

ST. PAUL'S LETTER

ST. PAUL'S EPISCOPAL CHURCH

St. Paul's Episcopal Church in Cary is home to an active, caring, and diverse congregation of the Episcopal Diocese of North Carolina. Through corporate worship, spiritual development, fellowship, and service we continue to grow together in faith. We strive to be Christ's welcoming, reconciling, and transforming presence in the world through our many and varied ministries.

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Letter From The Rector

The Rev. George Adamik

Dear Friends,

There are 110 dioceses that make up the Episcopal Church. Based on membership, do you know the name of the largest diocese? "New York" you may say? Or perhaps a diocese in Texas? Well, I would bet no one reading this would know the answer. The largest diocese in the Episcopal Church is the Diocese of Haiti. That's right, the poorest country in the world happens to be the largest Episcopal diocese. The bishop of the diocese is The Rt. Rev. Jean Zache Duracin. The diocese, started in 1864, has about 98 congregations, missions and preaching stations spread throughout the country, where 180,000 Episcopalians gather regularly for worship and living out the Gospel.

Bishop Duracin has seen Holy Trinity Cathedral and diocesan offices in Port-au-Prince fall into ruins. The bishop and his wife lost their home. But I am told that along with diocesan leadership, the bishop has been able to set up a camp about the size of a football field at College Saint Pierre, one of the dioceses many primary schools, to provide refuge for injured and homeless Haitians. Tents have been set up and many, including the bishop and his wife are living there. Episcopal Relief and Development (ERD) is working with the Diocese of Haiti in its response to the awful devastation caused by the recent earthquake, engaging in relief, rescue, and recovery.

In a country mired in extreme poverty before this earthquake, there are daily news reports of the lack of any real infrastructure after the earthquake, which is making rescue efforts overwhelmingly challenging. This is one of the reasons I am confident in my support for Episcopal Relief and Development. Over the years, ERD has continually proven itself to be a model for responding to disaster. With its close connection to the Episcopal Diocese of Haiti, as well as other partners, I am so hopeful that any financial support you can offer will go straight to where it can be most beneficial.

Please refer to the information provided on St. Paul's web site for ways you can offer financial support. May we keep the nine million people of Haiti in our prayers.

George



Remember the
Bishop's Visit
on February 21

Next Newsletter
Deadline:
Feb. 17
at 10:00 a.m.

Warden's Corner

Hello to everyone. I hope you all had a great and blessed Christmas season.

Here at St. Paul's, I am looking forward to a great new year as your Senior Warden. We expect to call a full-time Minister of Music this year. (Jason Pace's interim leadership has been a joy and blessing!). We expect to continue building a firm financial footing for St. Paul's and to roll out our new General Endowment Fund. The number of parishioners has increased dramatically (20% the last couple of years) and attendance has increased about 5%. Both of these numbers are encouraging, especially since the larger church is experiencing decreases in both categories. We expect to welcome even more visitors to our campus. One particular challenge, however, that George Adamik mentioned in his January

10 (Annual Meeting Day) homily, is that of truly incorporating newcomers into our parish life. I'm afraid this might be because our newcomers are not finding homes, activities, and friends in all our ministries. My appeal to each and every one of you is to keep those doors open and invite all newcomers, especially new members and even not-so-newcomers, to become, and stay involved. There is nothing quite like a personal connection. We all have so much to gain.

Thanks, too, for electing four new vestry members for 2010. I'm looking forward to working with each and every one of them, and with all of you, to make sure "All Are Welcome."

Faithfully,

John Hemperly, Senior Warden



New Vestry Members Elected

Four new vestry members were elected at the January 10th Annual Meeting. These new members will serve a three year term from 2010-2012. St. Paul's was very fortunate to have seven well-qualified candidates this year and our sincere thanks go out to all who felt called to this ministry. Your new vestry members include Larry Cupitt, Charlotte Heath, Beverly Hope, and Brad Williford. Current vestry members include:

(through 2010) John Hemperly, Chuck Hubbard, Jean Huey, Ann Lockhart; and (through 2011) Betty Charlton, Dennis Daniels, Jeff Kager, and Anne Pilgrim.

The full vestry along with the clergy will be on retreat January 29 th and 30th. Please keep the vestry in your prayers as they continue to make important decisions to shape St. Paul's future.

*Submitted by Rick Bradley
Vestry Nomination Chair*



About Our Church

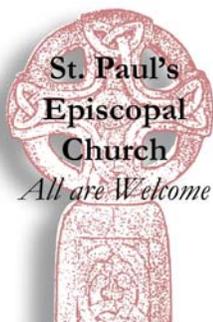
We express our sympathy to Lydia and Ashley Oliver for the death of their friend, Leigh Ashley; to Andrea Szigethy for the death of her father George Myhre; to Mary Wood for the death of her uncle Ernest Addy; to Shayne Magee and Charlotte, Katie, Emily and Julia Magee for the death of their father/grandfather; to Jamie Cobb for the death of his father, James V. Cobb, Jr.; and to the families of D'Arcy Bent and Cynthia Singler, members of St. Paul's.

We celebrate the births of Calla Elizabeth Nathison, granddaughter of

John and Perry Cizek and the birth of Rachel Lenore Concini, daughter of Sara and Mike Concini.

We rejoice in the baptisms of William James Wei Day, son of Michael and Kelly Day; Hannah Beatrice Barr, daughter of Roger Barr and Milli Hayman; William Geoffrey Higgins, son of Geoffrey and Jennifer Higgins; Alayna Cristina Palma, daughter of Alejandro Garcia and Alicia Dietrich; and Arjun Daniel Shah, son of Anupam and Tisha Shah.

Submitted by Melanie Fairbrother



Coffee Talk

Coffee Talk will be facilitating an Ages & Stages Journaling activity this winter/spring. In January we constructed a set of prompt questions to ask ourselves for each decade of our lives. During meetings we will discuss any entries from the most recent decade assignment you wish to share. As the group progresses through the ages, the discussions and answers will change to how we hope to handle that decade and/or observations of others in that decade that we could learn from. If you are interested and can't make all the meetings, ask to be put on the mailing

list and you will be kept informed of where we are so you can journal along. On February 10th we will discuss/share our entries for the 20's and February 24th will be the 30's. Coffee Talk meets the 2nd and 4th Wednesdays at 7pm in the library. Childcare is available in the Kids Club. Coffee will be served. This is a very casual, women's discussion group for all ages and stages and is an opportunity to make new connections with women here at St. Paul's. For more information contact Jen Dobridge through the church office.

Submitted by Jen Dobridge



Coffee Talk

Fellowship events for February

Join the Fellowship Events Team for their monthly meeting to discuss upcoming activities on Sunday, February 6th, between the 9:00 a.m. and 11:15 a.m. services. We welcome new members who want to get involved with our church activities. Hope to see you there!

Sunday Bowling Fellowship Event, Sunday February 7, 2010 at 1:00 p.m. at Buffalo Lanes in Cary. Fun for the whole family! Sign up in the narthex.

Submitted by Katie Childers



Women Welcoming Women

Women Welcoming Women (WWW@St. Pauls) is a women's organization at St. Paul's that celebrates women of all ages and stages and provides them with the opportunity to socialize together several times throughout the year. Each social gathering is intended to be a relaxing evening out without any pressure to commit or to volunteer.

We are starting the new year with our first event scheduled for March 14th. Our hosts for the evening, Kim King, Sally Moller, and Brenda Sanders, are planning a relaxing evening where we can meet, greet and just laugh away those holiday blues! The evening will begin in the parish hall at 6:00 pm. Childcare will be provided in the Kids' Club. Each guest should bring an

appetizer or dessert plus \$1 to provide for paper goods. Please note that appetizers and desserts may be store-bought as we don't exchange recipes in this group

Generally, an RSVP is not required to reserve your seat at a WWW gathering. However, to ensure that we have sufficient seating available, it would help if you could RSVP by March 7th. You may sign up for the event in the narthex or RSVP to Sherri Hubbard at sherri.hubbard@ncdoi.gov or to Jennifer Shy at churchschool@stpaulscary.org. If you require childcare, please let us know in advance so that we have sufficient help in the Kids' Club.

Submitted by Sherri Hubbard



Women Welcoming Women (WWW)



Potluck Dinner

Weekly Potluck Suppers

Join other St. Paul's members every Wednesday evening at 5:30 p.m. for a parish potluck supper. Come join us for a simple mid-week meal. Bring whatever you'd like to share.

On the 2nd Wednesday of each

month, the Parish Potluck Supper is followed by Evening Prayer at 6:30 p.m. in the chapel. Hope you can come!

For more information, contact Lorrie Todd at ltodd@nc.rr.com.

Men's Group Events

The St. Paul's Men's Group has a number of activities coming up. Please take note of these and join in.

St. Paul's 2010 Progressive

Dinner: The dinner is planned for Saturday, Feb 6 at 6:00 p.m. This event is sponsored by the Men's Group, and is a wonderful annual social event and fundraiser. For more information see the poster in the narthex.

Shrove Tuesday Pancake Supper:

Plan to attend this great social event on Shrove Tuesday, February 16th, 2010 from 5:00 until 7:00 p.m. The Men's Group sponsors this event and does the cooking. Adults \$5, children under 12, \$3. (In England, Shrove Tuesday is/was widely associated with the eating of rich foods made with eggs, sugar, and butter, such as pancakes, because making such foods used up ingredients such as sugar, fat, and eggs, the consumption of which was traditionally restricted during the fasting associated with Lent. In Catholic traditions, the day is called Mardi Gras, or "Fat Tuesday" because of the tradition of using up all of the fats in the

house prior to the start of Lent. In both traditions, that Tuesday is a day of celebration prior to the start of Lent the next day on Ash Wednesday.)

Men's Group Meeting: The Men's Group will gather for food and fellowship (and Men's Group business) on Sunday, March 7th, 2010 from 4:00 to 6:00 p.m. in the parish hall. All men attending St. Paul's are invited and encouraged to attend. Bring a food item to share and your own drink. We will have a guest speaker and discuss the beach weekend.

Men's Beach Week: the 2010 Men's Beach Week will be held from Sunday evening April 18th until Sunday morning April 25th at Emerald Isle, NC. It is a time for the St. Paul's adult males to get together and relax, lie around on the beach, do some fishing, clamming, kayaking, eat a lot of good food, and have fellowship with one another.

For more information about St. Paul's Men's Group and its activities, check out the St. Paul's web site /Adults / Adult Ministries / Men's Group, or contact Fill Bowen.



Women's Beach Week

2010 Women's Beach Week will be April 25th to May 2nd. Sign up now in the narthex.

St. Paul's Ladies, it's time for our annual trip to Emerald Isle. Women's Beach Week sign-up has started: the poster is in the narthex. Dates are Sunday, April 25th to May 2nd, 2010. Sign up for as many nights as you want for fun and fellowship. The cost is \$50

per night. Please fill out the forms ASAP, and a deposit of at least half of your stay is due by Feb 21st with the remaining balance due by Mar 14. Please make checks payable to St. Paul's and put WBW in the memo section of your check.

If you have questions, please contact Yvon Daniel.





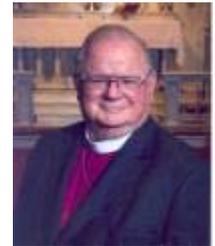
Adult ASP Mission Trip: February 4-7th

At least seven adults from St. Paul's will be joining congregants from the former Prince of Peace Church to conduct an adult mission trip from February 4th to 7th, 2010 as part of the Appalachia Service Project (ASP). The volunteers will help make a home warmer, safer, and drier for a family in

West Virginia. The volunteers represent two work crews. They will be at the Guyan Valley Center in Brenton, West Virginia, leaving on Thursday February 4th and returning on Sunday afternoon, February 7th. Be sure to ask Kevin Swann about the trip when you see him.



The Rt. Rev. Alfred C. "Chip" Marble Jr.
Assisting Bishop of the Episcopal Diocese of North Carolina will visit St. Paul's on February 21st.



Educational and Spiritual Development

Preschool

News from St. Paul's Preschool

Our school year is half over and time is flying because each day is packed with fun and learning. The children had a great January, experiencing cold weather and making snowmen. We had several days of doing a snow dance hoping to get some white stuff to play in. Keep your fingers crossed that February will bring just enough snow for a day. We were also busy with registration for the 2010-2011 school year. We had an

open house and many tours for new prospective members. The children are having a great start to the New Year and continue to brighten our days with their "academic" and "social" progress and especially with their smiles that greet us each morning. I hope you have a great February and Happy Heart Day!

Love in Christ,

Mary Catherine Troxler

Green Brigade Update

Our Green Brigade recycling project continues to flourish. Thus far, our children's stewardship project has recycled 600 juice pouches, 500 chip bags, and 50 cookie wrappers and has earned money for our Children's Ministry to use toward curriculum and enrichment programs at St. Paul's. The amount we have earned thus far is small, but, we can do more!

We are continuing our recycling project in 2010! We are looking for: 1)

juice pouch containers; 2) cookie wrappers from Nabisco; and; 3) Frito-Lay chip bags and any other Frito-Lay products.

There are two collections bins located at St. Paul's at the side entrance to the Education Building next to the restrooms. Please leave your empty containers in the bins at any time and help our children save the earth!

Submitted by Sherri Hubbard



Children's Ministries

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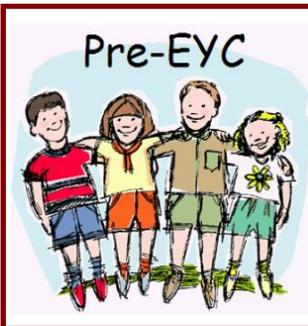
Sunday School



LENT



Easter Candies Needed



Pre-EYC

Lent is coming

Lent is right around the corner, beginning on February 17th. There are a number of activities planned for our children to acquaint them with our Lenten traditions:

- Mite boxes will be distributed February 14th during Sunday school and Children's Chapel and they will also be available in the narthex. Have your children start saving their pennies so that they will have very musical mite boxes to place on the cross on Easter morning.
- On February 14th, children will also create Alleluia banners and butterflies that will be revealed on Easter Day.
- Shrove Tuesday is Feb. 16. The Men's Group will be cooking

pancakes galore in the Parish Hall from 5:00 – 7:00 p.m. There will also be a craft table where the children can make masks and other Mardi Gras creations.

- During the Pancake Supper, the EYC will provide another Kiva Carnival, with tickets for each game costing around 50 cents. Proceeds will provide microloans in developing countries. Come join in the fun!
- Ash Wednesday is Feb. 17, and a special children's service will be held concurrently with the adult service at 7:00 p.m.
- On Good Friday (April 2), there will be a child-friendly Stations of the Cross service at 12:00 noon.

Communion Classes

Communion classes, taught by the clergy, will begin on February 28th for all first graders and older children who have not previously received communion education. Classes will be held during the regular Sunday school hour through March 14th. A special celebration will be held on March 21st

at the 9:00 a.m. service for those children who have completed the classes (dress attire is recommended) and a coffee hour in honor of the children will immediately follow the service. Please contact Jennifer Shy for further information.

Candy Donations Requested

On Easter Day, April 4th, we'll have our annual Easter Egg Hunt for all children ages three through fifth grade. Before Easter, we'll be filling close to 1,000 eggs with candy and other small items, and we'd love to have your help. If you would like to

donate a bag of small, individually wrapped candy or non-candy items such as stickers, we'll gladly accept them in Room 2 of the education building through Sunday, March 28th. Thanks!

Pre-EYC is for all 4th & 5th graders. Join us for food, fellowship, fun, and facts. We meet twice a month, on Sundays, in the Parish Hall from 4:00p.m. to 6:00 p.m.

February 7th - "Dinner with Jesus - around the year 30 AD": Dress for occasion as disciples, servants, or towns people of the day and bring a old blanket or mat. We will dine on the floor.

February 21 - Instructed Eucharist with Fr. BJ

For information contact Carla Traudt, carlatraudt@gmail.com

Children's Programs

We have been blessed this year with a fabulous group of fall Sunday School teachers, almost all of whom decided to continue teaching in the spring. We have also been very grateful for the cadre of Children's Chapel volunteers who assist with children's education during the church services. We could not offer the quantity and quality of children's programs currently available

at St. Paul's without the help of our many volunteers.

If you have any interest in assisting with the children's programs now or in the future, please feel free to contact Jennifer Shy to discuss volunteer opportunities. Volunteering in the children's ministry can be a most rewarding experience for both the children and the volunteers!

Children's Ministries



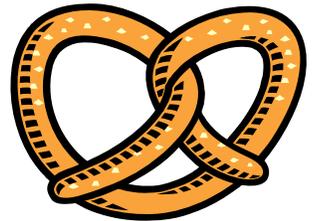
Children's Program Volunteers

Family Activity for Lent: Making Pretzels

The pretzel has been used during Lent for over 1500 years. It is thought that originally pretzels were made by monks to resemble arms crossed in prayer. These breads were called "little arms." This can have spiritual meaning for us during Lent. Since basically only flour and water are used, pretzels can remind us of fasting.

Ingredients: 1 cake yeast, 1 ½ cups warm water, 1 tsp. salt, 1 T. sugar, 4 cups flour

Directions: Dissolve yeast in warm water and sugar for about 5 minutes. Mix the flour and salt and add yeast mixture. Knead well (7-8 minutes), adding more flour if necessary to form firm dough. Let rise, covered, in a greased bowl until double in size. Preheat oven to 475 F. Divide dough into 32 equal parts. Roll each part into a snakelike strand, form strand into pretzel shape, and place on greased baking sheet. Brush with beaten egg and sprinkle with coarse salt if desired. Bake for about 10 minutes or until done.



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Morehouse Education Resources

Mark Your Calendar !

- Feb 14 Mite Boxes Available
- Feb 16 Shrove Tuesday Pancake Supper - 5:00 p.m. in the parish hall
- Feb 17 Ash Wednesday Service (for children & adults) - 7:00 p.m.
- Feb 28 Communion Classes begin
- Mar 21 Communion Celebration - 9:00 a.m. Service (Coffee Hour to follow)
- Apr 2 Stations of the Cross service for children - 12:00 noon
- Apr 4 Easter Egg Hunt
- Jul 19-23 Vacation Bible School

It is never too early to start booking dates for vacation Bible school (VBS)! Last year we had a record-breaking 168 children attend VBS at St. Paul's.



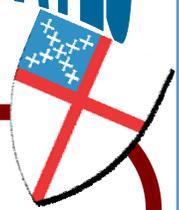
This year, VBS is planned for the week of July 19th-23rd. More information will be forthcoming as to the VBS theme, registration process, and volunteer opportunities. But mark your calendars and save that week!

Children's Ministry Committee

Jennifer Shy, Christine Ingram, Frank Bricio, Dean Keiswetter, Juli Kirby, Dave Mackie, Kim McCombs-Thornton, Melissa Tanner, Leslie Vaughn, and Selena Youmans
Clergy liaison – B.J. Owens

Episcopal Youth Community

EYC UPDATES



Youth

By Fred Lowry



Fred Lowry, Youth Director
youth@stpaulscary.org
www.stpaulscary.org/youth
919-437-1477 ex. 37

ASP Update

ASP is a home repair ministry to needy families of Central Appalachia. Youth and adult participants grow spiritually, gain self-confidence, and build and bridge communities. Real, honest work and relationship building are part of the experience. Volunteers must prepare lunches and water coolers for the day, spend several hours a day at their work site with their team, and then have chores to do to maintain the center or help with dinner when they return from their work site. The hours spent at the site provide needed time for repairs, as well as necessary time to build relationships with their family

and with each other. Evenings are spent in fellowship and learning about the Appalachian culture. ASP can truly be a life-changing experience. ASP is open to rising 9th graders and up.

Reserve your spot today by getting your \$100 deposit to Fred. Total cost of the trip is \$225. Participants are expected to attend all fundraisers and meetings.!

Important Dates for ASP
March 19th – Spaghetti Dinner and Auction
TBD – Chore Day
April 25th – Babysitting Fundraiser
June 20th-26th—ASP

High School Service Weekend

The diocese is hosting its first ever High School Outreach Weekend February 26th-28th. The planning team has been working hard to make it a fun and meaningful weekend! Participants will stay at the Cedar Grove Retreat Center in Kannapolis and perform local outreach projects all day on Saturday. The work projects include:

- Sorting donations at Crisis Assistance Ministry in Charlotte
- Restoring a slave cemetery in Woodleaf
- Packing 20,000 meals with Stop Hunger Now!
- Digging beds for a Community Garden in Charlotte which provides food for "Loaves and Fishes"
- Home repair for local residents in need

WE NEED YOUR HELP!!!!!!

This is a great opportunity to serve others while meeting teens from all over the state and having a great time. The cost for the weekend, including meals, lodging, a t-shirt, and all work project expenses is only \$60. (The diocese offers scholarship for up to \$40 for anyone in need.) Please let me know if you'd like to go, then register online at www.episdionc.org. Registration closes on February. 17th, but please register as soon as possible because it will make it much easier for those who are planning the weekend to know you are coming.

Hope to serve with all of you that weekend!

Upcoming EYC Events

- Jan 31 Variety Show
- Middle School Super Bowl Pregame / High School Super Bowl Party
- Feb 7
- Feb 14 Kiva Carnival Prep
- Feb 15 Kiva Carnival !
- Feb 21 Big Better Best
- Feb 28 Video Game Night
- Mar 7 30 Hour Famine

Ongoing Activities for 6th-12th graders

- Sunday*
- EYC: Middle School - 4:00-6:00 p.m.
- Shared Dinner: 5:15-6:00
- EYC: High School - 5:15-7:30 p.m.
- Tuesday*
- High School Compline: 8:00-9:00 p.m.

Kiva News



It's been a year since we started raising money and supporting microlending. We have made over 20 loans in over 15 different countries!

What a wonderful first year. Our third Kiva Carnival is being held Tuesday, Feb16, during the Pancake Supper! Come join us for fun and games as we continue to raise funds for 3rd world entrepreneurs.

Going, Going, Gone

Well...the Ides of March are right around the corner and with it that time honored St. Paul's tradition — the ASP Auction and Spaghetti Dinner!

We hope you'll save the date, Friday, March 19, and come celebrate with us. Attendees will enjoy a fabulous spaghetti dinner by the Men's Group, tasty confections provided by our very own youth and, best of all, the opportunity to bid on some unique and intriguing auction items. Proceeds will benefit the annual ASP mission trip to Appalachia where a group of 37 parishioners (25 youth and 12 adults) will spend a week (of their summer vacation) working to make homes safer and drier for those in need.

Please contact Sheila Reilly (snickerdoodle1@nc.rr.com or 919-303-6248) if you would like to donate an item for auction. Our parishioners have been most generous in their past support, and we thank you. Items which are especially popular with our bidders: homemade goods and services (baking, babysitting), vacation homes (for weekends or holidays of your choice), handcrafted items (quilts, jewelry), or any new items or gift certificates you may wish to donate.

We look forward to seeing you there!

Submitted by Sue Remavich



Outreach

Knitting Ministry

Calling all knitters, “wanna be” knitters, and crocheters! The St. Paul's Knitting Ministry meets weekly on Thursday evenings from 7:00-8:30 p.m. in the youth wing. We enjoy fellowship while making items which will provide comfort and warmth to persons in need, such as caps and blankets for premature babies; caps and mittens for the homeless; security blankets for children; lap rugs, scarves, and slippers for persons in nursing homes; and prayer shawls for persons in need of emotional support.

There are many charities and many persons in need. Bring your needles and yarn and choose your charity and pattern. If you have charity knitting /

crochet patterns you would like to share, please bring them.

Whatever your skill level — beginner or experienced — there is a charity and a pattern for you! If you don't know how to knit and would like to learn, this is an opportunity to learn from skilled knitters who are eager to teach you this wonderful craft.

Do you have leftover or unused yarn which needs a new home? We can use it! Bring it with you to the meeting or call Beth Barnes (380-7214) or Marilyn Mitchell (854-1887) to arrange for us to get it from you.

Questions? Call Beth or Marilyn.

Submitted by Beth Barnes



Food Drive: Urban Ministries & CSM

Christian Social Ministries of St. Paul's and Urban Ministries of Raleigh invite you to help with a food drive on February 14th and 21st. We will again be focusing on basic foods: canned and dry beans, dry pasta and rice, tuna fish, hearty soups, and other filling foods for winter. We will be happy to have non-perishable food from your pantry if you don't have time to do a



URBAN MINISTRIES
OF WAKE COUNTY

special shopping. We will also appreciate receiving your extra grocery bags, both plastic and paper, which we use to pack groceries for our clients. We provide food for up to 50 families a day, so don't worry about bringing multiples of one item. At the time of the Choir Festival we collected over 1000 pounds of food. Let's see if we can do it again! Thank you, as always, for your support.

Submitted by Anne Pilgrim

Christian Social Ministries

Amid the magnitude of devastation in Haiti, the powerful spirit of human generosity and compassion is a sliver of sunshine in these dark days. St. Paul's has been generous in support of the victims of this massive tragedy, donating more than \$4,000 to Episcopal Relief and Development as of this writing. Additional parish fundraisers – including proceeds from the upcoming variety show – will benefit relief efforts in Haiti. (Updates will be posted on the website – www.stpaulscary.org.)

The extent of the suffering in Haiti is almost unimaginable. In an instant, we are reminded of how precious our lives on this earth are, aware of the precarious thread that connects us as human beings living in this world together. We extend our hearts and hands to our Haitian brothers and sisters from afar. We send our prayers and money; we offer our compassion and hope.

This is what we do: in times of crisis, we are called to do the right thing; we rise to the challenge. We reach out, without question, with full hearts, to give to those in need. We are drawn together to help others. We serve because we are divinely inspired and we serve because we are human.

We do this during times of crisis, and we do it daily. We do it in countless

ways - within our church family, for our neighbors and friends; we serve within our communities and schools.

We do so much – yet there is so much more to be done. There is an array of established service ministries actively at work within our parish, committed to reaching out to those in need in our local communities. St. Paul's, via Christian Social Ministries (CSM) supports many of the affiliated reputable charitable organizations with monetary contributions. This year, CSM hopes to present you with more and more opportunities to serve actively within these charities, to engage with the individuals and families supported by these programs – so you can meet some of the real people who embody the many wonderful organizations supported by St. Paul's.

Within the next several weeks, you'll have several opportunities to donate food and supplies to local families in need via collection drives to benefit the Urban Ministries' Food Pantry and The Caring Place. Later this month, you'll also have the chance to work in-person with families in transition as our parish helps host struggling families as part of the Wake Interfaith Hospitality Network project. (Please watch the bulletin, narthex display, and website for sign-up information.)

As powerless as we may feel, with so

(Continued on page 11)

“And above all these things put on charity, which is the bond of perfection.” - Colossians 3:14



Christian Social Ministry



Christian Social Ministries (cont)

(Continued from page 10)

much physical distance between us and Haiti, we have many opportunities here “in our own backyard” to make a real difference, help empower others, and ourselves, through service. Might you consider helping to get a parish group together to stock shelves at the Food Pantry, or to pass out food? Perhaps a few fellow members of a parish committee would enjoy the fellowship “outside” the parish to do some service work together? Many ministries and groups here at St. Paul’s engage in outreach work on their own (from the

Children’s Ministry to the choirs, to the Fellowship Committee to the Men’s Group, to name but a few), and it would be awesome for others to follow in their footsteps. Are you involved in charity work outside of St. Paul’s that is meaningful to you, in which others in our parish might be called to serve? The CSM committee is here to lend a hand, to help expand and initiate service projects within our parish so that we can reach out with hearts and our hands, to more and more people in need among us in this world, both near and far.

Submitted by Linda Cozzolino

Liturgy

Musically Speaking

Serve the Lord with gladness; Come before Him with joyful singing. Psalm 100:2

Choir to sing Mendelssohn

The St. Paul’s Choir will present excerpts from the oratorio *St. Paul*, by Felix Mendelssohn-Bartholdy at the 11:15 a.m. service on March 7th. The selections we are singing are those choruses and solos which describe Saul’s confrontation with Christ on the road to Damascus and his response to that event. The music ranges from dramatic to peaceful, depicting the transformation from rage-filled Saul to penitent Paul with his new found understanding of God’s grace and mercy as lived by Jesus Christ. Our guest soloist will be Dr. James Longmire, singing the part of Paul, with an augmented choir accompanied by the Garner Sinfonia.

Mendelssohn (1809-1847) was a

gifted and highly regarded German composer of the Romantic era. He wrote *St. Paul* in 1836 as his first oratorio. Mendelssohn grew up in a wealthy and cultured family in Berlin and was highly regarded as “another Mozart” demonstrating his skill at composing highly expressive and beautiful melodies in the music of *St. Paul*. It has been suggested that he chose the life of St Paul as a subject because, like St Paul, the members of his own family were converted Jews. Mendelssohn is often credited for the revival of the music of Bach. Mendelssohn’s regard for Bach is evident in his use of chorales (hymns) arranged in the style of Bach throughout the work.



The Conversion of Saul
by Michelangelo
Housed in the Pauline Chapel,

Saturday Workshop for *St. Paul* oratorio

There will be a Saturday Workshop for the *St. Paul* oratorio on Feb. 20th from 9:30 a.m. to 12:00 noon. for all St. Paul’s Choir members. If you are

interested in singing (altos are especially welcome) but are not a member of the choir? Contact Jason Pace ASAP for more information and



Calling all Youth

Youth Sunday is February 14th! All St. Paul's youth are strongly encouraged to participate in that Sunday's events. Here's what's planned for music: Youth Choir & Canterbury Handbells at the 9:00 a.m. service, and Junior Choir &

Proclamation Handbells at the 11:15 a.m. service. .Even if you aren't currently in a choir, talk to Jason about how you can add your voice or instrument to the music at either service. Remember, we need and want you!



Proclamation Handbells Workshop

This year's Capital Area Young Ringer's Festival will be held on Saturday, February 27th, at Resurrection Lutheran Church in Cary. Come improve your technique, learn new

music, and spend time with a huge group of fellow ringers from the Triangle. Let Olivia or Jason know as soon as possible so they can make reservations.



Annual Children's Cantata: April 25

The Annual Children's Cantata is a special spring event with wonderful singing, costumes, backdrops, dancing, and the occasional surprise. This year's presentation will be *Table for Five ... Thousand!* *The Miracle of the Loaves and Fishes*, adapted from the New Testament parable.

All children currently in our choirs and handbell groups are invited to participate. So parents, mark your calendars. If your child is not presently

in a choir but wishes to be in the cantata, just call Olivia Ittoop or Katie O'Brien to get on the list. Such a big production takes many hands and many different talents from parents and parishioners alike. If you would like to help with this year's cantata, please contact Olivia Ittoop or Jason Pace. Olivia is especially looking for costume and props help. No experience necessary!

Submitted by Olivia Ittoop



LAST MINUTE REMINDER: Youth & Music Variety Show

The 2010 St. Paul's Variety Show is Sunday, January 31st at 5:00 p.m. in the parish hall. Be entertained by our talented youth as they sing, dance, tell stories & jokes, and play instruments

while **helping to raise funds to benefit Haitians devastated by the recent earthquake**. Hope to see YOU there! Tickets are \$5 and donations for Haiti are accepted.

Choir Service Schedule

Feb 7	9:00am — Jubilate Choir 11:15am — St. Paul's Choir
	<i>Youth Sunday</i>
Feb 14	9:00 am — Youth Choir & Canterbury Handbells 11:15 am — Junior Choir & Proclamation Handbells
	<i>Ash Wednesday— Lent begins</i>
Feb 17	7:00 pm — Ash Wednesday Service
	<i>Confirmation Sunday with Bishop Marple</i>
Feb 21	9:00 am — Jubilate Choir 11:15 am — Epiphany Choir
Feb 28	9:00am — Jubilate Choir & Bells of St. Paul's 11:15am — St. Paul's Choir



Join the Choir...

**You'll Be Glad
You Did!**

Musically Speaking

Serve the Lord with gladness; Come before Him with joyful singing. Psalm 100:2

Stewardship

Stewardship Campaign

Greetings from the Stewardship Committee! It's that time of year again when we will be sending out pledge cards and asking our fellow parishioners to make a financial commitment to St. Paul's. We want to continue to offer all of the wonderful programs that help make St. Paul's such a vibrant part of our lives and the community. As you know, our financial support does much more than pay salaries and keep the lights on. It also helps support the care and outreach efforts that St. Paul's is known for. One of our most important goals this year will be to help sustain and grow our music ministry at St. Paul's. The continued support from current pledgers along with that from newer members will enable us to hire a full-time music minister.

This year we are going to be holding several "cottage" meetings here at St. Paul's prior to Commitment Sunday in March. The typical cottage meetings are done in various parishioners' homes with small groups of people in each

house. However we have decided to have our meetings here at the church with much larger groups in an informal and celebratory atmosphere with food, beverages and perhaps a little entertainment. For anyone who happens to sit near me in church and has heard me on the rare occasion I attempt to sing, I promise I will not be part of the entertainment. We want this to be a pleasant experience for all.

By now, I'm sure you have received a letter or will be receiving one soon with your special invitation to attend one of our cottage meetings. We will be celebrating the wonderful faith community that we have here at St. Paul's and talking about what we hope to accomplish in the upcoming year. Each one of us is an integral part of what makes St. Paul's such a vibrant place where **All are Welcome**.

*Submitted by Ken Anderson, Stewardship
Committee Chair*

ANNUAL
Stewardship
CAMPAIGN

Thanks to all who help with facilities

As we try and stay warm, I wanted extend a warm thank you to some folks who help keep this place going. Thanks to Norm Robinson for cleaning out the light fixtures in Kids' Club. He has now cleaned out all the light fixtures in both the church building and the Kids' Club.

Rick and Ross Bradley came in over the holiday and painted the hallway that leads to the youth wing. Thank you so much: it is so clean and bright. They also came by on a warm Saturday in January to clean the leaves out of the gutters on the education building.

Tom Belington continues to do all kinds of projects for us. Tom, thank you for all the things that you do — they are too many to name.

I would also like to take the time to thank a ministry that is not visible to the parish. We have a group that comes and locks up the church after services and checks the heat and air and all the lights on campus. Thank you to Phil Albro, Emery Anderson, Fil Bowen, Otis Cowper, Steve Dinwiddie, Bill Fierke, Larry Ray, and Jon Troxler.

Submitted by Chris Lewis



*Thanks to All Who
Help Maintain the Church*



**Episcopal
Relief & Development**
Healing a hurting world

Make your donations to help Haitians
through the Episcopal Relief &
Development Fund
at [www.er-d.org/donate-
select.php](http://www.er-d.org/donate-select.php)

Relief for Victims of the



Earthquake in Haiti

Take Note



If you have not received a letter from St. Paul's about the update of the church directory — and you would like to be included in the directory — please contact **Melanie Fairbrother** at stpauls@stpaulscary.org or at 919-467-1477

Sunday Service Schedule

7:30 a.m. Eucharist Rite I
 8:45-12:30 Kids' Club
 9:00 a.m. Eucharist Rite II
 9:00 a.m. Children's Chapel
 10:00 a.m. Fellowship-Coffee
 10:10 a.m. Education Hour
 11:15 a.m. Eucharist Rite II
 11:15 a.m. Children's Chapel
 4:00 p.m. Middlers EYC
 5:15 p.m. Senior EYC



Wednesday Schedule

12:15 p.m. Liturgy Meeting
 5:30 p.m. Wednesday Dinners
 6:00 p.m. Epiphany Choir
 6:00 p.m. Junior Choir
 7:00 p.m. Proclamation Bells
 7:30 p.m. St. Paul's Choir

FEBRUARY

2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
7 SUNDAY SCHEDULE 4:00pm Pre-EYC	8 7:00pm Finance Committee 8:00pm AA	9 10:00am Archives 12:00pm Women's Study Group 5:00pm Acolyte Training 6:00pm Canterbury Bells 6:00pm Youth Committee 7:00pm Youth Choir 8:00pm Youth Compline	10 WEDNESDAY SCHEDULE 9:15am Julian Gathering 12:15pm Liturgy Meeting 4:00pm Skills Club 6:15pm Evening Prayer 7:00pm Coffee Talk	11 1:00pm Library Group 6:00pm Bells of St. Paul's 7:00pm Knitting Ministry	12 <i>Lincoln's Birthday</i>	13 8:00pm AA
14 <i>Valentine's Day</i> SUNDAY SCHEDULE YOUTH SUNDAY 5:00pm Ultreya 	15 <i>Presidents' Day</i> 7:00pm WCPSS Closed 8:00pm Vestry 	16 <i>Shrove Tuesday</i> 10:00am Archives 5:00pm—7:00 pm Pancake Supper 6:00pm Canterbury Bells 7:00pm VCC 7:00pm Youth Choir 8:00pm Youth Compline	17 <i>Ash Wednesday</i> WEDNESDAY SCHEDULE 7:00am Ash Wed Service 10:00am Newsletter Deadline 12:00pm Ash Wed Service 12:15pm Liturgy Meeting 4:00pm Skills Club 7:00pm Ash Wed Service 7:00pm Evening Women's Study Group	18 1:00pm Library Group 6:00pm Bells of St. Paul's 7:00pm Knitting Ministry 7:15pm Jubilate Choir	19	20 9:30am St. Paul's Choir Workshop 8:00pm AA
21 BISHOP MARBLE CONFIRMATION VISIT SUNDAY SCHEDULE 12:30pm Mar Thoma 4:00pm Pre-EYC	22 Washington's Birthday 8:00pm AA	23 10:00am Archives 6:00pm Canterbury Bells 7:00pm Youth Choir 8:00pm Youth Compline	24 WEDNESDAY SCHEDULE 9:15am Julian Gathering 12:15pm Liturgy Meeting 4:00pm Skills Club 7:00pm Coffee Talk	25 1:00pm Library Group 6:00pm Bells of St. Paul's 7:00pm Knitting Ministry 7:15pm Jubilate Choir	26	27 8:00pm AA
28 SUNDAY SCHEDULE 10:00am Communion Class Begins						

ST. PAUL'S EPISCOPAL CHURCH

Sunday Services: 7:30 a.m., 9:00 a.m. & 11:15 a.m.



St. Paul's Episcopal Church
221 Union Street
Cary, NC 27511

Non-Profit Organization

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Cary, NC 27511

Return Service Requested

Label

THE PEOPLE OF ST. PAUL'S

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Fax: 919-467-0152

Web Site: www.stpaulscary.org

Clergy

The Rev. George Adamik, Rector

x 13 | rector@stpaulscary.org

The Rev. Dr. Sally L. Harbold, Associate Rector

x 12 | rector2@stpaulscary.org

The Rev. Bernard J. Owens, Associate Rector

x 23 | bernard.owens@stpaulscary.org

The Rev. Antoinette Wike, Priest Associate

rector 4@stpaulscary.org

The Rev. Lois Reardin, Priest Associate

rector3@stpaulscary.org

The Rev. Candy Snively, Deacon

Candy.Snively@att.net

Staff

Melanie Fairbrother, Office Manager

x 10 | stpauls@stpaulscary.org

Chris Lewis, Financial Manager

x 21 | financial@stpaulscary.org

Jason Pace, Interim Minister of Music

Minister of Music Office 467-6241

x 15 | music@stpaulscary.org

Olivia Ittoop, Music Assistant

music2@stpaulscary.org

Mary Catherine Troxler, Preschool Director

Preschool Office 467-3788

x 16 | preschool@stpaulscary.org

Jennifer Shy, Church/Nursery School Director

Church School Office 467-2578

x 19 | churchschool@stpaulscary.org

kidsclub@stpaulscary.org

Fred Lowry, Youth Coordinator

Youth Office 467-0976

x 37 | youth@stpaulscary.org

Vestry

Senior Warden: John Hemperly

Junior Warden:

Chuck Hubbard, Jean Huey, Ann Lockhart, Betty
Charlton, Dennis Daniels, Jeff Kager, Anne Pilgrim, Larry
Cupitt, Charlotte Heath, Beverly Hope, Brad Williford

Treasurer: John Goehrke

Clerk: Lanny Wase

Sunday Service Schedule

7:30 a.m.	Eucharist Rite I
8:45 - 12:30	Kids' Club
9:00 a.m.	Eucharist Rite II
9:00 a.m.	Children's Chapel
10:00 a.m.	Fellowship-Coffee
10:10 a.m.	Education Hour
11:15 a.m.	Eucharist Rite II
11:15 a.m.	Children's Chapel
4:00 p.m.	Midders EYC
5:15 p.m.	Shared EYC Dinner
5:45 p.m.	Senior EYC