to tell us about the work being done to help our farmworker brothers in Christ. Please bring your donations to church that day.

The items most urgently needed are:

- Men's work pants (sizes 24, 26, 28, 30, and 32)
- Men's socks and athletic shoes - (smaller sizes)

- Men's long sleeved shirts (smaller sizes)
- Men's t-shirts - (smaller sizes)
- Men's underwear (small or medium)
- Sheets (twins are best)
- Towels, light blankets, pillows
- Dried beans, rice, tortillas.

Items can be new or used.

An excellent alternative is to make a monetary donation earmarked for either a **Welcome Kit** or a **Shower Kit**. Please use the memo part of your check for this. A **Welcome Kit (\$75.00)** provides a farmworker with a Shower Kit plus 3 pairs of used work pants, 3 shirts, a towel, a blanket, sheets, and a pillow. A **Shower Kit (\$25.00)** will provide a farmworker with a kit containing shampoo, soap, toothpaste, deodorant, razors, a washcloth, Bengay, Benadryl, and ibuprofen.

*Submitted by Gale Herrman*



## Episcopal Farmworker Ministry



## T.P. – Is it a Necessity?

I'd say yes but it's not something thought about when you are talking about providing food for families in need. Today I'm going to ask you to consider donating toilet paper for Dorcas Ministries. Families approved to get food at the Dorcas Food Pantry are allowed to take 1 roll of toilet paper for each family member each month (if it is available). There is another church in the area that tries to meet the need but can't provide the



quantity needed to meet the demand. That's where you can help. The goal will be to collect 200 rolls each month from St. Paul's parishioners. Our first collection will be Sunday, March 20. Please bring your donation to the parish hall where Dorcas Volunteers will be available to take your donations. I know whatever we collect will be greatly appreciated.

*Submitted by Nancy Fierke,  
Dorcas Ministry Leader*



### What Home Means To A Child

*PLM-FT is an external outreach program supported at St. Paul's with contributions and volunteer efforts. Below we include their monthly news release.*



Did you know that last year at PLM Families Together, over 60% of the 346 individuals we served were children under the age of 16? The effect of homelessness on children is greater than we might ever be able to understand, but what we do know is this: Children experiencing homelessness are more likely to drop out of school, be exposed to violence, and face a host of mental health and other issues. So keeping families together during this traumatic time is critical for their success as well as the community's.

We believe that every family deserves a home, and children should never have to wonder where they're going to sleep at night. That's why we connect families with children to a stable

home as quickly as possible so they can begin the process of bettering their lives. Beginning on April 1<sup>st</sup> and running until May 31<sup>st</sup>, you will have the opportunity to say, "I believe that every child in our community deserves a home" by supporting our 4<sup>th</sup> Annual Campaign. We have great teams who will be helping us with this most important fundraiser and we hope you'll support us in our efforts.

What does home mean to a child? We'll let them tell you!

- ◆ "Somewhere to put your clothes"
- ◆ "Because you can always share good moments with your family"
- ◆ "You could always keep your food in a cold place"
- ◆ "Where mom and daddy keep me safe"

*Submitted by Susan Gilbert  
Development & Communications Coordinator for  
PLM-FT*

## Liturgy

### 9:00 am Choir Rehearsal Change

These days, all of us have a lot packed into our weeks with jobs, school, and various other activities. So, it may be hard to schedule even one more thing. Like, say a choir rehearsal during the week. But what if you could be in a choir that didn't involve a mid-week rehearsal?



What if instead, you just come a bit earlier on Sunday? Starting right away, we will not have regularly scheduled midweek rehearsals for the 9:00 Choir. Instead, we will meet in the choir room on Sundays at 8:15 a.m. to go over the music for that day. Anybody with the ability to sing in a choir is welcome. Also, youth are encouraged to come- if you sing in your school choir, you could and should be singing in your church choir as well. If choir is something you have wanted to try, this is an easy way to do it. If you are already coming to the 9:00 a.m. service, come a little earlier and get a seat with a different view. I would love to hear from you in advance, ([rusty.mckinney@stpaulscary.org](mailto:rusty.mckinney@stpaulscary.org)) but walk-ins are welcome!

## First Cottas, Now Cassocks- St. Paul's Choir is Looking Good!

Last September, I wrote about the St. Paul's getting new cottas, and it was suggested to me that I should explain a bit more about the choir's vestments in a future newsletter article. Since we expect to have new cassocks for the choir to put into service on Palm Sunday, this seems like the opportunity for that explanation.

Cassocks are the long black robes that the choir wears and the cottas (or surplices) are the white linen, loose fitting garment that goes over top of the cassock. Cassocks and cottas have their origins, as many of the church's vestments do, in the everyday wear of the Roman Empire. By the Middle Ages, the cassock was the everyday wear for priests and black became the common color, as it represented simplicity and austerity. The white surplice (or cotta) represents simplicity and dignity in worship. Together the cassock and surplice became the minimum requirement for vestments that clergy should wear when leading "formal" worship. Over time this combination of vestments was adopted for choirs that assist the priests in leading worship.

The history of these garments, how they have evolved, and how they came to be used in Anglican worship is rather lengthy. If you want to know more, I recommend the following link <http://www.stpeteroshawa.com/articles/vestments> to an article on the website for the Church of St. Peter in Oshawa, Ontario. It covers the topic well without being unwieldy.

From that article, I offer some reasons for vestments:

"Vestments, like other symbols in the church, convey a specific symbolic meanings intended to enhance and deepen our understanding and appreciation of the Liturgy."

"Vestments help us to focus on the ministry being exercised and the liturgy, rather than the individuality of the worship leader."

"We may wear and appreciate vestments because of their antiquity

and their use from earliest times in church history. They reconnect us with our past and act as means of continuity with our brothers and sisters who have worshipped Christ for two thousand years."

The St. Paul's Choir has been using a collection of mismatched and aging cassocks and cottas for decades now. When I came on board, we had several lengths of cottas (long and short) and two different necklines (round and square), not to mention the yellowing and stains on most of them that wouldn't come out in the wash (I tried). The cassocks were a mixture of sleeved and sleeveless, snapped and buttoned, and variations of faded black, including a couple that have faded to green! Most of the time the choir wears both together, so it made sense to get new cottas as a first step. But on Good Friday, it is our custom to wear only the cassock ("simplicity and austerity"). With Holy Week 2016 on the horizon (and an excellent sale on choir vestments at C.M. Almy!) it was time to complete the St. Paul's Choir's "wardrobe makeover."

The new cottas are all "Cathedral length" and round necked. The new cassocks are black, button down, and sleeved. All made in the same plain style. Again, I quote from the Church of St. Peter article: "A vestment can help cover over the identity of the persons wearing them. In this way a person's wealth, status and personal idiosyncrasies can disappear behind the Lord they serve."

The St. Paul's Choir currently has 21 members that so serve. We have more seats in the choir loft, more copies of the music, and more folders for that music. And now we have a supply of new vestments for new members. If you have a talent for choral singing we have everything you need, right in the choir room. Come and join!

Contact Rusty McKinney, Minister of Music ([rusty.mckinney@stpaulscary.org](mailto:rusty.mckinney@stpaulscary.org)) to get started.



Choir cottas over cassocks.

## Music Ministries Weekly Rehearsal Schedule



### Tuesday

6:00- 7:00 p.m.	Bells of St. Paul's	Church
7:00- 8:00 p.m.	Canterbury Bells	Church
8:00 -9:00 p.m.	Canterbury Choir	Choir Room

### Wednesday

6:00- 6:45 p.m.	Epiphany Choir	Church
6:00- 6:45 p.m.	Advent Choir	Choir Room
6:45- 7:15 p.m.	Advent Bells	Church
7:30- 9:30 p.m.	St. Paul's Choir	Choir Room

### Sunday

8:15 a.m.	9:00 Choir	Choir Room
10:30 a.m.	St. Paul's Choir	Choir Room



© The Church Pension Group, 2016. See <https://www.cpg.org/cartoons>.

## Sunday Schedule

7:30 a.m. Eucharist Rite I  
 8:45-12:30 Kids' Club  
 9:00 a.m. Eucharist Rite II  
 9:00 a.m. Children's Chapel  
 10:00 a.m. Fellowship-Coffee  
 10:10 a.m. Education Hour

11:15 a.m. Eucharist Rite II  
 11:15 a.m. Children's Chapel  
 11:15 a.m. Pre-EYC (2nd & 4th Sunday)  
 5:00 p.m. Middle School EYC  
 5:00 p.m. High School EYC

## Wednesday Schedule

10:30 a.m. Prayer Stitchers  
 12:15 p.m. Liturgy Meeting  
 6:00 p.m. Epiphany Choir  
 6:00 p.m. Advent Choir  
 6:45 p.m. Advent Bells  
 7:30 p.m. St. Paul's Choir



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>6 SUNDAY SCHEDULE                      11:15am Sunday School                      Teacher Appreciation                      Brunch</p>	<p>7 7:00pm AA</p>	<p>8 12:00noon Women's Study Group                      6:00pm Bells of St. Paul's                      6:00pm Youth Lenten Series                      6:30pm MOMS                      7:00pm Youth Committee                      7:00pm Canterbury Bells                      8:00pm Canterbury Choir</p>	<p>9 WEDNESDAY SCHEDULE                      9:15am Julian Gathering                      10:00am Prayer Stitchers                      12:15pm Liturgy Meeting                      7:00pm Adult Ed                      7:00pm MLRC                      7:30pm St. Paul's Choir</p>	<p>10 9:15am Julian Gathering                      10:00am Prayer Stitchers                      12:15pm Liturgy Meeting                      7:00pm Adult Ed                      7:00pm MLRC                      7:30pm St. Paul's Choir</p>	<p>11 10:30am Altar                      Guild Mtg.                      2:00pm Pre-EYC                      to Food Bank</p>	<p>12 12:00noon                      Treasure                      Keepers</p>
<p>13 SUNDAY SCHEDULE                      DAYLIGHT SAVING TIME STARTS                      PJ SUNDAY                      11:15am Pre-EYC                      12:15pm Senior                      Luncheon                      by Youth</p>	<p>14 7:00pm Finance                      Committee                      7:00pm AA</p>	<p>15 1:00pm Communications Comm.                      6:00pm Bells of St. Paul's                      6:00pm Youth Lenten Series                      6:30pm MOMS                      7:00pm Canterbury Bells                      8:00pm Canterbury Choir</p>	<p>16 WEDNESDAY SCHEDULE                      10:00am Prayer Stitchers                      10:00am Newsletter Deadline                      12:15pm Liturgy Meeting                      7:00pm Adult Ed</p>	<p>17 7:00pm Rainbow                      Gathering</p>	<p>18 7:00pm Rainbow                      Gathering</p>	<p>19 1:00pm Senior                      Program</p>
<p>20 PALM SUNDAY                      NO SUNDAY SCHOOL  </p>	<p>21 7:00pm Holy                      Eucharist                      7:00pm Vestry                      7:00pm AA</p>	<p>22 6:00pm Youth Lenten Series                      6:00pm Bells of St. Paul's                      6:30pm MOMS                      7:00pm Holy Eucharist                      7:00pm Thomas Merton Study                      7:00pm Canterbury Bells                      8:00pm Canterbury Choir</p>	<p>23 NO EPIPHANY CHOIR, NO                      ADVENT CHOIR AND NO ADVENT                      BELLS                      9:15am Julian Gathering                      10:00am Prayer Stitchers                      12:15pm Liturgy Meeting                      7:00pm Holy Eucharist                      7:00pm Adult Ed                      7:30pm St. Paul's Choir</p>	<p>24 MAUNDY                      THURSDAY                      NO PRESCHOOL                      7:00pm Holy                      Eucharist                      7:00pm Adult Ed                      Committee</p>	<p>25 GOOD FRIDAY                      NO PRESCHOOL                      10:00am Family-                      Oriented Stations                      of the Cross                      7:00pm Holy                      Eucharist</p>	<p>26 8:00pm Easter                      Vigil</p>
<p>27 EASTER                      10:20am Easter Egg Hunt                      (Ages 3-5<sup>th</sup> grade)                      NO SUNDAY SCHOOL / NO                      CHILDREN'S CHAPEL</p>	<p>28 NO PRESCHOOL                      7:00pm Care &amp;                      Share                      7:00pm AA</p>	<p>29 NO PRESCHOOL                      6:30pm MOMS</p>	<p>30 WEDNESDAY SCHEDULE                      NO PRESCHOOL, NO EPIPHANY                      CHOIR, NO ADVENT CHOIR AND                      NO ADVENT BELLS                      10:00am Prayer Stitchers                      12:15pm Liturgy Meeting                      7:00pm Adult Ed                      7:30pm St. Paul's Choir</p>	<p>31 NO PRESCHOOL</p>	<p>HOLY WEEK</p>	<p>HOLY WEEK</p>

# ST. PAUL'S EPISCOPAL CHURCH

Sunday Services: 7:30 a.m., 9:00 a.m., & 11:15 a.m.



## ST. PAUL'S EPISCOPAL CHURCH

221 Union Street  
Cary, NC 27511

Return Service Requested

Non-Profit Organization  
U.S. Postage Paid  
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Cary, NC 27511

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### THE PEOPLE OF ST. PAUL'S

Fax: 919-467-0152  
Web Site: [www.stpaulscary.org](http://www.stpaulscary.org)

#### Clergy

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**The Rev. Dr. Cathy Deats, Associate Rector**

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**The Rev. J. Carr Holland III, Associate Rector**

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**The Rev. Antoinette Wike, Priest Associate**

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**The Rev. Candy Snively, Deacon**

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#### Staff

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**Melanie Fairbrother, Office Manager**

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#### Vestry

Senior Warden: Julia Rudy

Junior Warden: Sherri Hubbard

Dan Loughlin, Dave Mackie, Carter Collins,

Charlotte Heath, Ralph Greco, Frank Laney,

Rick Bradley, LaQuinta Yvette Jernigan, Jeff Kager, Karen Smith

Treasurer: John Goehrke — Clerk: Lanny Wase

#### Sunday Service Schedule

7:30 a.m.	Eucharist Rite I
8:45 - 12:15	Kids' Club
9:00 a.m.	Eucharist Rite II
9:00 a.m.	Children's Chapel
10:00 a.m.	Fellowship-Coffee
11:15 a.m.	Eucharist Rite II
11:15 a.m.	Children's Chapel