



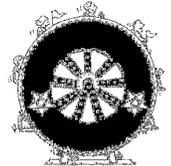
# ST. PAUL'S LETTER

Volume 31 Issue 1

www.stpaulscary.org

February 2007

*St. Paul's Episcopal Church in Cary is home to an active, caring, and diverse congregation of the Episcopal Diocese of North Carolina. Through corporate worship, spiritual development, fellowship, and service we continue to grow together in faith. We strive to be Christ's welcoming, reconciling and transforming presence in the world through our many and varied ministries.*



**Ministry Fair  
March 4, 2007**

Sunday Church Services  
7:30 a.m., 8:45 a.m., and  
11:15 a.m.



**Shrove Tuesday Pancake Supper  
February 20**

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**Next Newsletter Deadline  
February 21, 2007**

**ASH**  
Wednesday Service  
February 21

## Letter From The Rector

*The Rev. George Adamik*

Dear Friends:

I will be taking a sabbatical this year from May 10, 2007 to September 9, 2007. It will be a time of renewal, refreshment and refocus. I have never taken a sabbatical before, so this will be a new experience for me. It is suggested that clergy take a sabbatical after five or six years of parish ministry. On February 14, 2007 I mark my eighth year as rector of St. Paul's. During my fifth and sixth years we, as a parish, were in the midst of building our wonderful new church building, as we also walked through one of the most controversial times in the Episcopal Church. While it may never feel like the right time for a sabbatical, the last few years did not seem like the time. So I have waited until now for this sabbatical.

Eight years is the longest time I have served in a parish in all my 27 years of priesthood. So in many ways I am entering new territory and a sabbatical will help me to enter into the years ahead with renewed energy and focus.

The word *sabbatical* has its roots in the biblical idea of Sabbath, which is understood to be about resting and ceasing. A sabbatical leave is time for a priest to shift gears in order to rest, disengage, study, and reflect—and ultimately return refreshed and renewed in body, mind and spirit.

I was asked by someone the other day what I most look forward to during this sabbatical. My immediate answer was, "Having weekends off." While I said that with a sense of humor, it does get to one of the important parts of a sabbatical, which is creating a new rhythm. It will be an adjustment not to be on call 24/7. It will also be quite different not to have to go to bed early on Saturday nights because of the need to rise so early on Sunday morning (and tiptoe around the house so as not to wake the rest of my family). And without the need to attend weeknight meetings, I also look forward to dinner every night with my family. While there is nothing else in the world I would ever want to be more than a priest, for the first time in 15 years I will know what a three-day weekend is like.

Besides life rhythm changes, I also am looking forward to studying, reading and some light travel during this time. In the weeks ahead I will share more with you about this sabbatical.

George

## BISHOP'S VISIT AND CONFIRMATION

Confirmation is one of several ways to become a member of St. Paul's and/or the Episcopal Church. If you have further questions about church membership feel free to speak to one of the clergy at any time.

Adult Confirmation classes are being scheduled for this Spring so that we will be prepared when the Bishop visits St. Paul's on Sept. 9, 2007. To avoid the summertime we will begin classes on Wednesday, April 18 at 7:00 p.m. until 8:30 p.m. and meet for 5 weeks (as shown below). All adults and older teenagers are welcome. The classes may help you decide whether or not you do want to be confirmed. Childcare is available; please let us know the names and ages of your children. If you would like to attend these classes, email or call the church office at 467-1477 ext.10 or [stpauls@stpaulscary.org](mailto:stpauls@stpaulscary.org).

April 18	Church History and Anglican Identity The Rev. Dr. Sally L. Harbold
April 25	Scripture The Rev. George Adamik
May 2	The Book of Common Prayer The Rev. B.J. Owens
May 9	The Sacraments The Rev. George Adamik
May 16	Spirituality – a theology of growing in faith The Rev. Dr. Sally L. Harbold

## MINISTRY FAIR IS COMING MARCH 4TH!

St. Paul's annual ministry fair has been moved to the spring. Join us as our ministries showcase their excellent work in the past year, learn more about what each ministry does, and see which one fits you the best!

Think spring. Think growth. Like Stewardship, the ministry fair theme is "Growing with St. Paul's" and will feature fun, food, performances by St. Paul's wonderful choirs, and will involve our youth groups. If you have not reserved a space for your ministry, please do so quickly. If you're not a part of a ministry at St. Paul's and would like just to learn more about what is happening within our church, please plan to visit us March 4 in the Parish Hall. Come be a part of this great celebration of our faith in action.

We look forward to seeing everyone there!

In the meantime, if you have any questions, please contact Melissa Zeph, the Ministry Fair coordinator, at [gzeph@nc.rr.com](mailto:gzeph@nc.rr.com) or Bill Holmes, VCC chairman, at [wholmes11@nc.rr.com](mailto:wholmes11@nc.rr.com).

## ST. PAUL'S WEBSITE NEWS WWW.STPAULSCARY.ORG

“Why should I visit St. Paul's website?”

On St. Paul's website, [www.stpaulscary.org](http://www.stpaulscary.org), you'll find **announcements** from the weekly bulletin, an electronic copy of the **monthly newsletter**, transcripts of recent **sermons**, a **listing of ministries** and the contacts for each, answers to **frequently asked questions**, and staff and clergy phone numbers, emails, and office hours.

Registered users (registration is easy!) can also find **minutes** from Vestry, Finance Committee, and Outreach meetings, **year-to-date financial updates**, usher and liturgy **schedules**, an interactive **calendar**, and online **forums**.

We are continuing to evolve our online resources. Ideas we're thinking about include posting **sermons as mp3s** and better integrating **email** into our communications, such as providing notification when the latest newsletter is posted, reminders prior to upcoming events, and summaries of the bulletin announcements each week. What would make your online experience more fulfilling? On-line **Bible studies** or **book clubs**? If you have any ideas or would like to offer your services in improving the website, please email the webmasters at [administrator@stpaulscary.org](mailto:administrator@stpaulscary.org). Thank you!

Ministry Leaders – Please help us get your ministry's announcements online and keep your ministry's webpage up-to-date. It is easy, and we'll show you how. Please email [administrator@stpaulscary.org](mailto:administrator@stpaulscary.org) with the name of your ministry's web contact.

Top Five Referrers	# of Referrals
Google Search Engine	2,359
Other Search Engines	566
Episcopal Diocese of NC	334
Episcopal Church Publishing	61
Anglicans Online	28

Top Ten Pages on Website	Hits
Home Page	14,824
Newcomer	1,377
Contact Us	1,002
Ministry Groups List	990
St. Paul's Web Forums	911
Preschool	872
Children	844



## VESTRY COMMUNICATIONS



On January 14, 2007, St. Paul's annual meeting took place in the church worship space, preceded by a simple lunch. The Rev. George Adamik described the many goals and mileposts achieved during 2006, including the hiring of Jennifer Shy as Church School Director, Annie Stoller as Youth Program Coordinator, the Rev. Bernard J. "B.J." Owens as full-time Associate Rector of Children and Families. Also, St. Paul's Preschool was named the best preschool in western Wake County by the Cary News.

Kay Burgess, our treasurer, provided a financial overview for 2006 and thanked the parish for an incredible year of faithful giving in time, talent, and treasure. Our construction loan has been paid down \$320,000 in a year's time. We go into 2007 in a strong cash position, with favorable income line items on all fronts. We have already received 40% of pledges to The Encore Campaign.

Mike Sweeney, chairman of the finance committee, then presented a overview of the operating budget for 2007. Comparable in size to 2006, it preserves funding for children, youth, and music, and full-year funding for staff hired mid-2006. Our Diocesan assessment has been pledged at 42% of the asking, with the intention of giving 100% as was accomplished in 2006.

Andy Kintz provided a review of the vestry's and finance committee's diligence during the year to faithfully analyze how to invest and spend our offerings. He emphasized that growth is the result, not the focus of these efforts. He asked that we all thank these persons and lend them our support.

Outgoing vestry members were then recognized for their commitment of time and faithful obligation to St. Paul's during the past three years; they are Alison Arnold (who has actually served on the vestry for nearly 5 years), Nita Byrd, Andy Kintz, and Larry Ray. Four new vestry members were elected; they are Rick Bradley, Carol Flickinger, Betsy Flagg McBrayer, and Mary Wood.

The next vestry meeting will take place during the vestry retreat at Glenaire the weekend of January 19. Vestry meetings are typically the 3<sup>rd</sup> Monday of the month at 7:00 p.m.

Ann Lockhart  
Clerk of the Vestry

## WARDEN'S CORNER

As I am writing this Warden's Corner, St. Paul's vestry and clergy are readying to take part in our annual retreat. At the retreat, we'll be welcoming our new members (Congratulations to Rick Bradley, Carol Flickinger, Betsy McBrayer, and Mary Wood!), electing new Junior and Senior Wardens, reflecting on the past year, envisioning where we want to be heading as a parish, and setting concrete goals for the coming year to move in that direction.



### Wardens Corner

One of my duties in transitioning out of the Junior Warden role is to assist in the orientation of new members and in the organization of the retreat. An idea that keeps surfacing is the importance of communication. A major role of the Vestry is to ensure that parishioners' ideas and feedback (both positive and negative) are considered in the church's decision-making. Equally important is the communication back to the parish about the decisions that have been made. At the retreat, we'll be examining how we communicate and brainstorming how we can communicate better. I hope that you will start to see new opportunities for communication emerge in the coming months.

At the same time, it is important to recognize that communication is a two-way street. We need your feedback. What do you like about St. Paul's? What drew you into our midst and what keeps you coming back? What are our strengths? What might you like to see improved? How can we make St. Paul's a more welcoming place for all? How can we enrich the spiritual experience of our parishioners? What outreach opportunities are available within our Cary community and beyond? How can we best convey what the Episcopal Church, and St. Paul's in particular, has to offer? Send us an email to [comment.box@stpaulscary.org](mailto:comment.box@stpaulscary.org) if you'd like. Or seek out a Vestry member and communicate directly. We would love to hear from you.

God Bless,  
Dan Loughlin



# THE YOUTH PROGRAM IS GROWING! LIZARDS HAVE INVADED TEXAS! WE NEED MORE ADULTS ADVISORS!

In the interest of journalistic integrity, I have begun this article with at least two true headlines. As for the one about the lizards, well, I'm still waiting to hear back from a few sources.

The youth group really is growing, and I am thrilled to see it coming together so well. Annie Stoller has been doing an outstanding job since coming on board in August as our Youth Program Coordinator. Both high school and middle school EYC (Episcopal Youth Community) groups are growing and doing new things, including lock-ins, biking trips, youth conferences, advent parties, Christmas caroling, babysitting fundraisers, and weekly meals together, just to name a few. This spring we are gearing up for a big ski trip, another lock-in, a 30-hour famine, a "\$10 prom," a trip to New York City and the Cathedral of St. John the Divine, and even our annual Appalachia Service Project mission trip. We have also added a Tuesday night service of Compline for senior high folks, which seems to grow every week. Most importantly, there is a great energy and enthusiasm among the kids themselves. If you see Annie this month, please feel free to thank her for her

hard work!

As we grow, so too do our needs. As a part-time staff member, Annie is responsible for mobilizing the resources of the parish (us) to create a youth community that is meaningful and engaging. Adult advisors and parental volunteers are the lifeblood of this ministry!

Which means, we need you! Please consider being a part of this wonderful ministry, whether or not you are a parent of a teenager. If you are a parent of a youth-group- aged teenager, please consider what your involvement can be: preparing meals, chaperoning and driving, helping out at lock-ins, fundraisers, or even being an EYC advisor. Believe it or not, parents' commitment to a youth group often proves to be a catalyst for getting their teenagers interested and involved.

I invite you to contact Annie or me at any time. St. Paul's has shown great support to this youth program, and we are beginning to see the fruits of that support. Let's keep this wonderful momentum going!

Peace,  
B.J. Owens

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## SEDER DINNER FOR ADULTS AND YOUTH PLANNED DURING LENT Sunday, March 25<sup>th</sup>, 5 p.m., sponsored by the Men's Group

The Jewish Seder (SAY-dur) is the Passover Meal celebrated by our Jewish brothers and sisters commemorating their deliverance from slavery in Egypt. It is a meal celebrated in Jewish homes according to a ritual followed for centuries. It is believed that the meal that Jesus was celebrating at the Last Supper was a Passover meal. Thus the ritual and meaning of that meal is significant for the Christian understanding of the Eucharist.

At St. Paul's we will celebrate a Passover meal, a Seder, as a means of learning about the Eucharist. We will follow a ritual and eat the foods of a Seder, pausing at specific times during our meal which will provide us opportunities for learning.

Child care will be provided for kindergartners and younger. Older children are invited to participate with their families, and a table for high school-aged teenagers will be set up as well.



The cost, to help offset expenses, will be \$5 for adults, and \$2 for youth and children. Signups will begin in early March. Please join us for this powerful spiritual experience!

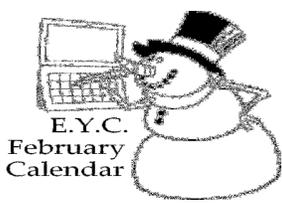
Any questions, or for more information, contact Fill Bowen or Ted Straub of the Men's Group.

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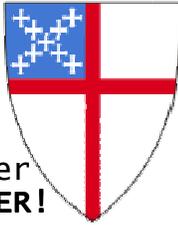
## INCLEMENT WEATHER,



How will I know if St. Paul's is open or closed if we have **winter weather**? In case of inclement weather, check St. Paul's website at [www.stpaulscary.org](http://www.stpaulscary.org) or tune into WRAL for closing information. You can also visit WRAL's website at [www.wral.com/closings](http://www.wral.com/closings) for the latest information.



**E.Y.C.**  
(Episcopal Youth Community)



February 4—Regular EYC 12:30 p.m.-2:30 p.m.

February 7-10—Episcopal Urban Caucus  
A conference dealing with Urban Ministry.

February 11—Babysitting Fundraiser! The Babysitting Fundraiser is from 4-8 p.m., YOUTH arrive by 3:30 p.m. and plan on leaving after clean up around 8:30 p.m.

February 18—Regular EYC 12:30-2:30 p.m.

February 24—EYC SKI TRIP! MEET AT ALPINE SKI CENTER IN RALEIGH AT 4:00 A.M. THE BUS DEPARTS AT 4:30.A.M. SHARP! WE WILL RETURN BETWEEN 9:15-9:45.P.M.!

February 25—NO EYC

EYC is having another  
**BABYSITTING FUNDRAISER!**

February 11<sup>TH</sup> from 4:00-8:00 p.m.

SIGN UP IN THE NARTHEX, BRING A BOXED DINNER, SOME TOYS OR YOUR CHILD'S FAVORITE GAME!

DONATIONS HELP FUND THE APPALACHIA SERVICE PROJECT

Check the website for details!  
([www.stpaulscary.org](http://www.stpaulscary.org))

For more information contact  
Annie Stoller at  
[youth@stpaulscary.org](mailto:youth@stpaulscary.org) or  
467-1477 ext. 37



**ASP 2007!**

It's time to gear up!

Each summer, St. Paul's sends its high school students (this includes rising 9th graders) to the mountains of Appalachia to work for a week in the midst of some of the most severe poverty in the country. We do home repairs for people in great need, but more importantly we get to know those people, and get to see a different side of life and ministry. This year we'll be going to southwestern Virginia, and our week is June 10-16th.

In the next couple of weeks we'll be getting some more details out to you - including costs (probably in the low - mid \$200's) and registration timetables. The trip fills up fast, so now's the time to be in touch with me, with Annie Stoller or with Kevin Swann, about coming on this wonderful trip. You don't have to have been active with the youth group to come, and friends are welcome to come along!

This is truly a life-changing experience, and I encourage all high school-aged folks to consider being a part of it.

Peace,  
B.J. Owens



**NIGHTWATCH**

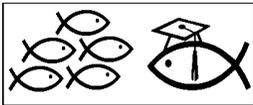
For more than 30 years, youth and youth leaders have been introduced to the Cathedral of St. John the Divine through the unique ministry of NIGHTWATCH. April 20-22, 2007, St. Paul's high school youth will join the thousands of people who have experienced this program in the past.

NIGHTWATCH is a time to expand our horizons: meeting people from other places and different denominations as well as participating in a candlelight meditation and Eucharist at midnight. It is also an opportunity for us to hear the story of the Cathedral and experience first-hand, the richness of Christian heritage embodied in the building.

We are very excited about integrating NIGHTWATCH into our program this spring. If you are interested in going, or need more information, please contact Annie Stoller ([youth@stpaulscary.org](mailto:youth@stpaulscary.org)) or B.J. Owens ([bernard.owens@stpaulscary.org](mailto:bernard.owens@stpaulscary.org)).



Nightwatch



# Sunday School Scribbles

“Let the little children come to me...for it is to such as these that the kingdom of God belongs.” - Matthew 10:14

## Letter from the Director

Our display in the hallway of the education building has changed from a rainbow to a night sky, but the message is still the same: Living in God's Promise. We are remembering God's promise to Abraham that his descendants would be as many as the stars in the sky. We rely on and trust in God's faithfulness to us, many generations later, as we hear stories from the Bible during Sunday School, church and children's chapel. The children whose names are on those stars are evidence of God's good work here at St. Paul's!

From the Church School Director

Jennifer Shy



## Sunday School – Back in Action

Our second semester of Sunday School began immediately after the holiday season. We were fortunate to have many of our first semester teachers return to start off the new semester with a bang! New to the teaching roster this second semester are: Preethi Thomas, Tony Crabtree, Allison Lyles, Laura Gorman, Chris Barnes, Carol Flickinger, and Cathryn Lamb. Thank you to our newbies for joining us this term and please know that we are grateful to all of our teachers for the time they commit to this ministry.

## Spring is in the Air!

Have your New Year's resolutions already fallen by the wayside? Never fear because spring is in the air and Lent is closer than you think. To help us all gear up for the Lenten Season, there will be a few Lenten activities in which the whole family can participate.

On February 18, mite boxes will be sent home during Sunday School. These boxes can be used by the children to collect their pennies during the Lent season as a special offering to be placed on the cross on Easter Sunday. If your child does not receive a mite box on February 18, please contact Jennifer Shy if you would like to have one.

On February 20, the Men's Group will host its annual Shrove Tuesday Pancake Supper for the whole congregation. The Church School will offer a Mardi Gras table at the Pancake Supper where the kids can don gaily-colored beads and make Mardi Gras masks! Munching and masking – a treat for everyone to enjoy!

On February 21, there will be a special Ash Wednesday service for the children, held concurrently with the regularly scheduled Ash Wednesday service.

Please mark your calendars for these events.

## VBS – Save the Date!

Don't start making those summer vacation plans yet – we will bring vacation to you. VBS (that's Vacation Bible School for those of you who haven't been yet), is scheduled for July 16 – 20. We had record attendance last summer and we are looking forward to another banner year. All children are welcome, whether members of St. Paul's or not. So, save those dates and have your neighbors save those dates too!

## Children's Chapel

Children's Chapel will again be offered during both the 8:45 and the 11:15 services. Due to a great group of loyal volunteers, Children's Chapel was ably staffed during the Fall season. We are now in need of volunteers during the Winter/Spring season. Please consider spending a precious few minutes one Sunday morning sharing the love of God with the open hearts of our youngest congregants! Lesson plans will be provided. Contact Jennifer Shy at 467-1477 or [churchschool@stpaulscary.org](mailto:churchschool@stpaulscary.org) to volunteer.



Children's Chapel

## Communion Classes

Communion Classes for 1<sup>st</sup> graders (and for older children who have not previously attended) will begin February 18 and continue through March 4. Classes will be held during the regular Sunday School hour.



During the 8:45 service on March 11, we will celebrate the completion of the Communion Class, followed by a reception in the parish hall. Please check the weekly bulletins or contact Jennifer Shy for further information.

## Pageant Revisited

Our Christmas Pageant this year was a wonderful success. Our children lent their hearts and their voices to make the Christmas story live again for all of us. Our musicians lent their instrumental talent to help tell the glad tidings of great joy. And, a host of parents and non-parents hoisted, hauled, painted, primped, fluffed, frocked and even chased down wild animals (of the preschool variety) in the pageant effort. We want to thank everyone for helping to create this magical event.

## MUSICALLY SPEAKING

The Music Ministry of St. Paul's enjoyed a wonderful workshop January 20 entitled Choral Techniques and Directing led by Dr. Dan Bara, Director of Choral Activities and Instructor of Conducting and Choral Literature at East Carolinian University in Greenville, NC. We thank our church chef, Bill Fierke for providing a wonderful lunch for the participants that day.

### **Candlelight Taize Evensong**

On **Sunday evening, March 4**, St. Paul's will offer a Taize' Evensong service at **7:00 p.m.** This service will be led by the Jubilate Choir and offer a service of Evening Prayer using liturgy and music from the Taize Community. The unique style of worship developed by this monastic community focuses on prayer and meditation. The music of Taize is built upon simple phrases, usually lines from Psalms or other pieces of Scripture, which are repeated or sung in canon. Prayers and readings are interspersed with the music. This candlelight service will offer a time of peaceful reflection during the season of Lent. You are invited to end your Sunday in this most meaningful way.

### **"Requiem" by Gabriel Faure'**

**Sunday, March 18** at the **11:15 a.m. service** of worship, the Senior Choir, the North Carolina Symphony Quartet, guest soloists and guest conductor, Dr. Lisa Fredenburgh will present "Requiem" by Gabriel Faure.' The guest soloists will be Matalya Dickerson, soprano, who holds a Bachelor of Music degree in General Music and certification in Music Education from North Carolina

Central University. She is a music educator in Charlotte. Baritone soloist will be Dr. James Longmire, who holds a Bachelor of Arts degree from St. Augustine's College, a Master of Music from UNC-Greensboro and a Doctorate of Musical Arts from the University of South Carolina. Dr. Longmire teaches voice in the Raleigh area and directs the Seabreeze Choir, a visually impaired choir in Raleigh.

Conducting will be Dr. Lisa Fredenburgh, Director of Choral Activities at Meredith College, Raleigh. She holds a DMA in conducting and two Master of Music degrees in voice and conducting from the University of Arizona. Mark your calendars to participate in this special service of worship March 18.



### February Music Schedule

February 4 – 8:45 a.m. Junior Handbells  
11:15 a.m. Senior Choir  
February 11 – 8:45 a.m. Jubilate Choir  
11:15 a.m. Senior Choir and  
Canterbury Handbell Choir  
February 18 – 8:45 a.m. Primary Choir  
11:15 a.m. Senior Choir and The Bells of  
St. Paul's  
February 21 – Ash Wednesday service  
February 25 – 8:45 a.m. Jubilate Choir  
11:15 a.m. Senior Choir

Lee Harris  
Minister of Music

## CURSILLO NEWS

Many parishioners at St. Paul's have attended the three-day spiritual retreat known as Cursillo. On February 10<sup>th</sup>, they will have an opportunity to renew their spiritual journey and join with friends from across the Diocese for a Grand Ultreya. (Ultreya is Spanish word uttered by Spanish Pilgrims on a spiritual journey up a steep mountain trail toward a Monastery. It means, "Keep going, do not give up.")

Bishop Curry is keenly interested in Cursillo, and supports it. He desires to see a revival of interest throughout the Diocese because the intent of Cursillo is to develop a greater spiritual understanding of Christ as well as reinforce the importance of the role we play as Christians. Everyone is invited to share in the Grand Ultreya.

Plan to attend. Let's support our Diocese. One of St. Paul's parish Visions – is Outreach. Here is our chance. Attend the Ultreya – participate in Cursillo.

### **Episcopal Diocese of North Carolina**

#### **GRAND ULTREYA**

**Saturday, February 10, 2007**

**9:30 a.m. – 2:00 p.m.**

**The Prince of Peace Episcopal Church**

**1200 North Salem St.**

**Apex, NC 27502**

**Directions: [www.theprinceofpeace.org](http://www.theprinceofpeace.org)**

**Chili Lunch provided – Bring a salad, dessert or drink to share**

**Kids program provided**

**GREAT MUSIC\*\*FELLOWSHIP\*\*SPEAKERS**

**Non-Cursillistas (Everyone) is Welcome**

**Come and learn about and get involved in the Renewal of Cursillo in this Diocese!**

Submitted by Gordon Reynolds

**STOP HUNGER NOW:  
Wonderful Day of "Reaching Out"**

*By Jane L. Smith, Secretary, Christian Social Ministries Committee  
and Coordinator, SHN Day at St. Paul's*

Sunday, January 7<sup>th</sup> was an exciting day at St. Paul's. Over 150 people participated in packaging food to send to needy families for the **Stop Hunger Now** organization. In an action-packed afternoon, we packaged over 25,000 meals in two hours; those meals will be heading to Guatemala, Bolivia, and Ghana, to be used in school lunch feeding programs. We enjoyed a delicious lunch and had fun reaching out to the greater world.

SHN's mobile unit arrived at 11:00 a.m. and the VCC's SWAT team was at the Parish Hall to unload supplies and set up stations. At 12:00 noon Care and Share began serving lunch in the Youth Wing. By 12:30 we were gathered to hear from Chad Stutsman, SHN's Program Director, about the program's goals and how to get organized for the day.

Then the flurry of measuring, mixing and packing began. The Parish Hall was a wonderful place of "organized chaos," as one person described it. The energy and enthusiasm were astounding. Each time we'd packed a thousand meals, a gong was sounded and cheers went up.

Donations to cover the cost of supplies and shipping of over \$1,000 were collected. Christian Social Ministries also had additional funds allocated in its budget to contribute, so we ended up sending over \$3,000 to SHN.

The success of the day was due in large part to the efforts of many St. Paul's volunteers. Special thanks go to: Andy Kintz and his "Thunderbirds" Indian Guides for participation and contribution.

For Lunch by Care and Share:

Susan Coulter, Jennifer Durant, Dee Barker, Judy Crow, Margie Best, Kristen Holmes and Harry Kincaid. Special thanks goes to Bill Fierke for help with the delicious sandwiches and cookie baking and to his side-kick Matt Durant, to Katherine and Keith Crowe for the PB&J sandwiches and to Rob Johnson for the gourmet cookie donation---Well Done!!!! Thanks to all the volunteers from Care and Share as well as CSM ministry for food donations for coffee hour!

For Babysitting:

Jennifer Shy and fellow babysitters

For VCC's SWAT team:

Bill Holmes, Ricky Barker and son Trevor, Glenda and Kevin Swann, Jim Speight, Nita Bird, Bob Peterson, Glen Neff, Steve Smith and sons Walker and Lucas

For Organization and Planning:

Sally Harbold, Anne Pilgrim, Alison Arnold, Christina Myers, Susan Hawkins, Carolyn Anderson

Our St. Paul's community can be proud of its contribution to this charitable effort. Thanks and blessings to *ALL* who participated.

**ST. PAUL'S MEN'S GROUP**

The Men's Group has a busy year of stewardship and fellowship planned. Below are some of our upcoming Men's Group Events.

**PROGRESSIVE  
DINNER IN  
FEBRUARY**



The St. Paul's Men's Group will host its annual adult progressive dinner fundraiser on February 10.

The evening begins with appetizers in the Parish Hall. At this time you will receive an envelope with the names of your host for the evening and directions and maps. Participants meet new people and also old friends at the various homes. A sign-up poster with more information is in church lobby. The cost is \$15 per person. You can sign up to prepare appetizers, soup and salad, main course, or dessert. We are always looking for members to sponsor either a main course or dessert at their homes.

**Annual  
Pancake  
Supper**



SHROVE TUESDAY

Plan to attend this great social event on Shrove Tuesday, February 20, from 5:00 p.m. until 7:00 p.m. The Men's Group sponsors this event and does the cooking. It's all you can eat. Tickets cost \$5 for Adults and \$3 for Children.

**MEN'S BEACH WEEK**



Plan Ahead: Men's Beach Week  
April 23-29

Every year the men in the church get together for anywhere from a day to the whole week to relax, play sports, fish and eat.

## MOMS

Read this announcement if you: 1) consider Goldfish a food group, 2) have “close” friends named Dora, Elmo or Wonder Pets, and 3) you can give a tour of the city by rating baby-changing stations, kids-meal specials, and parks. If you’re still reading, this is for you!

Calling all moms of young children – infants to preschoolers – to come join us for a Playgroup! We’ll meet the 1<sup>st</sup> and 3<sup>rd</sup> Friday in February (2/2 and 2/16) from 10-11:30 in the nursery. It will be a time of fun and fellowship, for both the moms and children! For more information contact Leah Dail at 233-0603 or email [LeahDail@nc.rr.com](mailto:LeahDail@nc.rr.com). Sponsored by MOMS – all are welcome.

## WAKE INTERFAITH: HOMELESS MINISTRY

Calling all past, present and future volunteers!! Have you worked in our homeless program, supporting guests who are working their way back to housing and productive lives? Or are you interested in being part of this hands-on program? It’s easy, it’s fun, it doesn’t have to take a lot of time.

Positions include overnight host (8:30 p.m. to 7:00 a.m.), social host (7:00 – 8:30 p.m.), Saturday breakfast (7:30 a.m.), set-up on Sunday afternoon at 2:30, tear down at 7:00 a.m. the following Sunday morning, or helping buy supplies such as plastic cups and zip lock bags and paper towels.

Three to four times a year, St. Paul’s is the support church for White Plains Methodist, just down Maynard toward Cary Towne Center. Up to 15 guests are housed, by family, in Sunday School rooms at White Plains for the week, and there’s a separate sleeping room for male and female overnight hosts, a responsibility shared with someone from White Plains.

The social host slot, which consists mostly of working with the children in the program so that the moms can get a break, is a good time to bring kids with you. The kids in the program like to see other kids, and your kids will enjoy it, too.

We’ve just hosted for a week the end of January. Our next week starts on Easter Sunday, April 8, and ends April 15. And our third week this year is August 5 – 12. Come try it out, get involved in another hands-on ministry, working with real people with real needs. Come on, be part of the solution!

Please pass your name on to Anne Pilgrim 362-4068, or [ampilgrim@bellsouth.net](mailto:ampilgrim@bellsouth.net). I hope to hear from lots of you. I would especially appreciate having e-mail addresses, so I can keep you posted about needs and schedules. Thanks.

Submitted by Anne Pilgrim

## URBAN MINISTRIES FOOD COLLECTION

On Sunday February 4 and Sunday February 11 CSM will be collecting food for Urban Ministries.

We are asking contributions to focus on

- rice
- peanut butter
- macaroni and cheese
- pasta (any form of dried noodles, spaghetti, or other shapes)
- dried beans

If you can’t get to the store to get these specific items, we would also be happy to have soup, tuna, canned fruit, cereal, breakfast bars or granola bars from your pantry shelves.

We will also be glad to have any extra plastic or paper grocery bags you may have.

As soon as the food gets to Urban Ministries, it is packed for clients who are short of food. Anything you can contribute will be welcome. Thanks in advance.

Submitted by Anne Pilgrim

## REGISTER FOR THE MS WALK TEAM NOW

Thank you for your help in 2006! With 35 people walking, the team *Dessert First!* (led by Kathy Woolner) placed 7<sup>th</sup> in fundraising, raising over \$13,000 for the National Multiple Sclerosis Society to fund services, education, and research to find a cure.

The **2007 MS Walk is being held on Saturday, March 24<sup>th</sup>** in RTP with lots of fun for kids, delicious lunch catered by Carrabba’s, and an easy 1-, 3-, or 5-mile route. I invite you and your family to walk and raise money with us! Please register now on team Dessert First! at <http://walknct.NationalMSsociety.org>

It’s great fun, a great t-shirt, and a great cause. If you can’t join the team or volunteer, please consider showing your support with a pledge.

Please contact Kathy Woolner at 622-0248 or [kpw@woolner.com](mailto:kpw@woolner.com).

Thank you!





# From the Halls of St. Paul's Preschool

2007 is off to a great start at Preschool. January has been more spring-like than winter so my teachers are having a hard time discussing snow and cold weather- keep your fingers crossed; there is still time.

Fish the Magish shared his illusions with the 3-4- and 5-year-olds and even entertained the teachers. His show was a great treat for all.

Registration is upon us once again. Tell anyone interested in preschool to come check us out. The registration dates are also on the web page- [www.stpaulscary.org](http://www.stpaulscary.org). New families need to come for a tour if they were unable to come to the Open House. Please call the preschool office, at 477-3788 with any questions or to set a tour .

Love in Christ, Mary Catherine Troxler

## Registration Information

Thurs. Feb. 8th—Forms and Fees due from current students

Fri. Feb 9th—Openings posted on answering machine for Church Members (after 1:00 p.m.)

Mon. Feb. 12th—Lottery for Church Members by phone.

Thurs. Feb. 15th—Openings posted on answering machine for Public Lottery (after 1:00 p.m.)

Fri. Feb. 16th- Public Lottery at 10:00 a.m.

**YOU MUST BE PRESENT**



## **BOY SCOUT AND CUB SCOUT PROGRAMS AT ST. PAUL'S**

St. Paul's has sponsored Boy Scout Troop 201 and Cub Scout Pack 102 for many years. Troop 201 has produced a number of Eagle Scouts whose projects have benefited St. Paul's and the Cary community.

Troop 201 meets at the church on Monday nights in the Parish Hall. Pack 102 meets on Thursday nights.

Cub Scouting is for boys in first thru fifth grade. A Pack is composed of Dens. Each Den is focused on boys in a single grade. Currently, St. Paul's Pack 102 has a number of boys who are going to be joining the Boy Scouts this year. The Pack is looking for new members and new leaders. If you have a boy in grade 1 thru 5, and would be interested in participating in Cub Scouts, this is a great time to start. It is an opportunity for parents and boys to spend time and learn together. The Scout program provides leadership training for both adults and boys.

St. Paul's Boy Scout Troop 201 is also looking for new members and new adult leaders. Boy Scouting is for boys from fifth through twelfth grade. They regularly camp out and learn about the out of doors. Boy Scouts teaches leadership, and helps boys learn how to earn advancement. Being an Eagle Scout always looks good on college applications.

If you would be interested in either group you can contact the St. Paul's Scout representative, Fill Bowen ([fbowen@us.ibm.com](mailto:fbowen@us.ibm.com)).

## ADULT EDUCATION

### Sunday Continuing Classes:

#### *Book Study – The Lord's Prayer*

Sundays through Feb. 5 at 10:10-11:00 a.m. in the Library, read and discuss **The Lord's Prayer** by Will Willamon, former Dean of Duke Chapel and Stanley Hauerwas, Professor of Ethics in the Divinity School. It will be a detailed study of the prayer central to our life and worship as Christians. (Facilitated by Jay Casler).

#### *Mission and Ministry through the Millennium Development Goals*

Sundays through Feb. 18 in the Chapel from 10:10-11:00 a.m. begins a course, co-facilitated by The Rev. Lois Reardin and Nita Byrd. This course was developed by The Rev. Leon Spencer with the School of Ministry for the Diocese of North Carolina. Through this study we will reflect on God's mission on earth, God's calling to us to fulfill that mission, and how the Millennium Development Goals relate to mission and ministry. This is a five-week study.

### New Sunday Class:

#### *Spiritual Disciplines Lenten Course*

Sunday beginning February 25 in the Chapel from 10:10-11:00 a.m. a Lenten course will be offered. How deep is your relationship with God? Do you long for some time alone? How about celebrating your love for God? If any of these thoughts intrigue you, join us for a five-session course on Spiritual

Disciplines. Don't worry about what spiritual disciplines are, you'll find out at the first session. See Jennifer Durant [jdurant@nc.rr.com](mailto:jdurant@nc.rr.com), 465-3965 to register. Participation limited to first 20 people.

### Thursday Continuing Class:

#### *The Way of Grace*

Thursday evenings at 7:30 p.m. in the Conference Room join Kevin Swann for a rich and formative study on the topic of Grace. The Way of Grace class is designed as a small group encounter to explore deeply the grace of God within the Christian journey. We will reflect on a series of encounters with Jesus by various characters in the Gospel of John as a way for us to connect the biblical experience with our own lives. This focus will be more formational than it will be informational. The class will work on exercises, reflections, and worship to engage our personal faith experience. Contact Kevin Swann at 362-9950 for more information.

### Adult Education Meeting

Monday February 12 at 7:10 p.m. in the library, join us as we welcome Nita Byrd as the new chair of the committee. Help plan the remainder of the spring session, re-vision the committee and begin thinking about the Fall!

Submitted by Adelaide M. Siegl, chair

## SUPER BOWL PARTY



## SUPER FUN!

The  
Fellowship  
Events

Committee is planning a Super Bowl Party at a private clubhouse Sunday, February 4 at 6:00 p.m. For more information email Marianna Collins at [MariannaCollins@att.net](mailto:MariannaCollins@att.net). Sign-up sheet in the narthex.

## ABOUT OUR CHURCH

*Congratulations to Jen and Rick Smith on the birth of their son Cole Benton Smith. Cole is also the grandson of Barbara and Wilbur Longmire. Also congratulations to Gene Dewell on the birth of his great grandson, Eliab Stephen Adams.*

*We express our sympathy to Katie Robinson for the death of her great aunt, Clara Parker; to B.J. Owens for the death of his friend, Sue Wakeham; to Etta Leighty for the death of her friend, Danny O'Meara; to Alisa Colopy for the death of her grandmother, Betty Owens; to Annie Stoller for the death of her uncle, David Leachman; to Mildred Bartlett for the death of her sister, Dorothy Boggs; to Mary Marsh Cupitt for the death of her sister, June Courtney; to Lorrie Todd for the death of her grandmother, Bertha Motley; to Roberta Werner for the death of her father, Lt. Col. Harold Claude Parkerson; to Ray and Liz McCabe for the death of their nephew, Joseph Olsen; to Tom Lawlor for the death of his mother, Rita Dempsey Lawlor; and to Jay, Emily, and Brian Walker for the death of their wife and mother, Jacquetta (Jackie) Diane Walker.*

St. Paul's Episcopal Church  
221 Union Street  
Cary NC 27511

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## Label

### Staff

The Rev. George Adamik, Rector  
The Rev. Sally L. Harbold, Associate Rector  
The Rev. Bernard J. Owens, Associate Rector  
The Rev. Antoinette Wike, Priest Associate  
The Rev. Lois Reardin, Priest Associate  
The Rev. Candy Snively, Deacon  
Melanie Fairbrother, Office Manager  
Chris Lewis, Financial Manager  
Lee Harris, Minister of Music  
Olivia Ittoop, Music Assistant  
Gaylene Henry, Music Assistant  
Mary Catherine Troxler, Preschool Director  
Anne Stoller, Youth Program Coordinator  
Jennifer Shy, Nursery Director/Church School Director  
Church Office: 467-1477: Fax 467-0152  
The Rev. George Adamik 467-1477 x 13  
The Rev. Sally L. Harbold 467-1477 x 12  
The Rev. Bernard J. Owens 467-1477 x 23  
The Rev. Lois Reardin 467-1477 x 36  
Office Manager 467-1477 x 10  
Financial Manager 467-1477 x 21  
Church School Office 467-2578 x 19  
Preschool Office: 467-3788 x 16  
Minister of Music Office: 467-6241 x 15  
Youth 467-0976 x 37

### Vestry

Dan Loughlin,, Senior Warden  
Paul Gregg, Junior Warden

Margie Best, Rick Bradley, Ottis Cowper, Dorothy Duke,  
Jennifer Durant, Carol Flickinger, Josh Geigerman,  
Manoj George, Betsy Flagg McBrayer, Mary Wood  
Treasurer: Kay Burgess

### E-mail addresses are:

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churchschool@stpaulscary.org Jennifer Shy  
preschool@stpaulscary.org Mary Catherine Troxler  
kidsclub@stpaulscary.org Jennifer Shy

### Sunday Services:

7:30 a.m., 8:45 a.m. & 11:15 a.m.