



ST. PAUL'S LETTER

Volume 32 Issue 6

www.stpaulscary.org

September 2008

St. Paul's Episcopal Church in Cary is home to an active, caring, and diverse congregation of the Episcopal Diocese of North Carolina. Through corporate worship, spiritual development, fellowship, and service we continue to grow together in faith. We strive to be Christ's welcoming, reconciling and transforming presence in the world through our many and varied ministries.

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Sunday Service Schedule

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|--------------|-------------------|------------|------------------------|
| 7:30 a.m. | Eucharist Rite I | 11:15 a.m. | Eucharist Rite II |
| 8:45 - 12:30 | Kid's Club | 11:15 a.m. | Children's Chapel |
| 9:00 a.m. | Eucharist Rite II | 4:00 p.m. | Middlers EYC (on 14th) |
| 9:00 a.m. | Children's Chapel | 5:15 p.m. | Shared EYC Dinner |
| 10:00 a.m. | Fellowship-Coffee | 5:45 p.m. | Senior EYC |
| 10:15 a.m. | Education Hour | | |

Letter From The Rector

The Rev. George Adamik

Dear Friends:

Joining a parish can be a daunting experience for some, and for others a snap. Some of us come to St. Paul's from another Episcopal parish, while others come from another denomination, while still others may come from a totally other faith tradition. And for some, St. Paul's may be the first experience of being part of a faith tradition in their lives.

There are many ways we welcome those new to St. Paul's. This coming fall we are going to add something new. I am going to lead a class aimed at introducing newcomers to St. Paul's and the Episcopal Church. I am planning to offer this class four times a year. Twice a year I will offer it on a Saturday morning and twice a year on a late Sunday afternoon. I am finding that weekday nights are often difficult for many, and I hope this one class, expected to last about 2 ½ hours, will more easily fit into one's schedule. The Saturday classes will begin at 8:30 a.m. and conclude at 11:00 a.m. The Sunday afternoon class times are yet to be determined.

I am expecting this class not only to introduce newcomers to St. Paul's, but also prepare those not yet confirmed (or not yet members of the Episcopal Church) to be confirmed or received by the bishop. There are many who express to me a desire to join the Episcopal Church, but find the commitment to numerous classes on weekday evenings an impossible commitment to make. I hope this approach makes that desire more accessible.

There is nothing I enjoy more than teaching and this will provide an opportunity for me to teach about something I have a passion for. It will also give me the possibility of spending this valuable time with you so that you may come to know me, and I you.

The first time I will offer this class will be Saturday November 1, 2008 in the parish hall. It will begin at 8:30 a.m. and conclude by 11:00 a.m. There will be more information about signing up for this class in the coming weeks.

With Bishop Curry scheduled to be with us on February 1, 2009, this class will be an excellent opportunity for those adults wishing to be confirmed or received into the Episcopal Church to prepare for that day. There are nearly 1700 parishioners at St. Paul's. While all are welcomed at St. Paul's to join in the richness of the life we share together, I would encourage many of you, who have not yet done so, to consider becoming an adult confirmed member of the Episcopal Church. Please give me a call or drop me an email if you would like to talk more about this. Hope to see many of you on November 1.

George

**Next Newsletter
Deadline
Sept. 17, 2008
at 10:00 a.m.**

WARDEN'S CORNER

The Vestry held a Vestry Forum in June in which all interested parishioners were invited to the Library to discuss church matters with members of the Vestry. The forum was lightly attended, so I thought I could share some of the highlights with you in this column. There have been many things going on around the church—even in the summer months—of which you should be aware.

First, the church has refinanced its debt. St. Paul's had 1.6M set to mature on June 21, 2008. Kay Burgess, Treasurer, Chris Lewis, Business Office, and the finance group worked very hard this spring and summer putting a package together for banks to consider. Seven banks were contacted and five expressed serious interest. In the end, it was recommended that we renew with SunTrust. We consolidated the Epiphany House mortgage with the new building and have a rate of 6.0% with term of five years amortized over 20 years. Our line of credit rate is prime minus 0.5%. These lower rates will save the church several thousand dollars per year. We are certainly grateful to all those who worked so hard on our behalf this year. This was a big project for Kay and Chris and everyone on Finance.

Speaking of Kay, we have known for some time now that she planned to step down as Treasurer after some eight years of service in that role. I can tell you that St. Paul's is enormously blessed to have John Goehrke agree to step into the Treasurer role at the end of this year. John is an experienced businessperson and serves as CEO for a local company. Your two Wardens were engaged in some serious prayer as we pondered life after Kay stepped down, and I can tell you that are very fortunate to have a person of John's caliber step into this role.

Another big project which hit this summer was the pictorial church directory. While a directory might not seem that important to many, it is indeed important from a welcoming perspective. In a church that is growing as fast as ours, it is hard to keep up with all the new faces, and certainly newcomers

will find it a great tool to place faces with names. It will help new folks to feel at home more quickly, and that is of vital importance to any church. Of course, credit goes to parishioners who gave of themselves to give us all a great gift. Primarily though, thanks goes to Nancy O'Dowd and Ed Szigethy who worked many hours on the coordination and execution of the project. Nancy tells me that Ed (who is a graphic design person) personally took on the graphics as his project and even the people at the directory company were wowed by his work. It's a great finished product! Thanks again to Nancy, Ed, and all the volunteers for their hard work.

St. Paul's continues to be blessed with an extraordinary music program. We are incredibly lucky to have Olivia Ittoop and Gaylene Henry leading our various programs and to have Jason Pace serving as our Interim Director of Music. He has been a fantastic leader for our program. The search process continues at a very deliberate pace and George is working with several parishioners in setting up and working through the search process. We imagine some news on that front might come after the New Year.

Last year, your 2007 Vestry worked to put a 5-year vision document in place, which was approved this spring. This newsletter will contain an article from John Hemperly giving a brief overview as we seek ways to share this vision with the congregation. Thanks to John for his help in this.

Your 2008 Vestry continues to work hard for St. Paul's Cary. They are a highly dedicated, thoughtful, and capable group. On their behalf, I would like to say what a privilege it is to serve and how excited we all are to enter into Fall energized and ready to help our community in its mission to "know Christ and to make Christ known."

In Christ,
Paul Gregg, Senior Warden
Mary Wood, Junior Warden



The celebration of the 20th anniversary of my ordination to the priesthood may be ancient history in the annals of St. Paul's Church's history, but it is very much alive in my memory. I don't know how to describe adequately what it meant to me, nor do I know how to thank all who generously participated in making it happen! The creativity, the decorations, the humor expressed, not to mention the special gifts...thank you, thank you, one and all!

The Rev. Lois Reardin

ELDERBERRIES

Don't let the large number of thoroughly modern buildings in the triangle fool you into thinking that everything in the area is less than a decade old. In September, the Elderberries will offer an opportunity to visit an antebellum plantation house and several other historic structures, including the birthplace of Andrew Johnson, our 17th president. Interested? Call Lois at 467-1477 and let her know.

To learn about the group's other activities or just to meet fellow church members in a friendly setting, join us most third Wednesdays of the month for lunch together in the Youth Wing. Just bring a bag lunch and a smile.

Questions? Speak to The Rev. Lois Reardin.

A LONG RANGE VISION – VISION 2007

Submitted by John Hemperly

St. Paul's Church has many opportunities to grow and prosper. We have an attractive and inviting campus, and we believe that we are a friendly church. We are also one of the bigger parishes in our Diocese. We carry a large mortgage on our new building, and we feel called to do significant outreach. At the same time, we need to invest in church programs such as education and music to continue to grow and serve our community. As you might expect, there is often a tension between these demands and our resources.

In 2007, to better understand the vision and needs for the coming years, as well as to help prioritize the use of our resources, the vestry convened a planning committee consisting of seven parishioners who conducted focus group meetings with clergy, staff, and ministry leaders. The committee used this input to begin to form a plan. Broad headings were identified, and vision statements for each heading were articulated. In many cases the focus group's input involved funding important expenses such as specific staff positions, building maintenance funds, building system upgrades, funds for greater outreach, and increased staff salaries to be competitive. Many other important goals involved no additional financial investment, but rather the re-direction of energy and focus. (It should be noted that this plan was completed before the retirement of our Minister of Music, Lee Harris, and will need elaboration as time passes.) Some goals have already been addressed.

The five main focus areas in 2007 and the goals identified for each area are listed below. A more detailed description of the planning process will be posted on the St. Paul's website, and the current 2008 Vestry welcomes your comments and feedback. There will also be new goals developed in the area of Music Ministry as we progress through this interim period.

Area 1: Children and Youth

- Hire a full-time church school director
- Increase number of adults volunteer as youth leaders
- Make the youth director position full-time
- Expand vacation bible school to meet the needs of year-round students
- Explore the provision of after school programming
- Fully integrate the youth into various lay roles in the services
- Build out the teen loft in Chapel
- Enhance focus on middle and high schoolers (teen programming)

Area 2: Outreach

- Fully fund the millennium development goals

- Increase the opportunities for "hands-on" outreach
- Increase the outreach budget
- Establish a Hispanic outreach ministry
- Define and regularly communicate all types of St. Paul's outreach activities
- Provide a family counseling /resource center for the community
- Increase opportunities for the community to participate at St. Paul's
- Fully fund the diocesan asking

Area 3: In-reach/Expand and Enhance Parish

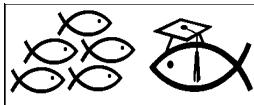
- Add a full-time office assistant
- Increase activities, classes, and offerings to draw in the larger community
- Increase parishioner diversity
- Increase opportunities for fellowship with the surrounding community
- Increase the number and diversity of worship opportunities
- Better promote and utilize the web site to share information
- Build an entrance from Chatham street (visibility)
- Enhance sound system, add the ability to record
- Foster strong 20s & 30s group
- Have a full-time volunteer coordinator position

Area 4: Buildings & Grounds

- Hire a full-time Sexton to care for facilities and grounds
- Install a fire alarm system for Education Building
- Enhance the beauty of the grounds
- Establish a designated Facilities Maintenance Fund (Emergency)
- Complete signage from magnetic church seminar
- Add covered walkways between buildings
- Explore long-term options for the epiphany property
- Increase commitment to go "green"
- Provide work space for Deacons
- Complete Chapel build-out plans (adult education, youth loft)

Area 5: Finance

- Ensure the staff are paid in a manner comparable with churches of similar size
- Maintain a balanced budget
- Eliminate the line of credit
- Increase the number of parishioners who make pledges to St. Paul's
- Enhance fund raising to include a planned giving program
- Enhance unique one-time wish list opportunities
- Create a rolling five-year financial plan



Sunday School Scribbles

"Let the little children come to me...for it is to such as these that the kingdom of God belongs." - Matthew 10:14

Sunday School Update

We're thrilled to introduce the Godly Play curriculum in kindergarten and first grade this year. We can't wait for the children to experience the stories of the Bible in a new way. In addition, the third and fourth graders will enjoy five classes this fall on learning to explore the Bible. Beginning on September 28th, they'll participate in games and activities that will help them know how to find the different parts of the Bible and become familiar with their contents. It's going to be a great year!

Faith, Family & Frosting

Our first Children's Ministry event is set to usher in the new Sunday School year. Our annual Faith, Family and Frosting is scheduled for September 14 at 4:00 p.m. in the Parish Hall. This year's event will allow the children to play games and win prizes at St. Paul's own CANDY LAND. Everyone's invited to bring a family-decorated cake to our "sweet" adventure, which is guaranteed to put a smile on your face and a yummy in your tummy. Watch the bulletin announcements for more details.

Our Thanks

The Children's Ministry Committee would like to thank outgoing members Maggie Williford and Alana Loughlin for their extraordinary service during the last 3 years. We will miss their commitment and their fellowship in the coming months. We would also like to welcome our two newest members, Juli Kirby and Dean Keiswetter, as they begin their three-year service to the committee.

It's a Date

- | | | |
|-------|-----|---|
| Sept. | 7: | Sunday School Begins at 10:10. |
| | 14: | Faith, Family and Frosting – 4:00 in the Parish Hall |
| | 28: | Bible Class for the 3 rd & 4 th grades (during Sunday School) |
| Oct. | 5: | Blessing of the Animals |
| | 26: | Pumpkin Carving and Chili Cook-Off |

Welcome Back, Sunday-Schoolers

September 7, 2008 kicks off the 2008-2009 Sunday School year. New classrooms, new teachers, new lessons, and, we hope, lots of new friends await our St. Paul's youngsters. If you haven't registered your child yet for Sunday School, it is never too late at St. Paul's. Registration forms are in the narthex and on the web site, or you may contact Jennifer Shy with questions or for more information.

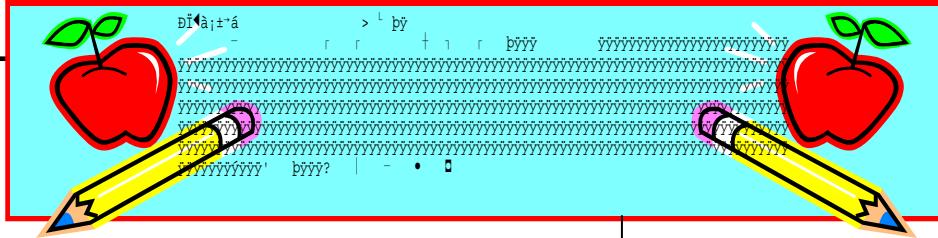


Future Stewards of the World

Last Sunday School year, the children met their stewardship goal with an offering of \$1,550 to purchase a "Joy to the World" food gift for Heifer International. This year, our 5th graders have selected **Smile Train** as the children's stewardship recipient for the upcoming Sunday School year. **Smile Train** is an international organization that provides medical services to correct for cleft palate in poverty-stricken countries. The children have already made a good start in "gettin' on the train" – they have contributed \$254 during the summer months, which is enough to give one child a perfect smile. Look for the children's collection basket during the regular offering at the 9:00 and 11:15 services. Save your pennies, and create a "☺"

It's A Wrap!

Summer was a-swarm with children's activities here at St. Paul's. Our studies of "Heroes and Villains" during summer Children's Chapel kept the children on the edge of their carpet squares. VBS was an adventure park full of success as attendance this year roller-coastered to new heights (133 park-goers!). And, the Children's Ministry Committee hosted two Family Fun Nights – BINGO in June and OLYMPICS in August. Both events provided an opportunity for family fun seekers to play well with others. Thanks to all of our families, volunteers, and children who make the summer months at St. Paul's a great place to hang out!



*St. Paul's
Preschool
September 2008*

Welcome Back!!

School is back in full swing as of September 2nd and the teachers and children are ready to go! The teachers have been working hard getting classrooms ready for the smiling faces that will be in their classes this year. I am excited to meet the new members of our preschool family and to see our returning children as they bound through the door each morning. Here's to a great year!!

Love in Christ,
Mary Catherine Troxler
Preschool Director

OFFICE HOURS

Monday—Friday 9 a.m. - 1 p.m.
Phone: 467-3788
Email: preschool@stpaulscary.org

What's Happening

| | | |
|----------------|------|---------------------------------------|
| Sept. 2 | T | First Day of School |
| Sept. 15 | M | Full Days for Toddlers and 2's |
| Sept. 17 | W | Chapel Starts for 3, 4, & 5 year olds |
| Sept. 17 or 18 | W/Th | Muffins for Moms |
| Sept. 22-25 | M-Th | Drop off items for Yard Sale |
| Sept. 27 | S | Yard Sale in Parish Hall |
| Oct. 10 | F | No School |
| Oct. 14 or 15 | W/Th | Donuts for Dads |
| Oct. 27-30 | M-Th | Scholastic Book Fair |
| Oct. 28 | T | Halloween Parade for 3's,4's & TK |
| Oct. 29 or 30 | W/Th | Picture Day |



Help our Preschool find
some Gold!



- *Donate items for the Yard Sale – Sept. 27th
- Drop off items Sept. 22-25 , in the Parish Hall
- *Link your VIC card at Harris Teeter to #4843
- *Clip Campbell Soup Bar Codes and drop off in the "In" container at the Preschool office
- *Collect Harris Teeter Milk lids and drop off in the box at the Preschool office

YOUTH CONFIRMATION CLASS

With our next Bishop's visit scheduled for February 1, 2009, we will offer a High School Confirmation Class this fall. The class will be taught by The Rev George Adamik, The Rev. Dr. Sally Harbold and The Rev. Bernard J. Owens, and will last from September 14th until November



23rd. The class will take place during the Education/Fellowship hour between the 9 a.m. and 11:15 a.m. service. Please bear in mind that our next Bishop's Visit will be in the fall of 2010, so we will not offer this class again

until spring of that year.

The class is offered to all teenagers who are at least in the 9th grade, and who have not yet been confirmed – the only prerequisite is Baptism. Reflecting the movement in the Episcopal Church towards confirmation as a mature

statement of faith, this class is designed for older teenagers in the midst of questions and transition. We look forward to some great discussions.

If you wish to participate in this class, please contact B. J. Owens as soon as possible.

CURSILLO WEEKEND PLANNED

NC Cursillo Weekend #98 will be held October 23 - 26th at the Penn Center. Cursillo is a 3-day spiritual renewal retreat. Take a brochure from the carousel in the Narthex to learn more. If you are interested in attending the weekend, please see Gordon Reynolds, Nancy Fierke, Mary Hemperly or Kevin Swann for more information. The web site is www.nccursillo.com.

Make it Joyful, Noisy and Loud:

I've always enjoyed the transitions of the seasons – the changes in nature and the changes in routines. As the summer ends and the season transitions into fall, I look forward to starting up the music programs and seeing everyone again. I've been busy over the summer working with the music staff making plans for the year and we're excited about the ways we will be making music together.

Psalm 98 has been an inspiration for me in planning music for the year. Verse 2 is particularly instructive:

"Make a joyful noise unto the LORD, all the earth:
make a loud noise, and rejoice, and sing praise."

Based on how some believers act in church, one might think there is also a Psalm that says: "Elite few, wear a smug face and sing serious sad songs, walk quietly, with somberness and sing a dirge."

In contrast, the Psalms express instructions to God's people on how we are to relate to God. Read it again as a list of instructions from the Psalmist:

Make a joyful noise unto the Lord, all the earth
Make a loud noise
and rejoice
and sing praise.

As we transition into fall, consider for yourself if you should participate in a music program to worship. The Psalms are clear and consistent: worship and music are inclusive for everyone (all the earth), irrespective of musically ability (make a loud noise). So come into worship, be joyful, noisy and loud.

Summer Summary

During the summer many of the music programs at St. Paul's take a break. However, the music in worship doesn't stop and the support and presence of those who provided music through the summer is greatly appreciated. I would like to express thanks to Jubilate Choir, Chancel Choir, the soloists, and the 5:00 p.m. service musicians who prepared and made such a beautiful contribution of music.

Summer is also a time for planning, resting and restoring. At the time of writing this article, many of the folks involved in the music program were packing to go to the Eastern Diocese Conference on Church Music and the Youth Music camp at Trinity center. This experience promises to be a wonderful time to stop, get away to the beach, sing, learn, worship, play and enjoy friendships.

Call for Instrumentalist

The music ministry has ample opportunities for instrumentalists in worship. If you play an instrument and would like to contribute in worship, talk with a staff-person. (*All kazoo and nose-flute positions are currently filled – numerous openings for other instruments.*)

Fall Music Program Launch

You may have noticed all the excitement in the narthex over the past two Sundays in regard to the Fall Music Program signup. St. Paul's has several ensembles for you to make music. Even though rehearsals have already started, anytime is a good time to sing with a choir. Here is a list of ensembles which welcome new singers.

Epiphany Choir – for children in grades K-2. Olivia Ittoop, Director, Gaylene Henry, Accompanist; meets Wednesdays at 6:00 p.m. in the back of the church. Kickoff Party: Sept 3.

Junior Choir – for children in grades 3-5. Ann Barnhill, Director, Milli Hayman, Accompanist; meets Wednesdays at 6:00 p.m. in the choir room. Kickoff Party: Sept 3.

Youth Choir – for youth in grades 6-12. Jason Pace, Director & Accompanist. meets Tuesdays at 7:00 p.m. in the choir room. First rehearsal Sept 9.

Jubilate Choir – for high school and adult. Gaylene Henry, Director and Accompanist; meets Thursdays at 7:15 p.m. in the church. Jubilate choir sings at the 9:00 a.m. service.

Senior Choir – for high school and adult. Jason Pace, Director and Accompanist; meets Wednesdays at 7:30 p.m. in the choir room. Senior choir sings at the 11:15 a.m. service. First rehearsal Aug 27.

Handbells

St. Paul's has three age-based handbell choirs. There are openings in all three choirs and rehearsals are held in the church. Please speak with the director if you are interested in ringing.

Proclamation Bells – for beginning handbell ringers in grades 3-5. Olivia Ittoop, Director; meets Wednesdays at 7:00 p.m.. Kickoff Party: Sept 3.

Canterbury Handbell Choir – for youth in grades 6-12. Jason Pace, Director; Olivia Ittoop, Assistant Director; meets Tuesdays at 6:00 p.m. First rehearsal Sept 9.

The Bells of St. Paul's – an adult handbell choir. Olivia Ittoop, Director; meets Thursdays at 6:00 p.m. First rehearsal is Sept. 4.

September 2008 Music Service Schedule

| | | |
|---------|------------|----------------|
| Sept 7 | 9:00 a.m. | Jubilate Choir |
| | 11:15 a.m. | Senior Choir |
| Sept 14 | 9:00 a.m. | Jubilate Choir |
| | 11:15 a.m. | Senior Choir |
| Sept 21 | 9:00 a.m. | Jubilate Choir |
| | 11:15 a.m. | Senior Choir |
| Sept 28 | 9:00 a.m. | Youth Choir |

EYC UPDATES

Episcopal Youth Community

Dear St. Paul's,
August marks the completion of my first year with you. During this time, I have had the pleasure of participating in many of the amazing ministries at St. Paul's. One of them, ASP, has given the youth program and me an important direction for growth: Mission. Due to the passion for mission at St. Paul's, ASP has grown to its capacity, this year some had to be waitlisted. We will be expanding mission opportunities for youth and the parish as a whole. This will include offering a middle school mission to the Episcopal Farm Worker Ministry, and a High School Break Out trip to New Orleans (both in the spring). More details will follow, but if you are interested in either of these trips or looking at how we as a parish approach mission, please contact me. These are exciting times to call St. Paul's home.

God's Peace,
Fred Lowry

Senior High Compline and Fellowship

Each Tuesday evening at 8p.m., all senior high students are invited to meet in the back of the church for an hour together. This is a wonderful time to check in with each other in the middle of the week, to sing and play music, or just to experience the wonder of a simple candlelight service. If you play an instrument, think about joining the music team (even if you are just starting to learn how to play.) Come anytime, and friends are more than welcome.

Fred Lowry, Youth Coordinator
youth@stpaulscary.org
www.stpaulscary.org/youth
919-467-0976

Fall Calendar!

Middle School / High School

Middle School - 4:00-5:45

Shared Dinner - 5:15-5:45

High School - 5:15-7:00

Sept. 14th EYC KICKOFF and BBQ Everyone 4-7

Sept. 21st Big "G" night

Sept. 26-27th H.S. Lock-In

Sept. 28th M.S. to Bond Park

Oct. 5th Haunted House/
Youth Sunday Plotting

Oct. 12th Hike at Umstead

Oct. 19th D.D.R. & Guitar Hero Tournament

Oct. 26th Haunted House Everyone at 1:30

Nov. 2nd Debate Night

Nov. 7-8th 30 Hour Famine

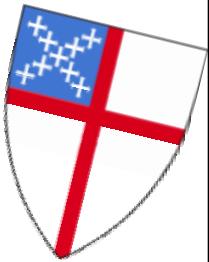
Nov. 16th Blockbuster Night Everyone 4-7

Nov. 23rd St. Nicholas Day

Dec. 7th Babysitting Fundraiser

Dec. 14th "Brinner!!"

Dec. 19th Christmas Party



Fall Middler's

Fall Middler's is a chance for you to get in on the ground level. Our youth have a strong history of participation in diocesan events, and this year kicks off with an opportunity for our middle school youth. This event will be held at The Summit on October 3rd -5th. Applications can be found online at www.episdioncyouth.org. Please consider taking a weekend off for fun and fellowship. If you have questions about Fall Middler's or any part of the diocesan youth program please do not hesitate to contact Fred or BJ. We both would love to tell you about these important opportunities.

SUNDAY MORNING SESSIONS

After prayerful consideration, the format for Sunday School has been changed. We will offer a class for 6th and 7th grade youth, one for 8th and 9th grade youth, and one for 10th, 11th, and 12th grade youth. We appreciate your support as we continue to grow.

CHRISTIAN SOCIAL MINISTRIES (CSM)

Greetings from the Christian Social Ministries (CSM) steering committee. We are honored to assist the many wonderful ministries in our parish community in their important work to serve those in need. The summer's sweltering heat didn't hamper volunteers' dedicated enthusiasm to participate in outreach work - by donating blood to save lives, for donating food, used shoes, by packaging meals for hungry children - by doing so many things to help others. Many thanks to the individual ministry leaders for giving so selflessly and tirelessly to coordinate these projects!

There are so many opportunities for members of St. Paul's to reach out to our local and international neighbors in different ways: by "giving" (donating items, contributing to collection 'drives' which reach out to different members of the community), and by

"*doing*" (hands-on activities working directly with people on-site). We're excited about the many upcoming outreach projects planned for the fall to reach out to those in need - we invite and encourage you to participate in the projects that touch your heart. Please watch the bulletin, website, and narthex displays for updates on outreach projects.

In the words of Dr. Martin Luther King, Jr., "Everybody can be great ... because anybody can serve."

We are called to serve, and honored to do so....God is great. Thank you for your support of Christian Social Ministries.

Linda Cozzolino, CSM Chair, 2008

Have you signed up for the St. Paul's e-news or checked the website lately? It's full of fantastic information about activities and events. Please see the new "Help Wanted" section – several ministry leaders seek assistance in project coordination. Perhaps you'll find you are called to serve in this way.

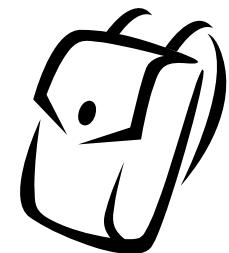
"May No Soldier Go Unloved" - Veterans & Military Outreach (VMO) BACKPACKS FOR THE WOUNDED via Soldiers' Angels

Please join St Paul's newly formed Veterans and Military Outreach (VMO) ministry in supporting our deployed military and returning veterans through the volunteer-led non-profit organization *Soldiers' Angels*. **Our first project will be a Backpack Drive to benefit the wounded and transitioning veterans at the Durham VA Medical Center.**

From August 31 - September 7, you can help by donating personal care items such as toothbrushes, toothpaste, shampoo, or a backpack. It will work in a way that is similar to the St. Paul's Advent Tree. There will be a backpack in the narthex with tags pinned to it. Each tag will identify a needed item.

- Simply select a tag that identifies an item you wish to donate and write your name on the tag.
- Tear the tag in two, and place the half with your name on it inside the backpack.
- Keep the other half as a reminder of what you will donate. Please place all donations in the box in the narthex by 12 noon on September 7th.

Founded by the mother of two American soldiers, Soldiers' Angels is a national volunteer-led 501(c)(3) non-profit organization providing aid and comfort to the men and women of the United States Army, Marines, Navy, Air Force, Coast Guard, and their families. By working together and sharing a common vision of service, the volunteers of Soldiers' Angels continue to demonstrate active care and concern for veterans... the wounded, deployed service members and their families. *The Veteran's and Military Outreach (VMO) ministry is a project of St. Paul's Christian Social Ministries.*



St. Paul's — Reaching Beyond

Thank you to all of you who gave of your time and money to reach out those who are affected by global starvation. St. Paul's had about 50 people put together 7500+ meals and donate over \$1000 over the course of two trips to the Stop Hunger Now warehouse. Children and adults alike did a fantastic job collating, weighing, sealing, "running" and packing these meals that will primarily feed children at schools in Haiti and Jamaica. Unfortunately, the meals provided by Stop Hunger Now are usually the only meals that the children receive each day, but FORTUNATELY, you decided to give of your time and money to help feed these children. Again, many thanks to those who participated. Please know that you are doing the work God has called us to do.



There will be more events in the late winter and fall of 2009 at St. Paul's so look for sign-ups in the narthex and bulletin/newsletter announcements. Thank you all, Glenda Swann.

Urban Ministries

THANK YOU from CSM and Urban Ministries.

Thanks to all those who contributed to the Urban Ministries

Food Drive in late July and early August. We collected about 340 pounds of food, valued at about \$665.

All contributions are greatly appreciated at Urban Ministries. We also thank you for the left-over grocery bags; they are put to use packing groceries as soon as they come in.

ADULT EDUCATION

The Abiding Spirit

A day for spiritual renewal will be held on Saturday, September 20 at 9:00 a.m. – 3:00 p.m. in the youth wing under the leadership of Carolyn Edge.

During this day apart from our busy lives, we will reflect on prayers prayed for us at our baptism, share parts of our personal journeys and engage in some simple art in order to come to know more of God's abiding spirit that dwells within our hearts.

Registration is required. A registration form may be obtained from the parish web site or in the parish narthex. Additional information is available on the parish web site or by contacting Boma Fubara.

For a registration form and information on the web site, scroll down to Adult Education Offerings on the main page.

Efird Bible Studies

The study of Wisdom Literature will resume on Thursday, September 4 at 7:00 p.m. in the youth wing. Child care will be provided as needed. Please contact Carl Gipson (cbgeist@nc.rr.com 919-859-4710) for additional information.

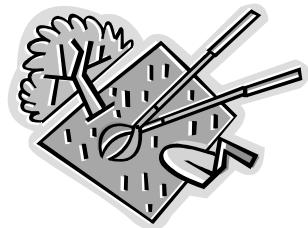
The study of Esther will start on September 4 and continue on consecutive Thursdays through September 25. Please advise Carl by August 28 if you plan to attend so that enough workbooks will be available. Please confirm need for child care by Tuesday before each session.

MEMORIAL GARDEN

A Tribute to Bob Young

For almost 13 years, a tall, slender, white haired man has made his way back to the St. Paul's Memorial Garden where he maintains the Garden by cutting grass, blowing leaves, trimming bushes, watering, re-seeding the grass, and grappling with an irrigation system always in need of some kind of repair work (to name just a few of the things that he has done over these many years). That gentleman, a long time parishioner of St. Paul's, is Bob Young. Bob took over the regular maintenance of the church's Memorial Garden from Jerry Shirley, when Jerry and his wife Jan moved from the area. Since that time, Bob has been a devoted caretaker of the Garden.

Bob has decided that it is now time to step aside from the regular maintenance of the Garden. His excellent example of dedication and commitment will be hard to follow, but the members of the Memorial Garden Committee will do our best to follow Bob's lead and make him proud. On behalf of Bob's fellow Committee members, and for those of us who have beloved family members' and/or friends' ashes resting in the Memorial Garden, THANK YOU, Bob Young, from **many** very grateful hearts.



St. Paul's Ministers to the Homeless

St. Paul's actively supports a ministry to homeless families in Wake County several times a year via the Wake Interfaith Hospitality Network (WIHN). Our final project of the year will take place this fall, throughout the week of **September 28 - October 5, 2008**.

The mission of the Wake Interfaith Hospitality Network (WIHN) is to provide shelter, meals, case management and educational services to homeless families; and to promote action and awareness in the community regarding homelessness.

By enlisting the participation of volunteers and local congregations, WIHN assists homeless families who have a high probability of achieving independent living. Families receive 6-8 weeks of shelter, meals, case management, and other support services. Staff provides training and an array of support to families to work toward a goal of long term independence and financial stability.

Participating congregations open their doors to provide the families with meals, a place to sleep, and transportation to and from the church and the Day Center. St. Paul's is a support congregation, providing on-site assistance at the Day Center; the families that we serve will be housed at White Plains Methodist Church (on Maynard Rd. between Kildaire Farm Rd. and Walnut St.).

Many different types of volunteer opportunities are available. Our volunteers help by spending time with the participating families as evening social hosts, overnight hosts, as well as by providing supplies and a hot breakfast on Saturday morning (October 4th).

This is a good chance for students to gain community service hours. It's also a nice opportunity for parents and children to work together to provide company and entertainment for children in the program.

If you are already on the WIHN volunteer list, you will get an e-mail reminder and an opportunity to sign up for a shift. If you are not on the list but would like to learn more about joining our volunteer team, please contact coordinator Anne Pilgrim at 362-4068 or ampilgrim@bellsouth.net. Thank you!

For more information about WIHN, please pick up a brochure from the kiosk in the lobby/narthex of the church. This outreach ministry is supported by Christian Social Ministries at St. Paul's.

Did You Know?

In a typical Interfaith Hospitality Network, half of the guests are children, most of whom are under six years of age.

FELLOWSHIP EVENTS TEAM

Working to promote Fellowship within our community as a whole

Mark your calendar for some wonderful activities that our Fellowship Events Team is putting together for the fall/winter season!

Wednesday, September 10th at 5:30 p.m. - Parish Potluck Dinner - in the parish hall. Bring your favorite dish to share!

Saturday, October 18th - We are helping with another successful Lobster Fest!

Sunday, November 9th - "Sampling Sunday" - We

will be sampling some of the wonderful recipes during coffee hour out of our soon-to-be-published 50th Anniversary cookbook.

Sunday, December 14th - 3rd Annual Christmas Cookie Exchange - in the parish hall during coffee hour. Bring in 3 dozen of your favorite Christmas cookies and exchange them for some other delicious varieties to take home!

MEN'S GROUP

Fall is a busy time for the Men's group at St. Paul's. Please mark your calendar and plan to attend.

Fall Men's Group Meeting - Sunday, September 7th, 4:00 p.m. to 6:00 p.m. at Bill Fierke's house, 907 Springwell Court.

Come for food, fellowship and to find out what the Men's group is up to. Please sign up in the Narthex and plan to bring food and/or drink

Church Work Day - Saturday, October 4, 8:00 to Noon - Come early and have breakfast. There are a number of maintenance projects around the church that need to be addressed.

2nd Annual St. Paul's Lobster Fest - Saturday, October 18th. We will start selling tickets in September and will need lots of help.

Facilities and Maintenance

A Great Big THANK YOU !

Thank you to all who came out to paint the Narthex and hallway a week before the 50th Anniversary celebration. It is amazing what a fresh clean coat of paint can do. Thank you to Terry Babb, David Jewell, Jeff Kager, Ted Straub, Kevin Swann, Doug Weatherspoon, and Greg Zeph. Bill Fierke provided support and touch-up along with Melanie Fairbrother and Fred Lowry.

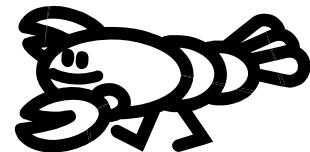
During the lawn mowing season, we would like to thank Fil Bowen, Ottis Cowper, Dan Loughlin, Greg Zeph, Richard Todd, Kevin Swann, Neil McClenney and his son Sam, and Tom Belingon for keeping our lawn mowed and looking great. Thank you to Jim Speight and Kay Lindquist for all their hard work in pruning and landscape maintenance. Thanks to all for their hard work. If you are interested in helping with the lawn mowing or any other property maintenance please contact me at

financial@stpaulscary.org, or call the church office at 919-467-1477 ext. 21.

P.S. The volunteers also would like to thank Chris for taping off all the walls before we began painting. It made our job much easier.

"Return of the Lobsters"

Saturday, October 18. St. Paul's 2nd Annual Lobster Fest! (soon to be playing at your local St. Paul's Lobster Shack) Produced by the Men's Group, Directed by Fellowship Events Team. (You loved the Original; just wait until you try the Sequel!)



1. Live Maine Lobsters – we supply the lobsters, you cook 'em as you like 'em.
2. Cooked Maine Lobsters – we do the work, you have the fun.
3. Lobster Meal – eat at the Parish Hall or take home. Lobster and fixins.
4. Chicken Meal – same as above, but this one tastes like chicken.

Double Feature: Lobsters Now, followed by Lobsters Later. Lobsters Now: pick up live or freshly cooked, available for a dinner for two, dinner with friends, foyer group, a block party, sales to co-workers, gift for mother-in-law....Lobsters Later: freeze additional freshly cooked lobsters and reheat for a special treat in the following months. We'll provide Oscar-worthy recipes. Pick a Pair, for Now (Oct. 18) and Later.

The Ticket Booth will open outside St. Paul's on Sunday, September 21. Proceeds to benefit outreach activities.

COFFEE TALK:

10 Things...Our Fall season will kick off with bi-weekly discussions of "10 Things."

Are you curious? Come share stories, fellowship and snacks! Coffee Talk begins rolling on September 24 and will continue on the 2nd and 4th Wednesdays of each month.

Time and Place – 7:00 p.m. in the library. Snacks will be provided but bring your own brew. Childcare is available in the Kid's Club. For more information or to RSVP, contact Sherri Hubbard at (363-1845) or shubbard@ncdoi.net.

FOYER GROUPS ARE FUN FOR EVERYONE

Foyer Groups at St. Paul's provide a fun and easy way to meet other church members in a social setting. Each Foyer Group is comprised of eight to ten St. Paul's members who meet once every four to six weeks from September to May of each year (for a total of about six meetings). The groups generally gather for a potluck supper at one of the member's homes for a purely social time. Each member is asked to contribute some portion of the meal and, although it is not required, it is also hoped that each member will host a meal once during the year. If you are interested in joining a Foyer Group or would like additional information, please contact Kathleen Neff at kneff@nc.rr.com or 439-4679.

Sign-up sheets will be available in the Narthex the last week of August.



DID YOU KNOW ...

... that St Paul's Altar Guild arranges all the flowers that decorate the altar each week? We are looking for some additional members with floral arranging skills. If flowers are your talent, then we would love to have you join us! The time commitment is one Saturday morning and one service per month. We have a great group of people who enjoy the fellowship of this "behind-the-scenes" service. Please contact Heather Gates at heatherlh@mindspring.com if you are interested. You can also find more information about our ministry on the St Paul's website, under the Worship button.

NEWCOMERS

The Newcomer ministry held a potluck luncheon in June and welcomed about 20 new parishioners with food, fellowship, and conversation. It was great to have about the same number of "old-timers" in attendance to provide the food and warm the welcome. Look for another luncheon to be held in October and be sure to come out and help greet our newest parishioners.

Speaking of new parishioners, St. Paul's is certainly growing as evidenced by our increased bread deliveries and numbers of attendees at the past several Newcomer events (as well as the many new faces we see each Sunday!) Our rector, George Adamik is offering a new opportunity for newcomers this coming year. George will be holding an Episcopal Church membership class in early November. Please check his article on the front page of this newsletter for details on this special offering.

Several greeters and bread bakers were recruited at the recent Ministry Fair in April. If you missed the opportunity to sign up for either of these rewarding activities, please contact Ann Lockhart (annlockhart@nc.rr.com) and let us know how you would like to help. We have a special need for greeters at our later service. We are always eager for folks to step in and assist with any of the Newcomer ministries. Bread delivery, document preparation, replenishing pew cards are just a few of the ongoing tasks the Newcomer ministry supports.

Finally, the Newcomer Ministry kindly asks that you remember to wear your name badge to church! This important, yet subtle message lets our newcomers and visitors know who we are and that we don't want to remain anonymous. Your name is important; wear your name badge with joy!

ABOUT OUR CHURCH



We rejoice in the baptisms of Sophia Knight, daughter of Chris and Betsy Knight; Wade William Collins, son of Lee and Carter Collins.

We welcome our new communicants: Michael and Nancy Harrell, and sons David and Evan, from Raleigh;

We express our sympathy to Lesley Dinwiddie for the deaths of her mother, Esmé Eleanor Jessie Johnson, and her father, Eric Christopher Johnson; to Dennis Pfeiffer for the death of his father, Lester Pfeiffer; to Helen, Timothy and Gregory Wiklund for the death of husband and father, Bo Wiklund; to Sarah Morrison and Katharine Evaull for the death of their friend, Liz Nettles; to Kim Smith for the death of her brother-in-

law, Dwayne Smith; to Jeff Kager for the death of his father, Franklin James Kager; to Vickie Johnson for the death of her father, Gene Titchenell.

We celebrate the marriage of Zachary Pfeiffer and Anna Rogers. Zachary is the son of Dennis and Cathy Pfeiffer. We celebrate the marriage of Kelly Fairbrother and Neal Saxon. Kelly is the daughter of Scott and Melanie Fairbrother. Also we celebrate the marriage of Matthew McGarry and Stephanie Humphrey. Matthew is the son of Heather McGarry.

Congratulations to Chase and Katie Wiltshire, and Patricia Quick, for the birth of their son and grandson, Robert Charles Wiltshire IV (Charlie) and to Gene Dewell, for the birth of his granddaughter, Felicity Ruth Dewell