

ST. PAUL'S LETTER

ST. PAUL'S EPISCOPAL CHURCH

St. Paul's Episcopal Church in Cary is home to an active, caring, and diverse congregation of the Episcopal Diocese of North Carolina. Through corporate worship, spiritual development, fellowship, and service we continue to grow together in faith. We strive to be Christ's welcoming, reconciling, and transforming presence in the world through our many and varied ministries.

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Letter From The Rector

The Rev. George Adamik

Dear Friends,

"It's the most wonderful time of the year" are the words to a popular Christmas song. Whether that is your experience or not I believe a verse could be added that says "it's the most stressful time of the year." It seems to be a season of the year when we are pulled in so many directions as we try to fulfill expectations that are either self imposed, or imposed upon us by others.

Without sounding like I am adding to the stress I would like to offer, not an expectation, but an invitation to join us during these days and weeks leading up to Christmas. Below is a listing of the various opportunities offered for worship.



HOLIDAY WORSHIP OPPORTUNITIES

November 29	First Sunday of Advent
December 6	Second Sunday of Advent and St. Nicholas Day
December 13	Third Sunday of Advent: Christmas Pageant at 9:00 a.m. Service
December 20	Fourth Sunday of Advent
December 24	Christmas Eve
5:00 p.m.	Child friendly service — with a special homily designed children and children's choirs
7:00 p.m.	Christmas Eve liturgy with Youth and Jubilate choirs
10:30 p.m.	Gather for a half hour of wonderful Christmas music followed by a festive celebration of the Eucharist.
December 25	Christmas Day
10:00 a.m.	A contemplative celebration of the Christmas Eucharist
December 27	First Sunday after Christmas
7:30 a.m.	Holy Eucharist Rite I
10:00 a.m.	A service of Lessons and Carols followed by Eucharist

Come and be renewed and nourished as we celebrate the birth of the incarnate one, Jesus Christ.

George



The
Bishop's
Visit

**Remember the
Bishop's Visit
on February 21**

**Next Newsletter
Deadline:
Jan. 20
at 10:00 a.m.**

Warden's Corner

ADVENT is here.

2009 has just flown by! It is hard to believe that I have served on vestry for three years and will finish my term in January. It has been an honor to work closely with our vestry, clergy, and staff. I thank God and you for this wonderful privilege.

I wanted to remind you that, during the Christmas season, St. Paul's attendance has traditionally gone up (especially Christmas Eve.) Please remember to wear your nametag! It will help us all recognize newcomers so that we can welcome them and make them feel comfortable.

Please take the time to introduce yourself to someone you don't know this Advent season. Try sitting in a different section. As we exchange peace, seek out someone you might not know and let them know that you are glad they came.

I am grateful for all the blessings of 2009 and am excited about what 2010 has in store for St. Paul's.

May the God of hope fill you with all joy and peace this Advent season.

Faithfully,
Mary Wood, Senior Warden



Save
the
Date



**Mark your calendar for
St. Paul's Annual Meeting
January 10, 2010 at Noon**

Vestry establishes Endowment Fund

On November 16, 2009, St. Paul's vestry approved the establishment of an endowment fund — money that will be set aside and invested to provide a reliable source of income to the parish for generations to come. Income from the endowment fund will help St. Paul's more completely fulfill its mission by developing its ministries beyond what is possible through annual operating funds. Distributions from the fund shall be used for purposes such as:

- outreach ministries and grants,
- seed money for new ministries and special one-time projects,
- maintenance and enhancement of the physical plant and grounds, and
- purposes that are specifically designated by donors;

Donors interested in a particular ministry or need of St. Paul's may designate their gift for that purpose:

however, there is a minimum amount set for designated gifts, and the vestry must accept the gift for the named purpose. Undesignated gifts to the endowment allow the church to address future needs as they arise without restrictions.

Details on the investment policies and guidelines will soon be available through the church office and in the Planned Giving area of the parish website (www.stpaulscary.org). For more information about the endowment fund or to express an interest in making a donation, please contact the clergy, wardens, or a member of the Endowment Board. Endowment Board members include Kay Burgess, Paul Gregg, Dan Loughlin (danloughlin@bellsouth.net), Mike McInerney, and Doug Riddle.

Submitted by Dan Loughlin

Endowment Fund



A Word of Thanks from BJ

Jo, Amelia, and I would like to thank the people of St. Paul's for all their prayers and support during Jo's pregnancy and Amelia's grand arrival. Mom and baby are doing very well, and we are enjoying (almost) every minute of it. The time I spent at home on family leave was very special to me, and it helped us to adjust to the new rhythm of

our family.

We would especially like to thank Care n Share for coordinating meals, as well as all those who offered to bring food. Thanks to everyone for their prayers and support. St. Paul's has once again outdone itself in modeling God's grace and hospitality.

B. J. Owens



About Our Church

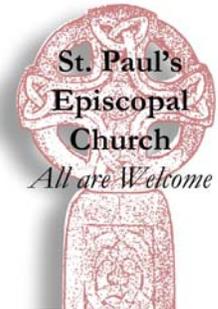
We express our sympathy to Ann Hunt for the death of her friend, Carol Cox; to Chuck and Marcia Masser for the death of their sister-in-law, Janet Masser; to Sally Thorn for the death of her husband, Les Thorn; to Malcolm Lockhart for the death of his father, Dr. David Lockhart; and to Joy Moshakos for the death of her mother, Dorothy Babb.

We celebrate the birth of Ella Marianne Springfield, daughter of Harrison and Christi Springfield; Catherine Anne Ingram, daughter of Daniel and Christine Ingram; and Bridget Nicole Deese, daughter of Vickie and Nathan Deese.

We rejoice in the baptisms of Oliver Alexander Gatchalian, son of Oliver and Nicole Gatchalian; Ryan Matthew King and Audry Nicole King, children of Matthew and Kimberly King; Cooper Thomas Riesenber, son of Andrew and Katherine Riesenber; and Addison Grace Keiswetter and Chloe Elizabeth Keiswetter, daughters of Dean and Carol Keiswetter.

We welcome our new communicants Brooks and Patricia Harris, and Michael and Ann-Marie Taranto and their children Caitlin Taranto, Mark Taranto, and Anna Taranto.

Submitted by Melanie Fairbrother



Communications Meeting

Parishioners who are interested in St. Paul's communications efforts are planning to gather at 12:30 p.m. on Sunday, December 6, in the youth wing to discuss communications at St. Paul's. The meeting will conclude by 2:00 p.m. Please bring a bag lunch. We will have tea and water available for you.

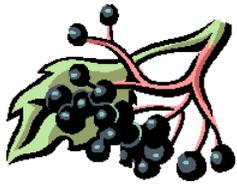
The purpose of this initial meeting is to begin a conversation about continued development of communications at St. Paul's in the midst of an ever changing world. We want to gather together ideas that parishioners are suggesting

already about communications as well as look at how we have seen other organizations communicate (what we have seen work well or not so well). What ways of communicating would be helpful to St. Paul's different ministries? It is not our intent to resolve how or whether these ideas are viable solutions at this initial meeting.

We would love for you to join us! Any questions? Contact Mary Wood at 919-462-1999 or at mwood3@nc.rr.com.

Submitted by Mary Wood





Elderberries

The elderberries are planning a Christmas luncheon on Wednesday, December 16, at 12:00 noon. It will be held at Gregory's on Kildaire Farm Road. A sign up sheet will be posted in the narthex to accept your reservations.

All St. Paul's seniors are invited to attend. Reservations will be accepted until December 12. We look forward to your participation. Contact Joe or Becky Furno if you have any questions.

Alternative Giving Choice

Over the years, St. Paul's has been blessed with the generosity of parishioners in their donations to Heifer International. Contributions to Heifer buy animals for families in need around the world, and offerings are made at St. Paul's during Sunday morning services. This year St. Paul's once again hopes to meet its annual goal of \$5000, to buy the Heifer Gift Ark of 15 pairs of animals for families in need.

their honor. So, if you are at a loss for gift ideas or in need of a gift for someone who has "everything," please consider contributing to Heifer International and sending a card to that person. You'll be pleased at how much your family and friends will enjoy having a flock of chickens or a share of a llama donated in their name. Gift cards will be available in the narthex to be picked up on an honor system on Sunday mornings between Thanksgiving and Christmas Eve.

Thank you for reaching out to help those less fortunate than ourselves. For further information, contact Alison Arnold (aearnold47@bellsouth.net; 469-5734) or Margaret Haughey (460-1503).

Submitted by Alison Arnold

At Christmas time, Heifer International offers a special opportunity to give alternative holiday gifts to family and friends. For each \$10.00 you have donated during the year, or plan to donate during the holiday season, you may honor a friend or loved one by sending them a Heifer gift card describing the gift you have bought in



Fellowship events scheduled for December and January

December 9: Fellowship / Choir
Wednesday potluck at 5:30 p.m.
followed by Evening Prayer at 6:15 p.m.

paper plates, cups for cold and hot drinks), or help with set-up and / or clean-up. Please e-mail Lorrie Todd at ltodd@nc.rr.com.

December 13: In celebration of the Christmas Pageant, we plan to have a festive Fellowship Hour between the 9:00 a.m. and 11:15 a.m. services. We invite parishioners to help by providing any of the following: food (ham biscuits, fruit platters, breakfast breads, cookies, brownies, or any other goodies), drinks (lemonade or orange juice), paper products (napkins, small

December 20: Cookie Exchange in the parish hall during coffee hour break between 9:00 a.m. and 11:15 a.m. services. Bring your cookies to the Parrish Hall for the exchange.

January 23: Wine tasting with 20s & 30s

January 24: Dr. Zoomba

Submitted by Lorrie Todd



20s & 30s happenings for December & January

A Christmas Party! December 10 from 6:00-8:00 p.m. in the youth wing of St. Paul's. Please RSVP by Monday, December 7, to Colette Hibberd and note what dish or drink you will provide. Also, let us know if you'll need childcare.

Wine Tasting, co-sponsored with the Fellowship Events Team. Join us for an evening of wine and conversation!

Where: Anytime Wines, in the Lochmere Pavillion
When: Saturday, January 23, 7:00 p.m.

Keep an eye on the bulletin for pricing and posting of an RSVP list in the narthex!

Submitted by Sara Concini



Center for Hope and Healing: Update

Last spring, a focus group was held during coffee hour to discuss the possibility and implications of opening a counseling center at St. Paul's. Since then, interested parishioners have held six meetings (once monthly) to brainstorm various aspects of the center such as a vision statement and business plan. Here is an excerpt from our draft vision statement:

"St. Paul's already offers a great deal of support and outreach through the many services in the Care and Share ministry. This committee is considering adding another level of care and support, inspired by the pastoral counseling being provided by our Dr. Sally. So much good has come from her work, and the need is still greater than she can realistically handle by herself. Our thinking is that if we had a place where volunteers, both lay and professional, could come to provide additional services for our parishioners, parishioners of other churches, as well as persons from the community, then the good being done through Sally's work could be multiplied many times over. That is our basic goal."

The business plan includes needs analysis / services provided, funding sources, marketing and sales, board of trustees / organization and management, and service location /

facilities — all of which have served as a baseline with which to proceed. Some of the parish needs that the committee identified as potentially benefiting from counseling services include grief, divorce, caregiver support, gay and lesbian issues, and support for adoptive and special needs parents. Because we want to make sure we are addressing the needs of both the parish and the greater community, we will be holding additional focus group meetings where all are welcome to participate in discussing the real and perceived services the center should consider. The first focus group will be held during coffee hour on January 10, 2010.

It is our hope that we may begin to offer some services in 2010 (such as grief / bereavement support groups, and divorce support groups) and expand from there. The committee is very excited at the progression of this vision and moving forward after the first of the year.

Please contact Juli Kirby at 919-621-3825 or at julianne.kirby@gmail.com should you have questions, or ideas, or if you want to be involved or to seek further details.

*Submitted by Juli Kirby
Counseling Center Committee*



*Center for
Hope &
Healing*



Children's Ministries

Sunday



School



"HERE WE COME A-CAROLING!"

Scripts



Become a Sunday School Teacher!

Christmas Pageant

On December 13 at the 9:00 a.m. service, our young parishioners will re-create Mary and Joseph's trek to Bethlehem and the miracle of the birth of the Christ child. This is a chance for the children to live one of the most spiritual moments in our Christian history. It is also a chance for the adults to re-live this pageant experience through the hearts of our children. Please join our host of angels, wise men, shepherds, innkeepers, animals,



Christmas Pageant

musicians, narrators, and our "holy family" on Sunday morning, December 13, for our annual Christmas Pageant.

All children participating in the pageant should be prepared to attend a rehearsal on the morning of December 12. Children with speaking parts should be prepared to attend an extra rehearsal on Friday night, December 11, and to

practice their lines at home. Adult helpers are also needed.

Here we come a-caroling

We aren't going any farther than the Parish Hall; but on December 20 at the 10:00 a.m. coffee hour, the Children's Ministries Committee will be hosting a Christmas Sing-Along for parishioners of all ages. Good voices are not required to join in, but good

cheer is. Music, lyrics, and song leaders will be provided. We will have merry-making galore. All education classes (adults and children) are on holiday hiatus, so please join us for a "cuppa" and a tune!

Tell us a Bible story

The children are looking to recruit new teachers for the new Sunday School semester which will begin on January 3. No experience is required. Applicants need only the desire to express God's love to our children and the ability to tell a good Bible story. Three teachers will be assigned to

each classroom so that all teachers will have a little time off every month. Scheduling is flexible. Materials and support are provided. Please join our growing cadre of Sunday School volunteers. Contact Jennifer Shy for more details.

Pre-EYC



Our biweekly fun & fellowship program for 4th and 5th graders is off to a great start! All 4th and 5th graders are invited to join us on pre-EYC Sundays (1st & 3rd Sundays of the month.) This program, which is led by Carla Traudt, has been a big success over the past several years, and we hope to see some new young people join the fun!

December 6:* Yankee Trade Party – bring a wrapped item to trade worth less than \$2.50. (New or Used...the funnier the better)

*Please note that this date is a correction to the date printed in last month's newsletter.

Children's Ministries

Thanks for a great Fall

While we are keeping an eye out for Sunday School teachers for the Winter/Spring, we also want to take this opportunity to thank those wonderful volunteers who gave their time and their hearts in the classroom this Fall. Thanks be to God for : David Blake, Cathy Connors, and Richard Gray (3 year olds); Rachel Crigger, Janie Goehrke, Leslie Vaughan, and Jane Womack (4 year olds); Katie Bricio, Jill Cobb, Jennifer Lampuri, and Lesley Lloyd (Godly Play, Room 7); Sherri Hubbard,

Alana Loughlin, Dave Mackie, Katharine Mitchell, and Adele Panek (Godly Play, Room 8); Dan Loughlin, Jeff Pederson, and Jill Zapadinsky (3rd grade); Lori Ghosal, Chuck Hubbard, Maggie Williford, and Selena Youmans (4th grade); Ricky Barker, Ann Lockhart, and Mary Catherine Troxler (5th grade). Special thanks, too, to Mike Tanner and Selena Youmans for teaching the Social Justice Class to the fourth and fifth graders this fall.



Children's Chapel

If you aren't ready to commit to leading a Sunday school class, helping with Children's Chapel is another way to have an impact on the lives of the children of St. Paul's. Teaching materials are provided, and no experience is necessary — we'll train

you on the job! The simple lesson plans come from the Episcopal Church and follow the lectionary. Contact Jennifer Shy if you are interested in learning more or seeing what the current needs are.



Mark Your Calendar !

- Dec 11 Pageant Rehearsal for Children with Speaking Parts: 6:00 – 8:00 p.m.
- Dec 12 Pageant Rehearsal for All Children Participating: 10:00 a.m. – noon
- Dec 13 Christmas Pageant at 9:00 a.m. service
No Sunday School
- Dec 20 Christmas Carol Sing-Along at coffee hour
No Sunday School
- Dec 27 **No Sunday School**
- Jan 3 Church School and Children's Chapel resume
- Jan 29 Food & Fellowship: Thanks to our volunteers

We want to thank ALL the wonderful adults who volunteer for children's chapel and who teach Sunday school, in addition to those who help with events and support the children's program's at St. Paul's. Please mark your calendars for an evening of food and fellowship (child care provided) for volunteers on January 29 at 7:00 p.m.



Children's Ministry Committee

Jennifer Shy, Kim McCombs-Thornton, Christine Ingram, Leslie Vaughn, Dave Mackie, Juli Kirby , Dean Keiswetter, Melissa Tanner, Selena Youmans, and Frank Bricio
Clergy Liaison – B.J. Owens: Vestry Liaison – Ann Lockhart

Preschool



News from St. Paul's Preschool

Preschoolers had a great November learning about Indians, Pilgrims, turkeys, and what it means to be thankful. The 4 and 5 year olds had a feast together in the parish hall dressed as Pilgrims and Indians. The younger children had their own Thanksgiving celebrations in their classroom.

parents were generous and provided Christmas gifts for 70 children of migrant workers in Newton Grove. The parents sent gifts of clothing and toys to the Head Start Migrant Program for the children who are economically less fortunate. Thank you to all who made Christmas a little happier for others.

When we return to school for the new year, preschool will be registering for the 2010-2011 school year. To participate in our lottery for , parents must attend either the Open House on January 21 or schedule a tour prior to the lottery date.

Preschool will be closed for Christmas on Thursday, December 17, and will reopen on Monday, January 4.

I hope you all have a Merry Christmas and a Happy New Year!

Love in Christ,

Mary Catherine Troxler

We are extremely excited about our Christmas Program on Wednesday, December 16, at 11:45 a.m. in the church. The children are busy preparing songs for their family and friends. All are welcome to join us for a little bit of Christmas cheer.

The preschool

MARK YOUR CALENDARS

Registration for 2010-2011 School Year

Open House

Thursday, January 21
7:00-8:00 p.m. in parish hall

Church Member Lottery
Friday, January 29

Public Lottery
Friday, February 5

*If you are unable to come to Open House, please call the Preschool Office (467-3788) to set up a tour prior to the lottery.



Green Brigade Help Our Children Save the Earth

We are GROWING GREEN! Thus far, our children's stewardship project has recycled 300 juice pouches and 200 chip bags and has earned money for our Children's Ministries to use toward curriculum and enrichment programs at St. Paul's. The amount we have earned is small, but we can do more! Christmas is right around the corner and everyone will be enjoying holiday parties and company. Save all of those recyclables from the holidays and help us grow green!

We are looking for: 1) juice pouch containers (all brands); 2) cookie wrappers (snack and full size) from Nabisco products including: Chips Ahoy!, Nutter Butter, Oreo, Mallowmars, Fig Newtons, Nabisco 100

Calorie Packs, and Oreo Cakesters; and; 3) Frito-Lay chip bags (all sizes), including: Lays Potato Chips, Doritos, Fritos, Cheetos, Tostitos, Sun Chips, Rold Gold Pretzels, and any other Frito-Lay product.

There are two collections bins located at St. Paul's at the side entrance to the Education Building next to the restrooms. Please leave your empty containers in the bins at any time.

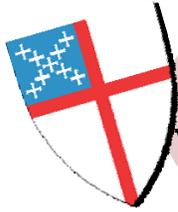
And, if you are interested in "green" gifts for that hard-to-please person, check out www.terracycle.net to see what great products our recycled waste has become. Help our children save the earth!

Submitted by Sherri Hubbard



EYC UPDATES

Episcopal Youth Community



Fred Lowry, Youth Director

youth@stpaulscary.org

www.stpaulscary.org/youth

919-437-1477 ex. 37

Youth

By Fred Lowry

Activities for 6th-12th graders

Sunday

Sunday School: 10:10-11:00 a.m.
EYC: Middle School - 4:00-6:00 p.m.
Shared Dinner & Worship: 5:15-6:00
EYC: High School - 5:15-7:30 p.m.
Tuesday
High School Compline: 8:00-9:00 p.m.

Regional Youth Lock-in

January 8-9, join us for the first regional lock in. Middle School and High School will both meet at 6:30 p.m. at St. Paul's and head over to Good Shepherd in Raleigh for an excellent evening of fun, games, food, and fellowship! The next morning we will get up and participate in a 5k walk/run put on by Christ Church. This is a great way to meet



lots of other teenage Episcopalians without spending a lot on a weekend retreat. Cost is estimated at \$20 and signing up before Christmas guarantees you a spot. Get the form from the narthex, from Fred, or online today!

EYC Babysitting Fundraiser

Drop off your children and enjoy 4 hours of stress free holiday shopping!!
When: December 6 from 4:00-8:00 p.m.
(EYC meets at 3:30 p.m.)
Where: St Paul's parish hall
What to bring: A bag dinner, favorite toy

or games, and a great mood.
Cost: Donations accepted, proceeds benefit St. Paul's EYC.
How can I participate? Sign up in the narthex starting two weeks prior to the event.



EYC Christmas Party

Sunday, December 13, we will gather in the narthex at 4:00 p.m. We will enjoy a service, then head over to

the parish hall for a Christmas dinner and gift exchange. Check our weekly emails for further details!



Time to think about ...

ASP

(Appalachia Service Project)

June 20-26, 2010

For rising 9th graders and above
\$100 deposit required to hold your spot
Financial assistance is available.

www.asphome.org

SEVERAL ADULT CHAPERONES NEEDED

CONTACT FRED

This is a wonderful opportunity to put our faith into practice through service to those who are very much in need. Our past ASP trips have been wonderful experiences, and we look forward to another year. If you have not been on an ASP trip before, this is a great year to start!



Kiva Congratulations!



Thank you to everyone who participated in the Kiva Carnival this year! The \$250 we raised has helped our account make loans in 14 different countries! Check out the globe in the narthex to see where our active loans are!



St. Nicholas Day — December 6

St. Nicholas, the historical Bishop of Myra, will visit St. Paul's at the 9:00 a.m. and 11:15 a.m. services on December 6.

Nicholas was born during the third century in the village of Patara, an area that was Greek and is now on the southern coast of Turkey. There are many stories and legends about his good deeds. His wealthy parents, who raised him to be a devout Christian, died in an epidemic while Nicholas was still young. Obeying Jesus' words to "sell what you own and give the money to the poor," Nicholas used his whole inheritance to assist the needy, the sick, and the suffering. He dedicated his life to serving God and was made Bishop of Myra while still a young man. Bishop Nicholas became known throughout the land for his generosity to the those in need, his love for children, and his

concern for sailors and ships.

In the spirit of St. Nicholas, the St. Paul's congregation will provide gifts for children in need again this Christmas season. The tags on the Advent Tree represent 398 children whose Christmas will be brighter through your giving.

Be sure to get a tag and bring your gift to church on December 6, when the spirit of St. Nicholas will join us to accept our gifts for the children, and when he will share his special coins with us. Volunteers will take the gifts for the children to the five supported local ministries later that same day, so please be sure to attend the service on Dec. 6 and drop off your gift.

Submitted by Mary Marsha Cupitt

St. Paul's Blood Drive—January 9

St. Paul's will be having its quarterly Blood Drive on Saturday, January 9, from 9:00 a.m. to 1:00 p.m. Please sign up to receive a donation time as soon as possible. There will be a sign up sheet in the narthex on Sunday mornings, or you may contact Brenda St. Laurent at bdstlaurent@yahoo.com or by phone at 379-1915. We will be able to accommodate 3 people every 15 minutes.

Consider these statistics for the Triangle area: (1) Fewer than 5% of the population of those who are eligible to give blood donate; (2) Seventy percent of donors give once per year when they could donate 4 times a year; (3) Ninety-five percent of the population will receive a blood product by the age of 72

PLEASE GIVE THE GIFT OF LIFE!

Rex Blood Services needs all blood types, and by donating one pint of blood, you can save 3 lives.

Submitted by Stacy Miller

Facts about donating

- * Anyone in good health, at least 17 years old and weighing at least 110 lbs. may donate blood every 56 days (our last drive was October 17, 2009).
- * Donors should eat breakfast/lunch and drink plenty of fluids before a donation.
- * Donors can resume normal activity after donating; however, avoid lifting heavy objects or strenuous exercise for 24 hours.
- * Many people feel great after donating. However, if you experience abnormal symptoms, let a staff member know.
- * Travel outside the U.S. may be a cause for deferral. Check with a staff member about any overseas destinations.
- * There is no longer a 12 month deferral for having a tattoo, if it was administered by a licensed U.S. facility.
- * Donors must not be taking antibiotics. Symptoms and medication should cease for at least 24 hours.
- * Bring a photo ID or blood donor card and a list of medications that you are taking.





Christian Social Ministries

The Christian Social Ministries (CSM) committee is pleased to announce that this year's Christmas plate offering will be divided between two charities: Episcopal Farmworker Ministry and Doctors Without Borders. Each year, our Christmas loose-plate offering is given to one or more worthy charities. This year, the offering will be split 50/50 between the Episcopal Farmworker Ministry, a local domestic charity, and Doctors Without Borders, an international charity. The CSM committee is charged with the decision of how the annual Christmas and Easter loose-plate offerings (not to include annual pledges) are to be given to suitable outreach missions.

The Episcopal Farmworker Ministry responds to the physical, emotional, and spiritual needs of North Carolina's many migrant and seasonal farmworkers and their families, actively supporting opportunities for these hardworking people to become self-directive. Working in more than 60 countries internationally, Doctors Without Borders is an medical humanitarian organization dedicated to assisting people whose survival is threatened by violence, neglect, or catastrophe.

Linda Cozzolino will be stepping down as the chair of CSM at the end of December after two years of leading this dynamic and active ministry. CSM is looking for a new leader for the coming year. We ask for your prayerful consideration as a new leader is sought. Might you – or someone you know at church – feel called to serve? CSM also seeks a project leader to head up the Veterans and Military Outreach (VMO) ministry, and of course, we welcome new committee members anytime! The committee can be contacted via the parish website: lots of information about CSM is online.

Special thanks are offered to the wonderful CSM committee members who are stepping down / rotating off and / or changing venues – your

commitment to outreach and to our parish is applauded! Betsy McBrayer has served as vestry liaison to CSM for the past 2 years, and her guidance and insight has been truly inspiring. Thanks as well to Mary Kay Gobris (for her dedicated service to both the Kairos Prison Ministry as well as to the CSM committee, as diligent secretary); to Toni Holderied (whose assistance during the joint CSM-Adult Ed Seminar on Race program was invaluable); and to Barbara Moore, who is relocating to Virginia. Barbara founded the new Veterans and Military Outreach ministry (VMO) at St. Paul's – a stellar achievement! She and her husband, Bill, will be truly missed.

Finally, we give a standing ovation to Gordon Werner, "our" talented, personal communications guru. As we say farewell and salute the work of those leaving our committee, we happily welcome several new committee members: David Hatch (who also heads up the Wake Interfaith Hospitality Network project), Lana McGlynn, and the Rev. Marilyn Mitchell. We are excited about the energy and enthusiasm they offer. These new members will join the ever fabulous Katie Bricio, Mary Marsha Cupitt, Margaret Haughey, and Susan Hawkins in dedicated service to Christian Social Ministries.

Coming up December 6: St. Nicholas Day! Make sure to take a tag from the Advent Tree in the narthex – or contribute to the St. Nicholas ministry – and make the Christmas of someone in need a merry one.

Thanks once again to the members of St. Paul's who have given so generously of their energy, talent, compassion, and money to support outreach missions over the past year. You are the saints among us.

Merry Christmas from the Christian Social Ministries Committee of St. Paul's!

Submitted by Linda Cozzolino



Christian Social Ministry

New St. Paul's Knitting Ministry



Calling all knitters, "wanna be" knitters, and crocheters! The St. Paul's Knitting Ministry will have its first monthly meeting on Thursday, January 7, 2010 from 7:00-8:30 p.m. in the library. Our purpose is to make items which will provide comfort and warmth to persons in need, such as caps and blankets for premature babies; caps and mittens for the homeless; security blankets for children; lap rugs, scarves, and slippers for persons in nursing homes; and prayer shawls for persons in need of emotional support.

There are many charities and many persons in need. Bring your needles and yarn and choose your charity and pattern. If you have charity knitting /

crochet patterns you would like to share, please bring them.

Whatever your skill level, beginner or experienced, there is a charity and a pattern for you! If you don't know how to knit and would like to learn, this is an opportunity to learn from experienced knitters who are eager to teach you this wonderful craft.

Do you have leftover or unused yarn which needs a new home? We can use it! Bring it with you to the meeting or call Beth Barnes (380-7214) or Marilyn Mitchell (854-1887) to arrange for use to get it from you.

Questions? Call Beth or Marilyn.

We look forward to seeing you!

Submitted by Beth Barnes

Liturgy

Christmas Poinsettias



Envelopes will be in the pews during Advent for the poinsettia donations, a Christmas tradition at St. Paul's. If you have a loved one for whom you wish to offer thanksgiving, or if you want a memorial for the departed, please complete the envelope during

Advent and place it in the offering plate with a \$15.00 donation. Please complete your offering by December 14, 2009.

The Altar Guild will use these beautiful seasonal plants to decorate the church for Christmas.

Submitted by Margaret Haughey

Musically Speaking

Serve the Lord with gladness; Come before Him with joyful singing. Psalm 100:2

Choir Rehearsals: Before and after Christmas



In preparation for Christmas Eve services, choir rehearsals will be held the week of December 20. The Jubilate Choir will rehearse with the Youth Choir on Tuesday December 22 at 7:00 p.m. Children's choirs and bells will rehearse on Wednesday evening, December 23. Also the St. Paul's choir rehearsal of the Vivaldi *Gloria* with orchestra is Wednesday evening at 7:30 p.m.

There will be no rehearsals the week after Christmas, from Dec 28 – Jan 1, 2010.

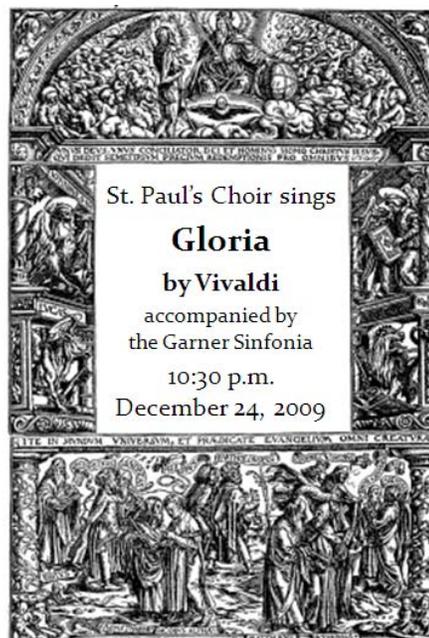
Rehearsals resume in 2010 on:
Jan 5 for Canterbury Handbell Choir and Youth Choir

Jan 6 for Epiphany, Junior Choir, Proclamation Bells and St. Paul's Choir

Jan 7 for Bells of St. Paul's and Jubilate Choir

St. Paul's Choir Sings *Gloria* by Vivaldi

On Christmas Eve at 10:30 p.m., the St. Paul's Choir will sing the *Gloria* by Antonio Vivaldi. Composed by the 18th century Italian monk also known as "the red priest" (because of the color of his hair), this work features the hymn known as the Greater Doxology. The Greater Doxology is based on the words that the angels sang when the birth of Christ was announced to the shepherds: *Glory to God in the highest and on earth peace, goodwill to all people.*



Festival of Choirs & Food Drive

The Festival of Choirs and Food Drive held on November 8 was a wonderful worship experience. Everyone gathered together to make a joyful noise in worship of our God and make an offering of food for Urban Ministries. From the opening hymn to the glorious last note, the music was a beautiful inspiration and statement of our faith and worship. The food drive was a big success with the collection of

over 1,100 pounds of food and about \$200 for music and Urban Ministries. Thank you to the directors and accompanist (Olivia Ittoop, Susan Gilbert, Katie O'Brien, and Jenifer Shy); to the program co-directors (Sue Harrison and Sharon Farrell); to the music committee; and to all the volunteers who had a part in making this event happen. Go to the St. Paul's website to see the pictures of this unforgettable night!



FOOD DRIVE

Canterbury Handbells youth attend DiscoverRing in Richmond, Virginia

Six youth from the Canterbury Handbells traveled to Richmond, Virginia on November 13-14 to participate in the AGEHR Area III DiscoverRing Youth Handbell Festival. This two-day conference provides an opportunity for our youth to ring in a

handbell choir with 500 ringers under the leadership of Nancy Cappel, a world-reknowned director of handbells. The weekend was a big success with a lot of ringing and fun. Thank you to the parents and chaperones whose help made this trip possible.



Handbell Road Trip

St. Paul's Annual Variety Show: Jan 31

We hope that all the people who attended last year's rollicking event will be inspired to join in the fun this year. Now is the time to plan your act for this

fun evening. Singers, storytellers, dancers, jugglers, pianists, and instrumentalists are encouraged to participate.



Talent Show!



Christmas Eve Music

Christmas Eve Music

St. Paul's offers three services on Christmas Eve. Each of St. Paul's music ensembles will be singing or ringing on this Holy Christmas Eve.

5:00 p.m. – Children's Choirs: Epiphany and Junior Choirs, and Proclamation Bells

7:00 p.m. – Youth and Jubilate Choirs, and Canterbury Handbells

10:30 p.m. – St. Paul's Choir sings Vivaldi's *Gloria*, accompanied by the Garner Sinfonia and Bells of St. Paul's



LESSONS & CAROLS

Lessons and Carols—December 27

On Sunday December 27 at 10:00 a.m., St. Paul's worship service will feature the traditional Lessons and Carols and Eucharist. There will be no

9:00 a.m. or 11:15 a.m. services on that day. The 7:30 a.m. Rite I service will be held.

Children's Music



The children's choirs have sung and rung at several services this month, and were also involved the Festival of Choirs, so we are a busy group. With the influx of new parishioners, we are getting many new shiny faces joining all choirs and this makes us HAPPY! However, with increasing participants, more help is needed to administer the program, and the children's music programs are in real need of administrative and organizational volunteers. If you are new to St. Paul's or looking for a program where you can make a difference,

children's music WANTS You. You don't need to have kids to make our children's musical life better!

It will soon be time to start working on the annual Spring cantata. Help is needed from people who can sew, design sets & costumes, do carpentry, help with rehearsals, and organize details.

No matter what your talents, or how much time you have to give, we can find a spot for you. Please come be a part of our musical community by contacting Olivia Ittoop or Jason Pace.

Raleigh Boychoir Comes to St. Paul's

On January 31 at the 9:00 a.m. service, the Raleigh Boychoir will be singing. For more than 40 years, the Raleigh Boychoir has been promoting the music of boy choir singing which flourished in the Anglican Church. We look forward to welcoming this talented group of boys led by their artistic director, Mr. Robert E. Unger.

CAPTA Workshop "CAPTAvating" Music Enrichment Day

The Cary Area Piano Teachers Association's (CAPTA) annual music workshop will be held on Saturday, January 30, 2010 at St. Paul's. All children in the community are invited to participate in this workshop which explores fun ways of making music. The workshop schedule is:

Grades 1-3 from 9:00 -11:30 am

Grades 4-6 from 12:30-3:15pm

Registration and check-in is 15 minutes before starting time. The early bird registration fee for participation before January 22 is \$5.00. The full registration fee is \$10 after January 22. Activity Stations include: Music Games, "Piano Idol," Celebration of Frédéric François Chopin's 200th birthday, Music Technology, and Drum Circle.

Choir Service Schedule

Dec 6	9:00am — Jubilate Choir 11:15am — Epiphany Choir; Junior Choir, and Proclamation Bells
Dec 13	9:00 am — Jubilate Choir, Youth Choir, and Canterbury Choir 11:15 am — St. Paul's Choir
Dec 20	9:00 am — Jubilate Choir 11:15 am — St. Paul's Choir
Dec 24 Christmas Eve	5:00 pm — Epiphany & Junior Choirs and Proclamation Bells 7:00pm — Jubilate Choir, Youth Choir, and Canterbury Handbells 10:30 pm — St. Paul's Choir sing's Vivaldi's <i>Gloria</i> , with Garner Sinfonia and Bells of St. Paul's
Dec 27	Lessons and Carols 10:00 am — Combined Choirs
Jan 3	9:00 am — Cantor 11:15 am — Cantor
Jan 10	9:00 am — Jubilate Choir 11:15 am — St. Paul's Choir
Jan 17	9:00 am — Jubilate Choir 11:15 am — St. Paul's Choir
Jan 24	9:00 am — Junior Choir and Proclamation Bells
Jan 31	9:00 am — Raleigh Boychoir 11:15 am — St. Paul's Choir

Community Music Events of Interest

Dec 6: Cary Community Choir sings Handel's *Messiah*, with organ & 15 piece orchestra, 7:00 p.m. at White Plains United Methodist, Maynard Road in Cary. Donations accepted.

Dec 12 & 13: Choral Society of Durham sings "Geoffrey Bush's *A Christmas Cantata* & English Carols at Duke Chapel 8:00 p.m. Saturday & 4:00 p.m. Sunday. Featuring medieval English carols and *Fantasia on Greensleeves* by Ralph Vaughn Williams. \$20 each.

Dec 21: NC Boys Choir sings Christmas music, 7:30 p.m. at Duke Chapel. \$12 adults.

Jan 16: UNC Men's Glee Club, 6:00 p.m. at Hill Hall, UNC campus in Chapel Hill. \$5



Facilities Management

Thanks to all who help with facilities

As fall approaches, things really start picking up here at the church — just as the lawn starts slowing down in its growth. I express my gratitude to the group of folks who continue to take care of the yard: Fill Bowen, Ottis Cowper, David, Jewel, Jeff Kager, Dan Loughlin, Neil McClenney, Jason Serino, Jim Speight, Linda Targosky, Richard Todd, Brad Williford, Brent Wood, and Greg Zeph.

I also thank Norm Robinson for coming in and helping me with projects around the campus. Not only has he made it easier to open and close the dumpster doors, he cleaned out all the light fixtures in the new building and changed out the lights that were burned out.

Thanks to all of you for helping us keep our

church looking its best.

I offer a special thanks to Jackie Straub for all her hard work on the front circle. She had spent many hours getting everything arranged and organized. She was here for two days with the clearing of the circle, arranging the move of the plants back to Kids' Club, and laying the mulch and pine straw in the circle, with her helpful husband Ted. The walkway will be started early next year, weather permitting.

There is a link on the website for odd jobs around the church that need to be done, if you are handy and would like to help in that way, please let me know: you can email me at financial@stpaulscary.org.

Submitted by Chris Lewis

January 2010

Sunday Service Schedule

7:30 a.m. Eucharist Rite I
 8:45-12:30 Kid's Club
 9:00 a.m. Eucharist Rite II
 9:00 a.m. Children's Chapel
 10:00 a.m. Fellowship-Coffee

10:10 a.m. Education Hour
 11:15 a.m. Eucharist Rite II
 11:15 a.m. Children's Chapel
 4:00 p.m. Middlers EYC
 5:15 p.m. Senior EYC

Wednesday Schedule

12:15 p.m. Liturgy Meeting
 5:30 p.m. Music Dinners
 6:00 p.m. Epiphany Choir
 6:00 p.m. Junior Choir
 7:00 p.m. Proclamation Bells
 7:30 p.m. St. Paul's Choir

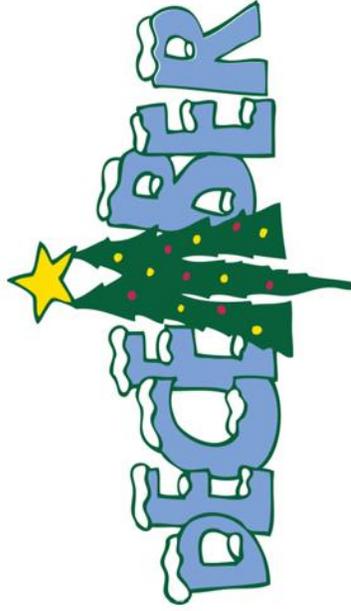
	Sun	Mon	Tue	Wed	Thu	Fri	Sat	
3	 Sunday Schedule 4:00pm Pre-EYC	4 PRESCHOOL RESUMES 7:00pm Care and Share 8:00pm AA	5 10:00am Archives 6:00pm Children's Ministry Committee 6:00pm Canterbury Bells 7:00pm Youth Choir 8:00pm Youth Compline	6  WEDNESDAY SCHEDULE 12:15pm Liturgy Meeting 7:00pm Baptism Class	7 1:00pm Library Group 6:00pm Bells of St. Paul's 7:00pm Knitting Ministry 7:15pm Jubilate Choir	8 6:30 pm Regional Youth Lock-in	9 8:00pm AA 9:00am Blood Drive	
10	10 Sunday Schedule 10:10 Focus Group Discussion—Center for Hope and Healing 12:00pm ANNUAL MEETING 5:00pm Ultreya	11 7:00pm Finance Committee 8:00pm AA	12 10:00am Archives 12:00pm Women's Study Group 6:00pm Canterbury Bells 6:00pm Youth Committee 7:00pm Youth Choir 8:00pm Youth Compline	13 WEDNESDAY SCHEDULE 9:15am Julian Gathering 12:15pm Liturgy Meeting 7:00pm Coffee Talk	14 1:00pm Library Group 6:00pm Bells of St. Paul's 7:15pm Jubilate Choir	15 1:00pm Library Group 6:00pm Bells of St. Paul's 7:15pm Jubilate Choir	16 8:00pm AA	
17	17 Sunday Schedule 12:30pm Mar Thoma 4:00pm Pre-EYC	18 7:00pm Vestry 8:00pm AA 	19 10:00am Archives 6:00pm Canterbury Bells 7:00pm VCC 7:00pm Youth Choir 8:00pm Youth Compline	20 WEDNESDAY SCHEDULE 12:00pm Elderberries 12:15pm Liturgy Meeting 7:00pm Evening Women's Study Group	21 1:00pm Library Group 6:00pm Bells of St. Paul's 7:00pm Preschool Open House	22 DIOCESAN CONVENTION 8:00pm AA	23 DIOCESAN CONVENTION 8:00pm AA	
24	24 Sunday Schedule 4:00pm Dr. Zoomba	25 8:00pm AA	26 10:00am Archives 6:00pm Canterbury Bells 7:00pm VCC 7:00pm Youth Choir 8:00pm Youth Compline	27 WEDNESDAY SCHEDULE 9:15am Julian Gathering 12:15pm Liturgy Meeting 7:00pm Coffee Talk	28 1:00pm Library Group 6:00pm Bells of St. Paul's	29 VESTRY RETREAT 7:00pm Children's Ministries' Appreciation Night of Food and Fellowship	30 VESTRY RETREAT 8:00am Capta Rhythm Workshop 8:00pm AA	
31	31 Sunday Schedule 9:00am Raleigh Boychoir 5:30pm Variety Show							 Remember Bishop Marble's Visit on February 21

Sunday Service Schedule

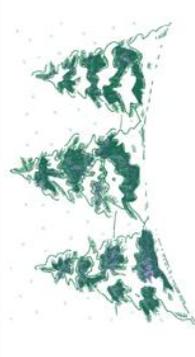
7:30 a.m. Eucharist Rite I 10:10 a.m. Education Hour
 8:45-12:30 Kid's Club 11:15 a.m. Eucharist Rite II
 9:00 a.m. Eucharist Rite II 11:15 a.m. Children's Chapel
 9:00 a.m. Children's Chapel 4:00 p.m. Middlers EYC
 10:00 a.m. Fellowship-Coffee 5:15 p.m. Senior EYC

Wednesday Schedule

12:15 p.m. Liturgy Meeting
 5:30 p.m. Music Dinners
 6:00 p.m. Epiphany Choir
 7:00 p.m. Junior Choir
 7:30 p.m. Proclamation Bells
 7:30 p.m. St. Paul's Choir



2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 6 Sunday Schedule St. NICHOLAS SUNDAY 10:10am Youth Confirmation Class 4:00pm Youth Babysitting Fund-raiser 4:00pm Pre-EYC	7 7:00pm Care and Share 8:00pm AA	1 10:00am Archives 6:00pm Children's Ministry Committee 6:00pm Canterbury Bells 7:00pm Youth Choir 8:00pm Youth Compline	2 WEDNESDAY SCHEDULE 12:15pm Liturgy Meeting 7:00pm Baptism Class	3 1:00pm Library Group 6:00pm Bells of St. Paul's 7:15pm Jubilate Choir	4 7:00pm Treasure Keepers	5 2:30pm Mar Thoma 8:00pm AA
13 Sunday Schedule 9:00am Pageant Service 10:10am Youth Confirmation Class 11:30am St. Gregorios 2:00pm Youth Christmas Party	14 7:00pm Finance Committee 8:00pm AA	8 10:00am Archives 12:00pm Women's Study Group 6:00pm Canterbury Bells 6:00pm Youth Committee 7:00pm Youth Choir 8:00pm Youth Compline	9 WEDNESDAY SCHEDULE 9:15am Julian Gathering 12:15pm Liturgy Meeting 7:00pm Coffee Talk	10 1:00pm Library Group 6:00pm Bells of St. Paul's 7:15pm Jubilate Choir	11 6:00pm Pageant Rehearsal	12 PAGEANT REHEARSAL 9:00am Speaking Parts 10:00am Everyone 8:00pm AA
20 Sunday Schedule 10:10am Christmas Carol Sing-Along in Parish Hall 1:00pm Orchestra Rehearsal 12:30pm Mar Thoma 4:00pm Pre-EYC	21 7:00pm Vestry 8:00pm AA	15 10:00am Archives 6:00pm Canterbury Bells 7:00pm VCC 7:00pm Youth Choir 8:00pm Youth Compline	16 WEDNESDAY SCHEDULE 11:45am Preschool Christmas Program 12:00pm Elderberries 12:15pm Liturgy Meeting 7:00pm Evening Women's Study Group	17 PRESCHOOL CLOSED 1:00pm Library Group 6:00pm Bells of St. Paul's 7:15pm Jubilate Choir	18 PRESCHOOL CLOSED	19 5:00pm Mar Thoma 8:00pm AA
27 7:30am Rite I Eucharist Service 10:00am Lessons & Carols with Eucharist 10:15am Children's Chapel 4:00pm EYC	28 8:00pm AA	22 10:00am Archives 6:00pm Canterbury Bells 7:00pm VCC 7:00pm Youth Choir 7:00pm Jubilate Choir 8:00pm Youth Compline	23 WEDNESDAY SCHEDULE 9:15am Julian Gathering 12:15pm Liturgy Meeting	24 5:00pm Christmas Eve Service 7:00pm Christmas Eve Service 10:30pm Christmas Eve Service	25 CHRISTMAS 8:00am St. Gregorios 10:00am Christmas Service 2:00pm Mar Thoma	26 8:00pm AA
			30 WEDNESDAY SCHEDULE 12:15pm Liturgy Meeting	31 1:00pm Library Group 7:30pm Mar Thoma		

ST. PAUL'S EPISCOPAL CHURCH

Sunday Services: 7:30 a.m., 9:00 a.m. & 11:15 a.m.



St. Paul's Episcopal Church
221 Union Street
Cary, NC 27511

Non-Profit Organization

U.S. Postage Paid

Permit #38

Cary, NC 27511

Return Service Requested

Label

THE PEOPLE OF ST. PAUL'S

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Fax: 919-467-0152

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x 13 | rector@stpaulscary.org

The Rev. Dr. Sally L. Harbold, Associate Rector

x 12 | rector2@stpaulscary.org

The Rev. Bernard J. Owens, Associate Rector

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The Rev. Antoinette Wike, Priest Associate

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The Rev. Lois Reardin, Priest Associate

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The Rev. Candy Snively, Deacon

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Fred Lowry, Youth Coordinator

Youth Office 467-0976

x 37 | youth@stpaulscary.org

Vestry

Senior Warden: Mary Wood

Junior Warden: John Hemperly

Rick Bradley, Carol Lee, Chuck Hubbard, Jean Huey,
Ann Lockhart, Betsy Flagg McBrayer, Betty Charlton, Dennis

Daniels, Jeff Kager, Anne Pilgrim

Treasurer: John Goehrke

Clerk: Lanny Wase

Sunday Service Schedule

7:30 a.m.	Eucharist Rite I
8:45 - 12:30	Kids' Club
9:00 a.m.	Eucharist Rite II
9:00 a.m.	Children's Chapel
10:00 a.m.	Fellowship-Coffee
10:10 a.m.	Education Hour
11:15 a.m.	Eucharist Rite II
11:15 a.m.	Children's Chapel
4:00 p.m.	Midders EYC
5:15 p.m.	Shared EYC Dinner
5:45 p.m.	Senior EYC