

ST. PAUL'S LETTER

ST. PAUL'S EPISCOPAL CHURCH

St. Paul's Episcopal Church in Cary is home to an active, caring, and diverse congregation of the Episcopal Diocese of North Carolina. Through corporate worship, spiritual development, fellowship, and service we continue to grow together in faith. We strive to be Christ's welcoming, reconciling, and transforming presence in the world through our many and varied ministries.

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The Rites of Confirmation, Reception, and Reaffirmation at St. Paul's

Those who desire to be received or confirmed into the Episcopal Church will do so when the Right Rev. Anne Hodges-Copple, Bishop Suffragan of the Diocese of North Carolina, visits St. Paul's and presides on Sunday April 26, 2015.

For youth...

Confirmation is an opportunity for YOUTH to make a personal decision to recommit to the promises that were made for them at their baptism. Someone spoke for YOUTH when they were baptized, since they were so young. But now, in the sacrament of Confirmation, YOUTH can make a mature decision for themselves.

Confirmation Classes begin in February, with an introduction session on February 15th at 10:10 a.m. (Education Hour). Confirmation is offered to all teenagers who are in the 9th grade or above, and who have not yet been confirmed. The only prerequisite is Baptism. (If you have not been baptized and wish to be, please notify the office.) Reflecting the movement in the Episcopal Church towards Confirmation as a mature statement of faith, this class is designed for older teenagers in the midst of questions and transition. We look forward to some great discussions!

Confirmation preparation will consist of three components: Education, Service, and Liturgy. The schedule (available on the St. Paul's website and in the narthex of the church) outlines the times for each; most classes are on Sunday mornings and most liturgy will be during Holy Week. Each session will be led by the Rev. George Adamik, the Rev. J Carr Holland, or the Rev. Dr. Cathy Deats. The Confirmation Classes are coordinated with the EYC program under the direction of Leah Dail, Interim Youth Coordinator.

The lessons and service project are also open to all EYC members who want to learn more, serve more, and support the confirmands in their journey. The Confirmation Class will learn about our Episcopal faith through a study of Scripture, reason, and tradition. They will attend and reflect on our liturgy, especially the liturgical traditions of Lent and Holy Week, and they will take part in service to fulfill our baptismal promise to "seek and serve Christ in all persons, loving our neighbors as ourselves." The service project will be the **30-hour Famine** on April 10-11.

For Those Adults Seeking to Join St Paul's Church....

Adult Inquirers and Confirmation Class will begin Sunday, February 15 and run through Sunday, April 12th. The Sacrament of Confirmation is defined as a

**Next Newsletter
Deadline:
Wednesday
Feb. 18, 2015
at 10:00 a.m.**

newsletter@stpaulscary.org



The Right Rev. Anne Hodges-Copple, Bishop Suffragan of the Diocese of North Carolina, will visit St. Paul's on Sunday, April 26, 2015.

Confirmation & Reception *(continued)*

(Continued from page 1)

Date	Confirmation / Adult Ed Topic
Feb 15	INTRODUCTION TO CONFIRMATION: A way in ...
Feb 22	ETHICS: Seeking a good life
Mar 1	ETHICS: Character, tolerance, choice
Mar 8	EPISCOPAL POLITY: So you wonder how we do Church
Mar 15	The BOOK OF COMMON PRAYER and me
Mar 22	HOLY WEEK: Walking with Jesus
Mar 29	PALM SUNDAY Services
Mar 30 – Apr 5	HOLY WEEK Services and EASTER
Apr 10 – 11	CONFIRMATION SERVICE PROJECT
Apr 12	LAST THINGS: What we did not know that you did not know

"mature public affirmation" of faith (Book of Common Prayer, p.412). These forums are suited for newcomers and all others who wish to deepen their Christian journey or explore making a mature commitment to their faith. They also prepare for Reception into the Episcopal Church those from other denominations

who have already received the sacrament of Confirmation.

The classes will run weekly and cover such things as the Practice of Church, Ethics or decision making, Worship and the Book of Common Prayer, History, and the essential acts of Jesus Christ. These forums/classes will be taught by the parish clergy.

For those who wish to reaffirm their baptismal promises...

Some may feel called to make a public reaffirmation of their baptismal promises, accompanied by the laying on of hands by the Bishop. Please speak to a clergyperson to let us know of your wishes. You are encouraged to participate in the Confirmation practices of Education, Liturgy, and Service as you prepare to reaffirm your promises.

Vestry

Wardens' Corner

The vestry schedule to begin 2015 has been a very busy one. A meeting was held on January 8th to finalize and approve a 2015 budget. The meeting resulted in the approval of a balanced revenue/expense operating budget of \$981,332. At the January 16th vestry meeting an "ice breaker – get to know you session" was led by the Rev. Dr. Cathy Deats. The exercise grouped us in different categories including each individual's "religious roots" and where we are on our faith journey. The process reminded us of our diversity. The session ended with "if you could unlock one thing" during this year on the vestry what would it be. The question provided for an interesting introduction to our retreat weekend. The vestry retreat then occurred on Saturday January 17th including clergy (George, Carr, and

Cathy), clerk, treasurer, and parish administrator. The 2015 focus areas identified include Liturgy/Worship; Outreach Visioning; Newcomers/Membership Incorporation; Talent (Using/Tapping Into/Honoring); Fundraising; and Facilities. From these discussion focus areas goals will be developed and refined followed by action items. On February 1st a Quarterly Parish Update will be held to discuss some elements in more detail.

Please keep George's family in your prayers as his Mom and Dad are experiencing health issues and the accompanying emotional challenges entering 2015.

Prayerfully submitted,

*Mike Krannitz,
Senior Warden.*



**Warden's
Corner**

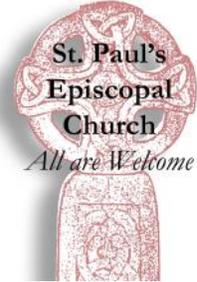
About Our Church

We rejoice in the births of River Dawn Saxon, granddaughter of Melanie and Scott Fairbrother; of Jasper Webb Brandon, grandson of Melanie and Scott Fairbrother; and of Theodore Andrew Zawierucha, son of Megan and Andrew Zawierucha.

We rejoice in the baptisms of Lokan Christopher Shah, son of Anupam and Tisha Shah; of Mia Beatrice Tally, daughter of Elliot Tally and Tanya Achmetov; of Noah Ellison Tally, son of Elliot Tally and Tanya Achmetov; and of Tanya Nafessa Achmetov; of Cole DiMartino Hansen, son of Mark and Melinda Hansen.

We express our sympathy to Cathy Cooper for the death of her father, Albert Behnke; to Deb Richard for the death of her grandmother, Beatrice Rabbitt; to Janet Morgan for the death of her son, Bill Morgan; to Harper Cole for the death of his brother, Grady Cole; to Richard Todd for the death of his mother, Jenny Todd; to Rob Johnson for the death of his father, Robert Johnson; to Mary Kintz for the death of her aunt, Louise Feeny; to Mike McInerney for the death of his sister, Linda Meconi; to Ethan and Abby Faulkner for the death of their father, Monte Faulkner; and to Mike Tanner for the death of his mother, Cherry Tanner.

*Submitted by Melanie Fairbrother
Office Manager*



Clergy and Staff Bios on the Website

*Which clergy or staff member is a New York Yankees fan?
Who is an amateur boxer?
Who worked on her grandparents' tobacco farm as a teenager?
Who loves to wear a tutu as a children's hospital volunteer?*

The answers to these questions and other interesting facts can be found in the clergy and staff bios on our website (www.stpaulscary.org). These bios are linked from the Clergy and Staff page on the website. In the left menu, click on About St. Paul's / Clergy and Staff.

Submitted by Lanny Wase, Communications Committee

Scout Sunday

In cooperation with Girl Scouts and Boy Scouts associations, St. Paul's will be celebrating Scout Sunday on February 22nd. All scouts are invited to participate. Scouts will be assisting with the 9:00 a.m. and 11:15 a.m. services. Scouts and leaders are encouraged, regardless of

participation, to wear their formal uniforms.

Helen Carpenter is coordinating Scout Sunday this year, please contact her at helen.carpenter@gmail.com if you, or your scout, are interested in participating.



Submitted by Julia Rudy

Ministry of the Week



Feb 1	Vestry Quarterly Parish Update
Feb 8	Meet the Vestry
Feb 15	Ministry of Moms Sharing
Feb 22	Women's Beach Week

Women's Study Group



Women's Study Group

The Women's Study Group will meet Tuesday, February 10 from 12-1:30 p.m. in the Bride's Room to discuss *Flight Behavior* by Barbara Kingsolver. From the Goodreads review: "Drawing on both her Appalachian roots and her background in biology, Kingsolver delivers a passionate novel on the effects of global warming." Come join us for our

discussion about this interesting book. If you have any questions, contact Leah Dail at LeahDail@gmail.com.

Here are our upcoming books:
March 10: *Help, Thanks, Wow: The Three Essential Prayers* by Anne Lamott
April 14: *Lila* by Marilyn Robinson

Submitted by Leah Dail



April 19 – 26



Men's Beach Week 2015

Mark your calendars now for Men's Beach Week 2015.

Join us, oceanfront, on Emerald Isle from April 19th through April 26th.

Stay for a day or stay for the week.

Great fellowship, food, and fun.

More information will be available soon, as will a sign-up sheet in the narthex.

Submitted by Mike McInerney

Luncheon for Seniors



The Youth of St. Paul's would like to invite all Senior St. Paul's Parishioners to our **Annual Luncheon for Seniors!** It will be held on Sunday, February 8th, at 12:00 noon in the parish hall. This is our

way to celebrate and say thank you to the older generation at St. Paul's. Please RSVP to Leah Dail at 919-467-1477 or by email to Leah.Dail@stpaulscary.org.

Valentine's Murder Mystery Dinner and Fundraiser



Skip the overpriced and crowded Valentine's Day restaurant experience and come celebrate with the St. Paul's Youth instead. They will be serving up a juicy murder mystery and dinner! They will be performing "A Cajun Caper: Big Daddy Sugar Baker's Mardi Gras Party" and you get to try and figure out who done it. Dinner will be an elegant three course, New Orleans-inspired meal, featuring Jambalaya. **The**

event will be from 7:00 – 9:00 p.m. and child care will be provided. Tickets are \$15.00 per person, and there will also be a wine cash bar. Proceeds will go towards Youth Mission trips, including the high school trip during spring break and the middle school trip to the

Episcopal Farmworker's Ministry in June. Youth will be selling tickets between services in early February, or you can contact Leah Dail at Leah.Dail@stpaulscary.org for tickets and more information.

MURDER
MYSTERY
AND
DINNER



Adult Education Forums in February

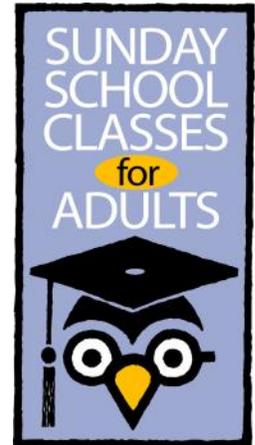
All are welcome to attend Sunday morning forums, held in the chapel between the 9:00 and 11:15 a.m. services.

February forums begin **February 8**, Youth Missions Sunday, with a presentation by St. Paul's middle and high school youth on their experiences in missions and the ways in which they have been transformed by those experiences. Learn how our youth are involved in hands-on outreach through the Appalachian Service Project (ASP), mission trips to the Episcopal Farmworkers Ministry in Newton Grove,

and the mission trip that takes place during spring break (past destinations have been Washington DC, New York City, and New Orleans).

On **February 15**, the Reverend Carr Holland leads the first in a series of forums conducted by our clergy which will extend through March 22. These forums cover topics of interest to all Episcopalians and to persons seeking confirmation. On February 15, the topic is "Introduction to Confirmation: A Way in ...". On **February 22**, the Reverend Holland will lead a forum entitled, "Ethics: Seeking A Good Life."

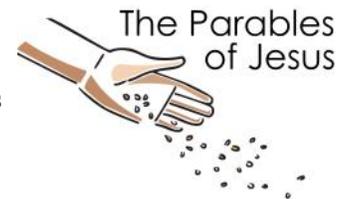
Adult Ed Forums



Parables: Stories For Life in God's World

The Reverend Dr. Cathy Deats will teach this Adult Bible Study program on Wednesday evenings during Lent beginning Feb. 25th. The course will include an in-depth exploration of the

parables of Jesus and their varied meanings, and applications for a life of faith today. Watch for additional information and sign-up opportunities coming soon on the St Paul's website, E-News, and in bulletin notices.



February Adult Education On-Line Resource



The Rev. Dr. Cynthia Bourgeault is an Episcopal priest, modern day mystic, writer, and internationally known retreat leader. She has been a long-time advocate of the meditative practice of Centering Prayer and has worked closely with fellow teachers and colleagues including Thomas Keating, Bruno Barnhart, and Richard Rohr. She is Principal Teacher and Advisor for The Contemplative Society (Contemplative.org), an organization that encourages a deepening of contemplative prayer based in the Christian Wisdom tradition while also welcoming and being supportive of other meditation traditions. Contemplative.org is a resource for information and guidance about contemplative practices, including Centering Prayer, and features a blog by Cynthia Bourgeault.

Preschool Highlights



Preschool News

January brought lots of exciting events to the preschool.

Our first Snow BALL was a huge success. The parish hall was decorated with snowmen, snowballs, and lots of twinkle lights. The children wore their Snow Ball finery...bow ties, party dresses and princess gowns. The parents and children danced, played games, and enjoyed cotton candy, popcorn, pizza, and hot chocolate. Many thanks to our Snow Ball Committee for organizing such a wonderful event.

It is hard to believe but at preschool, the New Year brings registration for the 2015-2016 school year. If you have neighbors or friends looking for a preschool home, please help spread the word about our incredible preschool! Registration materials are online or interested families may contact the preschool office to schedule a tour. (919-467-3788)

We had a successful Open House and tour on January 15th. Several interested families attended the presentation and tour.

The preschool teachers and children are looking forward to the annual visit of Fish the Magish. Fish is a fabulous magician who will entertain us on February 17th. He always brings a smile to everyone's faces!

Please mark your calendars for Tuesday, February 24th. The preschool will host a PDQ night. Come enjoy a yummy dinner at PDQ restaurant and a night off of cooking while supporting the preschool. All you have to do is say St. Paul's and PDQ will give the preschool a percentage of the sales.

Thank you to all of our incredible teachers for making St. Paul's Preschool the best!

Peace to all,
Brooke Bowersox

St. Paul's Preschool Director



Children's Ministries



Christine Ingram
Children's
Ministries Director
467-1477, ext. 19

Are you in touch with "What's Happening in Children's Ministries?"

Be in the know about Children's Ministries events at St. Paul's. Email Christine Ingram (christine.ingram@stpaulscary.org) and request to be added to the



weekly email distribution about all that is happening for children at St. Paul's.

Teddy Bear Tea – Feb. 14

St. Paul's first Teddy Bear Tea will be held on February 14, 2015 from 10:30 a.m. to 12:00 noon in the parish hall. This gathering is for our youngest parishioners (preschoolers and lower elementary students) and their favorite stuffed animal. Children need to be escorted by a parent, grandparent, or guardian. Light refreshments will be

served and teddy bears will experience fun stations of play and pampering. Please RSVP by February 10th to www.SignUpGenius.com/go/20F0544AAA92CA02-stpauls or contact Christine Ingram at christine.ingram@stpaulscary.org.



Stewardship Update

The generosity of our children is adding up! The June 2014-May 2015 children's offering basket collection will be donated to PLM Families Together to help homeless families in their transition

to home ownership. So far our children have collected \$966.46 in their basket-all those quarters and dollars count! Thank you!



Communion Classes

Communion Classes will be taught February 22, March 1 and March 8, 2015 during the Sunday school hour (place to be announced). Classes are taught by clergy and are open to all children in 1st grade and up that have not received prior communion education. Classes are cumulative and children are encouraged to attend all three classes. Participants must be baptized prior to communion class participation. Participant registration forms are available on the wall by the Children's Ministries Bulletin Board in the education building. In order for enough materials to be ordered participants are asked to return

completed forms to Christine Ingram by Feb. 15.

During the Sunday school hour March 1, a parent communion class, also taught by the clergy, will be offered to all parents of children participating in communion classes. However, everyone is welcome to attend!

A special communion celebration will be held on March 15 at the 9:00 a.m. service for those children that have complete the classes (dress attire is recommended) and a coffee hour to honor the children will immediately follow the service.



Sunday School, Children's Chapel, and Clergy-Led Chapel

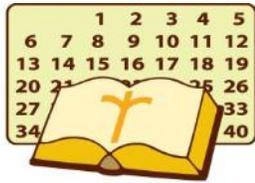
Sunday school continues throughout the spring semester (with two Sundays off for spring break and one Sunday for Easter-March 22, 29, and April 5). Sunday school meets in the education building at 10:10 a.m. All children ages 3 through 5th grade are welcome to join us any time – it is never too late to join Sunday School!

Children's chapel for children ages 3 through 2nd grade also continues

throughout the spring at the 9 a.m. and 11:15 a.m. services. Keep an eye on the board in the narthex for any last minute changes.

Clergy-led chapel for children in 3rd, 4th and 5th grade is also scheduled for many dates this spring. Clergy-led chapels are scheduled for Feb. 1, Feb. 15, and Feb. 22. Keep an eye on your email and the board in the narthex for additional clergy-led chapel dates!





Children's Ministry
for Lent

Lenten Activities

Pancake Supper-Visit Children's Ministries at the Pancake Supper on February 17. We will have a craft table for the children to enjoy! Hope to see you there!

Ash Wednesday Service for Families-Join our clergy on Wednesday, February 18th at 5:30 p.m. for a brief "child friendly" Ash Wednesday Service and distribution of ashes.

Mite Boxes-Mite boxes are a wonderful way to instruct children about God's call to stewardship. Mite boxes are available by the Children's Ministries bulletin board in the education building. All funds collected in this year's mite boxes will be donated to PLM Families Together



PJ Service

Back by popular demand! As a treat for all the children, Sunday, March 8 (the Sunday when daylight savings begins) will be "wear your pajamas to church"

Sunday. Please follow the dress code restrictions established by Wake County public schools. Parents are invited to participate too!



Pre-EYC

Pre-EYCers continue to meet and stay very busy with outreach and fun! All 4th and 5th graders are welcome to join us -see the Children's Ministries calendar

for all our meetings and activities. Contact Christine Ingram (christine.ingram@stpaulscary.org) for more information.

Easter Candy Donations Needed



Easter is on its way and that means it is almost time for our Annual Easter Egg hunt! We will be using the same process as last year, where we hide empty eggs for the children to hunt. Children can collect one egg or 100 eggs....all eggs will be turned in to the egg hunt collection area in the courtyard, where the children will receive a bag of treats in exchange for their egg or eggs.

But, we need your help with donations of nut free candy and other small Easter trinkets (stickers, etc.) to put in the treat bags. Donations are needed by March 22 and can be brought to the church office or given to Christine Ingram or Christa Magee. Thank you so much for your help!

Stay-at-Home Parents' Group

Our Stay at Home Parent Group continues to meet each Wednesday morning at 9:35 a.m. (right after preschool drop off) in kids' club. Bring your little ones and enjoy some grown up conversation! Gatherings last about an

hour and there is no agenda other than a chance to connect with other parents at home with their little ones. Contact Christine Ingram (christine.ingram@stpaulscary.org) to be added to the SAHP email list.



2015 VBS-Parables: Brick by Brick

Mark your calendars for our annual Vacation Bible School-June 22-26, 2015 (9:00 a.m.-12:00 noon) OR July 15-17, 2015 (6:00 p.m.-7:30 p.m.) All children ages 3 to 5th grade are welcome to participate. Spaces are limited so be sure to turn in your registration form early to reserve a spot. Registration forms are available in the narthex and in the church office. We will need youth helpers and lots of adult volunteers as well. Come join us for a week of fun as we build parables, brick by brick!

Our Brick by Brick VBS will be an exploration of some of our favorite parables stories including: Parable of the Mustard Seed, Parable of the Great Pearl, the Good Shepherd, the Good Samaritan, and the Parable of the Sower. We will have crafts, music, stories, science, snack, and Lego centers where we experience these stories in many different ways.

We need your help! Our VBS creation committee is working very hard on writing our own VBS for the 4th time! We could use your help in planning, imagining, creating, and doing so please contact

Christine.Ingram@stpaulscary.org if you can help. We also welcome you to join the VBS planning committee at one of our meetings, held on Tuesdays at 12:45 p.m. in the Conference Room. Kids' club care is open during our meetings.



Children's Ministries



Children's Ministries Calendar of Events

Date	Event
Feb. 8	Pre-EYC Valentine's to Glenaire
Feb. 14	Teddy Bear Tea 10:30 a.m.
Feb. 17	Pancake Supper
Feb. 18	Ash Wednesday Service for Families 5:30 p.m.
Feb. 22	Communion Class #1/Boy Scout and Girl Scout Sunday / Pre-EYC to WIHN and Roller Skating with EYC Middle Schoolers
Mar. 1	Communion Class #2 and Parent Class
Mar. 8	PJ Service / Daylight Saving Begins / Communion Class #3 / Pre-EYC visit from PLM-Families Together
Mar. 14	Pre-EYC to Food Bank 2:00 p.m.- 4:00 p.m.
Mar. 15	Communion Celebration at 9:00 a.m.
Mar. 22	No SS (Spring Break) / No Children's Chapel / No Pre-EYC
Mar. 29	No SS (Spring Break)
Apr. 3	Good Friday Service 10:00 a.m.
Apr. 5	Easter Egg Hunt / No SS / No CC
Apr. 11	Pre-EYC overnight (4 th & 5 th grade)
Apr. 12	Pre-EYC overnight (4 th & 5 th grade)
Apr. 26	Confirmation / Pre-EYC Picnic / Playground Clean Up
May. 3	Recognize 5 th Graders at 9:00 a.m. Service
May. 10	Mother's Day / No SS
May. 17	Last Day of SS / Teacher Appreciation Brunch
Jun. 22-26	VBS 9:00 a.m.-12:00 noon
July 15-17	Evening VBS 6:00-7:30 p.m.



Interim Youth Coordinator
Leah Dail
Leah.Dail@stpaulscary.org

Fostering the love of Christ in the youth of St. Paul's.

Youth Sunday School

Come join us for youth Sunday school! There is a middle school class for 6th-8th graders and another for high schoolers, grades 9-12. The curriculum is called

"re:form" and it addresses theological concepts or questions each week. The Sunday school hour is from 10:10-11:00 a.m. (between services).

Upcoming Sunday School Lessons

Date	Middle School	High School
Feb 1	Is the Bible true?	Can you accept the theory of evolution and still be a Christian?
Feb 8	<i>Youth Leading Adult Ed.: Youth Missions</i>	<i>Youth Leading Adult Ed.: Youth Missions</i>
Feb 15	Why does the Bible contradict itself at times?	Why does God let bad things happen?
		<i>Introduction to Confirmation for Confirmands & their parents in the Chapel</i>
Feb 22	Is the New Testament more important than the Old Testament?	Can I do something bad enough to make God stop loving me?



Episcopal Youth Community

Every young person in grades 6-12 who attends St. Paul's is welcome to be a part of the Episcopal Youth Community (EYC). The youth group is divided into middle school and high school programs, though sometimes activities are combined. Friends are always welcome to attend. EYC gathers on Sunday nights for fellowship and fun activities from 5 - 7 p.m.

with a shared meal at 6:30 p.m. We combine lots of zaniness – games, songs, lots of action – with worship and service. Our mission is to develop a spiritually rich community of young people through our programming and the presence of faith-filled adults. It's organized chaos but it works!

February 1 – Souper Bowl Food Pick-Up – 5-6 PM

We will go back through the neighborhoods near St. Paul's to pick up any food donations for our Souper Bowl food collection. **Note the change in time: we will not be staying for a**

meal so everyone can go cheer on either the Patriots or Seahawks in the Super Bowl. Make sure to dress for the weather and walking.



February 8 – Youth Led Adult Education on Youth Missions

Youth will present and attend this adult education class. See the Adult Education article on page 10.

February 8 – Senior Luncheon 11:00 a.m. – 2:30 p.m. (for youth)

We will be preparing and serving lunch to our senior parishioners again this year! All youth need to come to the parish hall after Sunday school (11:00 a.m.) to prepare lunch and decorate the parish hall. Please wear white shirts and black pants/skirts. We will be finished by 2:30 p.m. – everyone needs to stay to help clean up.



YOUTH

February 8 – No EYC after the Senior Luncheon

We need the night off after the Senior Luncheon, so spend the evening catching up on homework!

February 13: Murder Mystery Dinner

Dress Rehearsal 6-8 PM

February 14: Murder Mystery Dinner Fundraiser 5-10 PM

This is an event for the whole parish (see separate article)! These are the times the youth are needed:

- On 2/13, youth come at 6:00 p.m. to find out what needs to be done for the event and watch the dress rehearsal. Dinner will be served.
- On 2/14, youth come at 5:00 p.m. to get everything ready. Middlers, wear white shirts and black pants/skirts. All need to stay for clean up.



February 15 – No EYC after the Murder Mystery Dinner

February 22 – Separate Middle School & HS EYCs

- **Middle Schoolers: Skating at Jellybeans** with Pre-EYC from 2-4 p.m. Parents drop off and pickup at Jellybeans (1120 Buck Jones Rd., Raleigh). Admission is \$7.00 plus \$2.00 skate rental (\$3.00 for inline skates).
- **High Schoolers: Dinner out at a restaurant during our regular EYC time, 5-7 p.m.** Meet here at church and we will pick our destination and then go enjoy food and fellowship. Please let Leah know if you are attending so she can arrange for enough drivers.

February 24 – Youth Lenten Series: Dinner & A Movie

We will gather on Tuesday's during Lent (2/24, 3/3, 3/10, and 3/17) from 6:00 - 7:00 p.m. to have a simple meal together and watch a NOOMA video. These are a series of short films that explore our world from a perspective of Jesus. After the video, we will have a discussion period to search and question together. It's a great way to add a fun, reflective spiritual discipline during Lent. Come join us – you have to eat dinner anyway!

In our future: Dates to put on your calendar

- Mar 1 – “One Church, One Book” book discussion on *Home of the Brave* by Katherine Applegate 12:30-2:30
- Mar 6 – ASP Spaghetti Dinner, 6-8 p.m.
- Mar 22-28 – Tentative High School Mission Trip to ??? (TBD)
- Apr 10-11 – 30 Hour Famine and Service Project (required for Confirmands)
- Apr 17-19 – Diocesan Event: Genesis (MS) and Happening (HS)
- Apr 26 – Confirmation



Meet Damil Ghartey – Parishioner and volunteer at Dorcas Ministries



Damil has been a member of St. Paul's since 1992. Damil is an usher, member of the Men's Group, "Lay Weeder," volunteer for Meals-on-Wheels, and a volunteer for the Lobster Fest. In addition to that, you can find Damil every Tuesday and Friday at the Dorcas Thrift Shop. Damil has been a volunteer with Dorcas Ministries for the last 10 years. He started as a volunteer helping in the electronics section. In that area, all donated electrical items are cleaned and tested to be sure they work before they are taken to the Thrift Shop floor. Frequently you will find that

DORCAS MINISTRIES: This Cary-based organization addresses its mission of Christian Community In Action through crisis relief to area residents who seek stability and self-sufficiency through food and financial assistance, scholarships, training programs, referrals, and an affordable thrift shop.

items that didn't work when donated are repaired by the volunteers before they are sold in the Thrift Shop. More recently, Damil has volunteered as a cashier in the Thrift Shop. Dorcas Thrift Shops utilizes three cashiers and three baggers at the checkout counter to server the average of 400 customers a day. His dedication to this ministry has resulted in his being elected to the Board of Directors where he serving his third of a three year term. Be sure to ask Damil about this ministry when you see him.

*Submitted by Nancy Fierke
Dorcas Ministry Leader*

PLM Families Together celebrates 35 years of service to the community



PLM Families Together has a lot going on in the month of February. Especially exciting is that this year we are celebrating our 35th anniversary! PLM Families Together was founded in March, 1980. We've grown and changed, but our mission to help families in this community is stronger than ever.

The phone rings: At the PLM Families Together offices, we receive a call -- on average -- EVERY 30 MINUTES from a family experiencing homelessness. . This is the need you're helping us meet in our community.

Do you have a professional skill to share? PLMFT is registered with Activate Good's "Pro Heroes" program (high impact pro bono volunteer project for

PLM FAMILIES TOGETHER: This ecumenical organization provides housing and comprehensive services for homeless families, including assessment, short-term transitional housing with support services, permanent housing placement, and after case management.

causes around the Triangle). We're looking for help developing the volunteer portion of our web site. Check it out at: www.activategood.org/proheroes/tag/plm-families-together.

Our third annual campaign starts on March 1st and we're looking for volunteers to help share our story and raise much-needed funds for our program. If you'd like to be a part of this fun and purposeful activity, please let us know. The more money we raise, the more families we can lift out of homelessness into homes of their own. Together, let's make this happen! Send an email to susan@plmft.org if you're

interested or would like to know more.

Submitted by Susan Gilbert

Thank You for your support of the St. Nicholas Ministry

St. Nicholas' Ministry thanks you for your generosity and support of children in need of Christmas cheer. We were able to give gifts to 454 children: 242 children in 91 seasonal farm-worker families, 23 children in 53 families served by the Episcopal Housing Ministry (now managed by WestHaven); 50 children whose fathers are served by the Healing Place, 50 gifts to Thompson Children's Home, eight children in four families at The Caring Place, and 49

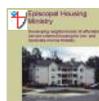
ST. NICHOLAS MINISTRY: Each December, parishioners reach out to families in need by contributing hundreds of Christmas gifts for distribution via state and local organizations. Gifts have been provided for needy children and families identified by CommWell Health (formerly the Tri-County Community Health Center), the Caring Place, the former Episcopal Housing Ministries, The Healing Place, the Thompson Child and Family Focus, and PLM Families Together.

children in 15 families at PLM-Families Together ministries. Our thanks go out to every member of St. Paul's. You make this ministry a success and you have helped make many families happier this holiday season. Thank you for your generosity in sharing your gifts with those who have so little.

Submitted by Mary Marsha Cupitt



Local Agencies Supported by our St. Nicholas Ministry



New Life at The Center for Hope and Healing

The new year is bringing additional possibilities for the Center for Hope and Healing as we launch a new business plan. We are looking to attract established professionals who work in the area of mental wellness, a broad term including counselors, massage therapists, life coaches, or others who are dedicated to helping people find a less stressful way through life. We are still working toward the same mission: to provide individuals from all backgrounds and beliefs with a new perspective on mental wellness in a comfortable, non-clinical environment. The center strives to enhance the life of each individual who walks through its doors by offering programs and services to enhance the psychological, physical, and spiritual

CENTER FOR HOPE AND HEALING: A ministry offering services to both parishioners and community members in the hope of helping them face and overcome daily challenges. Our programs support persons from all backgrounds and beliefs. Offerings include (but are not limited to): marriage and family, grief, mental health concerns, life skills training, support groups, and wellness training.

well-being of each person, encouraging all to live fulfilling lives.

With this goal in mind, we need some help spreading the word that rental space is available in the house. We have comfortable, furnished offices in a serene, wooded setting; the space includes shared access to larger spaces for group offerings and classes, Wi-Fi, copier and locked storage. If you or someone you know might be interested in looking at our space for individual offices or small group gatherings, please contact us at info@chhcary.org. You can also speak to Mary Kintz (marykintzpt@gmail.com) or

the Rev. Cathy Deats (cathy.deats@stpaulscary.org) for more information.

Submitted by Mary Kintz



Welcome (Back) to Heather Wagner!



Our new Epiphany Choir Director is Heather Wagner. Heather is an actor and has a background in voice and choral music, having studied voice at the Mannes School of Music in NYC. Many of you may know her through her past positions at Saint Paul's. She worked in kids' club for four and half years and taught at the preschool for three years in the Three Day Three's class. Heather is well known to most of the families on the Epiphany roster, and I know they will be happy to work with her again.

I want to thank Jason and Rebecca Sayers for taking over the leadership of the Epiphany Choir from September 2014-December 2014. When they accepted the position, it was on an interim basis through the end of 2014. I had hoped that they might be able to continue into 2015, but Jason had been expecting an offer to play full-time with a Chapel Hill big band on Wednesday evenings and received that offer in mid-December. So, they will not be able to continue as the co-directors in 2015. Caroline will continue as a member of Epiphany Choir and Rebecca will continue to provide in class support to our new director.

Music Ministries Rehearsals

Here is the current schedule for rehearsals for the many Music Ministries ensembles. Contact Rusty McKinney, Interim Minister of Music, at rusty.mckinney@stpaulscary.org for more information on any group or to join!

Tuesdays

- 6:00-7:00 p.m. Bells of St. Paul's (Adults)
- 7:00-8:00 p.m. Canterbury Bells (Grades 6-12)
- 8:00-9:00 p.m. Youth Choir (Grades 6-12)

Wednesdays

- 6:00-6:45 p.m. Epiphany Choir (Grades K-1)
- 6:00-6:45 p.m. Junior Choir (Grades 2-5)
- 6:45-7:20 p.m. Proclamation Bells (Grades 3-5)
- 7:30-9:00 p.m. St. Paul's Choir (Adults)

Thursdays

- 7:15- 8:45 p.m. Jubilate Choir (Adults)

Canterbury Bells and Youth Choir Perform in February

Canterbury Bells will provide the prelude, and the Youth Choir will provide the offertory anthem as well as lead congregational singing on Sunday, February 15, at the 9:00 a.m. service. Be sure not to miss these talented young people as they offer their gift of music in worship.

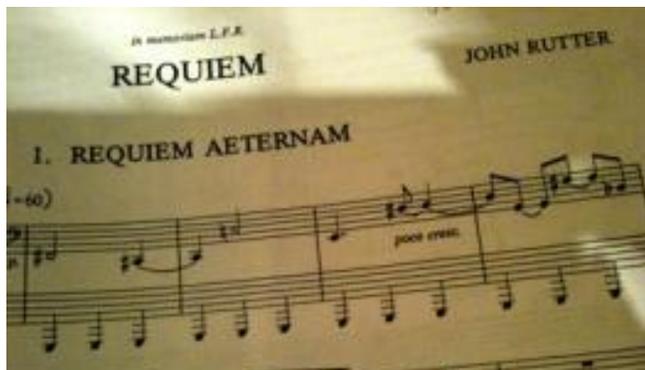
Rutter Requiem

Saint Paul's Choir and the Church of the Nativity Choir are joining together for

two performances of Sir John Rutter's well loved "Requiem." The first performance takes place on Sunday evening, March 15, 2015 at the

Church of the Nativity at 4:00 p.m. as part of their Spirituality in the Arts series, and the second, on March 29, 2015 (Palm

Sunday) at Saint Paul's at 4:00 p.m. The work will be presented in the composer's ensemble version which uses a colorful seven instrument accompaniment for this seven movement work that was conceived as an Anglican interpretation of the traditional requiem musical form. Church of the Nativity's Choirmaster, Waltye Rasulala will be featured as the soprano soloist, and their organist, Jason Pace, will perform the organ part in the ensemble. The performances are under the direction of Rusty McKinney. Rehearsals have already started, but if you have sung the piece before and would like to participate or for more information, contact Rusty at rusty.mckinney@stpauls.org.



Sunday Schedule

7:30 a.m. Eucharist Rite I
 8:45-12:30 Kids' Club
 9:00 a.m. Eucharist Rite II
 9:00 a.m. Children's Chapel
 10:00 a.m. Fellowship-Coffee
 10:10 a.m. Education Hour
 11:15 a.m. Eucharist Rite II
 11:15 a.m. Children's Chapel
 11:15 a.m. Pre-EYC (2nd & 4th Sunday)
 5:00 p.m. Middle School EYC
 5:00 p.m. High School EYC

Wednesday Schedule

10:30 a.m. Prayer Stitches
 12:15 p.m. Liturgy Meeting
 6:00 p.m. Epiphany Choir
 6:00 p.m. Junior Choir
 6:45 p.m. Proclamation Bells
 7:30 p.m. St. Paul's Choir



2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 SUNDAY SCHEDULE 10:15am QUARTERLY PARISH UPDATE	2 8:00pm AA	3 6:00pm Bells of St. Paul's 7:00pm Canterbury Bells 7:00pm MOMS Classes 7:00pm Mystery Book Club 8:00pm Youth Choir	4 WEDNESDAY SCHEDULE 10:00am Prayer Stitches 12:15pm Liturgy Meeting 7:00pm Baptism Class	5 7:00pm Adult Ed-Thomas Merton 7:15pm Jubilate Choir	6 9:00am Leadership Training 9:30am Music Rehearsal: Rutter	7 10:30am Teddy Bear Tea 3:00pm Philharmonic 7:00pm Youth Murder Mystery Dinner
8 SUNDAY SCHEDULE PLM BASKETS 11:15am Pre-EYC 12:00noon Senior Luncheon	9 7:00pm Finance Committee 8:00pm AA	10 12noon Women's Study Group 6:00pm Bells of St. Paul's 7:00pm Youth Comm. 7:00pm MOMS Classes 7:00pm Canterbury Bells	11 WEDNESDAY SCHEDULE 9:15am Julian Gathering 10:00am Prayer Stitches 12:15pm Liturgy Meeting 7:00pm MLRC	12 7:00pm Prayer Stitches 7:00pm Preschool Board Meeting 7:15pm Jubilate Choir	13 10:30am Teddy Bear Tea 3:00pm Philharmonic 7:00pm Youth Murder Mystery Dinner	14 10:30am Teddy Bear Tea 3:00pm Philharmonic 7:00pm Youth Murder Mystery Dinner
15 SUNDAY SCHEDULE 10:10am Introduction to Confirmation - for Youth and Adults	16 7:00pm Vestry 8:00pm AA  Presidents Day	17 SHROVE TUESDAY 1:00pm Communications Comm. 5:00pm PANCAKE SUPPER 6:00pm Bells of St. Paul's 7:00pm MOMS Classes 7:00pm Canterbury Bells 8:00pm Youth Choir	18 WEDNESDAY SCHEDULE  7:00am Ash Wednesday Service 10:00am NEWSLETTER DEADLINE 10:00am Prayer Stitches 12noon Ash Wednesday Service 12:15pm Liturgy Meeting 5:30pm Ash Wednesday Service for Families 6:00pm Youth Lenten Series 7:00pm Ash Wednesday Service	19 7:15pm Jubilate Choir	20 7:00pm Rainbow Gathering	21 12noon Treasure Keepers
22 SUNDAY SCHEDULE SCOUT SUNDAY 10:00am Communion Class 10:10 Adult Confirmation Class 1:00pm Pre-EYC at WIHN & Roller Skating Meeting	23 6:30pm Endowment Board 7:00pm Care and Share 7:00pm IT Committee 8:00pm AA	24 6:00pm Bells of St. Paul's 6:00pm Youth Lenten Series 7:00pm MOMS Classes 7:00pm Canterbury Bells 8:00pm Youth Choir	25 WEDNESDAY SCHEDULE 9:15am Julian Gathering 10:00am Prayer Stitches 12:15pm Liturgy Meeting 7:00pm Adult Bible Study: Parables 7:00pm Adult Ed. Comm.	26 7:00pm Prayer Stitches 7:15pm Jubilate Choir	27	28



ST. PAUL'S EPISCOPAL CHURCH
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THE PEOPLE OF ST. PAUL'S

Fax: 919-467-0152
Web Site: www.stpaulscary.org

Clergy

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x 13 | George.Adamik@stpaulscary.org
The Rev. Dr. Cathy Deats, Associate Rector
Cathy.Deats@stpaulscary.org
The Rev. J. Carr Holland, III, Associate Rector
JCarr.Holland@stpaulscary.org
The Rev. Lois Reardin, Priest Associate
Lois.Reardin@stpaulscary.org
The Rev. Antoinette Wike, Priest Associate
Tony.Wike@stpaulscary.org
The Rev. Candy Snively, Deacon
Candy.Snively@stpaulscary.org

Sunday Service Schedule

7:30 a.m.	Eucharist Rite I
8:45 - 12:15	Kids' Club
9:00 a.m.	Eucharist Rite II
9:00 a.m.	Children's Chapel
10:00 a.m.	Fellowship-Coffee
11:15 a.m.	Eucharist Rite II
11:15 a.m.	Children's Chapel

Staff

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ParishAdmin@stpaulscary.org
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Melanie Fairbrother, Office Manager
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Vestry

Senior Warden: Mike Krannitz
Junior Warden: Julia Rudy
Beth Barnes, David Buchanan, Linda Cozzolino,
Greer Bowen Beaty, Dan Loughlin, Dave Mackie, Carter Collins,
Dennis Daniels, Ralph Greco, Sherri Hubbard
Treasurer: John Goehrke — Clerk: Lanny Wase