



PAUL'S LETTER

ST. PAUL'S EPISCOPAL CHURCH

St. Paul's Episcopal Church in Cary is home to an active, caring, and diverse congregation of the Episcopal Diocese of North Carolina. Through corporate worship, spiritual development, fellowship, and service we continue to grow together in faith. We strive to be Christ's welcoming, reconciling, and transforming presence in the world through our many and varied ministries.

Letter From The Rector

The Rev. George Adamik

Dear Friends,

Did I ever tell you how much I love New York? Just kidding! I know I get teased in the parish about my New York roots. And of course the ongoing jokes about the Yankees and the Red Sox. (Do you know the difference between Yankee Stadium and Fenway Park? You can get a hot dog at Yankees Stadium in October.) If you don't get that joke, never mind.

So it was a natural that Mary and I decided to spend our 25th Wedding Anniversary in New York. We had a wonderful time. Looking back over our 25 years of marriage it struck us that half of our married life has been spent here at St. Paul's. That's pretty significant to us. Anniversaries provide us an opportunity to reflect upon where we were, where we are, and where we are going.

During our time in New York, Mary and I visited some places we have been to before, places that have been significant to us. We also visited some places that we have never been to before. But even the places we visited before became new to us. We visited the Metropolitan Museum of Art, took a horse and carriage ride around Central Park, actually spent almost an entire day in the park, and happened to walk past Robert DiNero on Madison Ave. We strolled up Fifth Ave. visiting Burberry's, Saks, Bergdorf's, and Tiffany's where we bought a silver necklace for Mary marking our silver anniversary. In one of the stores, Elizabeth Arden, we were helped by a salesman who attended Athens Drive High School in Raleigh. Go figure! We rode in New York City cabs which I describe, using Star Wars language, as feeling like a padawan in the presence of Jedi cab drivers as they swerve through traffic. We visited St. Patrick's Cathedral, where I was ordained 32 years ago this November 3. WOW!!! Where did those years go?

We ate at some fabulous restaurants. Let me recommend, for Italian and great wines, Fresco by Scotto's on 52nd between Madison Ave. and Park Ave. For Chinese food, stop by Tse Yang on 51st between Madison Ave. and Park Ave. For good Belgian beers and good food you don't want to miss BXL on 51st between Second and Third Ave.

Most importantly Mary and I spent time together, just the two of us. In the midst of our lives, life can get pretty full. This time together in New York was a gift we received from each other. We were able to truly be present to each other and with each other.

I share all this with you because what was important for Mary and me was realizing that in the midst of it all, our relationship throughout the years has been what is most significant. We reminisced about the things we've done, places we've been, and being the parents of the two greatest daughters in the world. We give thanks for it all. It has all been a blessing to us.

I would like to invite you to reflect upon the blessings of your life. As we enter into the month of November culminating with Thanksgiving, think about the nurturing and nourishing relationships of your life. That is the Holy in our lives. That is the Divine Presence in our lives. Mary and I give thanks to you for your presence in our lives. In the midst of all we DO at St. Paul's it is good to stop and remember WHO we are to each other, a blessing and a gift as we walk the journey together.

George

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**Next Newsletter
Deadline:
November 14
at 10:00 a.m.**

Warden's Corner

This month I would like to discuss two initiatives that are currently underway at St. Paul's and will have short and long-term effects on our ability to continue to provide staffing, programs, and leadership for the next three years or so. The Open Hands Campaign is designed to help us meet some short-term financial needs by reinforcing the Capital Fund, improving the balance in the Facilities Maintenance Fund, and retiring our current line of credit. The campaign runs through October 2011. Your generous gift of support can be a commitment to a 13th pledge payment, a one-time gift, or an additional 10% of your annual pledge. We very much need your support. There is no gift too large or too small. Throughout the campaign, you will be able to hear and read the thoughts and personal stories shared by some of our parishioners about what St. Paul's means to them and why they support our church. Please ask yourself what St. Paul's means to you and then ask yourself what you can do to help St. Paul's meet our financial commitments. Don't be afraid to ask.

The second topic is the vestry. Many of you have served on the vestry here or at other churches both large and small and in between; many of you may not know what the vestry is, or what we do. The reasons I am bringing this topic up are two-fold: one is to simply talk about our vestry and the other to ask you to think about being nominated for the vestry. The St. Paul's vestry is 12 members including the junior and senior warden. A vestry term is 3 years. Vestry members are expected to attend a one day vestry retreat in January and a monthly vestry meeting. We serve as liaisons to various ministries assigned to us, and participate fully in the business of the church with honesty, passion and faith. In our monthly meetings, we discuss and take action on a myriad of issues that impact daily life at St. Paul's. vestry has been one of the most rewarding times of my adult life. For

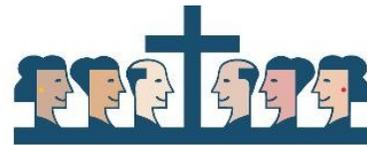
years I kept putting off the opportunity to be elected to vestry, due to any number of reasons. But one day, a good friend at St. Paul's convinced me that my time had indeed come, I was elected, and the next three years of my church life turned a corner for the better. Vestry membership and commitment is not for



Warden's
Corner



*Thanks Be
to God!*



VESTRY MEMBERS

everyone. But if you are interested in learning more about Vestry, please feel free to contact me or any vestry member so we can explain in more detail what we do, and what our commitment is to St. Paul's now and into the future. The outgoing class of 2011 vestry members include me, Dennis Daniels, Betty Charlton, and Anne Pilgrim. The four of us are currently collecting names of people who have shown interest in serving on the vestry starting 2012. If you are interested, and you are not contacted for some reason, contact us soon so we can talk. The nomination process is underway; the slate of candidates will be finalized in November and voted on at the annual parish meeting in January 2012.

Lastly – whenever possible, please keep up your pledge commitments for 2011. For the last two months, pledge commitments and plate offerings have fallen significantly short of our planned needs and the negative impact will be felt soon if the trend continues. And please consider helping us with the Open Hands Campaign. Your continued generosity, support, and faith are very much needed at this time.

Jeff Kager, Senior Warden

About Our Church

We celebrate the marriage of Amber Julie Moshakos and Tyler Lindsay Kaune. They were married on September 24, 2011. Amber is the daughter of Lou and Joy Moshakos

We express our sympathy to Gary Womack for the death of his mother, Naomi Womack; to Betsy and John McBrayer for the death of their friend,

Dave Fishman; and to Jeanne deWard for the death of her aunt, Helen.

We rejoice in the baptisms of Connor Arnold Deese, son of Nathan and Victoria Deese and Elise Victoria Litzinger, daughter of Brian and Maria Litzinger.

Submitted by Melanie Fairbrother
Office Manager

St. PAUL'S
EPISCOPAL CHURCH



The Rev. Lauren Kilbourn: Ordination to the Priesthood on November 9

Be sure to join Bishop Curry and the St. Paul's family as we celebrate the ordination of Lauren Kilbourn to the priesthood on Wednesday, November 9 at 7:00 p.m. Everyone is invited to witness this exciting moment in Lauren's life and we are honored to host the service here at St. Paul's. This marks an important milestone for Lauren and for our parish community as well. Be sure to come and extend your congratulations Lauren, our Associate Rector for Youth Ministry.

Following the ordination there will be a reception in the parish hall providing refreshments and light food and an opportunity to greet the numerous visitors who will be joining us. Come celebrate with Lauren as she embarks on the next phase of her life in ministry.



MINISTRY LEADER REMINDER-OF-THE-MONTH

As a ministry leader, you should have received names from the Ministry Fair and the Stewardship of Time & Talent. Please contact those who are not currently involved in your group to share information about your ministry and to invite them to participate. Throughout the year you'll also receive the names of newcomers who are looking for fellowship, community, and service at St. Paul's. Please help them get involved as well.

The mission of the Volunteer Coordination Committee is two-fold: to support the ministries and committees of the parish and to help individuals learn about and connect with those ministries which feed their unique talents and desire for service.

Ministry of the Week



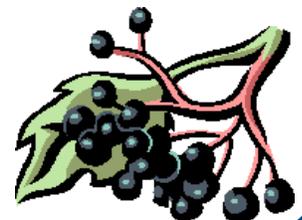
Nov 6 All Saints	Memorial Garden
Nov 13	Youth
Nov 20	St. Nicholas Ministry
Nov 27	Advent Festivity

Elderberries

The Elderberries will visit the N.C. Museum of Art on November 30 to tour its special Rembrandt Exhibit. Lunch at 11:30 a.m. before the 1:00 p.m. exhibit

tour is an option. The Rembrandt Exhibit is free to museum members' first visit to this exhibit, \$18 for non-members. Lunch

(Continued on page 4)



Elderberries (continued)



(Continued from page 3)
costs \$15. The museum requires reservations by October 30. Payments may be made to Ann Koehler or to Judy Kintz before that date. Make checks payable to Judy Kintz and mailed to: 263

Meadow Beauty Drive, Apex, NC, 27539-7623. (Please note that this date was determined by the museum - it is not our usual 3rd Wednesday meeting date.)

Submitted by the Rev. Lois Reardin

Newcomers Course



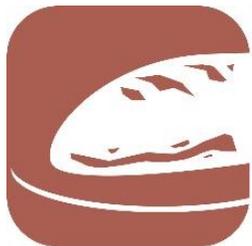
Newcomers Class

The Newcomer Ministry and St. Paul's clergy will offer an abbreviated newcomer "series" this month consisting of one class and one combination class/social. This will be presented on Tuesday, November 15 from 7:00 to 8:30, and Tuesday, November 29 from 7:00 to 9:00. The second class will include a dessert social for attendees to meet other St. Paul's ministry leaders. If you are new to St. Paul's (started attending within

the last year) you should receive a postcard announcement in the mail. But don't wait for a card to RSVP for this course! Come to find out all about the ministry and community of St. Paul's Episcopal Church.

Contact Ann Lockhart (annlockhart@nc.rr.com or 678-1132) to indicate your interest. Child care provided. All are welcome!

Submitted by Ann Lockhart



Bread Bakers and Delivery Team

Let's all be greeters



Newcomers Ministry News

The Newcomer Ministry is grateful to those who signed up during the Ministry Fair to be greeters, bread bakers, and bread delivery team members. Thank you! We are always happy to have new faces added to our rolls. Don't wait for the next ministry fair to volunteer your time to this most rewarding experience! We can always use an extra set of hands (and wheels) to deliver bread on

Sundays, especially as our newcomers have become ever more "far-flung" in our county, and beyond! Do you live in Clayton? Can you deliver a loaf of bread on your way home from church on the

occasional Sunday when we have a visitor from your "neck of the woods?" Do you often find yourself at church hanging around before the service, perhaps bringing some chorister or bell ringer to warm up? The Newcomer Ministry could put your time to valuable use as a greeter!

Please contact Ann Lockhart (678-1132 or annlockhart@nc.rr.com) to learn more about how you can become a part of our ministry. Please let us know how you may be interested in helping those who are new to St. Paul's feel welcomed.

Submitted by Ann Lockhart

Fellowship Events Update

The Fellowship Team has been busy. On September 25th, we sponsored "Write Home Operation" making over 500 cards that were packaged and sent to Iraq and Afghanistan for soldiers to have to send home to their family and friends. Approximately 15 people shared a potluck lunch and enjoyed the fellowship of making these cards.

Mark your calendar: December 4th the Fellowship Events Team is hosting a

Christmas Cookie Exchange during coffee hour. Please bring 3 dozen cookies (or other treats) and recipes to share and take home 3 dozen assorted cookies. Awards will be given! Also, please bring your recipe card. We will publish and share all of the recipes we receive. For more information, contact Sheila Reilly: 303-6248

Submitted by Elaine Hunt



Lobster Fest 2011: A Team, A Community, An Event

If we could find a restaurant as efficient, friendly, and serving food as good as the Lobster Fest kitchen / inside crew did on Lobster Fest Day, it would quickly become a local favorite. The Fierke's organized, and a whole lot of folks executed, beautifully.

Jeff Kager's outside team cooked those briny crustaceans all day (plus handed out a huge quantity of live lobsters), then cleaned up big time. Those were delicious!

Brent Wood and his sales team efforts and publicity netted record numbers – we provided lobsters to all pre-orders, many walk-ups, but in the end had to turn some walk-ups away. (We ordered many extra lobsters and lobster meat for Lobsta Rolls, but next year will need to add-in even more if we get another beautiful October day.) The check-in process included as many as five people at a time on computers and there was a minimal wait even when guests seemed to arrive in swarms.

If there is one certainty in an event of this size it is that some “glitch” will occur. The lobsters were fat and delicious, the lobster meat for the rolls was the best ever, but 3 crates (150 lobsters) of our order decided to head to the beach (a supplier miscount on drop-off). However, enough St. Paul's members were gracious enough to delay getting

their lobsters, plus we located about 70 live lobsters in local markets (at a much higher cost), that every pre-ordered lobster was delivered to our customer-guests. We arranged for an air shipment the following week to take care of our St. Paul's people who delayed their meals and by the time all was finished we served almost 500 Lobsta Rolls and about 775 lobsters (including lobster meals). That's short of a ton, but it sure felt like a ton to those helping out! A record number of lobsters and of friends made in the community!

Lobster Fest is a fundraiser but every bit as important, it is a community event. The St. Paul's community comes together to make it happen and, although there are some tired folks at the end of the day, there isn't a one without a smile, and there are a whole lot of smiles from the outside community. People came from Raleigh, Durham, Chapel Hill, and even Sanford, as well as surrounding areas. We get e-mails from guests who tell us how they so look forward to the St. Paul's Lobster Fest and no one seemed disappointed this year. Whether you helped with the event by selling tickets, purchasing, mentioning to friends, planning, working at the event, or even just smiling at the sometimes craziness, THANK YOU!

Submitted by Ted Straub



Lobster Fest

St. Paul's New Logo

Have you noticed St. Paul's new logo? Check out the website, the new outdoor banner, our Facebook page, this newsletter (e.g., “About Our Church,” p. 3), and you'll see it! And, you will begin to see it more and more on St. Paul's mailings and communications over time as the adoption of the logo becomes more widespread.

All St. Paul's ministries and programs are encouraged to support and adopt the new logo, and its approved variations, in their communications, both internal and external to St. Paul's. Ministry leaders are strongly encouraged to visit the

Communications Work Page on the web site (see Adults / Communications Committee) and refer to the Logo Guidelines (you must be logged in to view.)

If you have any questions regarding the use of the St. Paul's logo, you can contact the church office (stpauls@stpaulscary.org, 467-1477) or Ann Lockhart (annlockhart@nc.rr.com).

The Communications Committee is grateful to Kim King for her work on the logo. The committee is comprised of the following members: Ann Lockhart, Melanie Fairbrother, Lanny Wase, Jean



One example of the St. Paul's logo.

(Continued on page 6)

St. PAUL'S
EPISCOPAL CHURCH



A second example of the St. Paul's logo.

St. Paul's New Logo (continued)

(Continued from page 5)

Huey, Gordon Werner, John Hemperly, and Ted Straub. Vestry liaisons are Larry Cupitt and Bev Hope. Please feel free to provide feedback on the logo, or on any

communications topic to any of the committee members as you feel comfortable. We are interested in hearing from you.

Submitted by Ann Lockhart

Voices from Center for Hope & Healing

CHH is in the middle of Fall quarter! Our optimism seminar, presented by SAS Work/Life social worker Sarah Atai was very positively received, as was our parenting seminar by returning CHH instructor, Dr. Kristen Wynns. Nancy Titus continues with her spiritual exploration classes covering mid-life spirituality.

On November 13th, Ruth Echols, LPC, will discuss anxiety during our Sunday clergy forum from 10:15-11:00 in the chapel. Please join us for this important topic, especially in the midst of increasing holiday pressures....

For details on all classes or to register go to www.chh.stpaulscary.org. Remaining Fall OFFERINGS

The remaining Fall offerings include Mindfulness Drop-In on Monday nights from 7-8, Dialectical Behavioral Therapy, Anxiety, Spiritual Direction, Individual Counseling, Homework Buddies and Grief Support.

**For those who have been asking about Duke Integrative Medicine's MBSR class, please let Juli Kirby know if you weren't able to get in and she can be sure you know about Winter session as registration information is available.

VOLUNTEERS

CHH is working to ensure a successful transition as we grow and change.

We would love to have some new faces join in our vision! There are many opportunities to volunteer from setting up the house to folding brochures to marketing, bookkeeping, hosting events, etc.

This ministry is right for you if you have a passion for the mental health field and community outreach. The following list represents areas where volunteers

might work:

- Programming (development and organization)
- Event hosting
- Instructor support and communication
- Grant research and writing/fundraising
- Marketing and publicity
- Web-based advertising/social media
- Business structure and oversight
- Financial oversight (CPAs)
- Board recruitment and development
- Setting up the Epiphany House for our use
- Oversight of Town Permitting Process
- Tutors for Homework Buddies
- And generally working with a grass-roots non-profit organization

If you have expertise in any of these areas, or are simply interested in getting involved, please contact Juli Kirby, Program Administrator, at 919-621-3825 Upcoming Proposed OFFERINGS for Winter

These courses are currently under development: New Year-New You, Feeding Picky Eaters, Steps to Healthy Aging, Flip Consulting (owned/managed by two long-time Project Enlightenment employees) parenting courses, Dialectical Behavioral Therapy continued, assisting students planning for college, grief support, individual counseling, spiritual direction, Mindfulness Based Stress Reduction, Meditation Drop-In Group, and more. Go to chh.stpaulscary.org to register or contact Juli at chh@stpaulscary.org

FIND US ON FACEBOOK, FIND US ON TWITTER, Subscribe to e-news at chh@stpaulscary.org by sending note with "subscribe me" in the subject line.

Submitted by Juli Kirby



St. Paul's Center for Hope and Healing

Prayer Stitchers

Prayer Stitchers is a prayerful handwork ministry. If you enjoy knitting, crocheting, weaving, quilting, or any other craft that can be used to make items which provide comfort, warmth, support, and prayer to persons in need, join us. We welcome all! If you would like to learn how to knit or crochet, we can help you. Our membership includes skilled knitters and crocheters who enjoy teaching.

Members choose the items they wish to make and the charity they wish to support. There are also group projects that members may decide to participate

in. Some current group projects include caps for homeless children and for children who have cancer, prayer shawls, lap robes, and prayer pockets for parishioners and others in need of comfort, support, and prayer.

We meet Wednesday mornings at 10:30 a.m. and Thursday evenings at 7:00 p.m. in the youth wing.

Questions? Contact Beth Barnes (380-7214, eanbarnes@gmail.com) or Marilyn Mitchell (854-1887, mdmitchell19@gmail.com).

Submitted by Beth Barnes



Educational and Spiritual Development

Happy Turkey Day from St. Paul's Preschool!!!

October was a fun, crazy month that flew by. The Cary Police K-9 unit visited the preschool on a Tuesday this month. The children enjoyed seeing the dog perform his "tricks". We also had Pastries for Pops, Picture Day, a Halloween parade for the 3, 4 & 5 year old classes, and the 4 and 5 year old classes had a fun field trip to the pumpkin patch-whew we were busy!

November is quickly upon us and we are busy preparing for Thanksgiving. The 4 and 5 year old classes need to mark your calendars for the Thanksgiving feast on Tuesday, November 22nd. The feast is in the parish hall at noon. Parent are invited to come share in the experience as the children share in a simple Thanksgiving lunch. Many of the other classes will have a feast in their own classrooms—teachers will keep you up to date on these events. School will be closed from

Wednesday, November 23rd and will reopen on Monday, November 28th.

With Christmas right around the corner, the children in the 3, 4, and 5 year old classes will be preparing a Christmas program of a few songs to help celebrate Jesus' birthday. The program will be on Wednesday, December 15th at noon in the Church. This however does NOT mark the last day before Christmas break. The classes that meet on Friday and Monday will have class after the program and preschool will be closed for Christmas break from Tuesday, December 20th and re-open on Tuesday, January 3rd.

I hope you have a restful Thanksgiving break with family and friends.

*Love in Christ,
Mary Catherine Troxler
Preschool Director*



Children's Ministries

Christine Ingram
Children's Ministries
Director
467-1477, ext. 19



Pre-EYC kicked off on Oct. 16th! Pre-EYC is a wonderful fellowship

Pre-EYC

opportunity for 4th and 5th graders. It meets about every two weeks on Sunday afternoons from 4:00 p.m.-5:45 p.m. The children participate in fun activities and share a meal. It is never too late to join Pre-EYC and your child does not have to be enrolled in Sunday school to attend. The next meeting is Nov. 6th at 4:00 p.m. -we will be having breakfast for dinner, so wear your favorite (modest) pjs and slippers!



Watch for your Advent Mailing

Coming soon to a mailbox near you! In late November our annual Advent mailing will be sent to all children enrolled in Sunday school. The mailing contains an age appropriate advent countdown tool to enjoy as we

participate in this time of waiting. If your child is not enrolled in Sunday school but would like to receive the Advent mailing, please email Christine Ingram the child's name, age, and address.

Christmas Pageant - December 11

Calling all Christmas pageant enthusiasts! It's time to brush off your acting skills and get ready for our annual Christmas pageant. We'll be performing our rendition of "The Story of Christmas" for the congregation at the 9:00am service on December 11.

We will need angels, innkeepers, shepherds, narrators, the holy family, and, of course, a whole menagerie of animals. Time commitment for the pageant is minimal and children may choose to have a speaking part-or not. All children should be prepared to attend a rehearsal on the morning of December 10. Children with speaking parts should be prepared to attend an

extra rehearsal on Friday night, December 9 and should practice their speaking lines at home.

Pageant interest forms will be distributed during Sunday school on November 6. Please complete the form and return to the file folder located outside the resource room (Room 2) of the education building by 10am on November 20. Speaking parts will be assigned (by a random drawing) on November 20.

Adult helpers will be needed! Please watch the bulletin and contact Christine Ingram if you would like to assist.

Christmas Pageant



Christmas Pageant
Costumes Needed

Costumes Needed

Did you have a soldier, animal, or angel trick or treating this year? Do you have an outgrown biblical costume in the closet? If so, we need your costume! We are looking for gently-used costumes for the Christmas pageant. We will take any "creatures" or animals (all species) as well as angels,

shepherds, soldiers, or biblical props. Please consider donating your costumes and then come to the pageant to see your costume in use! Please bring your donations to Room 2 in the education building or drop them off with Christine Ingram. Thanks for all your help!

Children's Ministries

Advent Craft Event - November 27

The Children's Ministries Committee will host its annual Intergenerational Advent Craft Event on Sunday, November 27 during coffee hour. There will not be Sunday school

or children's chapel that day so everyone is welcome to come and eat fresh baked chocolate chip cookies and make an advent craft. Watch the bulletin for more details about this event

VBS 2012

The Children's Ministry Committee is excited to announce it's plans for our 2012 vacation bible school! In an effort to reach more children, we are changing our VBS date to June 25-29, 2012. We are also writing our own VBS curriculum! Our theme will center around Advent/Christmas (think Christmas in June), with a specific title to be announced soon. While the theme might not be as flashy as the pre-packaged VBS curriculum, we are sure that it will be fun and geared specifically for our children! Our VBS will also be a great way for the children to hear the lessons of Advent away from the all the distractions of the holiday season.

To help with our theme, we welcome any donations of gently-used, church appropriate, non-commercial (cartoon characters, Santa, etc.) Christmas decorations. Artificial trees and strands of lights would be especially helpful! Before you pack up all of your Christmas decorations, consider donating the ones you don't need any more. Thank you!!!

This is also a wonderful opportunity to help create a VBS from the very start. At this point we are looking for volunteers to be center leaders of games, music, snack, etc. Please contact Christine Ingram if you would like to help.



Resource Room

We are accepting donations of new and gently-used children's religious books for our soon to be opened resource room library. Please drop off

any donations in the resource room (Room 2 of the education building) or to Christine Ingram in the church office. Thank you!



Important Dates

Oct 30	Clergy Forum for Kids - 10:10 a.m.: No Sunday School Pumpkin Carving & Chili Cookoff - 5:00 p.m.
Nov 6	Christmas Pageant Participation Forms available - 10:10 a.m. Pre-EYC - 4:00 p.m. - Breakfast for Dinner
Nov 20	Christmas Pageant Forms Due / Parts assigned - 10:10 a.m. Pre-EYC - 4:00 p.m. - Lunch for Dinner
Nov 27	Advent Craft at 10:150a.m. - No Sunday School and No Children's Chapel
Dec 4	Pre-EYC - 4:00 p.m.
Dec 9	Christmas Pageant Rehearsal for all speaking parts - 6:00 - 8:00 p.m.
Dec 10	Christmas Pageant Rehearsal - 9:00 am. - Noon
Dec 11	Christmas Pageant at 9:00 a.m. Service -- No Sunday School
Dec 18	No Sunday School Pre-EYC - 4:00 p.m. - Yankee Swap Party
Dec 25	Christmas Day - No Sunday School or Children's Chapel
Jan 1	No Sunday School or Children's Chapel
Jan 8	Sunday School Resumes

Children's Ministry Committee

Christine Ingram, (Director); Christa Magee (Chair), Frank Bricio, Melissa Tanner, Karen Baker, Leslie Blake, Laura Gorman, Kathleen Neff, Helen Carpenter, Kerry Haggerty, Stephanie Hochanadel, and Julia Rudy

Youth News!

Youth

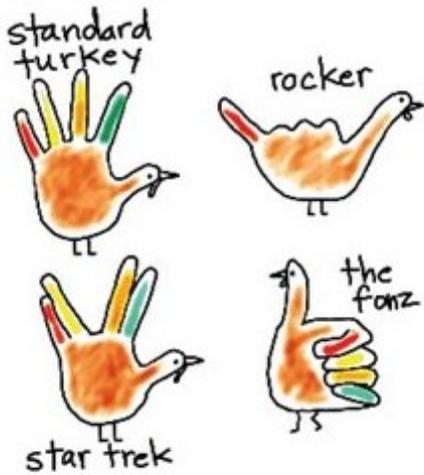
Rev. Lauren Kilbourn
Associate Rector for Youth
youth@stpaulscary.org

Upcoming Volunteer Opportunities:

- November 9:** (7:00 pm): Singers, greeters, and ushers needed for Lauren's ordination to the priesthood
- December 4:** Babysitting night

Upcoming EYC Schedule:

- November 6:** Halloween Candy Poker and games (bring all your leftover candy, and wear your costumes, if you'd like!)
- November 11-13:** Happening - a diocesan senior high retreat
- November 13:** Middler Big Dinner Night and Tree Trimmin' (bring cash for the restaurant). Come at 5:00 p.m.: pick up is at 7:00 p.m.
- November 20:** It's all about service!
- November 27:** No EYC (stay home and eat leftovers)
- December 4:** Babysitting night



Happy Thanksgiving!!

What traditions does your family have for the holidays? Try starting a new one this year!

Carlos's Corner



Attention: Santa's Elves (Parents)!!!

The youth of St. Paul's is hosting an evening of babysitting to give you all an opportunity to shop, nap, go to the movies, go on a date, or anything else you might want to do kid-free! We will be available from 4:00-7:00 p.m. on December 4th. This is a fundraiser for our mission trips and service projects. Age-appropriate activities will be offered for each child. Help us help you!



THANK YOU for everyone's help at the Kiva Carnival/ Haunted House, and especially to Jake and Josh Kintz, Mary Kate Walden, Tyler Dorschel, and Peter South who came out to help with Lobster Fest 2011!

Upcoming Diocesan Events:

Bishops' Ball: December 9-11

We need 32 more diocesan sign-ups in the school year for Lauren to dye her hair the color of your choice!
Sign up at www.dionc.org/digital_faith/events

St. Paul's-Cary Presbyterian Centering Prayer Group

*"Be still and know that I am God."
(Psalm 46)*

The psalmist describes both the method and the goal of centering prayer: a silent consent to the presence of God in our hearts, in our lives. For twenty minutes centering-prayer practitioners sit in silence with the intention to open their hearts and minds to God, to rest in God, to deepen their relationship with God.

There is a combined St. Paul's-Cary Presbyterian centering prayer group that meets each Thursday morning at 9:00 AM in the Sr. high room of Cary Presbyterian church (just around the corner - or through the woods - from St. Paul's. For more information, contact Martha Waters (martha.wtrs@gmail.com) or Lanny Wase (Lannywase@mac.com).

Submitted by Lanny Wase



Centering Prayer

Outreach

St. Nicholas Day will soon be here! Dec 11

St. Nicholas will visit St. Paul's on December 11th this year. His annual visit is a wonderful opportunity to be a part of the giving spirit of Christmas.

The Advent Tree will be up on November 20th, the Sunday before Thanksgiving, and will be loaded with tags identifying needy children in our community. The names on the tags are gathered from area ministries that support families and children in need: CommWell Health supports seasonal farmworkers, Thompson Child and Family Focus Ministry, Episcopal Housing Ministry, The Healing Place, the Caring Place, and PLM Families Together.

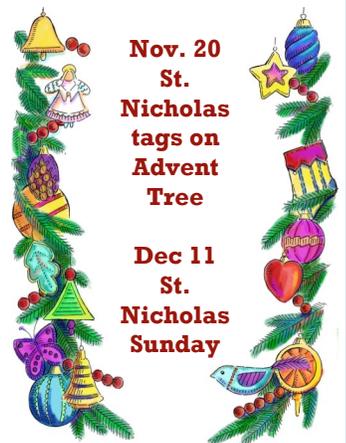
You are invited to take one or more tags from the tree and purchase a gift for each child. Bring those gifts to our St. Nicholas service on December 11th. St. Nicholas will visit both our 9:00 a.m. service and our 11:15 a.m. service on that day to gather the gifts and then deliver them to the children. It is an exciting day at St. Paul's, and we hope you will be a part of the event.

The gifts will be delivered to the participating agencies on the afternoon of St. Nicholas Sunday. If you cannot attend service on December 11, please drop off your gifts before that date. Gifts dropped off after noon on December 11th will not get to the child.

The tags on the Advent Tree are actually self-sticking labels, so after you have purchased your gift (and wrapped the gifts children of seasonal farmworkers, Episcopal Housing Ministry, and Caring Place), remove the backing from the tag and stick it to the gift. In this way the gift and the tag will not be separated. The tags help us sort the gifts for the various families and allow us to ensure that each child has received a gift.

The St. Nicholas ministry members really appreciate contributions of money to the ministry: Such donations allow us to look for after-Christmas bargains and be prepared with gifts for any child whose tag may be lost. Checks should be made payable to St. Paul's and designated "St. Nicholas Fund."

Submitted by Mary Marsha Cupitt



Outreach & Urban Ministries



The outreach committee and Urban Ministries thank you, St. Paul's, for your support of the food drive in October. We contributed 390 pounds of food, valued at more than \$700. It is wonderful to know that the shelves are fuller at the end of the day than they were at the start of the day because of the food I brought to the Urban Ministries' food pantry from St. Paul's.

Our total contributions for the year to the Urban Ministries' food pantry came to 1640 pounds, with a value of \$3100. There are hungry families in Wake County whose lives have been made a bit easier because of your help.

If anyone is interested in joining me in this outreach ministry please contact me, Anne Pilgrim, at 362-4068 or at annempilgrim@gmail.com.

Submitted by Anne Pilgrim

Wake County Interfaith Hospitality Network



St. Paul's helps support homeless families of Wake County through the Interfaith Hospitality Network. Our next host week begins November 13th on Sunday with set up for the guests we'll be hosting. We welcome volunteers and

newcomers to this fulfilling ministry. Look on the St. Paul's website for more information or contact David Hatch at dhatch@1stmedallion.com.

Submitted by David Hatch

Nets for Life

YOU can join in the fight against malaria! **YOU** can make a difference!

Malaria, a preventable disease, kills nearly one million people each year. 90% of those are in sub-Saharan Africa. Children under 5 account for 85% of total malaria deaths. Pregnant women are also at greater risk.

Mosquitoes carrying malaria feed from dusk till dawn. The frontline of defense in preventing malaria is the use of long-lasting, insecticide-treated nets, which simultaneously provide a protective

covering for the body while releasing chemicals to repel the infection carrying mosquitoes. Each net can provide coverage for three people. Research shows that when three-quarters of people in a community use nets properly, malaria transmission is cut by 50%, child deaths cut by 20%, and mosquito population drops by 90%.

We at St. Paul's can join with Episcopal Relief and Development to help prevent malaria and the deaths it causes. Bishop Curry has charged each parish with purchasing a \$12 mosquito net for each adult communicant. For St. Paul's, that number is approximately \$6500 (540 adult communicants). To date, the people of St. Paul's have donated \$4987.50. If you have not purchased your net, please do so today.

Purchasing nets is as simple as placing a check in the offering, made out to St. Paul's with NetsforLife in the memo, or donating online at <http://netsforlife.dioncmdg.org>.

When donating online, remember to note the following to ensure proper credit: St. Paul's, Cary, Diocese of North Carolina

For questions, please contact Melonie Wigley (melonie.wigley@att.net)

Submitted by Melonie Wigley



USO Collection

On October 23rd the USO Collection started for people to bring bottle water, individual snacks, etc. and for this specific collection we are also requesting small wrapped toys similar to those children receive at fast food restaurants and wrapped candies. We are making a basket to have available for the children who visit the USO facility with their parents. The items will be delivered to

the USO center at the RDU airport on November 12. This is a fantastic service for the men and women who serve our country as they come through our area. Many of their family members may also use the facilities as they wait for their spouses and appreciate the supplies we provide.

Submitted by Elaine Hunt



Liturgy

Music Ministry Notes

Rob Varner, Minister of Music
music@stpaulscary.org

A new addition to our Music Ministry

I would like to take this opportunity to introduce to you our new Associate to the Music Minister, Mrs. Ruth Hoffman. Ruth joins us after serving in various roles as a church music director and organist for many years and is currently serving as the NC chapter secretary for the American Guild of Organists. I am

excited about Ruth sharing her ministry with all of us at St Paul's. We look forward to her working with our music program and our choirs, and to her participation in our worship services.

*Rob Varner
 Minister of Music*

An open invitation

Anyone interested in singing with the St. Paul's Choir, Jubilate Choir, Youth Choir, or Children's Choirs this Advent - Christmas Season is invited to join and explore the fellowship and wonderful music of this beautiful season. The Advent-Christmas Season is a time to reflect on the joy of the true meaning of what Christmas truly is about... a great

way to share and to tell one of the greatest stories — interpreted through the art of music. Contact Rob Varner, Minister of Music at 919 467-1477 or music@stpaulscary.org.

Our Music Ministry Leaders

- Mr. Michael & Mrs. Ann Marie Taranto – Drama Ministry “The St Paul’s Players”
 - Mr. Earl Barber & Mr. David Crow – Guitar Ministry
 - Mrs. Denise Franz – Proclamation Handbells
 - Miss Katherine Womack, Mrs. Cathryn Lamb, Miss Amanda O’Brien and Mrs. Olive McKrell – Epiphany Choir
 - Mrs. Katie O’Brien, Mr. Matt McKrell & Rob Varner – Junior Choir
 - Mrs. Ann Lockhart and Mr. Rob Varner – Canterbury Handbells
 - Mrs. Susan Gilbert – Jubilate Choir & the Jubilate Band
 - Mr. Rob Varner – Youth Choir, St Paul’s Choir and the Bells of St Paul’s
 - Mrs. Sue Harrison – Music Librarian
- Be sure to visit our Music Homepage at stpaulscary.org where you will find descriptions and news about each music group, their calendar, and contact information.

Music Ministry Schedule

Tuesdays	5:45-6:45 pm Canterbury Handbells (6 th -12 grades)
	6:45-7:45 pm Youth Choir (6 th -12 th grades)
	7:45 – 9:00 pm Drama Ministry – “The St Paul’s Players” (6 th -12 th grades)
Wednesdays	5:45 pm – 6:30 pm Epiphany Choir (K- 2 nd grades)
	5:45 pm – 6:30 pm Junior Choir (3 rd -5 th grades)
	6:30 pm – 7:15 pm Proclamation Handbells (3 rd -5 th grades)
	7:30 pm – 9:30 pm St Paul’s Choir (adults)
Thursdays	6:00 pm – 7:00 pm Guitar Ministry (6 th -12 th grades)
	6:00 pm – 7:00 pm The Bells of St Paul’s (adults)
	7:15 pm – 8:45 pm Jubilate Choir & Band (adults)



Drama Ministry -- Carol Singing

Let the joy of the holiday season fill your hearts with the sounds of music...

On Sunday, December 4th the Drama Ministry will be hosting An Evening of Carol Singing and Storytelling while

sipping Wassail "hot apple cider" and sharing holiday cookies and treats... a wonderful opportunity for the whole family. This festive evening will begin at 7:00 p.m. in the fellowship hall.

"Music is the greatest joy we mortals know, A little sound from heaven shared with us below."

Stewardship

Feasting on Gratitude

What is feasting on gratitude? I recently had a conversation that forced me to think about what that phrase means. The word gratitude sends me back to the late 80's when there were

Come to the Table



best-selling books dedicated to journaling gratitude and the authors were

guests on Oprah. That is when I learned acknowledging what you have gratitude for has the effect of feeding you or filling you up with the good stuff. "Feasting" on gratitude gives you the "glass is half full" attitude in daily life. The trend was catching and I still have one of those pink books.

Over the next few months you will be hearing more about Feasting on Gratitude as we enter our pledge season in January and February. St. Paul's annually asks parishioners to plan what they are going give towards the operating budget and fill out a pledge card. This pledge card may also have information about giving to the other two funds or "buckets" we know as Capital Fund and Endowment. All three buckets are important to the financial health of St. Paul's. During January and February we will be concentrating on receiving

pledges towards the operating budget bucket for 2012. While numbers are still being tabulated, I understand that we have a challenging year ahead. That said, St. Paul's is growing and we are optimistic that with increased participation we can live into all that St. Paul's is currently doing.

We are planning a Personal Note Program where 150 parishioners write personal notes to 4 other parishioners at a luncheon workshop. Two workshop times are being offered. In this way we hope to share personal stewardship or gratitude stories with everyone. Please mark your calendars for either Sunday, February 5th or Saturday, February 11th from 1-3 p.m. to feast on a catered lunch, participate in a workshop, make your pledge, and write some letters. Attracting 150 writers is ambitious so please consider being a note writer and bring a St. Paul's friend with you! You can respond by email to stewardship@stpaulscary.org or contacting the church office.

My daughter asked last week "Mom, why do we have to go to church?" The feasting on gratitude conversation was fresh in my mind and I came up with "because I have to go and say thank you for all the good stuff in my life or that bad stuff will eat me up". It dawned on me then that having church to log my gratitude and get fed is why the pink book is still empty.

Submitted by Jen Dobridge

St. Paul's Endowment Fund

Good news keeps rolling in on the endowment front! Here are some updates:

First, we would like to give our thanks to the many parishioners who together have donated or made planned gift commitments of more than \$283,000 to the endowment. It is exciting to think about the many ways that these gifts will support St. Paul's mission and ministry for generations to come.

Second, we encourage you to consider making a donation or planned gift commitment to the Endowment. Commitments received by the end of 2011 will be honored as Founding Commitments.

Third, we would like to announce the formation of a subfund to the endowment specifically for the purpose of outreach.

This fund provides a perfect opportunity for you to leave a long-lasting legacy in support of St. Paul's outreach efforts in our community and in the world beyond.

And, last, but not least, we would like to thank David Watters, the first of many speakers that will be invited by the Endowment Board to talk to our parishioners. David spoke about "the four documents everyone needs to have." It was a fantastic talk that provided invaluable information about planning for the future. Stay tuned for an announcement about our next speaker... endowment.stpaulscary.org.

St. Paul's Endowment Board

Submitted by Dan Loughlin



Facilities Management

Courtyard pays tribute to Moses

The Goal: *Create a space that invites all who participate in gatherings, pass through, or view St. Paul's courtyard to savor and celebrate God in nature.*

Prior to turning the first shovel of soil, we developed a goal, along with objectives and challenges that provided both a framework and a compass as we transformed the courtyard. We wanted to incorporate Scriptural-based themes within the design. And we were ever-mindful of the ongoing challenge of corralling water on our property. With the Old Testament focus on Exodus this Fall, I thought it would be fun to share one way our design handles drainage in the Courtyard while paying tribute to Moses.

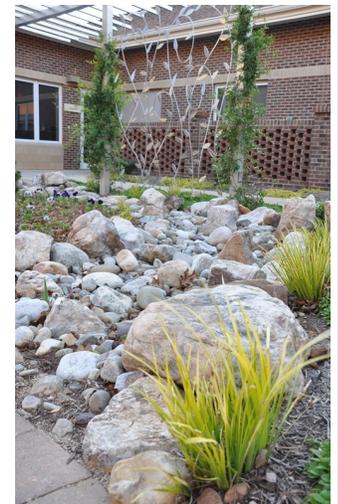
At the lower end of the gathering area is a "river bed" comprised of various sized river rocks. Rain runoff flows from the top of the gathering area to this river bed, ending at a "catch basin" that ties into a drainage pipe below. Incorporated into and alongside

the river rock is a perennial called *Acorus Gramineus*, or Japanese rush. We repeated the use of *Acorus* in the "creek bed" alongside the education building and in the courtyard entrance for continuity.

To the far right of the river bed nearest the entrance to the gathering area is a shrub called *Euonymus Alatus*, or burning bush. You can spot it easily this time of year – it is ablaze with fire-engine red foliage!

The second chapter of Exodus recounts the birth of Moses during a time when the Pharaoh ordered the killing of all male Hebrew babies. To save his life, the mother of Moses placed him in a basket, hiding it alongside the river amidst the rushes. Many years later we hear how God spoke to Moses from a burning bush, calling him to lead the Children of Israel from the land of Egypt.

So, the next time you sit in the benches at the lower end of the



(Continued on page 16)

Courtyard (continued)



(Continued from page 15)
gathering area, or admire the artisan panels that hang from the arbor, think of Moses and the imprint he made on our heritage. And you just might be inspired to learn more about this leader.

For background and to see pictures taken along the way, click on the courtyard transformation link on St. Paul's home page at www.stpaulscary.org.

Submitted by Betsy Flagg McBrayer



December Events

Cookie Exchange



4th

Youth Baby Sitting



Carol Sing



9th

Pageant Rehearsal -
Speaking parts



10th

Pageant Rehearsal -
All participants



11th

Christmas Pageant

St. Nicholas'
Visit



Christmas Pageant

24th

Christmas Eve
Services



25th



Christmas Sunday

Sunday Service Schedule

7:30 a.m. Eucharist Rite I
 8:45-12:30 Kids' Club
 9:00 a.m. Eucharist Rite II
 9:00 a.m. Children's Chapel
 10:00 a.m. Fellowship-Coffee
 10:10 a.m. Education Hour

11:15 a.m. Eucharist Rite II
 11:15 a.m. Children's Chapel
 4:00 p.m. Pre-EYC (1st & 3rd Sunday)
 4:00 p.m. Middlers EYC
 5:15 p.m. Senior EYC

Wednesday Schedule

10:30 a.m. Prayer Stitchers
 12:15 p.m. Liturgy Meeting
 5:45 p.m. Epiphany Choir
 5:45 p.m. Junior Choir
 6:30 p.m. Proclamation Bells
 6:30pm Skills Club
 7:30 p.m. St. Paul's Choir



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>6 SUNDAY SCHEDULE ALL SAINTS DAY CELEBRATED 12:30pm Mar Thoma 4:00pm Pre-EYC</p>	<p>7 7:00pm Care and Share 7:00pm Stewardship 8:00pm AA</p>	<p>8 ELECTION DAY 12:00noon Women's Study Group 5:45pm Canterbury Bells 6:30pm Youth Committee 6:45pm Youth Choir 7:45pm St. Paul's Players</p>	<p>2 WEDNESDAY SCHEDULE 10:30am Prayer Stitchers 12:15pm Liturgy Meeting 6:30pm Children's Chapel Focus Group 7:00pm Baptism Class</p>	<p>3 6:00pm Bells of St. Paul's 6:00pm Guitar Ministry 7:00pm Prayer Stitchers 7:15pm Jubilate Choir</p>	<p>4 11 VETERAN'S DAY NO PRESCHOOL</p>	<p>5 3:00pm Mar Thoma 8:00pm AA</p>
<p>13 SUNDAY SCHEDULE</p>	<p>14 10:00am Newsletter deadline 7:00pm Finance Committee 7:00pm Stewardship 8:00pm AA</p>	<p>15 5:45pm Canterbury Bells 6:30pm Children's Chapel Focus Group 6:45pm Youth Choir 7:45pm St. Paul's Players</p>	<p>16 WEDNESDAY SCHEDULE 10:30am Prayer Stitchers 12:00noon Elderberries 12:15pm Liturgy Meeting 6:30pm Sunday School Focus Group</p>	<p>17 6:00pm Bells of St. Paul's 6:00pm Guitar Ministry 7:00pm Prayer Stitchers 7:15pm Jubilate Choir</p>	<p>18</p>	<p>19 8:00pm AA</p>
<p>20 SUNDAY SCHEDULE St. NICHOLAS TREE 12:30pm Mar Thoma 4:00pm Pre-EYC</p>	<p>21 7:00pm Vestry 7:00pm Stewardship 8:00pm AA</p>	<p>22 MUSIC PROGRAM OFF</p>	<p>23 WEDNESDAY SCHEDULE NO PRESCHOOL MUSIC PROGRAM OFF 9:15am Julian Gathering 10:30am Prayer Stitchers 12:15pm Liturgy Meeting</p>	<p>24 THANKSGIVING OFFICE CLOSED NO PRESCHOOL</p>	<p>25 OFFICE CLOSED NO PRESCHOOL 7:00 pm Treasure Keepers</p>	<p>26 9:00am Altar Guild Greening of the Church 3:30pm Mar Thoma 8:00pm AA</p>
<p>27 SUNDAY SCHEDULE NO CHILDREN'S CHAPEL NO SUNDAY SCHOOL ADVENT CRAFT FESTIVITY DURING COFFEE HOUR</p>	<p>28 7:00pm CHH Board Meeting 7:00pm Stewardship 8:00pm AA</p>	<p>29 5:45pm Canterbury Bells 6:45pm Youth Choir 7:45pm St. Paul's Players</p>	<p>30 WEDNESDAY SCHEDULE 10:30am Prayer Stitchers 12:15pm Liturgy Meeting</p>			

ST. PAUL'S EPISCOPAL CHURCH

Sunday Services: 7:30 a.m., 9:00 a.m. & 11:15 a.m.



ST. PAUL'S EPISCOPAL CHURCH

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Cary, NC 27511

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THE PEOPLE OF ST. PAUL'S

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Fax: 919-467-0152

Web Site: www.stpaulscary.org

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x 13 | rector@stpaulscary.org

The Rev. Dr. Sally L. Harbold, Associate Rector

x 37 | rector2@stpaulscary.org

The Rev. Lauren Kilbourn, Associate Rector for Youth Ministry

x 23 or 467-0976 | youth@stpaulscary.org

The Rev. Lois Reardin, Priest Associate

rector3@stpaulscary.org

The Rev. Antoinette Wike, Priest Associate

rector4@stpaulscary.org

The Rev. Candy Snively, Deacon

Candy.Snively@att.net

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Laura Gorman, Nursery/Kids Club Director

kidsclub@stpaulscary.org

Vestry

Senior Warden: Jeff Kager

Junior Warden: Larry Cupitt

Betty Charlton, Dennis Daniels, Anne Pilgrim; Charlotte Heath, Beverly Hope, Brad Williford; Susan Coulter, Bill Holmes, Sue Remavich, and Glenda Swann

Treasurer: John Goehrke — Clerk: Lanny Wase

Sunday Service Schedule

7:30 a.m.	Eucharist Rite I
8:45 - 12:30	Kids' Club
9:00 a.m.	Eucharist Rite II
9:00 a.m.	Children's Chapel
10:00 a.m.	Fellowship-Coffee
10:10 a.m.	Education Hour
11:15 a.m.	Eucharist Rite II
11:15 a.m.	Children's Chapel
4:00 p.m.	Middler EYC
5:15 p.m.	Shared EYC Dinner
5:45 p.m.	Senior EYC