

# ST. PAUL'S LETTER

Volume 31 Issue 8

www.stpaulscary.org

November 2007

*St. Paul's Episcopal Church in Cary is home to an active, caring, and diverse congregation of the Episcopal Diocese of North Carolina. Through corporate worship, spiritual development, fellowship, and service we continue to grow together in faith. We strive to be Christ's welcoming, reconciling and transforming presence in the world through our many and varied ministries.*

## Sunday

7:30 a.m., 9:00 a.m., and  
11:15 a.m.

## Letter From

**The Rev. George Adamik**

**MONDAY, NOVEMBER 12,  
2007 IS THE NEXT  
NEWLETTER DEADLINE.**

Dear Friends,

Each year, when I attend the annual diocesan clergy conference, I especially enjoy catching up with clergy I only get to see at this conference, and meeting with clergy new to our diocese. We have a tremendously talented group of clergy. I feel humbled, honored and privileged to sit among this collegial body.

During the recent conference, held at the Summit on October 8-10, I had the opportunity to spend some time with the Rev. Rod Reinecke, who was the first priest at St. Paul's back in 1958. What an incredible thing it was to sit with Rod and reflect upon 50 years between his time and my time at St. Paul's.

June 8, 2008 will be the 50<sup>th</sup> Anniversary of St. Paul's. One of the ideas I had about leading us to that special day was inviting Rod, and the bishops who have served in the Diocese of North Carolina during these 50 years, to come to St. Paul's and share their memories and stories about our parish. Here is just a sneak preview of what we have planned for the beginning of 2008. Each month, beginning in February and leading to June, we will welcome a special guest to preach and spend Sunday morning with us. Following is the schedule:

- February 10, 2008: **The Rev. Roderick Reinecke**, First Priest at St. Paul's
- March 9, 2008: **The Rt. Rev. Robert Estill**, Former Bishop of North Carolina
- April 13, 2008: **The Rt. Rev. Gary Gloster**, Former Bishop Suffragan
- May 18, 2008: **The Rt. Rev. Robert Johnson**, Former Bishop of North Carolina
- June 8, 2008: **The Rt. Rev. Michael Curry**, Bishop of North Carolina

I know I am looking forward to these Sundays in 2008. I'm sure we will hear some wonderful memories and stories. Please mark them on your calendars now. 2008 is going to be a special year for St. Paul's.

George

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## YEAR-ROUND STEWARDSHIP

*Submitted by Mary Wood*

*"Return to your home, and declare how much God has done for you." So the man went away and told all over town how much Jesus had done for him.*  
Luke 8:39

When was the last time you shared with someone "how much God has done for you?" Think about it.

Commitment Sunday - February 24th, 2008



Year-Round  
Stewardship



# Happy November from the Preschool!

The time is flying as we start to prepare for the holiday season. With Thanksgiving a couple of weeks away, the children will be learning about native Americans, pilgrims, turkeys and all the things to be thankful for. The 4-and 5-year-old classes will be sharing a Thanksgiving Feast in the Parish Hall on Tuesday, November 20th at noon. The other teachers have special activities planned for their children in their classes during this season as well.

The children are continuing to grow more comfortable and are having fun at Preschool. Many children know their daily routine already and look forward to each activity. The children are excited to have Movement, Art, and Spanish. We have seen great improvement in learning and following classroom and school rules.

October was a busy month. We had picture day, Donuts for Dads, and the Museum of Natural Sciences came for an in-house field trip. To top off the month, our Halloween parade was great fun. I have never seen so many cute goblins and beautiful princesses. The children were so proud marching around for all to see.

The Yard Sale was a huge success, making a little over \$1400.00. We are saving our pennies to install a security camera for the Preschool entrance.

I continue to be thankful for each one of the children we have at St. Paul's Preschool. I wish you a peaceful, relaxed time with family and friends to reflect on all that you have in your life to be thankful for. May God Bless you always!!

Love, Mary Catherine Troxler  
Preschool Director



## PICTORIAL DIRECTORY: Why Sign Up?



Don't miss your chance to have an individual or family portrait taken for the upcoming St. Paul's directory. This is a great way to get to know your fellow parishioners, and for them to know you! Sign-up sheets are now available in the Narthex. Photography will take place at the church, November 13-17 and November 27 through December 1.

You are under no obligation to purchase your photos, but just for having them taken you are guaranteed a FREE 8x10 portrait and a FREE St. Paul's directory. Directories will be \$6 per person for non-photographed parishioners. Contact Nancy O'Dowd at [nancyodowd@nc.rr.com](mailto:nancyodowd@nc.rr.com) or 466-8340 for further information.

## CENTERING PRAYER



“Be still and know that I am God.” (Psalm 46) The psalmist describes both the method and the goal of Centering Prayer: a silent consent to the presence of God in our hearts, in our lives. For 20 minutes, Centering Prayer

practitioners sit in silence with the intention to open their hearts and minds to God, to rest in God, to deepen their relationship with God.

There is a combined St. Paul's-Cary Presbyterian Centering Prayer group that meets each Thursday morning at 9:00 a.m. in the Sr. High Room of Cary Presbyterian Church (just around the corner – or through the woods – from St. Paul's). For more information, call Lanny Wase, 466-9050.

## FOYER GROUP SIGN-UP

Can you believe 2008 is rapidly approaching? It's time again to sign up for Foyer Groups for the first half of 2008. Please look for the information/sign-up sheet in the Narthex, fill it out, and leave it in the office or offering plate. You can e-mail the information to Tom Pitman at [pitmantj@hotmail.com](mailto:pitmantj@hotmail.com) or call 461-0850 if you have any questions. If you choose to use the e-mail, please make sure you include all the information and your preferences. Thanks very much.

### Ways to help the Preschool earn extra \$\$\$

Harris Teeter—Link VIC card to St. Paul's Preschool (#4843) at the store or online at [www.harristeeter.com](http://www.harristeeter.com) Campbell's Barcodes—Clip barcodes (not labels) and turn them in outside the Preschool Office

Lowe's Foods—Donate points to the Preschool online

Recycle Ink and Toner cartridges in bin outside Preschool Office.

## GOLDEN ANNIVERSARY

JUNE 8, 2008

### SAVE THE DATE

Did you know that St. Paul's 50th birthday will be on Sunday, June 8, 2008? On that date, we are planning a gala celebration including worship with Bishop Curry, a community meal, exhibits and other fun events. Plans are in the formative stages, not only for the "big day," but also for special worship services and other events that reflect on our history in the months leading up to June. By the time you receive this newsletter, a formal planning committee will have been organized, and we will be recruiting plenty of hands to carry out the plans. Watch for more information in the next few weeks and stand ready to offer your talents in making this a glorious experience of reflecting on our faith journey as we plan for the future.

Submitted by  
Mary Lee  
Anderson and  
Mary Kintz



## ABOUT OUR CHURCH

*We celebrate the marriage* of Alice Carter Hansen and Lee Ward Collins on their marriage at St. Paul's on Saturday, September 29, 2007.



*We welcome our new communicants* Peter and Christine Kelly and their children, Joe and Louise, from Charlottesville, VA; Warren and Macie Jochem, from Raleigh; and Bill and Donna King and their son, Benjamin, from Rio Rancho, NM.

*We express our sympathy* to Margie Best for the death of her uncle, William Webb; to Lorraine Greco for the death of her uncle, Alfred Waddell; to Kurt Robinson for the death of his aunt, Naomi Robinson; to Carmen Guzman for the death of her mother, Carman Dolores Guzman; and to Mike Sweeney for the death of his father, Tom Sweeney.

## WARDEN'S CORNER

St. Paul's is such an exciting and vibrant place to be these days! I recently had the pleasure of attending the Fall Newcomers Luncheon. Around 40 newcomers and 40 old-timers met to celebrate these new additions to our community and to talk about the many opportunities for participation, enrichment, and reaching out. Many newcomers shared parts of their stories, including their faith background, how they had found St. Paul's, and how they had been welcomed with open arms. A common thread in many of these stories was the role of the St. Paul's website in providing a welcoming, inclusive message and in communicating a snapshot of who we are. That was great to hear!

While the website has been a fantastic resource for newcomers, it also can be a great resource for all of St. Paul's parishioners. Have you visited the website lately? On the home page, you'll find a master calendar with all of the fall's major activities, announcements and reminders of upcoming events, and weekly updates from the Outreach, Youth, Church School, Music, and Adult Education programs. You'll also find St. Paul's history, the story of the Encore Campaign, text of recent sermons, a news feed from the Episcopal church, and e-mail links so you can contact the Wardens of the Vestry, the site webmasters, or the Parish Administrator.

Exploring the menus to the top and left, you can also find photos and contact information for staff and clergy, descriptions of St. Paul's ministries, the monthly newsletter and calendar, and clergy preaching schedules. If you choose to register on the website, additional information is available, including Vestry and Finance Committee minutes, a budget year-to-date summary, room reservation and check request forms, various policies, and a ministry leader handbook.

We are always looking for ways to improve the website, and any suggestions are appreciated. One of the new features that you soon will find at [www.stpaulscary.org](http://www.stpaulscary.org) is the "Help Wanted!" area. If you are searching for ways to contribute your time, talent, or treasure, this is the place to find where there are needs.

This past summer, we began e-mailing the bi-weekly St. Paul's E-News. In only a few months, we are already up to almost 200 subscribers! The E-News includes links to the electronic form of the monthly newsletter and calendar, as well as the fall master calendar, announcements, program updates, and sermons from the website. If you haven't signed up, please consider doing so. There is a link on the home page. (If you think you have signed up but haven't yet received an E-News within 2 weeks, please email [administrator@stpaulscary.org](mailto:administrator@stpaulscary.org)). With the website and E-News, there are more opportunities to stay connected than ever! Many thanks go to Scott Fairbrother, who developed the St. Paul's website framework; to Gordon Werner, who diligently maintains much of the content and is the lead putting together the E-News; to the clergy, for providing the text of their sermons; and to the many staff and ministry leaders who collaborate keeping their webpages up-to-date and by submitting announcements for upcoming events.

Peace!  
Dan Loughlin, Sr. Warden  
[comment.box@stpaulscary.org](mailto:comment.box@stpaulscary.org)



Warden's Corner

## COFFEE TALK

### SOMETHING TO TALK ABOUT!



Our VIA MEDIA conversations continue. For those of you St. Paul's women who are interested in the Via Media course our first two Coffee Talk discussions have been lively and informative. We have learned a little about our Episcopal journey, our personal spirituality and also a little about each other. We have one more Via Media discussion scheduled for this year. It doesn't matter that you missed the first two discussions – this is a drop-in group with no long-term commitment required. Our final topic for the year is: "God in Jesus: An Incarnational Faith" scheduled for discussion on November 14. Film starts rolling in the library at 7:00 p.m.; the session ends promptly at 9:00 p.m. Caffeine and sugar are served; childcare is provided. If you think you can make it, please RSVP to ensure adequate seating and snacks! For more information or to RSVP, contact Sherri Hubbard at 363-1845 or shubbard@ncdoi.net.

## NEWCOMERS COMMITTEE

The Newcomer Ministry hosted a luncheon in October which was attended by about 40 newcomers and 40 parishioners. It was a wonderful afternoon of food, fellowship, and fun. The highlight of the event was getting to know each other a little bit better. Look for our next luncheon to take place in the spring of 2008. The newcomers who attended the October luncheon have now "graduated" to parishioner status, and will be a great help next time around welcoming our new newcomers!

We would love to have some fresh faces on the Newcomer Ministry to assist with bread baking and delivery, greeting, document preparation, and social events planning. Please contact Ann Lockhart if you are interested in helping with this very important ministry (annlockhart@nc.rr.com, or 678-1132).

There will be new greeter training on Sunday, November 4, during "education hour" (between the 9:00 and 11:15 services.) Look for Paul Gregg in the Narthex (he'll be wearing his Greeter badge and name tag).

The Newcomer ministry is considering some different activities, primarily to connect our new members to the community at St. Paul's. Several ideas have been tossed about, and this is a great opportunity for you to step up to the Newcomer Ministry and let your thoughts be heard! You are encouraged to contact Ann Lockhart with any Newcomer concerns or ideas.

Submitted by Ann Lockhart

## ADULT EDUCATION

### Spiritual Practices

#### **Mindfulness for Beginners**

Nov. 4 & Nov 11, 10:10-11:00 a.m., Chapel  
Join the Rev. Dr. Sally Harbold as she presents an overview of various spiritual and therapeutic disciplines that incorporate the skill of mindfulness. This class will give participants an opportunity to practice mindfulness, and to explore the daily impact of such skills.

#### **The Episcopal Church: Who We Are**

Nov. 11, 10:10-11:00 a.m., Library, Education Building  
Join St. Paul's clergy for a revolving discussion of our Anglican, Episcopal, and sacramental identity. This is a place where all are welcome and every question is important.

#### **Focus on Outreach: Heifer International**

Nov. 18, 10:10-11:00 a.m., Chapel  
Christian Social Ministries will present *A Legacy for Efrain*, a 17 minute video by Heifer International. This will be followed by information on our partnership with Heifer International which empowers communities to alleviate hunger, poverty, and environmental degradation in countries throughout the world.

#### **Interfaith Studies: Importance of the Holy Land**

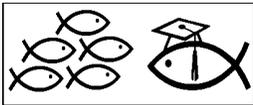
Dec. 2, 9, and 16, 10:10-11:00 a.m., Chapel  
Learn why three monotheistic religions have converged on the part of the world we call the "Holy Land." The sessions will include slide presentations and discussions led by Dr. Paul Amash.

## CALLING ALL PEOPLE WHO USE CONTRIBUTION ENVELOPES



St. Paul's is trying something new this year. As you read in last month's Newsletter, we are changing how Stewardship is done. We are doing our Stewardship campaign for the 2008 year in February/March. I know many use envelopes for your contributions for the church, and since we won't have pledging information until March or so, we are asking that if you are planning to pledge, please let me know if you would still want envelopes. St. Paul's also has two kinds of envelopes this year, we have monthly envelopes and weekly envelopes. This allows you to choose the envelope type that best fits your budget. You can let me know by emailing me at financial@stpaulscary.org or leaving me a message at 467-1477 ext. 21.

Submitted by Chris Lewis



# Sunday School Scribbles

"Let the little children come to me...for it is to such as these that the kingdom of God belongs." - Matthew 10:14

Since early September, children at St. Paul's have had the opportunity at the 9:00 a.m. and 11:15 a.m. services to present a special offering of their own money. Each week, a child holds a basket during the offertory, inviting others to remember that we thank God for the gifts we have been given by sharing them.

This year the children's contributions will benefit Heifer International, and our goal is to collect \$1,500 by May. This would allow us to purchase the "Joy to the World" gift, helping lots of families around the world.

In addition to helping others, we are learning to incline our own hearts toward God. With each penny in the basket, we are learning to honor our creator.

From the Church  
School Director



Jennifer Shy

## It's "Intergenerational" Time:

**WHAT** is the "Intergenerational" event? It is the annual event hosted by the Children's Ministries Committee that is open to all parishioners of all ages. This event is meant to bring together the generations within our congregation in a spirit of fellowship, friendship and frolic. Parishioners will work together on holiday crafts and/or eat, drink and be merry!

**WHEN** will this happy event take place? The Sunday after Thanksgiving, November 25 at the 10:00 a.m. coffee hour.

**WHERE** are the generations to meet? In the Parish Hall.

**WHY** are we doing this? To ring in the holiday season, of course!

**WATCH** the weekly bulletins for more information.

## Update Your Calendar!

There will be NO SUNDAY SCHOOL:

Nov. 25	Intergenerational Event in Parish Hall
Dec. 16	Christmas Pageant at 9:00 Service
Dec. 23	Christmas Carol Sing-Along in Parish Hall
Dec. 30	Christmas Break

There will be NO CHILDREN'S CHAPEL at either service:



## The Best Little Christmas Pageant in the Making!



It's our annual curtain call for all Christmas Pageant enthusiasts! The Children's Christmas Pageant will play for the congregation at the 9:00 a.m. service on December 16. We need angels, innkeepers, shepherds, narrators, the holy family, and, of course, a whole menagerie of animals. The time commitment for the pageant is minimal but will result in a memorable production. All children should be prepared to attend one Saturday morning rehearsal on December 15. Children with speaking parts should be prepared to attend an extra rehearsal on Friday night, December 14, and to also practice their lines at home. Sign-ups to participate in the pageant will begin in November.

Please watch your bulletin for announcements and contact Jennifer Shy with any questions you have.

## Adult Volunteers Needed

We always ask and you always respond willingly! We are almost through the first half of the Sunday School year and we need teachers to commit to teach from January through May. For those who are already sharing their gifts in the classroom, please consider teaching for the second half of the year. For those who have not had the opportunity yet this year to interact with our Sunday School parishioners, please consider joining our merry-making ranks.

And, as always, we need volunteers **every week** to teach Children's Chapel during the 9:00 a.m. and 11:15 a.m. services.

Please contact Jennifer Shy with your offer to help.

## Your Children's Ministry Committee

Jennifer Shy (churchschool@stpaulscary.org)  
Maggie Williford (mwilliford71@hotmail.com)  
Alana Loughlin (loughlin@bellsouth.net)  
Sherri Hubbard (shubbard@ncdoi.net)  
Kelly Gregg (paulandkellygregg@nc.rr.com)  
Lesley Lloyd (lvauclain@nc.rr.com)  
Kim McCombs-Thornton (mccombs\_k@yahoo.com)  
Christine Ingram (danielchristineingram@hotmail.com)  
Leslie Vaughn (leslie.vaughn@yahoo.com)  
Dave Mackie (dwmackie@gmail.com)

Clergy Liaison – B.J. Owens  
Vestry Liaison – Carol Philips

## BLOOD DRIVE

*Submitted by Mary Marshall*

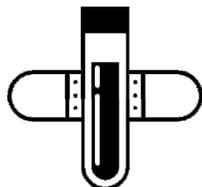
St. Paul's will be having its quarterly Blood Drive on Saturday, December 1 from 9:00 a.m. to 1:00 p.m. Please sign up to receive a donation time as soon as possible. There is a sign-up sheet in the narthex or you may contact Mary Marshall at daisymae5061@nc.rr.com or by phone at 388-1856. We will be able to accommodate 3 people every 15 minutes.

Some facts about donating:

- Anyone who is in good health, at least 17 years old and weighs at least 110 pounds may donate blood every 56 days (our last drive was September 8).
- Donors should eat breakfast/lunch and drink plenty of fluids before a donation.
- Donors can resume normal activity after donating; however, avoid lifting heavy objects or strenuous exercise for 24 hours.
- Most people feel great after donating. If you have abnormal symptoms, let a staff person know.
- Travel outside the U.S. may be a cause for deferral. Check with a staff member about any overseas destinations.
- Donors must not be taking antibiotics. Symptoms and medication should cease for at least 24 hours.
- There is no longer a 12-month deferral for having had a tattoo applied, if it was administered in a licensed U.S. facility.
- Bring a photo ID or blood donor card and a list of medications that you are taking.

Consider these statistics for the Triangle area:

- Fewer than 5% of the population of those that are eligible to give blood do.
- 70% of those who do donate only do it once a year when they could donate 4 times a year.
- 95% of the population will receive a blood product by the age 72.
- With the benefits of good health care the blood supply will exceed availability by 2007.



## BLOOD DRIVE

PLEASE GIVE THE GIFT OF LIFE! Rex Blood Services needs all blood types, and by donating one pint of blood, you can save 3 lives.

## ELDERBERRIES



*Elderberries Annual Christmas Party*

Mark your calendars for our third annual Christmas party to be held on Sunday, December 2 in the Parish Hall after the 11:15 a.m.

service. A special invitation is extended to all Seniors whether or not you have participated in Elderberry events. Watch for more information later this month.

Note: No meeting is scheduled for November.

Submitted by Mary Lee Anderson 467-9977

## THE LOBSTER FEST THANKS YOU

*Submitted by Ted Straub*

Just prior to October 20, **more than 700 lobsters** began their "Temporary Trail of Joy" south as they learned they were on their way to Carolina. Who wouldn't be excited?

On October 20, more than 225 lobsters were turned over live to you adventurous chefs to prepare your creations at home, another 225 plus were cooked (or partially cooked for freezing) by our Lobster Men for you to enjoy that evening or a later date, and more than 250 adults and children, parishioners and friends, gathered in the Parish Hall Lobster Shack for "Crackin' Lobsters in the Shack" (or crackin' chicken nuggets). Bountiful sides of slaw, potatoes, corn, rolls, dessert and beverage were also served, children were provided with activities, and all had an opportunity of "chance" with the cake walks.) What a great evening!

Our sincere thanks to all of you who participated in and supported this Men's Group fundraiser by purchasing lobsters for yourself, holding lobster parties, and selling lobster tickets to friends and co-workers. You made this a success.

Special thanks and appreciation to all the Lobster Men who got up a little earlier to man the Lobster Ticket Shack every Sunday, those who cooked, prepared and cleaned up that Saturday, and the Lobster Women from the Fellowship Events Team who made signs and posters, decorated, provided activities, kitchen prep, and constant support for the event. And thank you also to those youth who gave of their time to help on Fest Day.

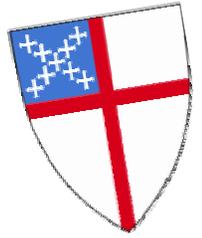
Anticipated proceeds from the Lobster Fest should be above \$3,000, to be applied to youth-related and Outreach projects. The Men's Group will announce later how the funds will be used.

## ASP 2008

The dates are set! St. Paul's will be heading out for our annual Appalachia Service Project mission trip. The dates are June 22nd-June 28th, 2008. All High School students (including rising 9th graders) are invited to participate. This is a wonderful opportunity to put our faith into practice through service to those who are very much in need. Our past ASP trips have been wonderful experiences, and we look forward to another year. If you have not been on an ASP trip before, this is a great year to start! If interested, please contact Kevin Swann, Fred Lowry or B.J. Owens. The trip fills up, so get on the list as soon as you can!

### EYC'S ANNUAL SKI TRIP DATE

We are going skiing on February 9th. While the details are still being worked out, if you would like to reserve your spot, a \$50 deposit is required. See Fred Lowry for more info.  
Total Cost:TBD



# E.Y.C. EPISCOPAL YOUTH COMMUNITY

## Senior High Compline and Fellowship

Each Tuesday evening at 8:00 p.m., all senior high students are invited to meet in back of the church for an hour together. This is a wonderful time to check in with each other in the middle of the week, to sing and play music, or just to experience the wonder of a simple candlelight service. Our first Tuesday of the year was September 11 we will continue this throughout the school year. If you play an instrument, please think about joining the music team (even if you're just starting to learn how to play!) Come any time, and friends are more than welcome.

## EYC Weekly Calendar

### Sunday Nights

**4:00-5:15 p.m.** Middler's EYC  
**5:15-5:45 p.m.** Shared Dinner  
**5:45-7:00 p.m.** Senior EYC

### Tuesday Nights

**8:00 p.m.** Senior High Compline & Fellowship (Church)

## EYC Calendar

Nov. 4 **Hike to Blue Jay Point**  
(everyone 4:00-7:00 p.m.)  
Nov. 11 **Photo Scavenger Hunt**  
Nov. 16-18 **Happening #49** (Summit)  
Nov. 18 **Game Night/Casino Night**  
Dec. 2 **Movie Night** (everyone 4:00-7:00 p.m.)  
Dec. 7-9 **Bishops Ball** (Summit)  
Dec. 9 **Babysitting Fundraiser**  
Dec. 15 (Sat.) **EYC Advent Party**  
Dec. 16 **EYC Advent Eucharist**  
Dec. 23 **Christmas Break** (No EYC)  
Dec. 30 **Christmas Break** (No EYC)  
Dec. 27-Jan 1 **Winterlight** (Kanuga)  
Jan. 6 **Mission Trip Preparations**  
Jan. 13 **Summit Sunday**  
Feb. 1-3 **Winter Seniors** (Summit)  
Feb. 3 **Super Bowl Party**  
Feb. 9 **EYC Ski Trip**  
Mar 7-9 **Happening #50** (Summit)  
Mar 14 **Spaghetti Dinner/Silent Auction**  
Apr 11-13 **Spring Youth** (Summit)  
Jun 22-28 **ASP**  
Jul 4-12 **H.U.G.S. Camp**  
Jul 9-13 **Episcopal Youth Event (EYE)**  
(San Antonio, TX)

## DIOCESE OF NORTH CAROLINA YOUTH EVENTS

The St. Paul's Youth Community has a rich tradition of participation in Diocesan Youth Conferences in Browns Summit, NC, and we are looking forward to getting even more folks involved this year! Fred Lowry has done a lot of work with conferences in the past and is enthusiastic about our involvement. Our own Rachel Friend and Zach Swann serve as adult and youth representatives, respectively, on the Diocesan Youth Committee (also known as the DYC), and a number of St. Paul's Youth have committed to be on the staff planning teams for these weekends. Youth conferences are weekend and week-long retreats. High school and middle school folks from throughout North Carolina come together for great music, thoughtful programs, and of course, ultimate Frisbee and dances. Fred, Rachel, Zach and B.J. are all people who can tell you more about youth conference, and of course you can also ask any of the youth participants who went last year. The Diocese Youth Events are listed in the EYC

Fred Lowry, Interim Youth Coordinator  
youth@stpaulscary.org or 919-467-1477 ex. 37

## MUSICALLY SPEAKING

November will be a busy month for the Music Ministry at St. Paul's. On **Saturday, November 3** St. Paul's will host a **Rhythm Workshop** in two sessions, one morning session for children in grades K – 3 and an afternoon session for children in grades 4 – 6. We will offer instruction in Orff Instruments, African drumming, Rhythm Twister, and Ensemble Rhythm Instruments. This is open to all children in our Epiphany Choir, Junior Choir and those in the church who would like to participate. Registration is \$5.00 until October 26. After that date, the registration fee will be \$10. Please contact me to turn in your registration and to answer any questions regarding this fun-filled day. A flyer is posted on the bulletin board outside the choir room.

### The Mid-Carolinas Handbell Festival will be Saturday, November 10

in Charlotte and will be attended by the Bells of St. Paul's, our adult handbell choir. The clinician, Tim Waugh, is a fellow West Virginian who has worked as an educator in the public schools for 30 years. He has also served the AGEHR (American Guild of English Handbell Ringers) as a clinician at area and national conferences. He describes the handbell ringing experience in his words, "I love helping people love music and having them look at music in a different way than they have ever looked at it before...helping people express themselves through music and then be touched by it."



**The Area III Youth Handbell Festival** will take place **November 16-17, Friday and Saturday in Richmond, VA.** The Canterbury Handbell Choir (grades 6 – 12) will attend and study under the baton of David Harris, Director of the Raleigh Ringers. Need I say more? This will be an awesome experience for our youth who will ring with 380

other ringers. The festival will be held at the Greater Richmond Convention Center.

I would like to say a special thank you to Jay Casler and his wife, Gaylene for providing new handbell lights for the bell choirs.

Thanksgiving week will be here soon and I would like to make sure that all choristers and ringers know that there will be no rehearsals the week of Thanksgiving.

The Senior Choir held elections in September and elected the following:

Mary Hemperly, President  
Sue Harrison, Secretary  
David Lindquist, Treasurer

Below I am listing the choir schedules for November:

### November 4, All Saints' Sunday

9:00 a.m. Youth Choir  
11:15 a.m. Senior Choir with brass quartet (members of the NC Symphony)

### November 11

9:00 a.m. Jubilate Choir  
11:15 a.m. Junior Choir No Senior Choir this Sunday

### November 18

9:00 a.m. Epiphany Choir and Jubilate Choir  
11:15 a.m. Senior Choir

### November 25

9:00 a.m. Jubilate Choir  
11:15 a.m. Senior Choir

Tunefully,  
Lee Harris  
Minister of Music



## FACILITIES AND MAINTENANCE ~KIDS CLUB~

Kids Club is really coming along. We have had a great number of volunteers come out this month to help. During September and the

beginning of October, we insulated the building, put up dry wall, and cleaned and vacuumed the floors. Some re-framing was done and the final installation of the windows has begun. We have been meeting on Saturdays starting at 8:00 a.m. or whenever you can show up, until you need to go. We will take any amount of time you can give us. Over the next few weeks we will be looking for volunteers to paint. If you love to paint, give Chris Lewis, Financial Manager a call at 467-1477 ext. 21 or email her at [financial@stpaulscary.org](mailto:financial@stpaulscary.org).

Thank you to all the people that came out in September and the beginning of October: Ricky Barker, Lisa Brown, Mike McInerney, Erin McInerney, Chris McInerney, Jim Speight, Jon Troxler, Tom Johnson, Ralph Pinney, Glenn, Neff, Peter Thornton, Gary Targosky, Ken Targosky, Mary Kintz, Andy Kintz, Larry Ray, Allen Ray, Kevin Swann, Jennifer Shy, and Sally Harbold.

Thank you for all your time and commitment to this project. We really can not do it without all of your help.

*Submitted by Chris Lewis*



St. Paul's Episcopal Church  
221 Union Street  
Cary NC 27511

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## Label

### Staff

The Rev. George Adamik, Rector  
The Rev. Sally L. Harbold, Associate Rector  
The Rev. Bernard J. Owens, Associate Rector  
The Rev. Antoinette Wike, Priest Associate  
The Rev. Lois Reardin, Priest Associate  
The Rev. Candy Snively, Deacon  
Melanie Fairbrother, Office Manager  
Chris Lewis, Financial Manager  
Lee Harris, Minister of Music  
Olivia Ittoop, Music Assistant  
Gaylene Henry, Music Assistant  
Mary Catherine Troxler, Preschool Director  
Jennifer Shy, Nursery Director/Church School Director  
Fred Lowry, Interim Youth Coordinator  
Church Office: 467-1477: Fax 467-0152  
The Rev. George Adamik 467-1477 x 13  
The Rev. Sally L. Harbold 467-1477 x 12  
The Rev. Bernard J. Owens 467-1477 x 23  
The Rev. Lois Reardin 467-1477 x 36  
Office Manager 467-1477 x 10  
Financial Manager 467-1477 x 21  
Church School Office 467-2578 x 19  
Preschool Office: 467-3788 x 16  
Minister of Music Office: 467-6241 x 15  
Youth 467-0976 x 37

### Vestry

Dan Loughlin,, Senior Warden  
Paul Gregg, Junior Warden

Margie Best, Rick Bradley, Ottis Cowper, Dorothy Duke,  
Jennifer Durant, Carol Flickinger, Josh Geigerman,  
Manoj George, Betsy Flagg McBrayer, Mary Wood  
Treasurer: Kay Burgess

### E-mail addresses are:

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youth@stpaulscary.org Fred Lowry  
churchschool@stpaulscary.org Jennifer Shy  
preschool@stpaulscary.org Mary Catherine Troxler  
kidsclub@stpaulscary.org Jennifer Shy

### Sunday Services:

7:30 a.m., 9:00 a.m. & 11:15 a.m.