

ST. PAUL'S LETTER

Volume 32 Issue 1

www.stpaulscary.org

February 2008

St. Paul's Episcopal Church in Cary is home to an active, caring, and diverse congregation of the Episcopal Diocese of North Carolina. Through corporate worship, spiritual development, fellowship, and service we continue to grow together in faith. We strive to be Christ's welcoming, reconciling and transforming presence in the world through our many and varied ministries.

Sunday Church Services
7:30 a.m., 9:00 a.m., and
11:15 a.m.



**Shrove Tuesday Pancake
Supper, February 5**

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Letter From The Rector

The Rev. George Adamik

Next Newsletter Deadline
February 20, 2008
at 10:00 a.m.

Dear Friends,

St. Paul's 50th anniversary as a parish is this year, June 8. What a history, what a story. In the lifetime of a parish we are just reaching our adolescence. And look what has happened in those years, particularly these last few years. During the celebrations to come this year we welcome, during the next 5 months, not only the first priest at St. Paul's, The Rev. Rod Reinecke, but also four bishops, one each month, including Bishop Curry who will join us on June 8, the actual day of the 50th Anniversary.

Now many of you know that adolescence can be a challenging time. And of course it is for St. Paul's. It is filled with possibilities, with hopes and dreams. In the next month all of us will be invited to respond to the awesome and amazing power of God in our midst. We will all be asked to respond with thankful hearts for having been called to this place by offering our financial support for all that is happening and for all that can happen.

How will this invitation happen? As you know we have introduced a new format to our stewardship program this year. We have 26 parishioners, yes 26 parishioners, (many of whom have come to St. Paul's in just the last few years) who have stepped forward to lead us, to invite us. Over the weeks ahead they will be inviting fellow parishioners to form spiritual teams of story tellers who will visit the rest of us to tell their stories. Their stories will be about how God has touched their lives and how much St. Paul's means to them. These leaders, along with their teams, will number about 120 parishioners who will visit the rest of us to share how God is acting in their lives and how excited they are to be a part of St. Paul's.

It is in the context of these visits, scheduled for Sunday, February 24, that we will be invited to respond with our financial pledge for 2008. There are 600 families at St. Paul's. Last year just over 300 made a financial pledge. I personally want to invite those who pledged last year to continue that commitment, as well as consider increasing the amount pledged. And I very much want to invite those who have not yet made a financial pledge to St. Paul's to please do so for 2008. And I am not inviting you to do this because of what it will mean for St. Paul's, but much more for what it will mean for you. Be part of the excitement and wondrous things happening at St. Paul's, and the exciting and wondrous things that can happen in your life. Your financial gift will move us ever more deeply into God's dream for all of us.

George



ASH
Wednesday Service
February 6

HERE COMES THE GROOM

Submitted by The Rev. George Adamik

I am pleased to announce that in May, The Rev. Bernard J. Owens, Associate Rector for Children and Youth Ministry, will marry The Rev. Jo Nygard, Minister at Hudson Memorial Presbyterian Church in North Raleigh. We all rejoice in this special time in their lives.

For the celebration of their marriage BJ will be taking some time off from St. Paul's from April 27 until May 11. This will be a special time in BJ and Jo's life. While a clergy person's life is usually very public, this particular time in BJ and Jo's life is a chance to celebrate with their families. So raise a toast to them and remember them in prayer as they begin this wondrous journey together.

George

ST. PAUL'S NEEDS YOU!

The Facilities Maintenance Steering Committee facilitates communication between, coordinates the efforts of, and, with the assistance of the Financial Manager, advises the four primary committees which have responsibility for maintaining the beauty of the parish campus: the Memorial Garden Committee, the Furnishings, Fixtures, and Finishes Committee, the Lay Weeders, and Buildings and Grounds Committee. With a campus the size of St. Paul's, the work is never done.

But the work can only be done through the efforts of many fine, dedicated volunteers, who accept the stewardship charge to give time and talent to serve on the committees. Each committee needs new volunteers, but none quite so desperately as the Buildings and Grounds Committee. It currently has no members, and it needs you badly.

What a wonderful opportunity for five or more parishioners. You not only have the chance to volunteer for a very needed and greatly appreciated ministry, but ability to create the identity of the group and define its role within the parish. The time demands are few, but the rewards are great. Please volunteer by contacting either Chris Lewis at 467-1477 (or financial@stpaulscary.org) or Tom Pitman at 461-0850 (or pitmantj@hotmail.com). Working to preserve and maintain our beautiful campus will be a decision you won't regret.



Warden's Corner

WARDEN'S CORNER

On behalf of the entire 2007 Vestry, I'd like to use this space to give a special thanks to our outgoing Senior Warden, Dan Loughlin. As many of you saw in the annual meeting, Dan presided over a very busy and somewhat unusual 2007.

First of all, our collective hats should be off to the Senior Warden who presided during the Rector's four-month sabbatical! With great help from Sally and BJ, Dan led the Vestry very effectively during this time and we really should not take that for granted.

Dan has been involved in our church in many ways since he and his family began attending services here nine years ago. He and Alana were leaders in the recent Encore campaign, he has been a past leader on the stewardship and outreach committees, and Dan — along with several others — has been involved in the development of the St. Paul's website (www.stpaulscary.org), just to name a few things. So it is no surprise that Dan brought to his role as Senior Warden a great deal of insight into the important areas of church life. Throughout the year he was able to speak from experience on topics that were of importance to the church and its Vestry — from finances, to stewardship, to Encore, to communication.

It strikes me that leaders are made and not born. In church life it seems that we all have a role in shaping the experiences of those around us. The Loughlins, like a lot of us, have found a church home and made it their own by investing themselves, their time, and their resources in this wonderful ministry. Tomorrow's great leaders are out there too. They are making their way through their own journeys. Some are serving in places that they find rewarding and others are making decisions about how they will invest their time and their resources in God's church. Some are not there yet. It is fitting to ask during our 50th year that we honor Dan and all our past leaders by encouraging our newcomers and helping them to step out on a limb, to support them as they consider investing their own time and resources in the church and experience the rewards of making church an integral part of their lives. Tomorrow's leaders are the folks visiting us today.

So thanks, Dan. Your leadership made 2007 a great year.

Paul Gregg, Junior Warden

MUSICALLY SPEAKING



"Hello and Welcome!" Those are words I've been hearing frequently since my arrival this month at St. Paul's. I can certainly attest to the genuine compassion and love in the St. Paul's community. In response, I am thrilled to be here as interim Minister of Music.

I wish to take this opportunity to introduce myself. I grew up in Richmond, Virginia and decided I wanted to be an organist when I was age three and saw our church organist making music with his feet. After many years of music study at places like Baylor University (Sic'em Bears!), the University of Vienna, and the University of Kansas (Go Jayhawks), I ended up in a computing career. In spite of the "slight" redirection, I've maintained my interest in organ as an avocation in church music. I've lived in Raleigh for twenty years and most recently I was organist at St. Mark's Methodist Church in Raleigh. The thing that I enjoy most about church music is the opportunity to meet and connect with all kinds of people through music.

I have three children: my daughter, Sarah, is a sophomore at Elon University; and my two sons, Drew and Winston are a senior and freshman respectively at Trinity Academy of Raleigh. During the week I work at SAS in software research and development.

To everyone involved in music at St. Paul's I say, "Let's carry on, there's music to create!" To those who haven't found a place for creating music, drop by and we can talk about your musical interests. I enjoy finding ways to integrate a variety of music into worship.

Also I want to express my appreciation to those of you who lead or support music programs at St. Paul's. God has certainly blessed this place. I look forward to meeting each of you and creating music to the Glory of God. Please come by and introduce yourself.

In Service to Christ,
Jason Pace

February 2008

February 3	9:00 a.m. Jubilate Choir 11:00 a.m. Senior Choir
February 6	7:00 p.m. Ash Wednesday
February 10	9:00 a.m. Jubilate Choir 11:15 a.m. Proclamation Bells and Senior Choir
February 17	9:00 a.m. Jubilate Choir 11:15 a.m. Senior Choir
February 23	Capital Area Young Ringer's Festival
February 24	9:00 a.m. Youth Choir and Canterbury Handbells 11:15 a.m. Epiphany Choir 7:00 p.m. Taizé Evensong

Lenten Music Service The Crucifixion

A meditation on the Sacred Passion
of our Holy Redeemer with congregational hymns
by John Stainer

presented by the
St. Paul's Adult Choir
March 2 - 11:15 a.m.

Organ Concert

You are invited to an organ concert by the nationally famous organist/composer Timothy Albrecht at Highland United Methodist Church, 1901 Ridge Road, Raleigh on Friday, January 25 at 8:00 p.m. The concert is open to the public with no admission charge. Dr. Albrecht's program is sponsored by the Central North Carolina Chapter of the American Guild of Organists.

Serve the Lord with gladness; Come before Him with joyful singing. Psalm 100:2



NEWS FROM ST. PAUL'S PRESCHOOL

With a nice nip in the air our little preschoolers bounced back nicely after a long Christmas break. We were pleasantly surprised that the tears stayed at bay as the parents dropped the children off on their first day back. The teachers have many fun, "cold" activities planned so keep your fingers crossed that the 70 degree weather stays away until Spring.

Registration is upon us with our Church Member lottery on Monday, February 11th and our public lottery on Friday, February 15th. Tell neighbors and friends to come check us out. Please call the office (467-3788) to set up a tour if you were unable to attend our Open House in January.

Love in Christ,
Mary Catherine Troxler
Preschool Director

Ways to help the Preschool earn extra \$\$\$

Harris Teeter—Link VIC card to St. Paul's Preschool (#4843) at the store or online at www.harristeeter.com

Campbell's Barcodes — Clip barcodes (not labels) and turn them in outside the Preschool Office

Lowe's Foods — Donate points to the Preschool online

Recycle Ink and Toner cartridges in the bin outside Preschool Office.

SKI TRIP...OVERFLOW SPOTS!

The annual youth ski trip is Saturday, Feb. 9th, and we have chartered a bus! As of the newsletter print date, we still have a few spots on the van and have opened them up to the parish. The cost is \$115. If you or your family are interested in catching a ride with us for a day of skiing at Winterplace, please contact Fred Lowry as soon as possible at youth@stpaulscary.org.

COFFEE TALK

Our bi-weekly chat fest resumes in February! For all women who have not had the opportunity to join in the fun, Coffee Talk is held on the 2nd and 4th Wednesdays of each month. It is a great place to meet others like you and not so very like you. Our discussions are sometimes planned...and sometimes not. We are an inviting but undemanding group! Our sessions in February are scheduled for Feb. 13 and 27 in the Library. Sessions start at 7:00 p.m. and end promptly at 9:00 p.m. Caffeine and sugar are served; childcare is provided. If you think you can make it, please RSVP to ensure adequate seating and snacks! For more information or to RSVP, contact Sherri Hubbard at 363-1845 (or shubbard@ncdoi.net).



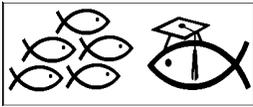
Annual Pancake Supper

Plan to attend this great social event on Shrove Tuesday, February 5 from 5:00 p.m. until 7:00 p.m. The Men's Group sponsors this event and does the cooking. Cost: Adults \$5 and Children under 12 \$3

INCLEMENT WEATHER,



How will I know if St. Paul's is open or closed if we have **winter weather**? In case of inclement weather, check St. Paul's website at www.stpaulscary.org, call the office at 467-1477 extension 10 and listen to the Office Manager, Melanie Fairbrother's voicemail, or tune into WRAL for closing information. You can also visit WRAL's website at www.wral.com/closings for the latest information.



Sunday School Scribbles

"Let the little children come to me...for it is to such as these that the kingdom of God belongs." - Matthew 10:14

Godly Play

The children in the kindergarten Sunday school class experienced a new sort of teaching in January. Godly Play is based on the Montessori teaching method, where the response to the story is child-directed instead of teacher-led. The story is presented with beautiful materials that encourage children to experience the mystery of God's presence. We are planning to implement the Godly Play curriculum in a few classrooms next year and look forward to all that we — adults and children — will learn together.

Needful Things

We are in need of the following:

CANDY. We are collecting candy donations to fill the bunny's eggs for our annual Easter Egg Hunt, which will be held on Easter morning following the 9:00 a.m. service. Donations of small, individually wrapped candy will be gladly accepted through March 2. There will be a drop-off box in the Parish Hall or you can leave your donations with the Sunday School teachers.

ANIMAL COSTUMES. Our animal costumes for the Christmas pageant are looking a little worn and we need some newer models. We would very much appreciate donations of gently-used costumes (toddler to preschool size) of any animal species currently living, extinct or make-believe. If you are not yet ready to discard, we will be accepting donations throughout the year. Please contact Jennifer Shy for further information.

VBS – Save These Dates!

March 9: We will be having our first planning session to recruit volunteers for the week of VBS. The meeting is conveniently planned at 10:00 a.m. during the Sunday School hour. Any Sunday School teachers who would like to attend, please let Jennifer Shy know in advance so accommodations can be made for your class. Come one, come all! Help us plan and have a donut or two while you're there. Watch the weekly bulletins for further information.

July 21 – 25: The week scheduled for VBS! We had a waiting list last year so mark your calendars with the dates and watch for upcoming information. Son World Adventure Park, here we come!



Eucharist Education (First Communion)

Communion classes will begin on February 10 for all first graders and older children who have not previously attended. Classes will be held during the regular Sunday School hour through February 24. A special celebration will be held on March 2 at the 9:00 service for those children who have completed the classes (dress attire is recommended) and a coffee hour in honor of the children will immediately follow the service. Please contact Jennifer Shy for further information.



Lent is Coming!

After the excesses of the holiday season, we should all be grateful that Lent is almost here. There are a number of activities planned for our children during the Lenten Season:

- Mite boxes will be distributed Feb. 10 during Sunday School and Children's Chapel and they will also be available in the narthex. Have your children start saving their pennies so that they will have a very musical mite box to place on the cross on Easter morning.
- Shrove Tuesday is Feb. 5. The Men's Group will be flipping pancakes for all in the Parish Hall from 5:00 – 7:00 p.m. The children can make Mardi Gras masks and then don both masks and beads for a parade around the Parish Hall at 6:15 p.m.. Come join in the fun!
- Ash Wednesday is Feb. 6 and there will be a special children's service to be held concurrently with the adult service at 7:00 pm.

Calendar Reminders

- Feb. 5 Shrove Tuesday Pancake Supper/Mardi Gras Parade - 5:00 p.m. in the Parish Hall
- Feb. 6 Ash Wednesday Services (for Children & Adults) – 7:00 p.m.
- Feb. 10 Mite Boxes Available
- Feb. 10 Eucharist Education Classes Begin
- Feb. 22 Teacher Appreciation – 7:00 p.m.
- Mar. 2 Eucharist Celebration – 9:00 a.m. service (Coffee Hour to Follow)
- Mar. 2 Drop Off Easter Candy
- Mar. 9 VBS Planning Meeting – 10:00 a.m.





**St. Paul's
50th Anniversary
Celebration and
Reflection Begins on
Sunday, February
10th.**

We welcome back The Rev. Roderick Reinecke, the first priest of St. Paul's in 1958, Sunday, February 10th during the 9:00 and 11:15 a.m. services.

Between the services in the church, Rev. Reinecke will reflect on the church events of that time, and on the first parishioners who commandeered the Cary High School Band room and founded what is now our thriving parish.

Visual displays of our history will line the back of the church, giving everyone the opportunity to reminisce and learn about the evolving history of our church.

Upcoming St. Paul's 50th Anniversary Events:

March 9, 2008

(Daylight Savings Time Begins)

The Rt. Rev. Robert Estill, Former Bishop of NC

April 13, 2008

The Rt. Rev. Gary Gloster, Former Bishop
Suffragan

May 18, 2008

The Rt. Rev. Robert Johnson, Former Bishop of NC

June 8, 2008

Anniversary Celebration, 10:00 a.m. service

YEAR END STATEMENTS

Your year end statements will be arriving shortly. Please take the time to look them over, we have 30 days to change the information on them. If you need to make changes please call me at 467-1477 ext. 21 or email me at financial@stpaulscary.org.

Thank you for all your contributions to St. Paul's.
Chris Lewis, Financial Manager

YEAR-ROUND STEWARDSHIP *Guide us in Sharing*

Year-Round Stewardship will be gathering annual pledges in February this year. We are very excited to be conducting a visitation program. We hope this will be a wonderful opportunity for our church community to connect with each other. The last time St. Paul's did visitations was almost 10 years ago. Our parish has grown and changed in so many ways since that time.

A visitation program will allow us to share personal stories of how God is working in each of our lives. We believe by sharing our stories we will all be encouraged and reminded of God's promises to love and care for each of us. God is doing amazing things in our lives. We hope that as a parish we can open ourselves to seeing all of the blessings around us.

Sunday, February 24th is Commitment Sunday. Prior to February 24th, parishioners will be contacted by another parishioner, "visitor," to schedule a visit. We would like for you to set aside part of the afternoon on February 24th for these visits.

There will be many visitors involved to make this effort successful and manageable for all involved. We hope as you receive your phone call to set up your visit that you will open your heart and your home for 15 minutes of their time. The visitors have devoted time to training and time personally to discerning and concisely communicating their personal stories. Please recognize that for some of these visitors this type of effort is reaching the outermost limits of their comfort zones. We hope that you would honor them and the time they have given to this effort by listening to their stories.

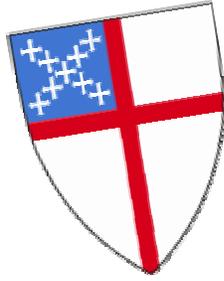
II Corinthians 9:7-8

Each of you must give as you have made up your mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that by always having enough of everything you may share abundantly in every good work.

Faithfully,
Year-Round Stewardship Committee

EYC UPDATES

Episcopal Youth Community



Upcoming EYC Events

January 27th- MDG and Heifer Based Big Better Best!
February 3rd- Superbowl Tailgate and Pregames (Everyone 4:00-5:45)
February 9th-Annual Ski Trip
February 10th-No EYC
February 17th- V-day Mock Speed Dating and Discussion with host Fred Lowry

ASP 2008 Update

ASP is a home repair ministry to needy families of Central Appalachia. Youth and adult participants grow spiritually, gain self confidence, and build and bridge communities. Real, honest work and relationship building are part of the experience. Volunteers must prepare lunches and water coolers for the day, they spend several hours a day at their work site with their team, and then they have chores to do to maintain the center or help with dinner when they return from their work site. The hours spent at the site provide needed time for repairs, as well as necessary time to build relationships with their family and with each other. Evenings are spent in fellowship and learning about the Appalachian culture. ASP can truly be a life-changing experience. ASP is open to rising 9th graders and up.

Reserve your spot today by getting your \$100 deposit to Fred. Total cost of the trip is \$225. Participants are expected to attend 2 out of 3 fundraisers and a group building program.

Important Dates

March 9th – Group Building and Auction Prep 5:15-7:00 p.m.
March 14th – Spaghetti Dinner and Auction
April 27th – Mountain Program! 5:15-7:00 p.m.
TBD – Chore Day
May 10th – Babysitting Fundraiser
June 22nd-28th – ASP

Irish Spaghetti Dinner and Auction

Join Team ASP for our **Irish Spaghetti Dinner** and Auction, Friday, March 14 from 6:00 to 8:00 p.m. in the Parish Hall. The event supports a St. Paul's tradition, our youth's annual participation in a mission trip to help rebuild housing in the Appalachian region. You can help by joining in for all-you-can eat Irish Spaghetti (it will almost be St. Paddy's Day, after all), a chance to win door prizes, and to bid on a wonderful array of items. Take a chance at winning one of the great gift baskets to be raffled off, all the while helping our teenagers, our adult volunteers, and the families they will serve this summer.

We welcome your donations of items or services for the auction, Please contact Fred Lowry at youth@stpaulscary.org or 467-1477. Some of last year's generous contributions included tickets to upcoming events, gourmet meals and baked goods, hand-painted furniture, art, craft items and jewelry.

More information about this wonderful parish event will be coming soon. It will be great fun for a great cause, so we hope to see you there.

Middle School Exclusive: New Beginnings

Last year, the Diocese hosted a middle school youth retreat called New Beginnings. It was held in Charlotte in April at Trinity Episcopal School. New Beginnings was exciting, topical, and featured a life size Jenga game! Youth Participants arrive Saturday morning, and stay until Sunday afternoon. This is an excellent opportunity to make connections throughout the diocese, and it will be held again this year. Details to follow.

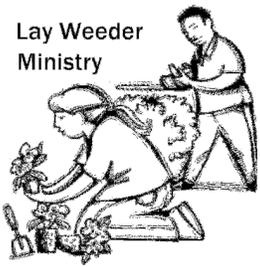
Ongoing Activities for 6th-12th graders

Weekly Sunday EYC

Middle School 4:00-5:15 p.m., Shared Dinner
5:15-5:45 p.m., High School 5:45-7:00 p.m.
High School Compline: Tuesdays 8:00-9:00 p.m.
Sunday School: 10:10-11:00 a.m.

Fred Lowry, Youth Director
youth@stpaulscary.org
www.stpaulscary.org/youth
919-437-1477 ex. 37

LAY WEEDER MINISTRY



There are so many wonderful new faces at St. Paul's these days that it is time to introduce all of you to the Lay Weeder Ministry. A hardy group of parishioners is responsible for the gardens you see when you pull into the parking lot. There is a garden in the circular area in front of the church entrance and a few little patches of gardens at the parking entrance. Also, as you make the swing around the parking area, you will notice another garden at the far end provided by Damil Gharthey, one of our members. Please inform Melanie Fairbrother, the Office Manager, if you are interested in helping us continue to improve the grounds.

The drought continues and the campus is proof of the toll it has taken on our plantings. We need to get our troops out for a big clean up on next Saturday morning. Bring your rakes, bags, gloves, etc. and pitch in. You will meet some lovely people. If it is chilly, you may want to bring a

thermos of hot liquid refreshment.

I started the Lay Weeder Ministry when the new church was completed, so it is time for me to step aside and give another parishioner the opportunity to take over the reins. Please give this creative outlet your serious consideration. It is very rewarding work, and everyone appreciates the work you will be doing for St. Paul's.

Our long range goal is to have a beautiful Tranquility Garden in the "courtyard" between all the buildings. We have a great plan drawn up by Tessa Breen, a parishioner who is a garden planner with a degree in her field.

Also, we are thankful to the Men's Group for all the landscape work they do to help make the church an attractive place to attend and worship.

Kay Lindquist
(bklingd@nc.rr.com)

ADULT EDUCATION

Submitted by Nita Byrd

Clergy Forum: The Enneagram

Presented by The Rev. George Adamik

Sundays: February 3, 17, & March 2; 10:10-11:00 a.m.
Chapel

"All the Christian churches are being forced to an inevitable, honest, and somewhat humiliating conclusion. The vast majority of Christian ministry has been concerned with churching people into... belonging systems rather than any real spiritual transformation into the mystery of God...Much of what is called Christianity has more to do with disguising the ego behind the screen of religion and culture than any real movement toward a God beyond the small self, and a new self in God... The Enneagram has emerged as a tool that is forcing many of us to a brutal and converting honesty about good and evil and the ways that we hide from ourselves and therefore hide from God." [[The Enneagram: A Christian Perspective](#) by Rohr & Ebert] Please join The Rev. George Adamik as we explore this introduction to the wisdom of the Enneagram.

Additional Clergy Forum information may be found on the St. Paul's website, www.stpaulscary.org.



ADULT EDUCATION

Our Shared Lives Community Support - The Family Support Network Presentation

Sunday, February 24, 10:10-11:00 a.m.
Education Building Library

The Family Support Network (FSN) is a non-profit organization dedicated to supporting and educating families of children with: pre-mature birth, developmental disabilities, chronic illness, or other special needs. Please join the Executive Director of the FSN and be inspired by real-life stories of people reaching out to lift each other up in times of critical need in their families.

The Episcopal Church — Who We Are

Sunday, February 24, 10:10-11:00 a.m. Room 10
Education Building

Please join members of the St. Paul's Clergy for a revolving exploration of our Episcopal, Anglican, and sacramental identities. All are welcome and every question is important.

Spiritual Formation - The Way of Forgiveness

Tuesdays, February 12, 19, 26 & March 4, 7:00-9:00 p.m.
Room 10 Education Building

Based on the teachings of Jesus, our challenging call to forgiveness will be examined. We will explore the movement from guilt, shame and anger to forgiveness and reconciliation. Please plan to attend all four sessions to maintain continuity and confidentiality. If interested, please contact Education for Ministry graduate Georgie Gracie, who will facilitate these discussions.

FACILITIES MAINTENANCE ~KIDS CLUB~



We are finally getting near the end of all our hard work. Kids Club has painted walls, a vinyl floor, and ceiling tiles and lights. The plumbing is just about completed, thanks to Tony Lampuri and his gang of plumbers. The cabinets have been moved out of the chapel with the manual labor of Mike O'Dowd and Larry Ray, and hung by Tom Belington. Thanks to Kathleen Neff, Jennifer Shy and Nancy O'Dowd for their help in arranging how the cabinets were to hang.

We have a few things on our to do list including getting the phones and networking up and running and building a small ramp out of cement for our handicap entrance. If you are interested in helping with the ramp building please contact me at 467-1477 ext 21.

We had some volunteers do the final push one Wednesday night to finish all the painting. I want to thank Paul Gregg, Jennifer Shy, Jennifer Cluckey, Mike Gorman, Gary Targosky, Richard Targosky, Stephanie, Isabelle and Emma Hirshy, Julie and Jared Kirby, and Carol Phillips. Thank you so much for the final push to get the painting done before the floor installation.

We couldn't have done this with out all of you!
Thank you again for all your hard work!

Respectfully submitted,
Chris Lewis

FELLOWSHIP EVENTS

Strike it up with St. Paul's at Buffaloe Lanes!
When: Sunday, February 10th from 1:00-3:00 p.m.
Where: Buffaloe Lanes — 151 High House Road, Cary
Cost: \$9/per person including shoe rental
Join us for an afternoon of winter fun and exercise!
Snacks will be provided. We will have children's prizes for a STRIKE and even a (child and adult) prize for high and low score! The grand prize for an adult winner is a 30-piece picnic cooler set...you won't want to miss this! Please sign up on the poster in the narthex or contact Sara Concini at 280-1337 to join in the fun!



URBAN MINISTRIES FOOD COLLECTION

Several times a year St. Paul's collects food for the Urban Ministries Food Pantry. The food pantry serves on average over 25 families a day, 5 days a week, for people in Wake County who cannot always afford food along with their other bills.

Our next food collection dates will be February 3 and February 10. Requested food items include peanut butter and jelly, canned vegetables and fruit, pasta and rice, dried beans, canned meals like spaghetti and ravioli, canned meat such as tuna and chicken, breakfast cereal, and hearty canned soups. If you don't have time to do a separate shopping, other non-perishable items from your own pantry are also welcome.

There will be a collection point in the lobby/narthex of the church. Extra paper or plastic grocery bags are also welcome.

Please contact Anne Pilgrim at 362-4068 (or ampilgrim@bellsouth.net), if you have any questions.

WIHN: Wake Interfaith

The first Wake Interfaith (WIHN) week for 2008 is coming up soon. We will be working with White Plains United Methodist to help with the homeless guests who will be housed there for the week of

VOLUNTEER

Wake Interfaith

February 17 - 24.

There will be sign-up sheets in the narthex/lobby on the Sundays before our week starts. Options for volunteers include set-up on Feb. 17, take down on Feb. 24, overnight shifts, evening social host shifts, and fixing and serving Saturday breakfast. There also will be supplies which you can contribute for the week the guests are at White Plains. You can contact me by phone or e-mail to let me know when you can help. We will have another week in March, starting on March 23.

Anyone interested in learning more about this ministry can contact Anne Pilgrim at 362-4068 or ampilgrim@bellsouth.net.

BLOOD DRIVE

Submitted by Mary Marshall

Blood DRIVE

St. Paul's will be having its quarterly Blood Drive on Saturday, February 16, from 9:00 a.m. to 1:00 p.m. Please sign up to receive a donation time as soon as possible. There is a sign-up sheet in the narthex

or you may contact Mary Marshall at daisymae5061@nc.rr.com or by phone at 388-1856. We will be able to accommodate 3 people every 15 minutes.

Some facts about donating:

- Anyone who is in good health, at least 17 years old and weighs at least 110 pounds may donate blood every 56 days (our last drive was September 8).
- Donors should eat breakfast/lunch and drink plenty of fluids before a donation.
- Donors can resume normal activity after donating; however, avoid lifting heavy objects or strenuous exercise for 24 hours.
- Most people feel great after donating. If you have abnormal symptoms, let a staff person know.
- Travel outside the U.S. may be a cause for deferral. Check with a staff member about any overseas destinations.
- Donors must not be taking antibiotics. Symptoms and medication should cease for at least 24 hours.
- There is no longer a 12-month deferral for having had a tattoo applied, if it was administered in a licensed U.S. facility.
- Bring a photo ID or blood donor card and a list of medications that you are taking.

Consider these statistics for the Triangle area:

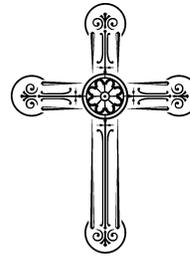
- Fewer than 5% of the population of those that are eligible to give blood do.
- 70% of those who do donate only do it once a year when they could donate 4 times a year.
- 95% of the population will receive a blood product by the age 72.
- With the benefits of good health care the blood supply will exceed availability by 2007.

PLEASE GIVE THE GIFT OF LIFE! Rex Blood Services needs all blood types, and by donating one pint of blood, you can save 3 lives.

CURSILLO #97

The next Cursillo Weekend has been scheduled for April 3-6, 2008 at the Betsy-Jeff Penn Center in Reidsville. Cursillo is a three day spiritual renewal weekend. It is a wonderful way to invigorate your spiritual life, and will enhance your Christian experience. The weekend offers daily Eucharist, talks by lay and clergy, singing, small groups, and both serious and fun times. It is a wonderful way to meet other from around the Diocese. Plan to attend. The

complete cost is \$165, but some scholarship funds are available. (Note: If you have been to a Cursillo Weekend, why not sponsor someone for Cursillo #97?) More Cursillo information is available in the narthex kiosk, or talk to Gordon Reynolds at 557-6891 or Mary Hemperly at 362-7102 .



ABOUT OUR CHURCH

We express our sympathy to Anne and Frank Barnhill for the death of their daughter-in-law, Emily Barnhill; to Larry Cupitt for the death of his mother, Lu Cupitt; to Dorothy Duke for the death of her father, Richard Valentine Grochan; and to Susan King and Elizabeth Olsson on the death of their son and brother, Matthew Polk King.

Congratulations to Ann and Tom Lawlor on the birth of their grandson, Jason cooper Hayes



SACRAMENT OF BAPTISM We rejoice in the baptism of Grace Elizabeth Eisenrieth, daughter of Kristopher and Amy Eisenrieth; Carter Nile Gray, son of David and Kelly Gray; Layla Marie Wood, daughter of Jonathan Wood and Meghan Brown; and Jonathan Keith Wood.

We welcome our new communicants. Susan Kay Smith, from Harrisonburg, VA; Warren and Macie Jochem, from Raleigh; Charles and Stacy Miller, and their children, Nora Rose and James, from Mt. Pleasant, SC; Whitney Ludlow, from Raleigh;

St. Paul's Episcopal Church
221 Union Street
Cary NC 27511

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The Rev. George Adamik, Rector
The Rev. Sally L. Harbold, Associate Rector
The Rev. Bernard J. Owens, Associate Rector
The Rev. Antoinette Wike, Priest Associate
The Rev. Lois Reardin, Priest Associate
The Rev. Candy Snively, Deacon
Melanie Fairbrother, Office Manager
Chris Lewis, Financial Manager
Jason Pace, Interim Minister of Music
Olivia Ittoop, Music Assistant
Gaylene Henry, Music Assistant
Mary Catherine Troxler, Preschool Director
Jennifer Shy, Nursery Director/Church School Director
Fred Lowry, Youth Coordinator
Church Office: 467-1477: Fax 467-0152
The Rev. George Adamik 467-1477 x 13
The Rev. Sally L. Harbold 467-1477 x 12
The Rev. Bernard J. Owens 467-1477 x 23
The Rev. Lois Reardin 467-1477 x 36
Office Manager 467-1477 x 10
Financial Manager 467-1477 x 21
Church School Office 467-2578 x 19
Preschool Office: 467-3788 x 16
Minister of Music Office: 467-6241 x 15
Youth 467-0976 x 37

Vestry

Margie Best, Rick Bradley, Ottis Cowper, Carol Flickinger,
Josh Geigerman, Paul Gregg, John Hemperly, Chuck Hubbard,
Jean Huey, Ann Lockhart, Betsy Flagg McBrayer, Mary Wood
Treasurer: Kay Burgess

E-mail addresses are:

stpauls@stpaulscary.org Melanie Fairbrother
financial@stpaulscary.org Chris Lewis
rector@stpaulscary.org The Rev. George Adamik
rector2@stpaulscary.org The Rev. Sally L. Harbold
bernard.owens@stpaulscary.org The Rev. Bernard J. Owens
rector3@stpaulscary.org The Rev. Lois Reardin
rector4@stpaulscary.org The Rev. Antoinette Wike
snively@mindspring.com The Rev. Candy Snively
music@stpaulscary.org Jason Pace
youth@stpaulscary.org Fred Lowry
churchschool@stpaulscary.org Jennifer Shy
preschool@stpaulscary.org Mary Catherine Troxler
kidsclub@stpaulscary.org Jennifer Shy

Sunday Services:

7:30 a.m., 9:00 a.m. & 11:15 a.m.