

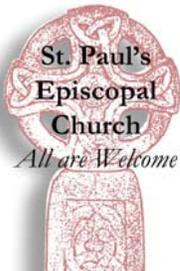
ST. PAUL'S LETTER

ST. PAUL'S EPISCOPAL CHURCH

St. Paul's Episcopal Church in Cary is home to an active, caring, and diverse congregation of the Episcopal Diocese of North Carolina. Through corporate worship, spiritual development, fellowship, and service we continue to grow together in faith. We strive to be Christ's welcoming, reconciling and transforming presence in the world through our many and varied ministries.

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**Next Newsletter
Deadline
Oct. 21
at 10:00 a.m.**

Letter From The Rector

The Rev. George Adamik

Dear Friends,

I want to begin our new program year by inviting you to join me in thanking our St. Paul's staff. In all my years of ministry I have never worked with a more passionate, dedicated, caring group of people. I continue to be in awe of the great things we are able to accomplish through the gifts of our staff members. No one person is ever trying to outdo another, as one may experience in other professions, but rather I continually witness a group of people who really care for one another, and are always ready to reach out a helping hand when things become a bit hectic. Each staff person has a great sense of pride in what they do and a deep and abiding commitment to St. Paul's, and particularly you, the parishioners of St. Paul's.

There are numerous ways to express your thanks. One may simply say thank you next time you see one of our staff, or write a personal email, or note, expressing appreciation. Listed below are the names, titles and email addresses of our staff

CLERGY

Rev. Sally Harbold	Associate Rector	rector2@stpaulscary.org
Rev. Bernard J. Owens	Associate Rector	Bernard.Owens@stpaulscary.org
Rev. Tony Wike	Priest Associate	rector4@stpaulscary.org
Rev. Lois Reardin	Priest Associate	rector3@stpaulscary.org
Rev. Candy Snively	Deacon	Candy.Snively@att.net

PROGRAM STAFF

Jennifer Shy	Church School/ Nursery Director	churchschool@stpaulscary.org
Fred Lowry	Youth Coordinator	youth@stpaulscary.org
Mary Catherine Troxler	Preschool Director	preschool@stpaulscary.org
Jason Pace	Interim Minister of Music	music@stpaulscary.org
Olivia Ittoop	Music Assistant	music2@stpaulscary.org
Susan Gilbert	Music Assistant	

ADMINISTRATIVE STAFF

Melanie Fairbrother	Office Manager	stpauls@stpaulscary.org
Chris Lewis	Financial Manager	financial@stpaulscary.org

As I look forward to a terrific year I am truly grateful for our staff. They are a blessing for us all.

George



Warden's Corner

Opportunities Galore!

There has been one common theme that God keeps placing before me: **The multitude of opportunities to serve at St. Paul's!** These are not just opportunities, but needs, too. As our community has grown in size, the number of volunteers/committee members needed has increased as well. We welcome and are excited about the gifts you have to share with St. Paul's. If you are new to our community, one of your many gifts is your new, fresh, and different ideas. We would love for you become more engaged at St. Paul's and serve in some manner.

I have had an opportunity to sit in on various meetings of different committees over the last month. I have not sat in on a single meeting where we could not have benefited from some additional parishioner involvement. I have found that sometimes just helping or taking on the smallest task can make

a huge difference.

When I first started attending St. Paul's seven years ago, I was asked to serve on the Growth Committee. While working with this committee, we talked about what calls people to serve. As we went around the room discussing how we became involved it always seemed to come down to someone personally asking us to assist in one way or another. Please let this message serve as a call to one of St. Paul's many ministries. God has blessed each of us with special gifts. We pray you will consider sharing them with St. Paul's.

If you are looking for a way to get involved, please feel free to contact me or any vestry member. I can be reached at 919-608-0788 or email me at mwood3@nc.rrr.com. I would be more than happy to point you in the right direction.

God Bless!
Mary Wood, Senior Warden



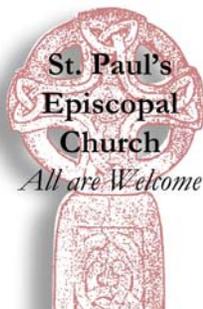
Vestry Nominations Being Sought

The Vestry Nominating Committee is now taking nominations from parishioners for those candidates who you believe will make outstanding vestry members for St. Paul's. If you would like to nominate someone, please contact Rick Bradley by email at rbradley@email.unc.edu or by phone at 363-0189. Your nomination will be

forwarded to the nominating committee and the candidate will be contacted by a member of the committee. Please submit nominations by October 15. We're looking for four great leaders for St. Paul's future!

*Submitted by Rick Bradley
Chair, Nominating Committee*

Hospitality, Parish Life, and Pastoral Care



About Our Church

We **express our sympathy** to the family of Jody Vess.

We **celebrate** the marriage of Vanessa Ray and Patrick Lofvenholm. They were married at St. Paul's on September 12, 2009. Vanessa is the

daughter of Larry and Darlene Ray.

We **celebrate** the birth of Mollie Ann Beverley Teitelbaum, daughter of Dan and Kate Teitelbaum.

Submitted by Melanie Fairbrother

Lobster Fest — October 3

Have you ordered your Lobstas?

Live and cooked lobsters and lobster meals, chicken meals and, or course, Quarta Pounda Lobsta Rolls. Fun and food at the Lobsta Shack from 11 AM to 2 PM. Pick up your 1 ½ lb. Maine lobsters, live or cooked, plus Lobsta Rolls, from 11 AM to 5PM for take-home orders.

Will you be a part of all this, or did time get by and you forgot to place

your order? Depending on when you receive your St. Paul's Newsletter, there still might be time if you call now (740-7325) or (302-3226). Operators are standing (or sitting) by!

Live (\$17), Cooked (\$19), Meal (\$22), Chix Meal (\$10), Child Chix Tender Meal (\$4), and the now famous St. Paul's Quarta Pounda Lobsta Roll (\$12). Dine-in / Take Home.

Submitted by Ted Straub

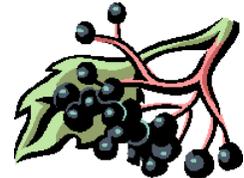


Elderberries

Elderberries will meet on Wednesday, October 21, in the Youth Wing at 12:00 p.m. for a pot luck lunch followed by a presentation by St.

Paul's, Care and Share Ministry. Bring a dish to share of your choosing. All are welcome!

Submitted by Melody Landberg

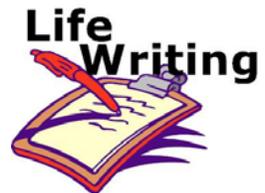


Life Writing Group

A four-session Life Writing group will begin on Thursday, October 8, 2009. Dr. Jim Clark, NCSU Professor Emeritus, will be our facilitator. The continuing members welcome anyone who would like to join them. There are no requirements other than a desire to write ... for your children or

grandchildren, or just for the satisfaction it brings to yourself. The group will meet in the Youth Wing from 7:00-9:00 p.m. Contact Mary Lee Anderson (467-9977) or the church office for further information.

Submitted by Mary Lee Anderson



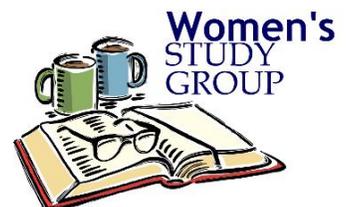
Women's Study Group

The Women's Study Group is a group of women reading both spiritual and non-spiritual books to celebrate our love of reading and learn more about our faith. Our upcoming selections are: October - *The Friday Night Knitting Club* by Kate Jacobs, November - *Girl Meets God* by Lauren Winner, and December - *Home to Harmony* by Philip Gulley.

The day group meets the 2nd Tuesday of the month from 12:00-1:30

p.m. (10/13, 11/10, and 12/8) in the Bride's Room. The evening group meets the 3rd Wednesday of the month from 7:00-8:30 p.m. (10/21, 11/18, and 12/16) in the library. We would love to have you join us, even if you don't finish reading the books - our discussions cover much more than the plot lines! For more information, contact Leah Dail (LeahDail@nc.rr.com).

Submitted by Leah Dail



Women Welcoming Women

Women Welcoming Women (WWW@St. Pauls) is a women's organization at St. Paul's that celebrates women of all ages and stages and provides them with the opportunity to socialize together several times throughout the year. Each social gathering is intended to be a relaxing evening out without any pressure to commit or to volunteer.



Women Welcoming Women (WWW)

Our September "Back to School Night" was a wonderful evening with good food and friends. Our next WWW gathering, hosted by Sheila Reilly, Liz Slifker and Myrna Robinson is planned for Sunday, November 8 from 6:00 p.m. to 8:00 p.m. in the Parish Hall. Childcare will be provided in the Kids' Club. Our hostesses for the November event are

planning a card-making demonstration! Each guest should bring an appetizer or dessert plus \$4 to provide for card materials and paper goods. Please note that appetizers and desserts may be store-bought as we don't exchange recipes in this group

To assist in the planning process, please RSVP by November 1 to Sherri Hubbard at sherri.hubbard@ncdoi.gov or to Jennifer Shy at churchschool@stpaulscary.org, or sign up in the narthex. If you aren't a planner, last minute guests are always welcome at our gatherings. If, however, you require childcare, please let us know in advance so that we have sufficient help in the Kids' Club.

Submitted by Sherri Hubbard

20s & 30s: Clean-Up St. Paul's Day

Join us as we give of our time & energy by doing yard work on the grounds of St. Paul's!

Saturday, October 17:
10:00 a.m.-12:00 noon.

Potluck lunch to follow! RSVP to Sara Concini at sara.concini@gmail.com by October 12 and please indicate if you need childcare!

Submitted by Sara Concini



20s
&
30s

Newcomers Class

Our second Newcomers Class gets underway September 30. If you are reading this and thinking "Oh, dear! I've missed it again..." DON'T! Just come on and join us Wednesdays at 7:00 p.m. in the Youth Wing until October 21. The courses are led by the Rev. George Adamik, the Rev. Sally Harbold, and the Rev. B.J. Owens and sponsored by the Newcomer Ministry. Contact Ann Lockhart (annlockhart@nc.rr.com or 678-1132) or the church office at 467-1477 to let us know you would like to come.

with tentative dates of April 14 through May 5.)

The Newcomer Ministry is always eager to recruit folks to help with its undertakings, from bread baking to document preparation. At the present time, we would enjoy having some additional greeters, bread deliverers, and telephone callers. Please contact Ann Lockhart (annlockhart@nc.rr.com, or 678-1132) for more information about these ministries.

Submitted by Ann Lockhart

(There are plans afoot to hold another Newcomers Class in the spring,

Newcomers Class



Flu & Health Awareness at St. Paul's

As we all become better educated about flu prevention at work and at school, it is worth remembering that St. Paul's is a congregation at the crossroads of many other communities, including preschools, retirement facilities, colleges and workplaces. Many at St. Paul's - especially young children, women who are pregnant, and older members of our congregation - are particularly at risk of catching the flu, so we ask you and your family to remember that careful and preventative practice at church functions can have a direct and positive impact on those among us who are most vulnerable.

Here are some simple and positive ways to care for one another:

- Follow good health habits and appropriate preventative measures.

This includes good practice at church (frequent hand washing, care in handling food) as well as caring for yourself (eating well, getting rest, etc.)

- Please observe the same practices for remaining home from church events (Sunday morning worship, choir practice, youth group, etc) that you would for school or for work. If you or your children have flu-like symptoms, please stay home.
- Take Communion in the way that is most comfortable for you. While you may drink from the cup or intinct (dip the wafer in the wine), remember that it is also appropriate to receive only the bread at Communion, if you prefer.

Submitted by the Rev. B. J. Owens



Coffee Talk

Coffee Talk meets the 2nd and 4th Wednesdays at 7:00 p.m. in the library. Childcare is available in the Kids' Club. Coffee will be served. This is a very casual women's discussion group for all ages and stages and is an opportunity to make new connections with women here at St. Paul's. There will be a suggested topic and/or activity for our time together: sometimes spiritual, sometimes not, always fun. Contact Jen

Dobridge through the church office.

On October 14 and 28, we will learn about, design, and make our own Ecumenical / Anglican Prayer Beads. No crafting experience required. Cost is \$3 to cover materials. This topic has been highly requested and has been scheduled so that your designs can be shared as Christmas gifts. Please RSVP by October 11.

Submitted by Jen Dobridge



Coffee Talk

Foyer Groups

Foyer Groups at St. Paul's provide a fun and easy way to meet other church members in a social setting. Each Foyer Group is comprised of eight to ten St. Paul's members who meet once every four to six weeks from October to May of each year (for a total of about six meetings). The groups generally gather for a potluck supper at one of the member's homes for a purely social time. Each member is asked to contribute

some portion of the meal and, although it is not required, it is also hoped that each member will host a meal once during the year. If you are interested in joining a Foyer Group or would like additional information, please contact Kathleen Neff at kneff@nc.rr.com or 439-4679.

Sign-up sheets are available in the narthex with registration until Oct. 10th.

Submitted by Kathleen Neff



Children's Ministries

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The Great Pumpkin (and Chili Cook-Off) Returns!

Our annual Pumpkin Carving is coming to the Parish Hall on October 25 at 5:00 pm. We'll have food, fun, and frolic for the whole parish!



Food: Hot dogs (hot diggity!) will be provided. We ask that everyone bring a dish to share. For the chefs among us, we will be hosting a Chili Cook-Off with seasonal prizes to be awarded to the top three recipes. So, bring your favorite dish OR your best chili concoction and a hearty appetite.

Fun: The carving of the pumpkins is scheduled for 5:00-6:30 pm. We will provide candles for the lighting ceremony at 6:30 pm!! Please bring your best (HOLLOW) pumpkin and carving tools, but, leave the pumpkin seeds and pulp at home!

Frolic: Rumor has it that the St. Paul's Youth will be hosting a fair to benefit their Kiva project this year. Check out the Youth news for more details.

Come one, come all!!

Growing in Faith (and Numbers)

September 13 kicked off our 2009-2010 Sunday School year, with 101 children in the classroom! New teachers, new lessons, and, we hope, lots of new friends await our St. Paul's youngsters. We welcome seven new teachers this year, and eighteen returning champions. Thanks to all of our teachers for the treasure they bring each Sunday to the classroom.



If you haven't registered your child yet for Sunday School, it is never too late at St. Paul's. Registration forms may be found in the narthex, on the web site, and in the Sunday School classrooms.

During October, our 3rd-5th grade children will have special offerings in Sunday school to supplement the regular curriculum and help them grow in their faith and understanding.

Third graders will have a four-

week course on learning to use and love the Bible! The Bible class curriculum uses games and interactive activities to help the children become familiar with finding Bible passages. This class began on October 5. Bibles will be awarded at the end of the course.

Amos 5:24 bids us to "let justice roll on like a river, righteousness like a never failing stream." Our fourth and fifth graders are learning about how social justice is an essential part of Christian life and how they can begin working for a more just society. This special class begins on October 18 and will continue for the five weeks.

No special registration is necessary for either class – just have your child attend his/her regular Sunday School class to join! .

Children's Ministry Committee

Jennifer Shy, Kim McCombs-Thornton, Christine Ingram, Leslie Vaughn, Dave Mackie, Juli Kirby , Dean Keiswetter, Melissa Tanner, Selena Youmans, and Frank Bricio
Clergy Liaison – B.J. Owens: Vestry Liaison – Ann Lockhart

Blessing of the Animals, October 4

Here at St. Paul's even the family pets are considered members of the congregation! On October 4 at 3:00 p.m. in the



Blessing of Animals

courtyard, we will have our annual blessing for the real animals in our parish. Bring your family pets and any other animals to be blessed and admired, appropriately leashed, caged, or crated. The Fellowship

Team will provide light snacks for both humans and animals. Bring a donation of dog food, cat food, used towels, small bath mats, treats and toys for Second Chance Adoption agency.

Watch the bulletins for additional information.

Submitted by Jennifer Shy and Katie Childers

It's a Date!

Oct 4	Blessing of the Animals 3:00 p.m. in the Courtyard
Oct 25	Pumpkin Carving 5:00 p.m. in the Parish Hall
Nov 1	All Saints Sunday
Nov 29	Intergenerational Advent Craft – No Sunday School
Dec 13	Christmas Pageant at 9:00 a.m. service

Green Brigade Help Our Children Save the Earth

The Children's Ministries began a stewardship project this summer which challenges our young children to be good stewards of our planet. We have registered with Terracycle (at www.terracycle.net) to participate in their juice, cookie wrapper, and chip bag brigade programs. These programs enable registered participants to recycle certain snack product containers and to earn money for their designated charity recipients.

During the summer our children collected 160 juice pouches, 93 chip bags, and 10 cookie bags to recycle with Terracycle. Our recycling project is off to a great start! But, we are hoping to beat our summer numbers this fall in an all-out effort to reduce the unnecessary waste that is choking our planet.

What you can do to help is to save your empty 1) **juice pouch containers** (all brands), 2) **cookie wrappers** (snack and full size) **from Nabisco** products including: Chips Ahoy! Nutter Butter, Oreo, Mallowmars, Fig Newtons, Nabisco 100 Calorie Packs, Oreo Cakesters; and, 3) **Frito-Lay chip bags** (snack and full size)

including Lays Potato Chips, Doritos, Fritos, Cheetos, Tostitos, Sun Chip, and any other Frito-Lay product.

There will be a collection bin located at St. Paul's at the side entrance to the Education Building next to the restrooms. Please leave your empty containers in the bins at any time. Also note that St. Paul's Children's Ministries is the registered charity recipient for all monies collected from this recycling project.

Please encourage your children to collect these items not only at home, but, from team sports (soccer, baseball, volleyball...) events, scouting events, parties or any types of events where children gather and consume snacks. All collected snack containers (pouches and wrappers) will be recycled by Terracycle into usable merchandise. While the monies paid to the Children's Ministries for this collection will be small in \$ value, the benefit to our planet is incalculable and the lesson for our children is priceless. Please contribute your wrappings today!

Submitted by Sherri Hubbard



Preschool



October Fun is here at Preschool!

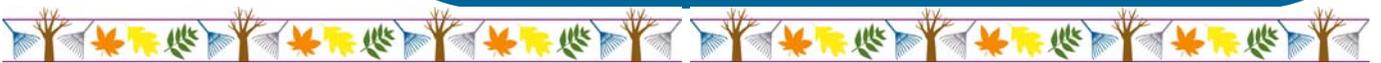
Preschool is off to a great start! September was a busy month getting settled into new routines and making new friends. We still have a few holdouts on the having fun away from Mom part but we are winning them over a little at a time. Children had a muffin treat with Mom before school one day- yummy. It was a nice time for Moms to make new friends too. Chapel, Art, Movement and Spanish have started for 3, 4, and 5 year olds. We are busy, busy learning about fall and are preparing for Halloween. Our 4 and 5 year olds classes will go on their first field trip to farm to learn

about different types of animals. October also brings us Picture Day- we love seeing the children dressed to impress. Donuts for Dad is also a fun time for Dads to share a moment together with their child before Preschool starts. Our 3, 4, and 5 year olds will parade around in their Halloween best on Thursday, October 29th at 9:45 a.m. If you have a few minutes to spare, we would love to have you join us in the parking lot to see the cutest parade ever. I hope you all have a spooky, fun time in October!

Mary Catherine Troxler

Preschool Happenings!

OCTOBER		NOVEMBER	
5 or 6	Chapel starts for 2 year olds	11	No School WCPSS
7 or 8	Donuts for Dads	24	Thanksgiving Feast in Parish Hall for 4 & 5 year olds
12 or 13	Picture Day	25 thru 27	No School- Thanksgiving Break
29	Halloween Parade for 3, 4		
30	No School Workday		



Pre-EYC is Coming Back!

Our biweekly fun & fellowship program for 4th and 5th graders returns in November! All 4th and 5th graders are invited to join us on the 1st and 3rd Sundays from 4-6pm in the parish hall. This program, which is led by Carla Traudt, has been a big success over the past several years and we hope to see some new children join the fun!

November 1st: All Saint's Day Pizza

Party

November 15th: Breakfast for Supper (wear your favorite slippers.)

December 1st: Yankee Trade Party - bring a wrapped item to trade worth less than \$2.50 (The trade item may be either new or used - the funnier the better)

Submitted by The Rev. Bernard J. Owens

Episcopal Youth Community

Fred Lowry, Youth Director
youth@stpaulscary.org
www.stpaulscary.org/youth
 919-437-1477 ex. 37

Youth

By Fred Lowry

EYC UPDATES

2nd Annual Kiva Carnival

Join us during the Pumpkin Carving October 25 for our second annual Kiva Carnival. Last year this was held during the Pancake Supper and saw such amazing attractions as the Makeshift Dunking Booth, the Not Really Animal Rides, the Misfortune Teller, the Semi-Siamese Twins, and the youth

director got a pie in his face. We raised \$300 and put it to work funding businesses in Uganda, Nicaragua, the Philippines, Peru, and Tajikistan. You can help impact the MDG's and the world by coming to our Carnival and having a blast. Hope to see you there!

Camping Trip Reminder

The youth group will have a camping trip/retreat at Umstead Park the first weekend in October. Middle schoolers should meet at the Harrison Ave. entrance to Umstead on Friday, October 2 at 6:00 p.m. Please bring a bag dinner. Pickup will be Saturday, 2:00 p.m. at



St. Paul's. High schoolers will meet at St. Paul's Saturday, October 3 at 11 a.m. A group dinner is planned at the park. Pickup will be Sunday after the 9:00 a.m. Service. Cost of the trip will be \$10 to cover breakfast foods and snacks.

This Month

Middle School/High School
 Middle School - 4:00-6:00 p.m.
 Shared Dinner & Worship - 5:15-6:00
 High School - 5:15-7:30 p.m.

- Oct 2-3 Middle School Campout
- Oct 3-4 High School Campout
- Oct 11 Guitar Hero Night
- Oct 18 Kiva Carnival Prep
- Oct 25 Kiva Carnival / Crazy Costume Challenge
- Nov 1 Show & Tell / Skit in a Bag

Senior High Compline and Fellowship

Each Tuesday evening at 8p.m., all senior high students are invited to meet in the back of the church for an hour together. This is a wonderful time to check in with each other, to sing and play music, or just to experience the wonder of a simple candlelight service.

Happening 53!

Happening is an event designed for young people in grades 9-12. It is a powerful weekend of renewal and its aim is to concentrate closely on the Person and the Teachings of Jesus Christ and His ongoing Living Body-the Church. Through talks, skits, discussions, play, worship, prayer and song, these high school

people understand the importance of love and life in Christ. During the three days, they listen to talks given by young people and clergy. In small discussion groups following the talks, the Happeners share their thoughts and ideas. This is where joy and happiness begin to grow. There is much laughter, lots of love,

and its just plain fun! The next Happening weekend is scheduled for November 13-15. Registration and further information can be found at www.episdioncyouth.org, and hurry because registration closes November 4.



Stop Hunger Now—October 10

Greetings to all! There will be a Stop Hunger Now meal packing event at St. Paul's on Saturday, October 10th from 9:00 a.m. to 11:00 a.m. We will be packaging 10,000 meals. Sign-up will be available in the narthex starting September 20. The cost of this event is \$2500 (\$0.25/meal) and the Stop Hunger Now ministry has a budget of \$2500. In order to have two meal packaging events each year, \$1250 will be allocated for each event. This leaves a balance of \$1250 for each event. As a result of this financial obligation, I will be recruiting 50 volunteers with a fee of \$25.00 per person (this equals \$1250). I truly hope this does not prevent individuals and families from attending.

I continue to struggle with asking for a specified amount of money from each participant since time is being donated as well. I would welcome any feedback or suggestions regarding the financial obligation. What I do know is that this ministry is an incredible and very tangible way to reach out beyond our community to help those in dire need. As we continue to be blessed with nourishment each day, we need to continue to help nourish those who are much less fortunate. If you have any questions/concerns, please contact Glenda Swann at swannet@pipeline.com or 362-9950.

Submitted by Glenda Swann

Christian Social Ministries

Giving is a part of who we are. When we give, our act of giving meets a need within us as well as meeting the needs of others. The word "outreach" implies giving of ourselves; reaching out to someone in need. So how can we at St. Paul's reach out to others, as we also meet our own need to be a giver? Here's how:

St. Paul's has a stunning array of outreach missions, most of which are supported by the Christian Social Ministries Committee. You can help your kids learn about outreach (and have fun too) at the **Stop Hunger Now** event on Oct. 10. You can give the gift of life at the **Blood Drive** on Oct. 17. On Nov. 1 and 8 you can help the hungry in our area by donating food to **Urban**

Ministries. From Nov. 15 to 22 you can help the homeless by working with **Wake Interfaith Hospitality Network**. On Dec. 6, **Saint Nicholas Day**, St. Nick himself will be here to receive your Christmas gifts for needy kids (he

will even give a little something back to St. Paul's kids). You can provide food to the home-bound by participating in **Meals on Wheels**. You can help local deserving families meet their transportation needs through the **Wheels4Hope** project (if you like to work on cars or have a used car to donate, then this ministry is perfect for you). During Sunday services, you can put money in the ark for the **Heifer Project** which provides farm animals to people in developing countries.

So far this year, in addition to the ministries above, our **Veterans and Military Outreach** program helped those who serve our country with Adopt-a-Soldier and Backpacks-for-Veterans projects. Our community provided home supplies for the homeless through **The Caring Place**. We helped migrant farm workers by donating clothing and bedding for **Hermano Day**. Youth and adults witnessed the joy of special needs kids as they participated in America's pastime through **Miracle League Baseball**. We gave hope and cookies to women prisoners through the **Kairos**



Christian Social Ministry

Christian Social Ministries (cont)

program. We supported college students in the **Episcopal Campus Ministry**. We gave financial aid to many organizations including **Heifer International** and **Thompson Child and Family Focus** (for a full list of financially supported organizations, see the September issue of St. Paul's Letter, page 11).

The youth of St. Paul's and their adult sponsors lead their own outreach programs. The older youth traveled to New Orleans over spring break and to central Appalachia this summer

(**Appalachia Service Project**). In both missions, they supplied labor and love to repair homes of deserving people. Our middle school youth initiated their own outreach project, supporting the **Migrant Farm Workers** ministry. Our children reached out to kids with cleft lip or palate in developing countries through **Smile Train**. Many other outreach programs and charities are supported by the people of St. Paul's. Go to our website, www.stpaulscary.org, and surf through Outreach items to learn more.

Submitted by Gordon Werner



Give the Gift of Life—October 17

St. Paul's quarterly Blood Drive will be on Saturday, October 17 at 9:00 a.m. until 1:00 p.m. Please sign up for a donation time on the signup sheet in the narthex, or you can email Brenda St. Laurent at

bdstlaurent@yahoo.com or call for an appointment time at 379-1915. We can accommodate 3 donors every 15 minutes. Remember, by donating a pint of blood three lives can be saved!



Serve the Lord with gladness; Come before Him with joyful singing. Psalm 100:2

Epiphany Choir Sings at St. Michael's Raleigh

The Epiphany Choir will sing with the St. Michael's Children's Choir at the 9:30 a.m. service on Sunday, October 25 at St. Michael's Episcopal Church. Choir-parents

please take note of rehearsal schedule announcements and plan to make a peaceful experience for your child.



Thanksgiving Festival of Choirs

The parish is invited to a Thanksgiving Festival of Choirs. On Sunday evening, November 8 at 6:00 p.m. all of the choirs and handbell choirs in St. Paul's music program will join together for a musical service of Thanksgiving. This festival service will feature music sung by each choir. In

conjunction with the festival service, there will be a food drive for Urban Ministries to share our abundance. Plan to attend this service; it should be a wonderful expression of beautiful music and opportunity to express your gratitude for the blessings in your life.



**Thanksgiving
Festival
of Choirs**



Choir Workshop

St. Paul's Choir Workshop

The St. Paul's Choir will have a Saturday Workshop from 10:00 a.m. to 12:00 p.m. on October 24. This will be a time to work on our musical skills, prepare

for upcoming services and have some refreshments too. If you would like to sing with the choir, this is a great time to start.



CANTERBURY BELL CHOIR

Canterbury Handbells and Youth Choir

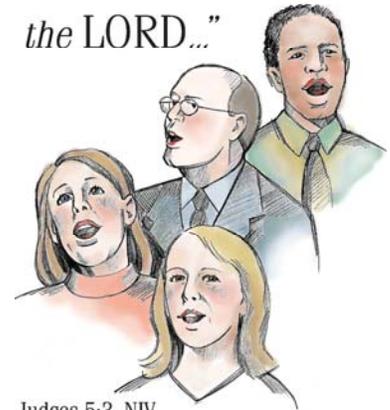
There are openings to ring and sing with Canterbury Bells and Youth Choir. If you are in grades 6-12 and enjoy music, these are two great opportunities to develop your musical skills and have fun with friends. Rehearsals are Tuesday evenings: handbells at 6:00 p.m. and choir

at 7:00 p.m. Also, the Canterbury Bells will be attending the AGEHR Area III "DiscoveRing" youth handbell festival in Richmond, Virginia on November 13-14. This is a fun overnight trip to ring with a 400-ringer handbell choir.

Choir Service Schedule

Oct 4	9:00 am – Jubilate Choir 11:15 am – Junior Choir and Proclamation Bells
Oct 11	9:00 am – Epiphany Choir 11:15 am – St. Paul's Choir, Bells of St. Paul's
Oct 18	9:00 am – Jubilate Choir 11:15 am – St. Paul's Choir
Oct 25	9:00 am – Jubilate Choir 11:15 am – St. Paul's Choir
Nov 1	9:00 am – Jubilate Choir 11:15 am – Youth Choir and Canterbury Handbells

"I will sing to the LORD, I will sing; I will make music to the LORD..."



Judges 5:3, NIV

Serve the Lord with gladness; Come before Him with joyful singing. Psalm 100:2



Vestry seeks your ideas and suggestions

The St. Paul's vestry is interested in capturing ideas on ways we can use our church resources most effectively and save some money. Some ideas will be easy to do. Other ideas may be impossible because of

their unintended impacts on other programs. In any case, the vestry is interested in your thoughts and ideas. Please send your suggestions to the email box at suggestions@stpaulscary.org.

Sunday Service Schedule

7:30 a.m. Eucharist Rite I 10:10 a.m. Education Hour
 8:45-12:30 Kid's Club 11:15 a.m. Eucharist Rite II
 9:00 a.m. Eucharist Rite II 11:15 a.m. Children's Chapel
 9:00 a.m. Children's Chapel 4:00 p.m. Middlers EYC
 10:00 a.m. Fellowship-Coffee 5:15 p.m. Senior EYC



Wednesday Schedule

12:15 p.m. Liturgy Meeting
 6:00 p.m. Epiphany Choir
 6:00 p.m. Junior Choir
 7:00 p.m. Proclamation Bells
 7:30 p.m. St. Paul's Choir

Sun	Mon	Tue	Wed	Thu	Fri	Sat
4 Sunday Schedule 10:10am Youth Confirmation Class 3:00pm Blessing of the Animals	5 8:00pm AA	6 10:00am Archives 6:00pm Canterbury Bells 6:00pm Children's Ministry Committee 7:00pm Youth Choir 8:00pm Youth Compline	7 WEDNESDAY SCHEDULE 12:15pm Liturgy Meeting 7:00pm Baptism Class 7:00pm Newcomers Class 7:00pm Stewardship	8 1:00pm Library Group 6:00pm Bell's of St. Paul's 7:15pm Jubilate Choir	9 6:00pm Middle School Campout 7:00pm Treasure Keepers	10  8:00am Stop Hunger Now 3:30pm Mar Thoma 8:00pm AA
11 Sunday Schedule 10:10am Youth Confirmation Class 4:00pm Youth EYC 5:30pm Ultreya	12 7:00pm Finance Committee 8:00pm AA	13 10:00am Archives 12:00pm Women's Study Group 6:00pm Canterbury Bells 6:00pm Youth Committee 7:00pm Youth Choir 8:00pm Youth Compline	14 WEDNESDAY SCHEDULE 9:15am Julian Gathering 12:15pm Liturgy Meeting 7:00pm Coffee Talk 7:00pm Newcomers Class	15 1:00pm Library Group 6:00pm Bell's of St. Paul's 7:15pm Jubilate Choir	16 6:00pm Middle School Campout 7:00pm Treasure Keepers	17  8:00am Blood Drive 10:00am 20s & 30s Service Day 8:00pm AA
18 Sunday Schedule 10:10am Youth Confirmation Class 12:30pm Mar Thoma 4:00pm Youth EYC	19 7:00pm Vestry 7:00pm Cary Concert Singers 8:00pm AA	20 10:00am Archives 6:00pm Canterbury Bells 6:00pm VCC 7:00pm Youth Choir 8:00pm Youth Compline	21 WEDNESDAY SCHEDULE 10:00am Newsletter Deadline 12:00pm Elderberries 12:15pm Liturgy Meeting 7:00pm Newcomers Class 7:00pm Evening Women's Study Group 7:00pm Stewardship	22 1:00pm Library Group 6:00pm Bell's of St. Paul's 7:15pm Jubilate Choir	23 6:00pm Middle School Campout 7:00pm Treasure Keepers	24 8:00pm AA
25 Sunday Schedule 10:10am Youth Confirmation Class 5:00pm Pumpkin Carving & Chili Cookoff	26 7:00pm Care & Share 8:00pm AA	27 10:00am Archives 6:00pm Canterbury Bells 7:00pm Youth Choir 8:00pm Youth Compline	28 WEDNESDAY SCHEDULE 9:15am Julian Gathering 12:15pm Liturgy Meeting 7:00pm Coffee Talk 7:00pm Adult Confirmation Class 7:00pm Stewardship	29 1:00pm Library Group 6:00pm Bell's of St. Paul's 7:15pm Jubilate Choir	30 6:00pm Middle School Campout 7:00pm Treasure Keepers	31 8:00am St. Gregorios 8:00pm AA

ST. PAUL'S EPISCOPAL CHURCH

Sunday Services: 7:30 a.m., 9:00 a.m. & 11:15 a.m.



St. Paul's Episcopal Church
221 Union Street
Cary, NC 27511

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Label

THE PEOPLE OF ST. PAUL'S

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The Rev. Bernard J. Owens, Associate Rector
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The Rev. Antoinette Wike, Priest Associate
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The Rev. Lois Reardin, Priest Associate
rector3@stpaulscary.org
The Rev. Candy Snively, Deacon
Candy.Snively@att.net

Sunday Service Schedule

7:30 a.m.	Eucharist Rite I
8:45 - 12:30	Kids' Club
9:00 a.m.	Eucharist Rite II
9:00 a.m.	Children's Chapel
10:00 a.m.	Fellowship-Coffee
10:10 a.m.	Education Hour
11:15 a.m.	Eucharist Rite II
11:15 a.m.	Children's Chapel
4:00 p.m.	Midders EYC
5:15 p.m.	Shared EYC Dinner
5:45 p.m.	Senior EYC

Staff

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Youth Office 467-0976
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Vestry

Senior Warden: Mary Wood
Junior Warden: John Hemperly
Rick Bradley, Carol Lee, Chuck Hubbard, Jean Huey,
Ann Lockhart, Betsy Flagg McBrayer, Betty Charlton, Dennis
Daniels, Jeff Kager, Anne Pilgrim
Treasurer: John Goehrke
Clerk: Lanny Wase