



PAUL'S LETTER

ST. PAUL'S EPISCOPAL CHURCH

St. Paul's Episcopal Church in Cary is home to an active, caring, and diverse congregation of the Episcopal Diocese of North Carolina. Through corporate worship, spiritual development, fellowship, and service we continue to grow together in faith. We strive to be Christ's welcoming, reconciling, and transforming presence in the world through our many and varied ministries.

Rector's Letter

Dear Friends:

KICKOFF SUNDAY

September 13 is "Kickoff Sunday" at St. Paul's. I am very excited about this upcoming program year. Summer months take us many places but it will be great to see everyone. I hear from so many of you expressing what a great parish St. Paul's is for you and we're going to celebrate that on September 13. All the parish programs will be kicking into high gear that day including children's church school, youth church school, evening EYC, choirs getting into full swing, adult education, which I'll be leading that day in addition to preaching. We are also going to have some festive additions as well.

One thing you do not want to miss is the parish-wide group picture we'll take that day at each service. You won't want to miss being in the parish family picture.

What a great opportunity to bring friends to, not just join in worship but also, check out the various programs. We are looking for landmark participation. Hope to see you!

CONGRATULATIONS MELANIE

Congratulations to Melanie Fairbrother, St. Paul's office manager, who is celebrating 15 years as a member of St. Paul's staff. It was about a year and a half after I arrived as rector that Becky King, the parish secretary, decided it was time to retire. Becky had been a blessing to me during that year and a half, and was a tremendous support and help, as I transitioned into the role as rector. All the church offices were in what is now the kids' club and we were in a 20-year visioning process planning for our future. Who could I hire for a job that in church life is often beyond description?

Melanie Fairbrother applied for the position. My wife Mary and I had gotten to know Melanie upon our arrival at St. Paul's in her role as a member of the parish transition committee meant to offer support and assistance to the new rector. For example, it was Melanie who introduced us to the schools our two daughters would be attending.

Melanie caught the vision and excitement of St. Paul's future and, for the last 15 years, has been committed beyond words to both the day-to-day of parish-office life as well as to the dream we are living into. At a staff luncheon honoring Melanie we shared stories and memories. Both vestry wardens, Mike Krannitz and Julia Rudy joined us as well, presenting Melanie gifts including a paver to be placed in the courtyard in thanksgiving for 15 years of service. Please join me in congratulating and thanking Melanie for all she has done and been for St. Paul's. I look forward to the years ahead as we continue working together towards the dream.

George

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Next Newsletter

Deadline:

Wednesday,
Sep 16, 2015
at 10:00 a.m.

newsletter@stpaulscary.org

Wardens' Corner



As this newsletter arrives in your mailbox (USPS or electronically) many of you have already welcomed the start of the new school year, unless you are in year round and the “seasons” never seem to change! Many others, like me, are past the school year days and tend to lose track of when school starts and stops. However, all of us experience the beginning of the “new year” (or season as the case may be) for programs and ministries. The energy and buzz is already circling our campus and you will find evidence of that throughout this newsletter. I hope everyone had a wonderful, safe, and rejuvenating summer!

One of the vestry’s many activities during this season is formation of the nominating committee for election to the vestry. You may receive a call asking you to serve on the committee or you may receive a call from someone on the committee asking you to consider being

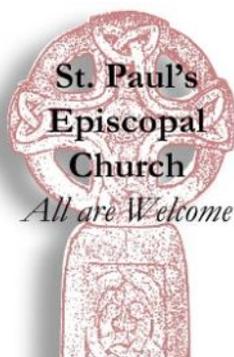
a nominee. I also want to plant an additional seed for your consideration. In accordance with “Canon 22, Section 2. Vestries.” “Candidates may self-nominate...”. I ask that you give all three of these opportunities prayerful consideration.

At the beginning of summer “an Ask Letter” was sent to all parishioners asking for prayerful consideration to make an additional monetary contribution. The vestry’s goal was to secure an additional \$16,500 for “Growing in 2015” as we live into our mission of knowing Christ and making Christ known. The response has been awesome and currently the contributions total just over \$18,000. The vestry is extremely grateful of the response thus far!

Prayerfully submitted,
*Mike Krannitz,
 Senior Warden.*

Hospitality, Parish Life, and Pastoral Care

About Our Church



In the prayers for the deceased we pray for Pearl Heiges Kent, mother of Anne Babb; for Benjamin Wright Gibson, III, brother of Margaret Haughey; for Kathleen Patricia Dougan, mother of Mary Adamik; for Alfredo Belington, Sr., father of Tom Belington, for Betty Hauser, aunt of Susan Coulter; for Bill Ballachey, brother of Barbara Brickman; for Brian Goldman, friend of Cathy Deats; Rev. Ralph Fogg, husband of Ingrid Fogg; for Bill Holland, husband of Joan Holland; for Richard Balnicky, friend of Larry and Mary Marsha Cupitt; Gladys Tilton, mother of Mary Tilton; for Scott Springhorn, friend of Cathy Deats; for Richard Winters Hatch, father of David Hatch; for Adelyn Taylor Dean Emery,



mother of Marilyn Mitchell and grandmother of Katherine Mitchell; for Royal Merle Hanning, father of Carol Lewis; and James “Bob” Lewis, husband of Carol Lewis; for Mickey Delia, mother of Eric Delia; for Fred Jerome, parishioner; for Myrtle Pritchard, friend of St. Paul's music ministry; and for William George Ewald II.

We rejoice in the baptisms of Sage Elizabeth Cote, daughter of Dustin and Nicole Cote; Ellie McAllister Garwood, daughter of Marvin and Erin Garwood; Aiden Geoffrey Hinkson, son of Austin and Kasia Hinkson; Maxwell Vernon Joseph Jaber, son of Jeremy and Dena-Rachel Jaber; Alexander Scott Russell, son of Jeramie and Carrie Russell; and Theodore Andrew Zawierucha, son of Andrew and Megan Zawierucha.

*Submitted by Melanie Fairbrother
 Office Manager*



KICKOFF SUNDAY: SEPTEMBER 13!

*2-4-6-8 - Who Do We Appreciate? St. Paul's, St. Paul's!
Go, Go, St. Paul's!*



SUNDAY, SEPTEMBER 13. A special day on which we hope to fill the pews like Christmas and Easter services - *to break our all-time high attendance record!*

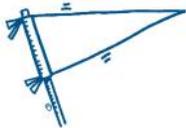


SUNDAY, SEPTEMBER 13. We celebrate this special time of year as so many of our church ministries gear up and **KICK OFF** new activities. It will be an awesome, festive day to invite friends and welcome guests to our wonderful church! Please plan to come out, and wear your name badge!



Here are some of the special activities we've got in store for **KICKOFF SUNDAY**:

- Celebratory Coffee Hour - with fun **GIVEAWAYS** & festive **SPECIAL TREATS!**
- Staffed **INFORMATION TABLES** on site. Learn about our many active ministries' **KICKOFF** plans for the upcoming season – including the Music Ministry and many others.
- Church school kickoff (10:10 a.m.) for families with children: *feel free to bring friends to check out our children's programs. No pre-registration required!*
- Youth & adult education **KICKOFF** activities start on Sept 13 too!
- Staging of a massive parish-wide **GROUP PHOTO**. We're aiming for landmark participation! You will not want to miss being a part of the excitement.



KICKOFF SUNDAY – SEPTEMBER 13



All Services. Festive Activities, Fun, Food, & Giveaways during Coffee Hour.
Come one, come all. All are **WELCOME!**

Ministry of the Week



Sep 6	No Coffee Hour Labor Day Weekend
Sep 13	Children's' Ministries
Sep 20	Fellowship Events Team
Sep 27	Ministry Leader Resource Committee

What are your interests? What are your talents? Would you like to share these with others?

The newly updated Time & Talent brochure is available in the narthex and also in a fillable form on the St. Paul's website (www.stpaulscary.org). In our parish there are over fifty ministries and groups, representing many different areas from outreach to fellowship to spiritual development and more. Check out the full listing to see all the many opportunities.

Sponsored by the Ministry Leader Resource Committee (MLRC)

Prayer Stitches Fall 2015

Prayer Stitches begins our fall schedule of weekly meetings on Wednesday, September 2. We meet in the youth wing, 10:00 a.m. – noon, for prayer and fellowship as we make items for others. All are welcome whether you are a beginner or an experienced needlecrafter.

This summer for the first time, Prayer Stitches sent afghans with the St. Paul's Appalachian Service Project team to be given to families served by the project. We refer to the afghans as "prayer afghans" as they were sent with prayers for the families. Feedback from team leaders and members has been very positive so we have added "**ASP prayer afghans**" to our list of ongoing annual projects.

We are focusing on two big projects this fall:

1. Caps and scarves for homeless veterans and homeless families (adults and children). Caps and scarves for homeless veterans will be given to the St Paul's Veterans and Military Outreach Ministry and delivered to the Durham Veteran's Administration Hospital for distribution to homeless veterans who receive medical services there. Caps and scarves for homeless families will be given to local non-profit organizations which serve the homeless, including PLM Families Together and WarmUp Raleigh.

2. Items for sale at the Fall Festival of Arts and Crafts. Festival

proceeds go to St. Paul's Outreach Ministry and we are busy making a variety of items in preparation for Prayer Stitches' third year of participation in the festival.

Other ongoing projects include **prayer shawls and prayer pockets** (a handmade pocket which can contain prayers on cards). Prayer shawls and pockets are given to people in need of comfort and warmth and are accompanied by prayers.

- **Would you like to make an item or items for one or more of these projects?** We have yarn and patterns or you may use your own. If you can't attend meetings, we would still be very happy to have items you make and to distribute them.
 - **Do you have a favorite charity** for which you make and donate items? We would like to know about it.
 - **If you are new to knitting or crocheting,** a scarf for a homeless person is a great first project and we have experienced needlecrafters who love to teach.
 - **Donations of yarn are always welcome** and will be put to good use.
- Contact Beth Barnes (eanbarnes@gmail.com, 919-380-7214) or Marilyn Mitchell (mdmitchell19@gmail.com, 919-800-7043) if you have questions or would like additional information.

Submitted by Beth Barnes



Prayer Stitches

Sharing Our Stories

Sharing Our Stories, an 8-week grief support group, will be held every Wednesday evening, 7:00 – 8:30 p.m. from September 30 – November 18 at CHH. Anyone who has experienced a loss is welcome. To create a supportive environment, the number of participants will be limited and the group will be closed after it begins. *Sharing Our Stories* will be facilitated by Ann Ritter,

Chaplain and Grief Counselor at UNC Hospice and St. Paul's member. For further information and to register, please contact Ann at 919.428.1736 or ann.ritter@unchealth.unc.edu. There are no fees for this program sponsored by **The Center for Hope and Healing**, although donations are gratefully welcomed.



Submitted by Mary Kintz and the Rev. Dr. Cathy Deats

Mini Workday

On September 12 at 8:00 a.m., we will gather in the parish hall to re-cover the sound panels and to install new heavy-weight brackets to support the panels. We could use many volunteers to make quick work of a large task. We also need additional ladders. Several teams can work on removing the panels and installing the new brackets while the remaining teams remove the old fabric

and re-cover the panel in the new fabric.

This project is being accomplished with the aid of a kind donation of new fabric and new brackets for the parish hall sound panels.

Please contact Jason Sayers at jason.l.sayers@gmail.com with your availability.

Submitted by Jason Sayers



Memorial Garden News

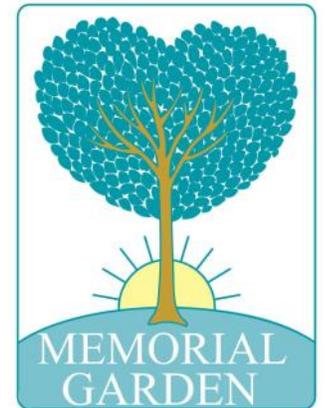
We are closing in on the one-year anniversary of the dedication of the expansion of St. Paul's Memorial Garden! If you have not been to the garden, we invite you to visit – the entrance is between St. Paul's chapel and Kids' Club. You may also see some activity in the garden in the coming months. We will soon be replacing the surface of the walkways. While the granite dust initially seemed to be the best option, it has not performed as expected. The committee and design firm, Stewart, Inc., examined alternate ground covers and determined that pavers are the best option. Fred Adams Paving, Inc., has worked with us on pricing. Some of the required funds will be obtained from the

memorial garden's reserve fund, but this change would have been difficult without the additional gifts of two donors. As this was an expense not expected, any help to defray its cost would be appreciated.

You also may notice that the redbud trees and four azaleas are being replaced. The plants and trees were guaranteed for one year, so there is no cost to us for their replacement.

As a committee, we are excited that our memorial garden will have pavers and believe that they will enhance its overall beauty. Please contact Jackie Straub at jmpstraub@aol.com with any questions or if you would like to make a donation to the paver work.

Submitted by Jackie Straub



ASP THANK YOU Lunch

The entire church is invited to lunch with the ASP volunteers and shareholders. Please join us at 12:30 p.m. on Sunday, September 20th, in the parish hall for sandwiches and of course we will have lots of ice cream for dessert. We will share stories and pictures from this year's fantastic ASP trip. We want to take this opportunity to recognize and thank those in the church who supported ASP spiritually and financially.

Please come help us say THANK YOU to the shareholders who made the trip possible.

Lobster Fest – Saturday, October 3rd.



It's FUN, DELICIOUS, and as easy as ONE, TWO, THREE.

ONE: Set the date aside and plan your own Lobster Fest Celebration. Invite some friends. Boil / steam / grill your fresh lobsters on the spot, or pick up already-cooked lobsters from the St. Paul's wharf. Or get together with a group and watch a football game with a special treat of Quarta Pounda Lobsta Rolls (be careful: they're so good you might focus on them and lose track of the score).

TWO: Tell or send info on **Lobster Fest** to at least **TWO** people you know. (OK, how about **TWO** a week?!) Is that **TOO** much to ask?

THREE: How many St. Paul's folks does it take to put on our successful **Lobster Fest**? On Friday and Saturday of

Lobster Fest, we need to fill about 150 volunteer positions! Can you help for a couple of hours? Please go to Sign Up Genius (link follows) for openings inside or outside. We Need YOU! <http://www.signupgenius.com/go/20f0545aea62ca3f85-lobster>



Once again we will offer live and cooked, 1½ lb. fresh Maine lobsters, our now famous Quarta Pounda Lobsta Roll (served on a La Farm Bakery brioche roll with slaw, chips, and a brownie), or a full Lobster Meal (1½ lb. lobster, sides, rolls, tea or water and a brownie). All the info and ordering directions (PayPal) are on our web site (www.lobsterfestcary.com), and we'll be outside the church between services in September to take orders, answer questions, and gratefully accept volunteer sign-ups!

You may have read that the cost of lobsters is up this year due to the extreme weather conditions in the NE last winter and a below average lobster harvest this season. Yes, there is a cost increase to us and we have had to reflect it in our prices which are up 6 – 10%. However, you will find at least that type of increase anywhere else that sells lobsters.

Lobster Fest probably brings about more participation from St. Paul's members and the community than anything we do during the year. Won't you be part of the FUN?!! Saturday, October 3rd (and before!).

Submitted by Ted Straub

Arts & Crafts Festival

What will you find at the Arts & Crafts Festival? This year's festival will take place at St. Paul's on Saturday, November 14, from 10:00am to 4:00pm. You'll find a wide variety of handmade items by local artisans, including parishioners. Take a look at the treasures other shoppers found last year and mark your calendar for some great shopping again this year.



cashmere sweaters into gloves. Then I got a scarf from the Prayer Stitchers table that went with the gloves, so I was all set for my outdoor activities in December, when it was really cold."

"I did some Christmas shopping at the Festival. I bought a beautiful wooden pen for my son. He loved it, and I was happy to be able to support a local artisan and Outreach at the same time."

"One of Dan Loughlin's photos of the stained glass windows in the chapel is on a wall in my house. The picture is very colorful and pretty and reminds me of our wonderful parish and church family. I also gave one to former parishioners to give them a memory of St. Paul's."

"Last year at the festival, I got a pair of fingerless gloves from a lady who recycles

(Continued on page 7)

Arts & Crafts Festival *(continued)*

(Continued from page 6)

...
 "Last year I found a beautiful sweater for my granddaughter. It happened to be her favorite color, so I couldn't really resist buying it. Every time she wears it, she remembers that it was knitted by one of the ladies in our Church. It's become a favorite of hers, and I love it that it's a link to our Church and the Prayer Stitchers."

...
 "One of the wonderful things I got at the festival last year was a pair of place mats. They were quilted, but in abstract patterns, with bright colors that complement each other. They make the table look really festive."

...
 Back by popular demand, we will be offering mugs and framed photos (trptychs) of the stained glass windows in the chapel. Both are



great gifts, particularly for parishioners who have had special life moments in the chapel. Mugs are available for \$20 each, and the triptychs are \$40. All sales will support outreach. Please reserve your mug or triptych today by contacting Dan Loughlin (loughlin@bellsouth.net).

Submitted by Sally Moller

Women's Study Group

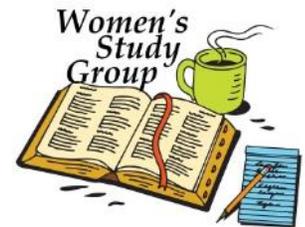
The Women's Study Group will meet Tuesday, September 8th from 12 noon – 1:30 p.m. in the bride's room to discuss *Never Fall Down* by Patricia McCormick. The Amazon review says, "This National Book Award nominee from two-time finalist Patricia McCormick is the unforgettable story of Arn Chorn-Pond, who defied the odds to survive the Cambodian genocide of 1975-1979 and the labor camps of the Khmer Rouge. Based on the true story of Cambodian advocate, Arn Chorn-Pond, and authentically told from his point of view as a young boy, this is an achingly raw and powerful historical novel about a child of war who becomes a man of peace." There is sure to be a lot to discuss about this book.

Here are our upcoming books:

- September 8: *Never Fall Down* by Patricia McCormick.
- October 13: *The Boys in the Boat* by Daniel James
- November 10: *The Word Exchange* by Alena Graedon
- December 8: *The Road to Character* by David Brooks
- January 12: *Preparation for the Next Life* by Atticus Lish
- February 9: *Life From Scratch* by Sasha Martin

We would love to have you join us for our discussions – even if you haven't finished the book! If you have any questions, contact Leah Dail at LeahDail@gmail.com.

Submitted by Leah Dail



Welcome Back to Preschool!



All of us at the Preschool love summer, but we are super excited to be back at St. Paul's Preschool!

The Preschool families bounced back to Preschool with a play date at Big E Bounce. The children had a fabulous time bouncing with their preschool friends.

Our first official day of school was August 31st. The children did a wonderful job getting back into the

routine of school. We saw many, many smiles from the children and the parents!

Everyone was super impressed with the new animals on the hallways of the Education Building. Ms. Kate's daughter, Shelby, added elephants, frogs, monkeys, bears, wolves, giraffes, mice and more to our growing mural. All the animals seem to have their own little personalities. Please stop by the Preschool to see her beautiful creations.

Please help spread the word to friends, neighbors, co-workers about our "Best of Cary" Preschool.

We have a few spots open in our new toddler class, 3 day 3's, 4 day 4's and TK classes. Please have interested families email or call the Preschool office (919-467-3788).

Upcoming Events:

Monday, September 7th- No school (Labor Day)

September 14th/15th- First full day of Preschool for Toddlers and 2's classes

September 16th- Chapel starts with Mother Cathy

September 16th/17th- Muffins for Moms

September 17th- Ice Cream Social

September 23rd- No school (WCPSS workday)

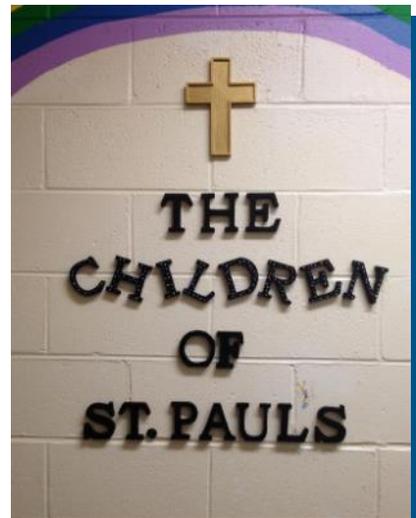
Blessings

Brooke Bowersox

St. Paul's Preschool Director

Children's Ministries Calendar of Events

<i>Date</i>	<i>Event</i>
Sep 6	Labor Day Weekend / No Children's Chapel
Sep 13	Sunday School starts / Kick Off Sunday
Sep 27	Pre-EYC Starts at 11:15 a.m. – FUN DAY
Oct 11	Pre-EYC Reverse Halloween Service Project
Oct 17	Pre-EYC Gleaning with Society of St. Andrew (<i>All are Welcome</i>)
Oct 25	Pageant Forms Distributed / Pumpkin Carving / No Pre-EYC
Nov 1	PJ Service / Daylight Saving Time Ends
Nov 8	Pre-EYC
Nov 15	Pageant Parts Distributed
Nov 22	Pre-EYC
Nov 29	Intergeneration Event – Coffee Hour / No Sunday School
Dec 6	St. Nicholas Sunday / Last Day of Sunday School / Pre-EYC Christmas Party
Dec 11	Christmas Pageant Rehearsal 6:00 – 8:00 p.m.
Dec 12	Christmas Pageant Rehearsal 9:00 a.m. – 12:00 noon
Dec 13	Christmas Pageant at 9:00 a.m. Service / No Children's Chapel / No Sunday School
Dec 20	No Children's Chapel / No Sunday School / No Pre-EYC
Dec 24	Christmas Eve Service for Families with young children at 4:00 p.m.
Dec 27	No Children's Chapel / No Sunday School / No Pre-EYC
Jan 3	No Children's Chapel / No Sunday School / No Pre-EYC
Jan 10	Sunday School Resumes / Pre-EYC



Children's Ministries Members

The Children's Ministries Committee would like to thank Brooke Bowersox, Christi Springfield, and Melinda Lowe for their three years of service on the Children's Ministries Committee. We will miss them as they roll off our committee! We also want to thank Erin Spencer for volunteering to chair our committee for the 2015-2016 school year. And, finally, a big thank you Jamie

McQuiggan, Sara Concini, Ruth Echols, Cecilia Lancia, and Jennifer Bosser for agreeing to serve on the committee for the next three years. Returning members of the committee are: Tara Muller, Jill Rubin, Becky Stanford, Rebecca Sayers, and Francine Pearce. Our committee is already working hard and planning a fabulous year for the children of St. Paul's!

Sunday School Kickoff

We can't wait to welcome everyone back to Sunday school on September 13th at 10:10 a.m. in the education building. Listen for the ringing bell in the parish hall to signal the start of Sunday school – please remain in the parish hall until you hear the bell. Once the bell rings, please proceed up the hallway and look for your grade listed above the doorway. Pre-registration for Sunday school is not needed this year – registration forms will be distributed in the Sunday school classrooms on Sep. 13th. If you have any questions about Sunday school

placement, please contact Christine Ingram

(christine.ingram@stpaulscary.org).

You won't want to miss this Kickoff Sunday (Sep. 13)! The church is attempting to "break the attendance records," and we want to do the same thing in Sunday school! Bring a friend! Coffee Hour will be extra fun that day with Kickoff themed treats and goodies for the children. Also, come be a part of the congregational group photo! So much will be going on that day-join us!

Children's Ministries



Christine Ingram
Children's
Ministries Director
467-1477, ext. 19



Children's Stewardship

This year's children's stewardship collection (the brown basket held by a child during the Offertory) is going to fund a CHILDREN's Stop Hunger Now event. St. Paul's Children's Stop Hunger Now day will be held on May 15, 2016, during Sunday school / Coffee Hour and will take place in our parish hall. A Stop Hunger Now Event involves packaging protein-packed meals for hungry families in developing countries. On the children's Stop Hunger Now day the CHILDREN will do the packaging and measuring – it will be a wonderful day!

The children's stewardship year runs from June 1, 2015 to May 15, 2016. In order to host a Stop Hunger Now day the children need to collect \$2900...as of mid-August the children have collected about \$200. Please encourage your children to donate to this event – adults are welcome to contribute too! Every little bit helps our brothers and sisters in need. You can track our progress on the bulletin board in the education building. Thank you for your generosity!



What's Happening in Children's Ministries? Find out!

If you want to receive weekly reminders about "What's Happening in Children's Ministries," please email Christine Ingram at

christine.ingram@stpaulscary.org. You will be added to the distribution list for weekly updates about what is going on at St. Paul's for families of children ages 3 to 5th grade.



“Parables: Brick by Brick” was a blast!



Thank you to all the wonderful children and helpful volunteers that attended this year's VBS-"Parables: Brick by Brick!" We had a great week with our day session, attended by 85 children and an army of volunteers. And, our first evening session was a success too – attended by 20 children and another wonderful group of volunteers.

A huge thank you to the VBS families for their monetary donations to ASP (Appalachian Service Project). By the end of the week, we had collected

\$300.16, which was given directly to ASP to help with their building projects for families in need.

We are already making plans for next year's VBS, so if you would like to be a part of the excitement, please contact Christine Ingram. Rumor has it that our theme will be "Heroes and Villains" and our VBS week will most likely be in June – our day and evening sessions will be the same week this year. Stay tuned for more information about exact dates!

Gleaning Day-Oct. 17

We are so excited about this new outreach opportunity for families with younger children! On Saturday morning,



October 17, everyone at St. Paul's and especially all families with younger children (ages 3 through 5th grade) are invited to

“glean” sweet potatoes with the [Society of St. Andrew](#). This “Yam Jam” is very

simple – we collect the sweet potatoes that remain in the fields after the farmer has harvested all that is profitable to harvest. All the food we collect goes to food banks, food pantries, soup kitchens, homeless shelters, etc. in the Triangle area. Go ahead and reserve this date and send Christine Ingram an email to be added to this interest list! We won't know the location of our field to glean until the week of our volunteering, but it will be one hour of travel or less. This is a WONDERFUL opportunity for young children to experience outreach!!!



Society of St. Andrew

GLEANING AMERICA'S FIELDS ~ FEEDING AMERICA'S HUNGRY

Pre-EYC Kicks Off!

Calling all 4th and 5th graders! Please join us for Pre-EYC each 2nd and 4th Sunday from 11:15 a.m. to 1:00 p.m. in the parish hall. Pre-EYCs do not have to be enrolled in Sunday school to participate. Pre-EYC is an informal, structured gathering time where our main focus is building relationships between children through fun,

fellowship, and outreach. Parents will be asked to help with meals and volunteering during some meetings (about twice a year per family). Please contact Christine Ingram to have your child added to the Pre-EYC registration list. Our first meeting will be Sept. 27, 2015 at 11:15 a.m. in the parish hall!





Fostering the love of Christ in the youth of St. Paul's.

Youth Coordinator
Leah Dail
Leah.Dail@stpaulscary.org

The mission of the Youth Ministry is to develop a spiritually rich community of young people through fellowship, fun, education, service, and worship. Our Core Development Values are the foundation of our ministry and define what is most important. They are:

♣ Fellowship ♣ Education ♣ Fun ♣ Growth ♣ Spiritual Development ♣ Service ♣ Inclusiveness ♣ Respect

Youth Sunday School

Come join us for youth Sunday school beginning September 13th! There is a middle school class for 6th – 8th graders and another for high schoolers, grades 9 – 12. The Sunday school hour is from 10:10 a.m. –

11:00 a.m. (between services). Middle schoolers meet in the youth wing. And no need to go by Coffee Hour - we will have snacks for you there. High schoolers meet in Room 10 of the education building.

Episcopal Youth Community

Every young person in grades 6-12 who attends St. Paul's is welcome to be a part of the Episcopal Youth Community (EYC). The youth group is divided into middle school and high school programs, though sometimes activities are combined. Friends are always welcome to attend. EYC gathers on Sunday nights for fellowship and fun activities from 5:00

– 7:00 p.m. with a shared meal at 6:30 p.m. We combine lots of zaniness – games, songs, lots of action – with worship and service. Our mission is to develop a spiritually rich community of young people through our programming and the presence of faith-filled adults. It's organized chaos but it works!

New This Year: We are going to have programming around themes each month. That gives us more flexibility with the programming and an emphasis on the relational part of our community – getting to know one another as we walk with Christ. So no more advertising specific events! You just come to EYC to be with friends, have fun, eat together, and build our youth community together. Nothing about the evening programming will really change. You just need to show up and be prepared to have fun! If there are special events or things you need to bring or wear, we'll be sure to let you know ahead of time.

Theme for September: Welcome

Welcome one another, therefore, just as Christ has welcomed you, for the glory of God. (Romans 15:7)

This is an obvious one to start the year off with, especially since we have a big banner over the entrance of the church that proclaims "All Are Welcome." We will spend time getting to know one another and finding out how we all fit together to form this amazing Episcopal Youth Community. Our goal is to create a safe place where all the youth feel welcome to be themselves, learn to recognize individual gifts for ministry, and where they can ask questions about spirituality. We can't do it alone – we need YOU here to share your gifts and make our community stronger!

Sep 13 – Kick Off with special time of 4 – 7 PM



Come join us for lots of wild games, silly songs and dances, and general hilarity as we celebrate coming back together for another great year of faith and fellowship. There will also be an awesome meal. This is a combined event for both middle school and high school from 4:00 – 7:00 p.m.

It's time to get gross and wet! Come play with shaving cream and baby food (if you want) or just attack your friends with water guns! We've invited other parishes to join us, so it should be a great night. Bring a water gun if you have it and come dressed to play messy!

Sep 20 and 27 – Regular EYC

Come and have fun and fellowship with us! Bring a friend.



Youth – What I did this Summer in Photos!



Adult Education Fall Calendar

Adult education begins this fall with **ADULT BIBLE STUDY** on Wednesday evenings **beginning September 9**. "Great Themes of the Bible" will be the focus of study from September to May, 2016. There will be four separate courses, seven sessions each, tracing some of the Bible's great themes through the Old and New Testaments. Each course will be independent of the others.

In the first course, **God Saves A People**, the saving grace of God is traced from the Exodus to God's new act of salvation through Jesus and into the early church. This course is led by the Reverend Dr. Cathy Deats and will be held weekly on Wednesday nights Sep. 9 – Oct. 21. Participants will have a cost of \$18 for a resource book. Books will be available before the first class and participants will receive an e-mail notification when the books are available. Class size is limited to 25 participants. To participate in this course, **sign up** by e-mail to Beth Barnes, eanbarnes@gmail.com, or at the adult education display in the narthex. Child care will be available on request. If you need child care, please include your request when you sign up.

Beginning September 13, there will be two Sunday morning adult education opportunities. **FORUMS**, presentations and discussions on a wide range of topics, will be held weekly in the chapel between the 9:00 and 11:15 a.m. services. All are welcome!

In a new adult education opportunity, selections from Brian McLaren's book, *We Make the Road by Walking*, will be used to facilitate spiritually-focused conversation and to foster friendships. Please come for one week, or all weeks, or anything in between. There is no need to sign up, no homework, and nothing to bring but yourself! This group is for anyone looking for something more casual than adult education forums in the chapel, but more structured than coffee hour. Meetings are in the church's conference room between the 9:00 and 11:15 a.m. services. If you have any

questions, feel free to contact Kasia Hinkson at kasiahinkson@gmail.com or at (919) 869 – 5106.

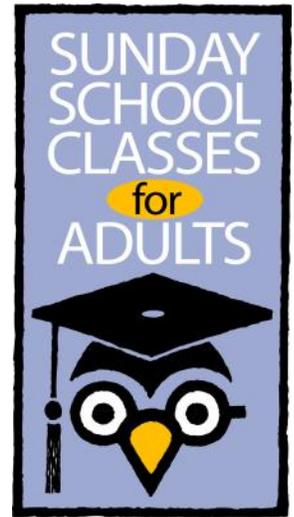
THE DAILY OFFICE is a series of prayers for daily devotions in the morning and evening. It can be read privately or corporately as a liturgy in church. The Daily Office Lectionary (BCP pg. 934) is a 2-year cycle of scripture readings which cover most of the Bible and recite the complete cycle of psalms every seven weeks. Daily Office recordings are made by St. Paul's readers and are available in MP3 format at www.stpaulscary.org. Readings by St. Paul's readers are also broadcast on the Church Broadcasting Entity Radio (THE-CBE.org). More information is available at the church web site.

THE JULIAN GATHERING meets on the second and fourth Wednesdays of each month at 9:15 a.m. for contemplative prayer and the study of Julian of Norwich. Julian was a 14th century mystic and author of *The Revelations of Divine Love*, often acknowledged as one of the world's great spiritual classics. The next meeting dates are September 9 and 23. For more information, contact Lanny Wase, lannywase@mac.com, 919-466-9050.

MINISTRY OF MOTHERS SHARING (MOMS). MOMS is a course for women who would like to devote time to their spiritual development. This peer-led ministry offers mothers of all ages a place to share the stress, concerns, and positive experiences that have influenced their spiritual growth. At least one session of MOMS is offered each year. More information is available at www.stpaulscary.org.

PEOPLE OF ALL COLORS AND CULTURES TOGETHER (PACCT) meets on first Tuesdays at 7:00 p.m. in the youth wing. We will continue our discussion on race relations and diversity in our community and America. Please join us on *September 1* for our next meeting! For

(Continued on page 14)



Adult Education Opportunities for Fall

WOMEN'S STUDY GROUP



(Continued from page 13)

more information text Andrea at 919-348-9599.

THE WOMEN'S STUDY GROUP is open to women who are interested in reading and discussing literature. We alternate reading fiction and non-fiction each month. Much, but not all, of our selections have spiritual / religious

themes. The group meets the second Tuesday of the month from 12:00 noon to 1:30 p.m. in the bride's room. The next meeting is September 8. Child care is available on request. For more information, contact Leah Dail, LeahDail@gmail.com.

Submitted by Beth Barnes and St. Paul's Adult Education Committee

The Center for Hope and Healing Hosts Adult Ed Forum September 20

Are you curious about what "counseling" means in today's world? Want to know how to decipher the alphabet soup of licenses (LCSW, LPC, NCSP, PsyD, LPA, MDiv) and understand more about how counselors choose to specialize?

CHH would like to open our doors to the St. Paul's community on Sunday, September 20, hosting the adult education forum and introducing you to our resident practitioners. The Rev. Dr. Cathy Deats will offer insight on community mental health services and its importance in our society. Browse through the facility, enjoy a snack, and

meet the board of directors during the regular coffee hour time, 10:10-11:00 a.m. The staff and directors are happy to answer your questions, so please stop by to meet us, or just drop in to check out the progress we've made.

If you are interested in attending a class or group offering at CHH, we have a few to consider this month. CHH is hosting the Duke Integrative Medicine

course on *Mindfulness Based Stress Reduction* on Tuesday evenings (September through November) as part of their distance learning program. Information can be found at their website,

www.dukeintegrativemedicine.org.

Ruth Burnett is also offering a free class on *Trauma and the Brain*, as a daytime session on Tuesday, September 15, from 10:30 a.m. – noon, or Thursday evening, September 17, from 7:30 – 9:00 p.m. Contact Ruth at ruthburnett12@gmail.com.

Look for the announcement (on page 5) about Ann Ritter's grief support group, *Sharing our Stories*, which will be held at CHH on Wednesdays from 7:00 – 8:30 p.m. beginning September 30. You can contact Ann, Chaplain and Grief Counselor at UNC Hospice, for more information at ann.ritter@unchealth.unc.edu or 919-428-1736.

CHH remains ever grateful to the St. Paul's community for years of support and "sweat equity" that have kept our doors open. Without volunteer support for tech services, cleaning, grounds keeping, and publicity, we would not be able to do what we do. You are making an impact and we thank you so much.

Submitted by Mary Kintz



Meet Patricia Costello, Parishioner and Dorcas Ministry Volunteer

Patricia is relatively new to St. Paul's. She has only been part of our church family for a year and a half but that hasn't stopped her from getting involved. She is an office volunteer, a member of Prayer Stitchers, a volunteer for the Lobster Fest, and a Dorcas volunteer.

Patricia actually started at Dorcas before joining St. Paul's. She saw Dorcas when she was a volunteer at the Habitat ReStore and said it looked like the Dorcas volunteers had more fun. So two years ago she started at Dorcas Thrift Shop as a cashier. She told me she enjoys volunteering at Dorcas because the people are all so friendly and they do not get mad, even when you make a \$4,000 mistake. That mistake was actually my fault because I was trying to take her picture when she was ringing up the customer and I distracted her. The

customer was very patient and Patricia handled it with grace and calm even though there were several people in line.

Welcome Patricia to St. Paul's and thank you for your service to Dorcas.

*Submitted by Nancy Fierke,
Dorcas Ministry Leader*



Kairos

Kairos #39 is over—but the effects remain. At the beginning of the weekend-long event, the ladies were seated in groups of 6 (referred to as Table Families), and they participated together in that group all weekend. At the closing ceremony, they were invited to respond to three questions, either as individuals or in groups (the Table Families.) The questions and some of the responses are listed below:

Question 1: In what condition did you come to Kairos?

Question 2: What did you find here?

Question 3: What are you taking away with you?

Table Family 1

1. Hungry, thirsty, in need of repair.
2. The gospel of Jesus, God, peace, love, how to come together.
3. Comfort, new friends, love of God and others, Christ.

Table Family 2

1. Bitter, lost, alone, shy, unforgiving, angry, behind a wall.
2. Forgiveness, acceptance, peace, unconditional love, friendship.

3. Joy, forgiveness, closer to God, a desire to spread Christ's love, Christ is counting on us. We are not alone.

Individual 1

1. Broken, troubled, hurt, unloved.
2. Love, peace, joy.
3. A mind to serve God in a new way.

Individual 2

1. Depleted, heart heavy. I have two months left. I was afraid I wouldn't have the courage to go home.
2. There is still a chance to be loved and wanted.
3. I am taking courage inside and outside when I leave.

Individual 3

1. I was broken, very bitter, and always mad.
2. I found peace, peace of mind, and happiness.
3. God is in my heart now and I'm going to try and do better.

Watch for more responses in the next newsletter.

Submitted by Gerri Batchelor

Happenings at PLM-Families Together

Editors Note: PLM-Families Together is a ministry supported by St. Paul's Outreach Committee. St. Paul's parishioners often participate in supporting PLM-FT activities with their time, talent, and money. This write-up is taken from the PLM-FT monthly newsletter release.

PLM Families Together continues to grow and develop new and better ways to help families experiencing homelessness in our community.

AVOIDING THE CYCLE OF HOMELESSNESS – EARLY INTERVENTION

What if we could help people avoid even starting the cycle of homelessness? That's just what "Fostering Youth Opportunities" is all about. We've

partnered with The Hope Center at Pullen, Wake Tech and the Department of Health & Human Services to provide the housing component of a program that helps young adults aging out of foster care. Our goal is to set this at-

risk population on a positive path early in their adult life with needed service, education direction, and stable housing. This joint effort has proven quite successful as we've just wrapped up our first year and will be continuing into next year. We're also adding "Fostering

Families," to work with parents who have come from the foster care system.

WIN-WIN COMMUNITY PARTNERSHIPS

As community collaboration becomes more and more important, we've established partnerships with the Salvation Army, Interact, and Raleigh Rescue Mission shelters. We're able to work with families at these locations to help them to find a home of their own. Once a lease is signed, the family will continue in our program for another year. And when families move out of these shelters, space is freed up for another family in need.

VOLUNTEER & DONATION OPPORTUNITIES

Now you can sign up to be a volunteer AND register to help at scheduled events. Just look for the "GET INVOLVED" tab on our web site, www.plmft.org. Monetary gifts can be given online at our web site, or mailed to PLM Families Together, P.O. Box 14395, Raleigh, NC 27620. Also, we are currently accepting donations of food and cleaning supplies to help families in our program. Contact Meghan Olesen to donate (Meghan@plmft.org / 919-212-1123 ext. 232). Thank you for your support!



Liturgy

Upcoming Music Events

November- The Bells of St. Paul's will be performing a special mini-concert on November 14, 2015 at the Festival of Arts and Crafts. Look for more information to come. Also a quartet of carolers will be strolling through that day!

December- Mark your calendars for Advent Lessons and Carols, Sunday, December 20, 2015 at 4:00 p.m., a service of nine biblical readings

focusing on the Advent prophecies with music interspersed that reflect and enlarge upon them. The St. Paul's Choir will perform works by Will Todd, Charles Ives, William Matthias, Thomas Pavlechko, and G.F. Handel as well as hymns of the season. The event is free and open to the public. Invite your friends!



Welcome to Epiphany Choir's New Director

It is my pleasure to welcome Andrea Dreier-Li to her new role as Epiphany Choir Director. Andrea joined the alto section of the St. Paul's Choir last fall and has played piano and organ several times for rehearsals and services here since that time. She holds both Bachelor and Master's degrees in piano performance from Youngstown State University and spent two years in the Peace Corps in Bulgaria where she taught elementary English and music (and participated in competitive Bulgarian folk dancing while she was there!). Andrea worked for several years in the libraries of the Cleveland Institute

of Music and the Cleveland Heights Public Library. She taught piano for more than 10 years, and worked as an organist, pianist, and choral singer in many churches of different denominations. She joined the Episcopal Church in 2014 and moved to Raleigh that same year to become the Director of Operations for The Gay Christian Network. And Andrea just doesn't know how she lived before without sweet tea and hushpuppies! Please join me in welcoming her to this new role.

Rusty McKinney
Music Minister



Ensembles Are Starting Fall Seasons

All ensembles are starting up again this September. If you want to join a group in St. Paul's Music Ministry, this is an excellent time!

There are some changes in offerings and in the names of some groups. This may be confusing at first, but the goal is a more unified and descriptive naming.

Start dates are:

September 2	WED	7:30 p.m.	St. Paul's Choir
September 3	THU	7:15 p.m.	9:00 Choir (new)
September 8	TUE	6:00 p.m.	Bells of St. Paul's
September 8	TUE	7:00 p.m.	Canterbury Bells
September 8	TUE	8:00 p.m.	Canterbury Choir (formerly Youth Choir)
September 9	WED	6:00 p.m.	Epiphany Choir
September 8	WED	6:00 p.m.	Advent Choir (formerly Junior Choir)
September 8	WED	8:00 p.m.	Advent Bells (formerly Proclamation Bells)

Here are more details for the Music Ministry's Ensembles for Fall 2015:

EPIPHANY CHOIR: Open to children in grades K through 2. Rehearsals are on Wednesdays at 6:00 – 6:45 p.m. from September to May. Children will be introduced to fundamentals of music through the music of the church, actively participating in worship several times during their season.

Andrea Dreier-Li, Director

ADVENT CHOIR: Open to children in grades 3 through 5. Rehearsals are on Wednesdays at 6:00 – 6:45 p.m. from September to May. Children will continue to learn about music and

explore the music of the church, actively participating in worship several times during their season.

Rusty McKinney, Director

ADVENT BELLS: Open to children in grades 3 through 5 who can commit to the rehearsal schedule and follow directions carefully. These young ringers are introduced to the joys of English Handbell ringing through learning musical notation and the art of ringing and ensemble playing. Advent Bells rehearse Wednesdays, September through May, from 6:45 – 7:15 p.m. Ringers participate in several worship



Music Ministries Ensembles (continued)



(Continued from page 17)
services during their season.

Rusty McKinney, Director

CANTERBURY CHOIR: Open to young people in grades 6 through 12. The choir rehearses Tuesdays from 8:00 – 9:00 p.m. from September through May. The youth continue to develop their musical and vocal skills, rehearsing a variety of music and participating in worship several times during their season.

Rusty McKinney, Director

CANTERBURY BELLS: Open to youth in grades 6 through 12. This choir rehearses every Tuesday, from September to May from 7:00 – 8:00 p.m. This handbell choir continues to explore English Handbell ringing and advanced musical notation. Ringers participate in several worship services during their season.

Rusty McKinney, Director

ST. PAUL'S CHOIR: Open to adults. The choir rehearses September to May on Wednesdays from 7:30 – 9:00 p.m. and meets at 10:30 am (10:15 a.m. on summer schedule) on Sundays for warm-

up / rehearsal year round. This choir leads the congregation each Sunday for the 11:15 a.m. service (10:45 a.m. on summer schedule) and performs at other times for special services and concerts throughout the year.

Rusty McKinney, Director

9:00 CHOIR: Open to adults and youth. The 9:00 Choir rehearses on Thursday evenings from 7:15 – 8:45 p.m. September through May and meets at 8:15 am on Sundays for warm-up / rehearsal year-round. This choir leads the congregation at the 9:00 a.m. service every Sunday.

Rusty McKinney, Director

BELLS OF ST. PAUL'S: Open to adults. Rehearsals are held on Tuesday evenings from 6:00 – 7:00 p.m. Ringers enjoy improving their skills in English Handbell ringing and improving their work together as an ensemble. Ringers rehearse and participate in several worship services from September to May and perform at other times for special services and concerts throughout the year.

Rusty McKinney, Director



Facilities Management

Lay Weeders – still active and looking for volunteers

Do you like to garden? Have you ever noticed how beautiful St. Paul's campus is? Want to help keep St. Paul's courtyard looking its best? Then join Lay Weeders!

We are looking for folks who would like to use their time and talent to keep the weeds at bay in the courtyard and plants looking their best. If you

are interested in volunteering an hour or two a month please contact Julia Rudy, jbrudy@yahoo.com.

Remember, summer is almost over but the growing season is still going strong.

Submitted by Julia Rudy



Sunday Schedule

7:30 a.m. Eucharist Rite I
 8:45-12:30 Kids' Club
 9:00 a.m. Eucharist Rite II
 9:00 a.m. Children's Chapel
 10:00 a.m. Fellowship-Coffee
 10:10 a.m. Education Hour

11:15 a.m. Eucharist Rite II
 11:15 a.m. Children's Chapel
 11:15 a.m. Pre-EYC (2nd & 4th Sunday)
 5:00 p.m. Middle School EYC
 5:00 p.m. High School EYC



Wednesday Schedule

10:30 a.m. Prayer Stitchers
 12:15 p.m. Liturgy Meeting
 6:00 p.m. Epiphany Choir
 6:00 p.m. Advent Choir
 6:45 p.m. Advent Bells
 7:30 p.m. St. Paul's Choir

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>6 SUMMER SCHEDULE NO SUNDAY SCHOOL 7:30am Eucharist Rite I 9:00am Eucharist Rite II 10:45am Eucharist Rite II</p>	<p>7 LABOR DAY NO PRESCHOOL OFFICE CLOSED 6:30pm Cary Concert Singers 7:00pm AA</p>	<p>8 12noon Women's Study Group 6:00pm Bells of St. Paul's 7:00pm Youth Comm. 7:00pm Canterbury Bells 8:00pm Canterbury Choir</p>	<p>9 WEDNESDAY SCHEDULE 9:15am Julian Gathering 10:00am Prayer Stitchers 12:15pm Liturgy Meeting 7:00pm MLRC 7:00pm Adult Ed</p>	<p>10 7:00pm Prayer Stitchers 7:15pm 9:00 Choir</p>	<p>11 8:00am Maintenance Work Day</p>	<p>12 8:30am Blood Drive 12noon Treasure Keepers</p> 
<p>13 FALL SUNDAY SCHEDULE SUNDAY SCHOOL RESUMES EYC RESUMES</p> <p>KICKOFF SUNDAY</p>	<p>14 6:30pm Cary Concert Singers 7:00pm Finance Committee 7:00pm Outreach Committee 7:00pm AA</p>	<p>15 1:00pm Communications Comm. 6:00pm Bells of St. Paul's 7:00pm Stewardship Comm. 7:00pm Canterbury Bells 8:00pm Canterbury Choir</p>	<p>16 WEDNESDAY SCHEDULE 10:00am NEWSLETTER DEADLINE 10:00am Prayer Stitchers 12:15pm Liturgy Meeting 7:00pm Adult Ed</p>	<p>17 5:30pm Preschool Ice Cream Social 7:15pm 9:00 Choir</p>	<p>18 7:00pm Rainbow Gathering</p>	<p>19 8:30am Blood Drive 12noon Treasure Keepers</p>
<p>20 SUNDAY SCHEDULE 12:30pm ASP Sponsor Appreciation Lunch</p>	<p>21 6:30pm Cary Concert Singers 7:00pm Vestry 7:00pm AA</p>	<p>22 6:00pm Bells of St. Paul's 7:00pm Adult Ed-Merton 7:00pm Canterbury Bells 8:00pm Canterbury Choir</p>	<p>23 WEDNESDAY SCHEDULE NO PRESCHOOL 9:15am Julian Gathering 10:00am Prayer Stitchers 12:15pm Liturgy Meeting 7:00pm Adult Ed 7:00pm Adult Ed Committee</p>	<p>24 7:15pm 9:00 Choir</p>	<p>25</p>	<p>26</p>
<p>27 SUNDAY SCHEDULE PRE-EYC STARTS 11:15am Pre-EYC</p>	<p>28 6:30pm Cary Concert Singers 7:00pm Care & Share 7:00pm AA</p>	<p>29 6:00pm Bells of St. Paul's 7:00pm Canterbury Bells 8:00pm Canterbury Choir</p>	<p>30 WEDNESDAY SCHEDULE 10:00am Prayer Stitchers 12:15pm Liturgy Meeting</p>			<p>St. Paul's Lobster Fest</p> 

ST. PAUL'S EPISCOPAL CHURCH

Sunday Services: 7:30 a.m., 9:00 a.m., & 11:15 a.m.



ST. PAUL'S EPISCOPAL CHURCH

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The Rev. Lois Reardin, Priest Associate
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The Rev. Antoinette Wike, Priest Associate
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The Rev. Candy Snively, Deacon
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Vestry

Senior Warden: Mike Krannitz
Junior Warden: Julia Rudy
Beth Barnes, David Buchanan, Linda Cozzolino,
Dan Loughlin, Dave Mackie, Carter Collins,
Ralph Greco, Myra Hawkins, Sherri Hubbard
Treasurer: John Goehrke — Clerk: Lanny Wase

Sunday Service Schedule

7:30 a.m.	Eucharist Rite I
8:45 - 12:15	Kids' Club
9:00 a.m.	Eucharist Rite II
9:00 a.m.	Children's Chapel
10:00 a.m.	Fellowship-Coffee
11:15 a.m.	Eucharist Rite II
11:15 a.m.	Children's Chapel