

ST. PAUL'S LETTER

ST. PAUL'S EPISCOPAL CHURCH

St. Paul's Episcopal Church in Cary is home to an active, caring, and diverse congregation of the Episcopal Diocese of North Carolina. Through corporate worship, spiritual development, fellowship, and service we continue to grow together in faith. We strive to be Christ's welcoming, reconciling, and transforming presence in the world through our many and varied ministries.

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Letter From The Rector

The Rev. George Adamik

Dear Friends,

People were gathered on the shore and Jesus taught them from a boat. After his teaching Jesus invited them to venture out with him into the depths of the water. Many on the shore were unsure about this invitation. They preferred to just watch. But those who went with Jesus into the deep had their lives changed. Remember that story? Those who went with Jesus into the sea dropped their nets and discovered an abundance of fish, where just a few hours earlier they had found no fish. Imagine the scene on the shore when all those fish were brought ashore. Unimaginable abundance!

This story powerfully describes the spiritual journey of going with Jesus into the depths of our lives, dropping our nets and discovering abundance, in places where we previously experienced scarcity. We often live our lives with an attitude of scarcity saying: "I don't have enough." Jesus invites us to see our lives differently. "Come with me and drop your nets."

During the next couple of weeks you will be invited to make a pledge of money to St. Paul's. I hope you will not stand unsure on the seashore hesitant to accept the invitation, but rather sail with Jesus into the discovery of the abundance with which you have been blessed. Making a pledge is part of our faith journey here at St. Paul's. Your pledge of money is what supports the ministry of St. Paul's.

If you are new to St. Paul's and have never made a pledge this may be something totally new for you. You may feel like you are standing on the seashore unsure of what to do. You will be receiving a pledge card. On this card I ask that you make a pledge of money that you will give to St. Paul's from April 2010 to March 2011. You may give that money weekly, monthly, quarterly, or whatever way works best for you. St. Paul's hopes that when all have made their pledges they will total \$943,920. That is a 7% increase over last year's pledge amount. And it is the amount set forth this year in St. Paul's budget in order to support the work God is calling us to do. This budget will include the hiring of a full time minister of music effective July 1, 2010.

You may think your gift doesn't make a difference. I totally disagree. There are 678 families here at St. Paul's. Last year about 339 made a pledge. This year we would like to encourage you to make that participation percentage higher. While about 50% of our parishioners pledged last year, this year our goal is 75% participation. That's 450 pledges. Will you help us do that? There is no pledge too small or too large. Whether it's a couple hundred or a few hundred dollars, a couple thousand or a few thousand dollars, just begin the journey. Begin your journey into the deep. Perhaps this year is about just wading into the water. That's a start, a wonderful beginning.

I would like to personally invite you to come, leave the shore, and drop your nets here at St. Paul's.

George

**Next Newsletter
Deadline:
April 17
at 10:00 a.m.**

Warden's Corner



In December, 2009, your Vestry approved a budget for the calendar year 2010, and a guided tour of the budget is available to all members. Please contact me at suggestions@stpaulscary.org if interested. In particular, the Vestry prioritized the hiring of a new full-time Minister of Music, on bringing clergy and staff compensation in line with churches of similar sizes, and by putting the funding of our mortgage and building maintenance on stronger footings. We have also increased the amount of our Asking, which is the money we contribute to the Diocese to fund its programs. At the same time, we attempted to have minimal impacts on our program budgets. I would like particularly to thank the Finance Committee for all its hard and conscientious work to make this happen.

February and March are also the time of year when we focus on our financial stewardship of the parish. Please give

the Stewardship Committee your full support and make every attempt to participate in their planned get-togethers. As they will tell you, a major goal this year is to get everyone possible to participate in all aspects of church life, including the commitment of financial resources. It may not be obvious, but we can only plan and dream and accomplish based on the resources we reasonably expect to have. It would be terrible for St. Paul's not to do all it can in the world simply because we didn't know what resources you feel called to contribute. Remember that Stewardship is a journey, and like all journeys, it often begins with a small, perhaps scary, first step.

As always, please make every attempt to make sure "All are Welcome," just as you yourself would like to be welcomed.

Faithfully,
John Hemperly, Senior Warden



About Our Church

We express our sympathy to Sue Lithgo for the death of her mother, Dorothy Wanchock; to Craig and Candy Snively for the death of their brother-in-law, Perry Ferguson; and to the family of Joyce Huber, former member of St. Paul's.

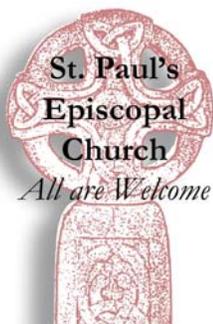
We rejoice in the baptism of Bridget Nicole Deese, daughter of Nathan and Victoria Deese; Evelyn Ann Gates, daughter of Jonathan and Heather Gates; Amelia Catherine Owens, daughter of Bernard and Johanna Owens; and Collin Michael Queen, son of Michael and Marina Queen.

We celebrate the confirmation of Abigail Rose Baron; Jessica Nicole Beach; Rachel Collins; Nicole Marie Confroy; Nicole Sarah Griffin Gatchalian; Max Warren Gravitt; Tiffany G. Jones;

Graham Charles Lewis; Julia Logan Lindsay; Brian William Litzinger; Christopher William Price; Tanya Ann Reilly; Andrew Douglas Riddle; Benjamin Charles Ritchie; Myrna Kay Bell Robinson; Norman Thorp Robinson; Shannon Marie Stewart; Travis James Tessier; Virginia Lane Todd; Elise Watson; Katherine Roper Womack; Brittany Marissa Wood; Brenda Carol Smith Wood; Jason Ashley Youmans.

We celebrate the reception of Oliver John Gatchalian; Karla Christine Gravitt; Thomas Joseph Keady; DeAnne Marie Keady; Maria Lynn Dowds Litzinger; Margaret Ann Murphy Magnani; Brian William Wert; Kari Raeann Adams Zwadski; and Mark Francis Zawadski.

Submitted by Melanie Fairbrother



Coffee Talk

Coffee Talk participants are enjoying our journaling activity. The exchange of life stories has been wonderful and teaching. We are discussing our stories by the decade but are finding some decades need more time. Wherever you are in your journaling process, please come join us for fellowship. We will meet March 10th and 24th. Coffee Talk meets the 2nd and

4th Wednesdays at 7:00 p.m. in the library. Childcare is available in the Kids' Club. Coffee will be served. This is a very casual women's discussion group for all ages and stages and is an opportunity to make new connections with women here at St. Paul's. For more information contact Jen Dobridge through the church office.

Submitted by Jen Dobridge



Fellowship events for March

Ladies Bunko Night to support the Rice Women's Shelter in Raleigh is set for Saturday March 27th from 5:30-7:00 p.m. in the youth wing. Come play Bunko for a great cause, relax, & have some fun. Never played? That's okay, we will teach you. Sign up in the narthex to save your spot.

Spring Gardening Class at Garden Supply in Cary will be on Sunday April 11th from 4:00-5:00 p.m. Garden Supply will be hosting a gardening class for all ages for St. Paul's. We will learn proper potting and arrangement techniques for spring and much more. The Fellowship Committee will provide snacks and door prizes for all who come to participate from

St. Paul's. We will also be collecting donations for the USO. There is no cost for the class, but space is limited. Look for the sign-up sheet in the narthex.

USO Collection The Fellowship Committee is beginning to collect USO donations to take to RDU on Saturday April 17th. A collection bin will be in the narthex for anyone donating items. Bottled water, snacks, books, diapers, and so much more is needed for our troops coming through the RDU airport. Your donations are greatly appreciated

Submitted by Katie Childers



Fellowship Committee

Women Welcoming Women

Women Welcoming Women (WWW@St. Paul's) is a women's organization at St. Paul's that celebrates women of all ages and stages and provides them with the opportunity to socialize together several times throughout the year. Each social gathering is intended to be a relaxing evening out without any pressure to commit or to volunteer.

Our first event, hosted by Kim King, Sally Moller, and Brenda Sanders, is scheduled for March 14. Festivities will begin at 6:00 pm in the parish hall. Childcare will be provided in the Kids' Club. Each guest should bring an appetizer or dessert plus \$1 to provide for paper goods. Please note that appetizers and desserts may be store-

bought as we don't exchange recipes in this group.

Generally, an RSVP is not required to reserve your seat at a WWW gathering. However, to ensure that we have sufficient seating available, it would help if you could RSVP by March 7. However, walk-ins are always welcome at our WWW events.

You may sign up for the event in the narthex or RSVP to Sherri Hubbard at sherri.hubbard@ncdoi.gov or to Jennifer Shy at churchschool@stpaulscary.org. If you require childcare, please let us know in advance so that we have sufficient help in the Kids' Club.

Submitted by Sherri Hubbard



Women Welcoming Women (WWW)

Calling all St. Paul's Men

The St. Paul's Men's Group has a number of activities coming up. Please take note of these and join in.

Men's Group Meeting: The Men's Group will gather for food and fellowship (and Men's Group business) on Sunday, March 7th, 2010 from 4:00 to 6:00 p.m. in the parish hall. All men attending St. Paul's are invited and encouraged to attend. Bring a food item to share and your own drink. We will have a guest



speaker and discuss the beach weekend.

Men's Beach Weekend - April 18 thru 25. Enjoy a wonderful week at Emerald Isle. Lots of fun activities and good food. Registration on the web or at Church. Cost \$55 a night. Signup soon. Space goes fast.

For more information about St. Paul's Men's Group and its activities, check out the St. Paul's web site /Adults / Adult Ministries / Men's Group, or contact Fill Bowen.

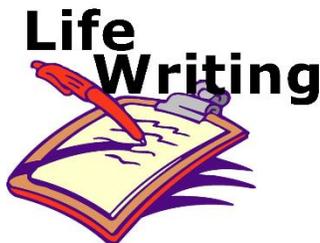
Life Writing

"The more you write about your life, the more of it you will remember. Moreover, to remember is to know your experience more deeply." These words were spoken by Dr. Jim Clark, retired Professor of English, at the first meeting of the life writing group in early 2007. Since then, about twenty members of St. Paul's have enjoyed writing their personal stories under Jim's leadership. In past groups, some have written mainly for their children and grandchildren to read. Some have simply found joy in recalling memorable

incidents of their lives. Some have found the writing to be a key to understanding the history of a family. For some, the writing has widened the pathway through grief.

Plans are under way for a new life-writing group to form in the near future and all are welcome to participate. The only requirement is a desire to write. For more details, please contact Lois Reardin at lreardin@mindspring.com or call her at (919) 303-8483.

Submitted by Lois Reardin



Elderberries

The Elderberries ministry to parishioners "of a certain (unspecified) age" offers opportunities for fellowship in the form of pot-luck luncheons with varied programs, "field trips" to places of interest, occasional forays to local restaurants, and, from time to time, participation in events of service to the parish. What better way to get to know fellow parish members beyond the usual Sunday morning nod?

We gather in the youth wing for a pot-luck luncheon at noon on the third Wednesday of each month except when

a trip is scheduled. At the March 17th luncheon meeting, the schedule of events for 2010 will be presented. In addition, a member of the NCSU's Encore Program will join us to describe this extraordinary program of life-long learning opportunities. Newcomer or Old-timer...let this serve as your invitation to become an Elderberry. If you need transportation to meetings, or you just want to know more, feel free to call Lois Reardin at 303-8483.

Submitted by Lois Reardin



St. Paul's Ministry Fair: April 11

This is an opportunity for all of St. Paul's members, recent and long time alike, to discover new ways to pledge time and talent to a variety of ministries. The fair will take place in the parish hall on Sunday, April 11th (the first Sunday after Easter). It will start after the 9:00 a.m. service. In advance of the fair, a pamphlet will be sent to you listing the ministries with a brief description of each. This will help you become familiar with all that is available here at St. Paul's before you arrive at the fair. I believe you will be quite amazed with

the number and variety of ways to give of your time and talents. Also, there will be a ministry leaders' training and fair orientation on Sunday, March 21st. The meeting will cover what each ministry will be responsible for in setting up for the fair. We will also cover many aspects of being a ministry leader and the resources available to you. This meeting will take place after the 11:15 a.m. service. More information is to follow about both events.

*Submitted by Tyrus Cohen
Volunteer Coordination Committee*



Ministry Fair

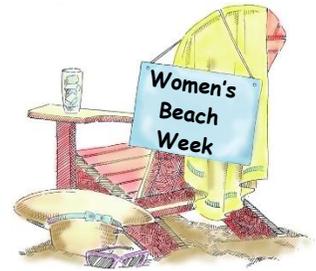
Women's Beach Week

2010 Women's Beach Week will be April 25th to May 2nd. Sign up now in the narthex.

St. Paul's Ladies, it's time for our annual trip to Emerald Isle. Women's Beach Week signup has started: the poster is in the narthex. Dates are Sunday, April 25th to May 2nd, 2010. Sign up for as many nights as you want for fun and fellowship. The cost is \$50

per night. Please fill out the forms ASAP, and a deposit of at least half of your stay is due by Feb 21st with the remaining balance due by March 14th. Please make checks payable to St. Paul's and put WBW in the memo section of your check.

If you have questions, please contact Yvon Daniel.



Cub Scouting at St. Paul's

2010 marks the 100th anniversary of the Boy Scouts. For 100 years now, the Boy Scouts have been working to shape boys into upstanding young men of the community through numerous service, religious, educational, and outdoor activities.

Over the last few months, I have been working to recruit boys and parents to embark on that scouting journey by forming a new Cub Scout Pack at St. Paul's. Many people have shown interest in having a Cub Pack at St. Paul's and many more have stopped by to share their Scouting experiences.

Now I need your help. To get the Pack started, I need at least 5 boys (1st -

5th grade) and 5 adults to sign up. To date, I have 3 boys and 3 adults signed up; all of whom are eager and excited to begin their scouting journey. It was written on the cover of the latest Eagle Scout Magazine: "The Best Way to Honor Scouting's Milestone is to Participate." Will you participate?

To find out more, please contact Chris Yahnker at chris.yahnker@gmail.com. Or, meet me at the coffee hour between services on Sunday mornings to sign up and join the fun!

Submitted by Chris Yahnker



Green Brigade Update



THE KEEBLER ELVES ARE RECYCLING! We are now collecting cookie wrappers not only from Nabisco but from Keebler too. Currently, we are looking for: 1) juice pouch containers (all brands); 2) cookie wrappers (snack and full size) – all Keebler products and Nabisco products including: Chips Ahoy! Nutter Butter, Oreo, Mallowmars, Fig Newtons, Nabisco 100 Calorie Packs, Oreo Cakesters; and; 3) Frito-Lay chip bags (all sizes) including Lays Potato Chips, Doritos, Fritos, Cheetos, Tostitos, Sun Chips, Rold Gold Pretzels and any

other Frito-Lay product.

There are two collections bins located at St. Paul's at the side entrance to the education building next to the restrooms. Please leave your empty containers in the bins at any time. Our recycling project is vital not only because we earn a little money for our Children's Ministries, but, also because it teaches our children to be good stewards of one of God's most precious gifts – our Earth! Go Green!

Submitted by Sherri Hubbard

Pre-EYC



Pre-EYC is for all 4th & 5th graders. Join us for food, fellowship, fun, and facts. We meet twice a month, on Sundays, in the parish all from 4:00p.m. to 6:00 p.m.

March 7th - No Meeting

March 21st - Final meeting of the season. Join us for a wonderful Dinner Party catered by Colonel Sanders and featuring his "crispy chicken" with all the extras. "Make your own Sundaes" for dessert. Games, food, and fellowship.

For information contact Carla Traudt, carlatraudt@gmail.com

Preschool

News from St. Paul's Preschool

Even though February was a shorter month than usual ... (we loved the snow), Preschool had a great time with valentine's for their friends, snowman play, and a terrific visit from Fish the Magish. Fish entertained the children with his magic show that has a message for the children to be respectful of others and nice to friends.

We also completed registration for the next school year and are very excited about the new families that will be joining our preschool family. We still have a few openings in a 2 year old class, a 3 year old class, and a 4 year old class. If you know of anyone shopping around for a preschool have them give us a call- 467-3788.

In March the children will get to see if they can spot the Leprechaun- he has been known to come in a make a mess in the classroom but he does leave a treat. Also we will have class pictures

on Monday, March 15th or Tuesday 16th. Hot Lunch will be back on Wednesday, March 17th for the 3 year old classes and on Thursday, March 18th for the 4 and 5 year old classes. This is a time for Moms and Dads to come enjoy lunch with their child and friends. It is also a time for the children to see what a lunch room serving line will be like in Kindergarten. More information will come closer to the Hot Lunch event.

Our Summer Fun Program is offered the first 2 weeks of June. We are now taking applications for 3 year olds through 5 year olds for the program. Your child must be potty trained to attend this "camp." You can find out information about the program on our webpage or call the preschool office.

Love in Christ,

Mary Catherine Troxler
Preschool Director



Preschool News

Children's Ministries

Communion Classes

Communion classes, taught by the clergy, began on February 28 and will continue through March 14 for all first graders and older children who have not previously attended. The children who participate in the



classes will be recognized at the 9:00 a.m. service (dress attire is recommended) on March 21, and a special coffee hour celebration in honor of the children will immediately follow the service.



Mite Boxes and Lenten Traditions

During Lent, the children are invited to collect coins in their "mite boxes," which are available in the Sunday school classrooms and in the narthex. They may choose to follow the Lenten Giving Calendar, which makes suggestions for being grateful and sacrificing; for example, by putting a nickel in the box for every time they used water that day. On Easter Day, the children will be invited to bring their mite boxes forward as an offering to God and to benefit the Africa Hope Center.

Before Lent began, the children created butterflies in Sunday school. The butterflies are hiding away during Lent, and will be revealed on Easter Day as we celebrate Jesus' resurrection. We've also been reminding each other not to say or sing our usual joyous "Alleluia" during Lent. Each Sunday school class made an Alleluia banner that, like the butterflies, will be hidden during Lent and revealed on Easter.



Family-friendly Stations of the Cross April 2nd at noon

On April 2nd, Good Friday, a family-friendly Stations of the Cross service will be held in the church at noon. We will have a brief reading and response

at each station. Child care will be available in Kids' Club for our littlest ones.



Passion of Christ

Godly Play Demonstration

Over the past two years, we have been expanding our use of the Godly Play curriculum to include kindergarten, first grade, and second grade Sunday school classes. We currently have two Godly Play classrooms which use the Montessori method and ten dedicated Godly Play teachers. We would like to expand to

three Godly Play classrooms next year and will be presenting a Godly Play demonstration lesson on April 17 during the Sunday school hour to any and all who might be interested in learning more about this curriculum that has us so excited. More details will follow in the April newsletter, but please save the date and plan to attend.



Sunday School Scriptures

Children's Ministries

Africa Hope Center

The children's offerings to the Africa Hope Center have really made a difference in Kenya! The Africa Hope Center provides spiritual mentoring, education, food, clothing, and shelter to orphans who have lost their parents

to HIV/AIDS. Every \$50 we collect provides for one child for one month. Children's donations so far have helped more than twenty children! Thank you for your generosity!

Africa Hope Center . . .

... your partner in the fight against HIV/AIDS



Easter Candies Needed

We want candy—yes, we do!

We are collecting candy to fill our Easter Eggs for our annual Easter Egg hunt to be held during the coffee hour on Easter Sunday, April 4. We need individually wrapped candies that are

small enough to fill a plastic Easter egg. Please drop off all candy donations in Room 2 (leave by the door if the door is locked) by MARCH 29

Registration forms will be available on Sunday, March 7, as we unveil our theme for this year's Vacation Bible School, to be held July 19-

23, from 9:00 a.m. – 12:00 noon. Children from age three through 5th grade will be learning Bible stories, singing and dancing to fun songs, creating memorable crafts, snacking, and playing games as we build our community around Jesus' love. Of course, we will need some adventurous adults to help create this experience-of-a-lifetime. Childcare will be provided to parents who want to participate. Please see Jennifer Shy if you are interested in being on the planning committee, and save the week of July 19 – 23 for a wonderful time!



Mark Your Calendar !

Mar 21	Communion Celebration - 9:00 a.m. Service (Coffee Hour to follow)
Mar 28	Palm Sunday
Apr 2	Stations of the Cross service for children - 12:00 noon
	Easter!
Apr 4	Easter Egg Hunt — Coffee Hour (No Sunday School)
Apr 25	Children's Cantata (No Children's Chapel)
Jul 19-23	Vacation Bible School

Children's Ministry Committee

Jennifer Shy, Christine Ingram, Frank Bricio, Dean Keiswetter, Juli Kirby, Dave Mackie, Kim McCombs-Thornton, Melissa Tanner, Leslie Vaughn, and Selena Youmans
Clergy liaison – B.J. Owens

Lenten Learning Opportunities at St. Paul's

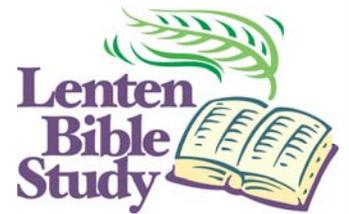
St. Paul's is offering a variety of opportunities for learning and for spiritual insight and development during Lent. From a study of the Book of

Genesis to film studies and a look at various faiths, join other parishioners and the St. Paul's clergy in exploring these interesting study opportunities



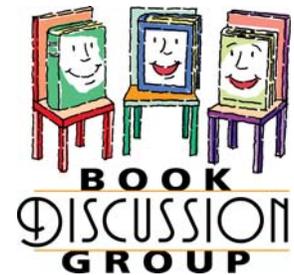
Bible Study: The Book of Genesis

For those interested in studying the Bible, the Rev. George Adamik will lead an exploration of the first book in the Bible, the Book of Genesis. The study will look at the idea of myth and at the richness of the stories that we think we know so well. Participants will explore how this book came about and how it was written. The series, which will include both lecture and discussion opportunities, will meet on Tuesday nights in the Chapel from 7:00-8:00 p.m. on March 2, 9, and 16. Check with the church office for additional details.



Book Study: Five Voices, Five Faiths

Back by popular demand, the Rev. B. J. Owens will lead a morning conversation on this informative text, *Five Voices, Five Faiths: An Interfaith Primer*, that offers, in five different voices, a brief (20-page) description of each of the five great faiths of our globe. This study group will meet from 8:00—9:00 a.m. in the Bride's Room on Thursday mornings during March. For more information, contact the Rev. B. J. Owens.



Sunday Afternoon at the Movies

The Rev. Dr. Sally Harbold and Rev. B. J. Owens will host viewings and lead post-movie discussions on Sundays from 3:00—6:00 p.m. in the Chapel.

Feb. 28—Divan. Rev. Owens lead the discussions of this visual parable about "personal reinvention and cultural re-upholstery."

Mar. 7—Traces of the Trade. Rev. Harbold hosts this movie about a wealthy family learning that the family's money came as a result of the slave trade.

Mar. 15—For the BIBLE tells me so. Rev. Harbold will lead this look at how U.S. families handle the realization that a family has a gay child or family member.

Mar. 21—Lars and the Real Girl. A comedy about the "healing of the self." Rev. Harbold will host the viewing and discussion.



Grief & Bereavement Group: Entering the Wilderness of your Grief

Join the Rev. Dr. Sally Harbold and co-facilitator Juli Kirby for a five week series on the journey of grief. Whether you have lost someone recently or a long time ago, you can benefit from participating in a process that deepens your understanding of how grief impacts the psyche and soul. Scheduled for Wednesday evenings from 6:15 p.m. to 7:30 p.m. Stay tuned for additional details or contact the Church Office.

Grief and Bereavement





Youth

ASP Spaghetti Dinner & Auction

Mark your calendar - its' almost here! That time honored St. Paul's tradition... The Appalachian Service Project (ASP) Auction and Spaghetti Dinner!

We hope you'll save the date, Friday, March 19th and come celebrate with us. Attendees will enjoy a fabulous spaghetti dinner by the Men's Group, tasty confections provided by our very own Youth, and, best of all, the opportunity to bid on some unique and intriguing auction items. Proceeds will benefit the annual ASP mission trip to Appalachia where a group of 37 parishioners (25 youth and 12 adults) will spend a week (of their summer vacation) working to make homes safer and drier for

those in need.

Dinner prices are \$8 adults, \$4 children (3-11), or \$20 for the whole family. Our auction contains an array of items for every interest and price range Beginning on March 7th, our two "raffle baskets" will



Auction

be displayed in the parish hall during coffee hour (where tickets will be available for purchases.) The winning tickets will be chosen the night of the auction, but you need not be present to win!

Submitted by Sue Remavich

Upcoming EYC Events

- Mar 14 Regular EYC
- Mar 19 Spaghetti dinner / auction
- Mar 21 Regular EYC
- Mar 28 Regular MS-EYC,
- Apr 3 Happy Easter !

Ongoing Activities for 6th-12th graders

- Sunday School: 10:10 - 11:00 a.m.
- EYC: Middle School - 4:00-6:00 p.m.
- Shared Dinner: 5:15-6:00
- EYC: High School - 5:15-7:30 p.m.

New Orleans Mission

Saturday, March 27th-Saturday, April 3rd, 24 Episcopalians from St. Paul's will trek 13 hours to continue the relief effort in New Orleans. We will work with the diocesan relief program to repair houses still damaged by flooding following Hurricane Katrina in 2005. This uniquely Episcopal event

will connect us with youth groups in 3 different states, will allow us to cook, eat, worship, work, while exploring Holy Week across the Southeast. Please pray for safe travels, meaningful experiences, and lifelong connections.



Happening 54, March 19-21

Happening is an event designed for young people in grades 9-12. It is a powerful weekend of renewal and its aim is to concentrate closely on the person and the teachings of Jesus Christ and His ongoing Living Body-the Church. Through talks, skits, discussions, play, worship, prayer and song, these high school people understand the importance of love and life in Christ. The Happening weekend is carefully planned because time is short and the subject matter is

extensive. During the three days, they listen to talks given by young people and clergy. In small discussion groups following the talks, the Happeners share their thoughts and ideas. This is where joy and happiness begin to grow. There is much laughter, lots of love, and it's just plain fun! Registration can be found online at www.episdioncyouth.org/currentregistrations. Scholarship money is available.



Thanks for support of Urban Ministries Food Drive

Thank you, St. Paul's, for your support of the Urban Ministries Food Pantry.

The food pantry received 475 pounds of food from the contributions from St. Paul's during the February food drive. We especially appreciate restocking the peanut butter and the tuna fish, as well as the other items provided, including rice, pasta meals, soup, and many other things. The need continues. We provide food for an average of 35 - 40 families, 5 days a

week.

Anyone interested in helping out at Urban ministries as a volunteer, either in the food pantry or in the medical clinic, can contact Anne Pilgrim at 362-4068 or annepilgrim@gmail.com.



URBAN MINISTRIES
OF WAKE COUNTY

Submitted by Anne Pilgrim



THANKS to All Our Volunteers!

Submitted by Stacy Miller

Blood Drive April 10

St. Paul's will be having it's quarterly Blood Drive on Saturday, April 10th from 9:00 a.m. to 1:00 p.m. Please sign up to receive a donation time as soon as possible. There will be a sign up sheet in the narthex on Sunday mornings or you may contact Brenda St. Laurent at bdstlaurent@yahoo.com or by phone at 379-1915. We will be able to accommodate 3 people every 15 minutes.

Consider these statistics for the Triangle area:

- Fewer than 5% of the population of those that are eligible to give blood do
- 70% of donors give once per year when they could donate 4 times a year
- 95% of the population will receive a blood product by the age of 72

PLEASE GIVE THE GIFT OF LIFE! Rex Blood Services needs all blood types and, by donating one pint of blood, you can save 3 lives.

Facts about donating

- * Anyone in good health, at least 17 years old and weighing at least 110 lbs. may donate blood every 56 days (our last drive was January 9, 2010).
- * Donors should eat breakfast/lunch and drink plenty of fluids before a donation.
- * Donors can resume normal activity after donating; however, avoid lifting heavy objects or strenuous exercise for 24 hours.
- * Many people feel great after donating. However, if you experience abnormal symptoms, let a staff member know.
- * Travel outside the U.S. may be a cause for deferral. Check with a staff member about any overseas destinations.
- * There is no longer a 12 month deferral for having a tattoo, if it was administered by a licensed U.S. facility.
- * Donors must not be taking antibiotics. Symptoms and medication should cease for at least 24 hours.
- * Bring a photo ID or blood donor card and a list of medications that you are taking.



 **Christian Social Ministries** 

In the wake of the 7.0-magnitude earthquake that hit Haiti on January 12th of this year, Episcopal Relief & Development (ERD) has been working closely with local partners to assist those most impacted by this disaster. It is estimated that one in three Haitians were affected by the quake, roughly three million people. The most recent numbers from the Haitian government indicate that the death toll has reached 230,000 people, and that number continues to climb.

In the Episcopal Diocese of Haiti, ERD is offering technical support and funds to help secure critical supplies for those in need. In addition to supplying food and water, the agency has secured vehicles to assist the diocese in delivering supplies, fuel for those vehicles, and camping supplies to provide shelter.

These efforts are expanding the diocese's capacity to help the 25,000 survivors who are currently residing in 23 diocesan camps. ERD is also helping the diocese increase its capacity and human resources by enabling them to hire camp liaisons and logistics personnel. The camps, many of which are located at the sites of the Episcopal churches and schools, range in size from a few hundred to 8,000 people.

Prior to the earthquake, ERD was partnering with the Episcopal Diocese of Haiti's Development Office. This diverse program included fostering a network of 28 community development workers trained in disaster management. Since the quake, these development agents have completed initial needs assessments in their own communities, and they are providing their data to the Diocese and ERD. Their information is enabling the Diocese and ERD to work together, setting priorities for ongoing relief and recovery efforts.

In the aftermath of the earthquake, activities supported by ERD include: Supplying over 5 tons of food to survivors living in diocesan camps.

Delivering food by helicopter to 6 camps not accessible by vehicles. These camps are inhabited by more than 15,000 survivors. Each drop contains 216 pounds of rice, 204 pounds of beans, 12 gallons of oil and 36 kilograms milk powder.

Constructing permanent latrines and clean water sites in 8 camps. These new facilities will be earthquake-resistant. In addition to providing sanitation and clean water, the construction is creating jobs in affected communities.

Conducting training on the proper installation and maintenance of at least 20 emergency water purification systems, which diocesan development agents are distributing throughout Haiti. Working closely with the Diocesan Disaster Council, which has been charged by Bishop Duracin to coordinate the earthquake response and long-term recovery plans.

As often as possible, Episcopal Relief & Development prefers to purchase items locally. This practice supports local economic recovery, creates local employment, and ensures Haitian leadership in program design and management.

To date, our parish has donated \$5,700 to relief efforts in Haiti. There is no shortage of compassion or generosity among the members of St. Paul's. To continue assisting those suffering in the wake of the disaster, financial contributions are still very much needed.

Please consider making a donation to ERD's Haiti fund at:
 Episcopal Relief & Development
 PO Box 7058, Merrifield, VA 22116-7058
 1-800-334-7626, ext. 5129
www.er-d.org/

Please write "Haiti fund" in the memo field of all checks.

For updates and information on the outreach work in and around St. Paul's, please watch the bulletin, e-news, and parish website.

*Excerpted from ERD website
 Submitted by Linda Cozzolino*



Outreach at St. Paul's — A Success Story

The story which follows is related by Wendy Dawson, a member of St. Paul's and a longtime volunteer at The Caring Place, one of the outreach organizations supported by St. Paul's Christian Social Ministries' program. The Caring Place, Inc. provides a Transitional Housing Program that gives families an opportunity to stabilize their financial situation, leading to self-sufficiency. Each family accepted into the program is paired with a volunteer team, which works with the family to develop a personalized plan for self-sufficiency. Through financial assistance and broad-based counseling in life skills, The Caring Place seeks to help people work toward self-reliance and growth. They serve up to eight families at a time, and families stay in the programs up to four months. Here's Wendy's story:

Two friends, Heidi and Lyn, and I were named by The Caring Place as the support partners for a single mother, Katherine B., and her twelve year old, daughter, Jasmine. Due to some unfortunate events that transpired in her life, Katherine has not been able to sustain her living expenses. Fortunately she found The Caring Place: throughout the program, she has been diligent about saving her money, and keeping within a budget. Within 12 weeks, she had paid off her car and by the end of the program had saved close to \$3,000. In the third month, we found the home in southeast Raleigh where Katherine had lived as a young girl and had been willed to her upon her mother's passing away. The house had been vacant for over 6 years and was totally uninhabitable. Lyn took a friend who is a general contractor to the home to get a break down on specs & materials to make the house livable. After their review, the project cost was estimated to be as high as \$30K, which K. would never be able to afford based on her current income. After much brain storming, Lyn came up with the idea of taking the list of materials and labor needed to make this project (a "home" for Katherine & Jasmine) come to life-- and sent it to a network of friends with the goal of getting as many donations as

feasibly possible. The amazing response, within days, was volunteers, pledged financial contributions, and items donated.

Katherine's graduation from The Caring Place was February 18, and a festive celebration with all the volunteers was held on Sunday, Feb 21 — the move in date for Katherine and her daughter. This effort has truly been a moment of Grace for all involved".

In the words of another The Caring Place volunteer project leader: "I continue to be amazed at all of effort you all have put into this. To think that we completely gutted this house, removed all the water from the house, refinished everything inside this home, landscaped the yard, added great appliances, worked in the freezing cold with a kerosene heater and a single floor light powered by extension cords to the neighbor's house,....Wow. On top of that, thanks for all the financial contributions as we've have nearly \$10,000 in donations pledged for this effort! Thanks for the awesome demonstration of love and care for those in need in our community."

To see a video about this news story, go to <http://abclocal.go.com/wtvd/video?id=7287773>

Thank you, Wendy, for sharing updates on this project with the Christian Social Ministries committee and our parish community. St. Paul's is proud to support the work of The Caring Place. We are thrilled for Katherine and Jasmine and their "homecoming"!

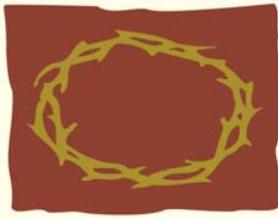
For more information on The Caring Place, please visit their website: www.thecaringplace.org.

Submitted by Linda Cozzolino



Before and after pictures of the interior and exterior of the house





Holy Week Calendar

Palm Sunday, March 28	Regular Service Schedule
Monday, March 29	7:00 p.m. Monday in Holy Week Worship Service
Tuesday, March 30	7:00 p.m. Tuesday in Holy Week Worship Service
Wednesday, March 31	7:00 p.m. Wednesday in Holy Week Worship Service
Maundy Thursday, April 1	7:00 p.m. Maundy Thursday Worship Service
Good Friday, April 2	12:00 noon Stations of the Cross 7:00 p.m. Good Friday Worship Service
Saturday, April 3	8:00 p.m. Easter Vigil
Easter, April 4	Regular Service Schedule

Take Note



If you have not received a letter from St. Paul's about the update of the church directory — and you would like to be included in the directory — please contact **Melanie Fairbrother** at stpauls@stpaulscary.org or at 919-467-1477

Sunday Service Schedule

7:30 a.m. Eucharist Rite I 10:10 a.m. Education Hour
 8:45-12:30 Kids' Club 11:15 a.m. Eucharist Rite II
 9:00 a.m. Eucharist Rite II 11:15 a.m. Children's Chapel
 9:00 a.m. Children's Chapel 4:00 p.m. Middlers EYC
 10:00 a.m. Fellowship-Coffee 5:15 p.m. Senior EYC



March

Wednesday Schedule

12:15 p.m. Liturgy Meeting
 5:30 p.m. Wednesday Dinners
 6:00 p.m. Epiphany Choir
 6:00 p.m. Junior Choir
 7:00 p.m. Proclamation Bells
 7:30 p.m. St. Paul's Choir

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>7:00pm Care and Share 8:00pm AA</p>	<p>2</p> <p>10:00am Archives 6:00pm Children's Ministry Committee 7:00pm Music Committee 7:00pm Book of Genesis Study</p>	<p>3</p> <p>WEDNESDAY SCHEDULE 12:15pm Liturgy Meeting 4:00pm Skills Club 6:15pm Grief & Bereavement Group 7:00pm Baptism Class</p>	<p>4</p> <p>8:00am Five Voices, Five Faiths 1:00pm Library Group 6:00pm Bells of St. Paul's 7:00pm Knitting Ministry 7:15pm Jubilate Choir</p>	<p>5</p> <p>7:00pm Stewardship Keepers 7:00pm Treasure</p>	<p>6</p> <p>3:00pm Mar Thoma 8:00pm AA</p>	
<p>7</p> <p>SUNDAY SCHEDULE 10:00am Communion Class 11:15am St. Paul's Choir Oratorio 12:30pm Stewardship 3:00pm Sunday Afternoon at Movies 4:00pm Pre-EYC</p>	<p>8</p> <p>7:00pm Finance Committee 8:00pm AA</p>	<p>9</p> <p>10:00am Archives 12:00pm Women's Study Group 6:00pm Youth Committee 7:00pm Book of Genesis Study</p>	<p>10</p> <p>WEDNESDAY SCHEDULE 9:15am Julian Gathering 12:15pm Liturgy Meeting 4:00pm Skills Club 6:30pm Evening Prayer 6:15pm Grief & Bereavement Group 7:00pm Coffee Talk</p>	<p>11</p> <p>8:00am Five Voices, Five Faiths 1:00pm Library Group 6:00pm Bells of St. Paul's 7:00pm Knitting Ministry 7:15pm Jubilate Choir</p>	<p>12</p> <p>8:00pm AA</p>	
<p>14</p> <p>In-Gathering Sunday SUNDAY SCHEDULE 10:00am Communion Class 3:00pm Sunday Afternoon at Movies 5:00pm WWW Dinner</p> 	<p>15</p> <p>7:00pm Vestry 8:00pm AA</p>	<p>16</p> <p>10:00am Archives 7:00pm VCC 7:00pm Book of Genesis Study</p>	<p>17</p> <p>WEDNESDAY SCHEDULE 10:00am Newsletter Deadline 12:00pm Elderberries 12:15pm Liturgy Meeting 4:00pm Skills Club 6:15pm Grief & Bereavement Group 7:00pm Evening Women's Study Group</p>	<p>18</p> <p>8:00am Five Voices, Five Faiths 1:00pm Library Group 6:00pm Bells of St. Paul's 7:00pm Knitting Ministry 7:15pm Jubilate Choir</p>	<p>19</p> <p>7:00pm ASP Spaghetti Dinner & Auction</p>	
<p>21</p> <p>Communion Celebration Sunday SUNDAY SCHEDULE 12:00pm VCC Lunch / Ministry Leaders 12:30pm Mar Thoma 3:00pm Sunday Afternoon at Movies</p>	<p>22</p> <p>8:00pm AA</p>	<p>23</p> <p>10:00am Archives</p>	<p>24</p> <p>WEDNESDAY SCHEDULE 9:15am Julian Gathering 12:15pm Liturgy Meeting 4:00pm Skills Club 6:15pm Grief & Bereavement Group 7:00pm Coffee Talk</p>	<p>25</p> <p>8:00am Five Voices, Five Faiths 1:00pm Library Group 6:00pm Bells of St. Paul's 7:00pm Knitting Ministry 7:15pm Jubilate Choir</p>	<p>26</p>	
<p>28</p> <p>Palm Sunday SUNDAY SCHEDULE 12:00pm VCC Lunch / Ministry Leaders 12:30pm Mar Thoma 3:00pm Sunday Afternoon at Movies</p> 	<p>29</p> <p>WCPSS SPRING BREAK 7:00pm Worship 8:00pm AA</p>	<p>30</p> <p>WCPSS SPRING BREAK 10:00am Archives 7:00pm Worship</p>	<p>31</p> <p>WEDNESDAY SCHEDULE WCPSS SPRING BREAK 12:15pm Liturgy Meeting 4:00pm Skills Club 6:15pm Grief & Bereavement Group 7:00pm Worship</p>	<p>April 1</p> <p>Maundy Thursday WCPSS SPRING BREAK 7:00pm Maundy Thursday Worship</p>  <p>MAUNDY THURSDAY</p>	<p>April 2</p> <p>WCPSS SPRING BREAK 12:00 noon Stations of the Cross 7:00pm Good Friday Service</p>	
					<p>April 3</p> <p>8:00pm Easter Vigil 8:00pm AA</p>	

ST. PAUL'S EPISCOPAL CHURCH

Sunday Services: 7:30 a.m., 9:00 a.m. & 11:15 a.m.



St. Paul's Episcopal Church
221 Union Street
Cary, NC 27511

Non-Profit Organization

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Permit #38

Cary, NC 27511

Return Service Requested

Label

THE PEOPLE OF ST. PAUL'S

Church Phone: 919-467-1477

Fax: 919-467-0152

Web Site: www.stpaulscary.org

Clergy

The Rev. George Adamik, Rector

x 13 | rector@stpaulscary.org

The Rev. Dr. Sally L. Harbold, Associate Rector

x 12 | rector2@stpaulscary.org

The Rev. Bernard J. Owens, Associate Rector

x 23 | bernard.owens@stpaulscary.org

The Rev. Antoinette Wike, Priest Associate

rector4@stpaulscary.org

The Rev. Lois Reardin, Priest Associate

rector3@stpaulscary.org

The Rev. Candy Snively, Deacon

Candy.Snively@att.net

Staff

Melanie Fairbrother, Office Manager

x 10 | stpauls@stpaulscary.org

Chris Lewis, Financial Manager

x 21 | financial@stpaulscary.org

Jason Pace, Interim Minister of Music

Minister of Music Office 467-6241

x 15 | music@stpaulscary.org

Olivia Ittoop, Music Assistant

music2@stpaulscary.org

Mary Catherine Troxler, Preschool Director

Preschool Office 467-3788

x 16 | preschool@stpaulscary.org

Jennifer Shy, Church/Nursery School Director

Church School Office 467-2578

x 19 | churchschool@stpaulscary.org

kidsclub@stpaulscary.org

Youth Coordinator

Youth Office 467-0976

x 37 | youth@stpaulscary.org

Vestry

Senior Warden: John Hemperly

Junior Warden: Jeff Kager

Chuck Hubbard, Jean Huey, Ann Lockhart, Betty
Charlton, Dennis Daniels, Anne Pilgrim, Larry Cupitt,

Charlotte Heath, Beverly Hope, Brad Williford

Treasurer: John Goehrke

Clerk: Lanny Wase

Sunday Service Schedule

7:30 a.m.	Eucharist Rite I
8:45 - 12:30	Kids' Club
9:00 a.m.	Eucharist Rite II
9:00 a.m.	Children's Chapel
10:00 a.m.	Fellowship-Coffee
10:10 a.m.	Education Hour
11:15 a.m.	Eucharist Rite II
11:15 a.m.	Children's Chapel
4:00 p.m.	Midders EYC
5:15 p.m.	Shared EYC Dinner
5:45 p.m.	Senior EYC