



ST. PAUL'S LETTER

Volume 30 Issue 6

www.stpaulscary.org

September 2006

St. Paul's Episcopal Church in Cary is home to an active, caring, and diverse congregation of the Episcopal Diocese of North Carolina. Through corporate worship, spiritual development, fellowship, and service we continue to grow together in faith. We strive to be Christ's welcoming, reconciling and transforming presence in the world through our many and varied ministries.

Sunday, September 3
7:30 a.m., 9:00 a.m., and
10:45 a.m.

**Church Service Schedule
Changes begin
Sunday, September 10**
7:30 a.m., 8:45 a.m., and
11:15 a.m.

**Adult, Youth, and Children's
Programs also begin**

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Letter From The Rector

The Rev. George Adamik

**WEDNESDAY, SEPTEMBER
20, 2006 IS THE NEXT
NEWLETTER DEADLINE.**

Dear Friends:

"If you build it they will come. If you live it they will stay." This is how Andrew Weeks invites us to consider what it means to be a "Magnetic Church." If you have been asking yourself:

- How can we make visitors want to return to our church and stay?
- I'm private and reserved; how can I "do" evangelism at St. Paul's?
- Are members of St. Paul's uncomfortable with "evangelism" and resistant to change; how can I motivate and interest them?
- How can we make St. Paul's communications, signs, buildings, property, and worship more inviting and welcoming?

All of us at St. Paul's are encouraged to attend a conference presented by Andrew Weeks entitled "The Magnetic Church". I am proud to say that it is being sponsored and hosted by St. Paul's. We have invited many churches in the area to attend as well. Besides gaining insight from the conference, those in attendance will have an opportunity to meet parishioners from other congregations.

The conference will take place here at St. Paul's on **Friday, October 6 from 6:30 p.m. to 10:00 p.m. and on Saturday, October 7 from 8:30 a.m. to 4:00 p.m.** The presenter, Andrew Weeks, an Episcopalian since birth, is a gifted inspiring speaker. Andrew has traveled the country offering this conference which has been described by past participants as: lively, fun, more new ideas and creativity than I could ever have imagined, practical information that can be used immediately, engaging, so encouraging and accessible.

As I have said in the past, we built our new church based on a vision of growth. The building now stands before us inviting us to live fully into the dream that God has for us. I believe this "Magnetic Church" conference will offer us insight and skills into how to further reach this wondrous dream. I look forward to attending the entire conference and invite you to join me in this most rewarding opportunity.

Registration forms are available in the narthex of the church. If you have any questions or would like to talk more about the conference you are encouraged to contact Jennifer Durant at 465-3965 or email magneticchurch@stpaulscary.org. You may also find out more about this conference by going to the St. Paul's website at www.stpaulscary.org.

Faithfully,
George



CARE AND SHARE MINISTRY

When you or your family is in need remember Care and Share

The Care and Share Ministry and our many volunteers don't just provide meals. This summer for example, the ministry has had a need for volunteers to make friendly visits. We do so much more than just food.

Care and Share would like to welcome all of the Visiting Eucharistic Ministers (VEMs) to Care and Share. As part of pastoral care, the VEMs will now be working with Care and Share to try and meet more of the pastoral needs of the members of St. Paul's.

Care and Share can also provide:

- Prayer
- Transportation (to doctors, church, etc.)
- Help with house or yard work
- Handy man work
- A friendly phone call or visit
- Help with errands or grocery shopping
- Child care

Help with paperwork

If you are in need or know of a parishioner in need please contact a member of the Care and Share Facilitation Committee or the church office. We are here and we want to help.

Also, the Care and Share Facilitation Committee would like to take this opportunity to thank again all of our volunteers. Care and Share has had a quiet summer, but when a need arises, you will hear from us.

Care and Share Ministry Facilitation Committee Members are:

Margie Best	303-3830	Dee Barker	303-5581
Susan Coulter	362-4100	Larry Cupitt	387-7993
Jennifer Durant	465-3965	Sally Harbold	467-1477
Harry Kincaid	387-3824	Robin Penfield	481-4839
Candy Snively	380-7101		

CHRISTIAN SOCIAL MINISTRIES

Caring Place cleaning supplies: Caring Place was pleased with the quantity and variety of cleaning supplies collected from St. Paul's in June. They will be used by families moving into transitional housing after being in a homeless shelter. Cleaning supplies cannot be purchased with food stamps. We thank you and ask for your continued support.

Urban Ministries school supplies: Thanks to the congregation and ESPECIALLY TO VACATION BIBLE SCHOOL for the huge amount of school supplies provided for the Crisis Intervention Center at Urban Ministries. At least 200 children will be provided basic school supplies from the items that St. Paul's donated, making the start of school easier for those children.

Stop Hunger Now: We had 3 Saturday trips to the Sharehouse, with more participants each time than the time before: 8 in June, 13 in July, 25 in August! We expect to have another trip in September, and then possibly a day at St. Paul's packing food, probably on a Sunday after church. We will let you know as we make our schedule.

SENIOR NOTES

Submitted by The Rev. Lois Reardin

The Senior Group will kick off its Fall Schedule with a trip to historic Yates Mill County Park on September 27. The Archive Committee will report at the October 18 pot-luck luncheon to be held at noon in the Youth Wing. Mark your calendars now for the festive Christmas luncheon to be held following the late service on December 3 in the Parish Hall. Come join the fun!

AN OPEN INVITATION TO ALL MOMS ALUMNI

Who: Graduates of all MOMS groups

What: Open discussion of Unplug the Christmas Machine: A Complete Guide to Putting Love and Joy Back in the Season, by Jo Robinson and Jean C. Staeheli.

When: Second and fourth Wednesdays, beginning on October 25, from 7-9 p.m. (childcare provided)

Where: Library

Why: The joys of reconnecting with other women, talking about interesting and important issues, and finally getting to finish a sentence!

No need to RSVP, just come if you can. The book is available at the library or through bookstores and Amazon. For more information, call Jennifer Shy 851-7168 or Sherri Hubbard 363-1845.

CUB SCOUT PACK 102

Cub Scout Pack 102 meets at St. Paul's on Thursday evenings. This is available to all boys who are entering first through fifth grades. We participate in many exciting activities such as Water Olympics, Popcorn Sale, Corn Maze, Fall and Spring Camping, Pinewood Derby, Fall and Spring Service Projects, and many others. If interested in joining, please contact Fred Fenimore at 633 - 0177 or visit our Pack website at <http://pack102cary.org/> for additional contact information.

VESTRY COM



While we were all relaxing with summer activities and vacations, your vestry continued to meet regularly on June 19, July 17, and August 19. So much activity at St. Paul's during the summer months! Dan Loughlin was ever ready to provide Encore Campaign updates. To date, \$1.12 million has been pledged to the campaign. Jennifer Shy came on as Church School Director June 1. The Rev. B.J. Owens was here full-time in August as our Associate Rector of Children and Family Ministries. And Annie Stoller, our Youth Coordinator, was to begin on August 28. Our visioning process has been coming to fruition with these incredibly spirited staff persons. The vestry welcomes them all!

The Magnetic Church committee was busily planning our Magnetic Church conference to be held here at St. Paul's the first weekend in October. Jennifer Durant kept the vestry informed and excited about "magnetic" activity.

Our sexton, Ted Jordan, resigned during the summer. The vestry and staff are examining how to best meet the needs of St. Paul's regarding maintaining grounds and buildings. There was much discussion during the summer about the usual seasonal budgetary matters: Diocesan assessment, the annual budget process, and finding and forming a fall stewardship campaign committee.

There will be a mutual ministry review preceding the regular vestry meeting in September. A parish business meeting will also take place during the adult education hour sometime in September. Stay posted!

The vestry will meet at 6:00 p.m. on September 18, 2006 for a mutual ministry review with the vestry meeting following immediately after.

Ann Lockhart
Clerk of the Vestry

WARDEN'S CORNER

Children and Youth, Music, and Hands-On Outreach. Last September, our parishioners undertook a visioning process in which we together sought to discern God's Vision for St. Paul's. These were the three areas of our ministry that rose to the forefront. This charge has driven the Vestry's decision-making as we grow into our new facilities and seek to make an even greater positive impact within our community. Now, nearly a year later, is an excellent opportunity to reflect upon where this journey has taken us and to celebrate the possibilities for the future. This month's Warden's Corner reflects on the area of Children and Youth.

Children and Youth have been, are, and will be a cornerstone of our faith community at St. Paul's. The priority we place in Children and Youth is evident in our bustling Church School, First Communion Classes, Children's Choirs, and in the vans of youth and adults that we send each year to the Appalachian Service Project. It is evident in our accolades as well: just recently, the Cary News tapped St. Paul's Preschool as the **Best Preschool in Cary (Wow!)**. And it is perhaps most evident in how our parishioners have stepped up to support our programs over the last year as we have determined how best to fill the vacant Church School Director and Youth Program Director positions.

This summer, St. Paul's took important steps to strengthen our Children and Youth programs even further. The first of these steps was to hire the Rev. B.J. Owens, our third full-time clergy member, to oversee Children's and Family Ministries. Many of us have gotten to know B. J. over the past year as he served as a consultant to our Youth Program. He brings energy, thoughtfulness, and wisdom, and is an incredible resource to the current and future families within our growing Parish.

Shortly after B.J. came on board, our Church School Director position was filled by Jennifer Shy. Jennifer has been an important part of our community at St. Paul's for many years, having leadership roles in the Kid's Club and the MOMS organization, teaching in the Preschool, and being involved in many outreach and inreach activities. To the Church School position she brings vision, spirituality, and a nurturing nature, as well as experience as a public school teacher and as a parent.

By the time this newsletter reaches you, Anne Stoller will be the new Youth Program Coordinator at St. Paul's. An Episcopalian, graduate in religion, and native North Carolinian, Anne joins us after having spent time in New York City ministering to inner-city families. We look forward to having Anne's passion and enthusiasm within our midst!

It is exciting to imagine the new directions in which these new leaders will take us. We invite your family to meet B.J., Jennifer, and Anne, to take an active role in their programs, and to rejoice together as we forge ahead.

Andy Kintz, Sr. Warden
Dan Loughlin, Jr. Warden



Warden's Corner

ST. PAUL'S LAUNCHES ITS NEW WEBSITE

Training Session to be Held on September 24, 12:30-2:00 PM

Want to learn about St. Paul's redesigned website, www.stpaulscary.org? Join us in the Parish Hall after the 11:15 service on September 24 for a demonstration and discussion of St. Paul's website, one of the most technologically advanced church websites on the internet. All interested parishioners are welcome, and ministry leaders are especially encouraged to attend. At this meeting we will talk about one of the most important things we do in a parish – communicate. Our website is a window to the outside world, enabling newcomers to find us and see what a great church St. Paul's is. The website is also a way to communicate within the parish, keeping others up to date on goings-on within our exciting and vibrant ministries. Why not take full advantage of web technology to get our message out?

The redesigned website will give us a chance to keep ministry information current, will give us ways to exchange ideas, and will give us ways to find and use helpful information. We hope that the website will become an integral part of our communication both within and outside the parish. And you don't have to be a web-techie to use it. We try to keep it user-friendly.

At this meeting we will discuss:

- How to register and login to the website as a member
- How to find what you're looking for
- How to submit announcements and schedule events
- How to maintain a calendar of your ministry activities
- How to use email lists
- How to submit your thoughts to one of several forums for open discussion within the parish, and how to read and respond to another person's forum topic.
- How to use the Help menu And more...

Check out the website at www.stpaulscary.org. Please send comments to Scott Fairbrother: scott@fairbrother.us or log on to the website and use one of our forums. Thanks to Bill Holmes and the Volunteer Coordination Committee for helping set up this meeting for us. The meeting will include a potluck lunch. Please bring something to share.

By the way, to find out more about this training session on September 24, where would you look for that information? That's right – on the website!

WELCOME TO ANNE STOLLER, YOUTH PROGRAM COORDINATOR

It is my great pleasure to introduce to the parish **Anne Stoller**, who will be our Youth Program Coordinator. Over the past year the Youth Committee has worked hard to guide the St. Paul's youth community as it has grown, and has also spent a great deal of time and energy focusing on the parish's vision for this youth community. We envision a youth group that is fun and engaging, where lifelong friends are formed, where young people can begin to explore the life of the spirit, where they are woven into the life of the parish, and where, at least once a year, they can hurl pudding at each other.

In order to see all these goals come to fruition, the Youth Committee began to search for a Program Coordinator to make this vision a reality. Our search process, in which we were introduced to several wonderful candidates, led the Committee to invite Anne to serve in this position. She is a graduate of the University of North Carolina at Chapel Hill (Go Heels!) where she earned a B.A. in religion (go religion!). She has years of experience in youth ministry in the Episcopal Church, in both the Diocese of East Carolina and North Carolina. She just completed a year in the New York Internship Program, a program created by the Young Adult Ministries of the Episcopal Church. She is excited to be here, and we are very fortunate to have her.

Anne is an energetic leader and has a passion for youth ministry, and I invite you to celebrate her arrival and support her as she begins her time at St. Paul's!

Peace,
B.J. Owens
Associate Rector for Children's and Family Ministries

ABOUT OUR CHURCH



We celebrate the marriage of Ashley Fairbrother and Richard Brandon. They were married on Saturday, June 3, 2006. Ashley is the daughter of Scott and Melanie Fairbrother. We also celebrate the marriage of Katharine Morrison and Mark Evalul on Saturday, June 24, 2006 and the marriage of Jacqueline de Marchena and Ashton Powell on August 12, 2006.

We express our sympathy to Fill Bowen for the death of his father, Fillmore Millard Bowen III; to Liz and Jim Taylor for the death of their friend, Kristen Emerson; to Judy Crow for the death of her father, Benjamin Sellers; to Barry Heath for the death of his mother, Mary Heath; to Tom and Bob Grubbs for the death of their father, Frank Grubbs; to Harper and Giny Cole for the death of their neighbor, Shampa Das; to Betsy Flagg McBrayer for the death of her mother, Nancy Flagg; to Emery and Carolyn

Anderson for the death of their friend, James Andrew Yarger; to Alison Arnold for the death of her father, James Geldard.

We rejoice in the baptisms of Carson Matthew Clifton, son of Edward and Tracy Clifton; Matthew Ryan Mole son of Michael and Ginger Mole; Michael Dylan Mole son of Michael and Ginger Mole; Evan Thomas Otto, son of Thomas and Carey Otto; and Edward Matthew Clifton; Maxwell Phillips Gruber, son of Robert and Shellie Gruber; Caitlin Marie Magdanz, daughter of Patrick and Christine Magdanz; Jordon Elizabeth Sides, daughter of Jeff and Ann Sides and Noah Anderson Sides, son of Jeff and Ann Sides.

Congratulations on the births of Caitlin Marie Magdanz, daughter of Patrick and Christine Magdanz, granddaughter of Lee and Miguelina Magdanz; for **Logan Edward**, son of Heather and Jonathan Gates, grandson of Tim and Elaine Hunt.

NEWS FROM THE YOUTH COMMUNITY...

Youth Service Sunday!

Looking to fulfill service hours? This year the St. Paul's Youth Community will be involved in several service projects that raise awareness of local and worldwide poverty, and allow the teenagers of this parish to see the impact they can make when they get involved. On Sunday, Sept. 24, we'll be having "Youth Service Sunday" during our youth group time (beginning with lunch at 12:30). We will be looking at the projects and mission trips happening throughout the year so that everyone can begin to make plans. If you have any questions, email B.J. at bernard.owens@stpaulscary.org

We have some great thing happening this fall...come out for our kick-off cook-out on Sunday, September 10th at 12:30 in the youth wing to see who's coming and what we'll be up to.

Here's the schedule for the next few months...mark you calendars!

Sunday, Sept. 10:

- Kick-Off Sunday Cook-out (middle and high school)...come hungry!

Sunday, Sept. 17:

- Messy Games (middle and high school)
- Wake Interfaith Homeless Network (high school only)

Sunday Sept 24:

- Youth Service Sunday (We'll be looking at all the service projects throughout the year)

Sunday, Oct 1:

- Hiking outing

Friday, Oct. 6-Sunday, Oct. 8:

- Fall Middlers' Conference (Browns Summit, NC) Sunday
- Senior High and Middle School Movies & Talk

Sunday, Oct. 15:

- Trip to Stop Hunger Now!

Friday, Oct. 20:

- Senior High Lock-In (senior High, including Korn Maze)
- Ken's Korn Maze (Middle School)

Sunday, Oct. 29:

- Haunted House!

And looking ahead...here's what's happening later in the year...

Bishop's Ball!

Youth Sunday!

Advent Party!

Senior High Ski Trip!

Middle School Lock-In!

30-Hour Famine!

The return of the \$10 Prom!

and of course, ASP!



Want to get involved? Have ideas about what you want to do? email Anne Stoller at youth@stpaulscary.org.

Confirmation Class

The youth confirmation class will be offered this year in the springtime, and will be led primarily by B.J., George and Sally. The class is offered to all teenagers who are in grades 9 or higher who have not yet been confirmed. If you are interested in signing up or learning more about the sacramental rite of confirmation, please call B.J. at 467-1477 x 23 or email him at bernard.owens@stpaulscary.org

Diocese of North Carolina Youth Events!

The St. Paul's Youth Community has a rich tradition of participation in Diocesan Youth Conferences in Browns Summit, N.C., and we are looking forward to getting even more folks involved this year! Anne Stoller has done a lot of work with conferences in the past and is enthusiastic about our involvement this year, and our own Zach Swann is serving on the Diocesan Youth Committee (referred to in youth conference circles as the "DYC"). Youth conferences are weekend and week-long retreats when high school and middle school folks from throughout North Carolina come together for great music, thoughtful programs and, of course, ultimate frisbee and dances. Zach, Anne and B.J. are all people you can talk to get more information about the conferences, or you could of course ask any of the many St. Paul's youth participants who went to conferences last year!

Here's a schedule of conferences for the 2006-07 Year:

Oct. 6-8 Fall Middlers Conference The Summit @ Haw River State Park	Dec. 27-Jan 1 Winterlight Kanuga Conference Center, Hendersonville, N.C.	Mar 30-Apr 1 Spring Youth Conference The Summit @ Haw River State Park
Nov. 17-19th Happening # 47 The Summit @ Haw River State Park	Jan. 19-21 Winter Seniors Conference The Summit @ Haw River State Park	Jun-Aug Camp Henry Lake Logan, N.C.
Dec. 1-3 Bishop's Ball The Summit @Haw River State Park	March 16-18 Happening # 48 The Summit @ Haw River State Park	Jul, 7-14 H.U.G.S Camp The Summit @Haw River State Park

If you have any questions, want forms, or are just curious, contact Anne Stoller at 467-1477 x 37 or at youth@stpaulscary.org!

ADULT EDUCATION

Mickey Efird presents *The Book of Genesis*

Beginning Thursday, September 7, 7:30—9:00 p.m.

Conference Room – Join The Reverend Fred Bender and Kevin Swann for an Efird video presentation of the book of **Genesis**. The class will last for 10 Thursdays. Each session will include 2 20-minute lectures by Mickey Efird and a discussion of the sections of Scripture presented. This is the next best thing to being in class with Dr. Efird himself! Sign up in the narthex or show up for the first class.

Clergy Led 'Episcopal Church' Class

Sunday, September, 10, 10:10—11:00 a.m.

Room 10 – Join a member of the clergy for this new offering. On the second Sunday of each month one of our clergy will present a topic concerning the Episcopal Church, life at St. Paul's, the Book of Common Prayer etc. This will be a great class for those interested in joining St. Paul's, those curious about our unique tradition, those new to St. Paul's and those interested in the various topics being presented. Watch the bulletin for each month's topic!

Christian Ethics: Faithful Conversations about issues in society

Beginning Sunday, September 10, 10:10—11:00 a.m.

Library – Join The Reverend Sally Harbold for a new 8 week course offering some grounding in principles of Christian ethics. A goal is to keep the conversation focused on our response to difficult issues from a *faith* perspective, whatever our nationality or our politics. St. Paul's is piloting this program for the Diocesan School of Ministry. Anyone is welcome to come in and out of the sessions if you cannot attend all.

This study is not designed to examine particular societal issues in any depth; it's certainly not to seek or secure consensus within the group. Our hope is that participants in the study will be challenged to think more deeply about the questions we need to ask from the standpoint of our faith, and that the next time an issue comes up for discussion, we will

be able to name and apply effectively some fundamental principles in Christian social ethics.

Adult Education Meeting

Monday, September 11, 7:10—8:40 p.m.

Library – Come join with the Adult Education Committee to help plan this year's program. All are welcome!

Book Discussion: *Dead Men Walking*

Sunday, September 17, 10:10—11:00 a.m.

Room 10 – Read **Dead Men Walking** or watch the movie and come discuss some of the issues raised by these. The second part of this discussion will be held the third Sunday in October. Read and discuss in preparation for the Spring dramatic production and a possible visit of Sr. Helen Prejean to the Triangle area

House of Bishops Pastoral Letter on Racism

Sunday, September 24, 10:10-11:00 a.m.

Library – Come join Martha Waters in a discussion of the Bishop's Pastorals, one of which will be read in church. We will be responding to the urging from our Bishops that we become aware of how racism is pervasive in our society and in our church. On Sept. 17 copies of the letters will be available to take home. We will consider together the implications that the message in the letters may have for us at St. Paul's and in our personal lives. This class will replace the Christian Ethics series on this date.

Vestry Quarterly Review

Sunday, September 24, 10:10-11:00 a.m.

Chapel - Come for an update on the work of the vestry

Adult Education committee:

Adelaide Siegl - Chair - 362-6104, docs3boys@yahoo.com

Martha Waters

Hal and Marilyn Shook

Jay Casler

John Hemperly

Fred Bender

Carol Lewis

Josh Geigerman- Vestry

Toni Wike - clergy

From the Halls of St. Paul's Preschool:



Welcome Back!! I hope everyone had a fun, relaxing summer break. As hard as it is to believe, school has begun. Our wonderful teachers have been busy preparing for the bright-eyed children who will grace our halls starting September 5. We are excited about seeing our returning children as well as meeting our new friends who will join our Preschool family.

As many of you know, this summer the Preschool was voted **Best Preschool** in Western Wake County by the Cary News. I am very proud that our teachers



were recognized for their hard work and their love of children. The Preschool treated the teachers to a celebration dinner at Daniel's Restaurant before school started. I am thrilled that more people know what a great treasure we have in our teachers.

I hope you all have a smooth start to what will be a fantastic school year. If you need to contact me, please call 467-3788 or email me at preschool@stpaulscary.org. Happy Day!

Mary Catherine Troxler, Preschool Director



September
5—First Day of School
20 or 21 —Donuts for Dads

What's Happening!



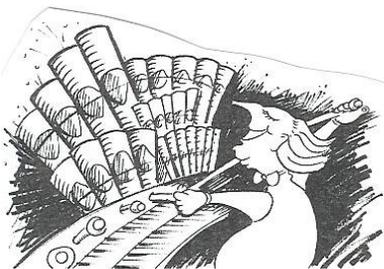
October
2—No School—WCPSS Workday
4 or 5—Muffins for Moms
23 or 24—Picture Day
30—No School—WCPSS Workday

MUSICALLY SPEAKING

FALL SCHEDULE

Tuesday, September 5, 6:00
– 7:00 p.m. –

Canterbury Handbells
(began Tuesday, August 22). Lee Harris, Director;
Olivia Ittoop, Assistant
Director. For youth in
grades 6-12.



Wednesday, September 6, 6:00 – 7:00 p.m. – Primary and Junior Choirs, “Beginning of the Year” Pizza Party in the Youth Wing. For children in grades K – 5. Olivia Ittoop and Lee Harris, Directors.

Wednesday, September 6, 7:00 – 7:45 p.m. – Junior Handbell Choir in the church. For youth in grades 3 – 5. Olivia Ittoop, Director.

Wednesday, September 6, 7:30 – 9:00 p.m. – Senior Choir (began August 30) rehearsals in the choir room. Lee Harris, Director.

Thursday, September 7, 6:00 – 7:00 p.m. – Adult Handbell Choir begins in the church. Lee Harris, Director.

Thursday, September 7, 7:30 pm – 9:00 p.m. – Jubilate Choir (began Thursday, August 24) weekly rehearsals in the choir room. Gaylene Henry, Director.

Tuesday, September 12*, 7:00 – 8:00 p.m. – Youth Choir begins in the choir room. Lee Harris, Director; Gaylene Henry, Accompanist. **Please note later starting date.*

SINGING THE AFRICAN TRADITION

The adult choirs and any youth who wish to participate will be attending the “Singing the African Tradition” workshop at St. John’s Episcopal Church in Wake Forest on September 23. The workshop will be led by nationally acclaimed expert in the field, Dr. Horace Boyer who was the General Editor of the 1982 supplement to the Episcopal Hymnal, “Lift Every Voice and Sing.” Dr. Boyer has also taught at Albany State College in Georgia, the University of Central Florida, and the University of Massachusetts. He received his Master’s and PhD from Eastman School of Music in Rochester, NY. The workshop is an occasion for all to experience the singing of Negro spirituals and develop an understanding of how and why the hymns were originally sung. The cost of the workshop is free and a lunch reservation of \$5.00 is required. Please contact me to register for this enlightening workshop.

WIHN FUNDRAISING CONCERT

Another opportunity for the choirs and congregation of St. Paul’s is the Wake Interfaith Hospitality Network fundraising concert that will take place **Friday, October 20, 2006 at 7:30 p.m. at Edenton Street United Methodist Church in Raleigh**. The choirs participating from St. Paul’s will be part of the 120 voice choir led by Dr. Bill Weisser, Minister of Music at Edenton Street UMC. The choir will perform four anthems. Smaller groups will perform individual anthems and solos. As you know, WIHN is the organization that assists homeless families in regaining independent living. St. Paul’s is an active participant in this ministry. Please make a special effort to attend this concert and support WIHN.

FOR THE CHILDREN

CAPTA (the Cary-Apex Piano Teachers Association) will be offering a Rhythm Workshop at St. Paul’s on Saturday, September 30, with a morning session and an afternoon session. The morning session will be for children in grades K-2 and will be from 9:15 a.m. until 11:30 a.m. The afternoon session for children in grades 3 – 6 will be from 12:45 p.m. until 3:30 pm. These sessions will include hands-on experiences in Ensemble Rhythm Instruments, learning Baroque Dances, playing Orff instruments, African Drumming (afternoon only), and a fun game called Rhythm Twister. The cost for each session is \$5.00 if registration is received by September 21. After that date the cost is \$10.00. To register, please contact me at the church or by emailing me at music@stpaulscary.org.

CHURCH MUSIC CONFERENCE AND YOUTH CHOIR CAMP

As I am writing this we just returned from the Church Music Conference and Youth Choir Camp. St. Paul’s had the largest church representation at both conferences.

Everyone came away enthused and encouraged, ready to start another choir year. These conferences are such a blessing to all who attend and it was great to see some St. Paul’s parishioners in the congregation as we celebrated the closing Sunday morning Eucharist.

Thanks to all of you who have expressed words of encouragement to me during my recuperation from emergency gall bladder surgery. It has been an interesting summer, but I am truly blessed to be surrounded by a loving and caring church family.

Tunefully yours,
Lee Harris
Minister of Music

ENCORE CAMPAIGN NEWS!

Submitted by Dan Loughlin

The Encore Campaign Follow-Up Team has fantastic news to report. Through mid-August, nearly \$1,128,000 has been pledged to reduce our mortgage debt and its impact on our Operating Budget. We had estimated that about 10% of the pledged amount would be given as First Fruits. Instead, more than \$271,000 has *already* been given. Wow!

With the phenomenal response to the call for First Fruits, St. Paul's was immediately able to pay down the new construction loan by \$145,000 and lock into an interest rate of 6.5% for another two years. By making a sizable payment toward principle early, and by avoiding an increase in our interest rate, we expect that between \$70,000 and \$100,000 that otherwise would have gone toward interest will instead be used to pay down principle. Thank You!

Encore contributions have already resulted in very tangible dividends in the life of the Parish. By freeing operating

funds, St. Paul's was able to hire Jennifer Shy as the new Church School Director and Annie Stoller as the new Youth Program Director! It will be exciting to see these programs grow and flourish under their leadership.

We would like to take this opportunity to reiterate our Thank You to the many parishioners who committed their time, talent, and treasure to the Encore Campaign, as well as to those who increased their pledge to last Fall's Annual Operating Campaign to address the new mortgage expenses. Please know that your contributions truly are appreciated, and that they are making a difference in both the present and future of St. Paul's.

For more information about the Encore Campaign, please contact Kurt Robinson, Encore Follow-up Director, at 851-7030. Additional pledge forms can be found in the Narthex.

THE MAGNETIC CHURCH WORKSHOP

Submitted by Jennifer Durant

It's time to register for The Magnetic Church Conference!

You've read about it in countless newsletter articles. Jennifer Durant and the Magnetic Team have been spreading the word for months. Our Vestry and clergy enthusiastically support this event....So get out your pen and complete the registration form today!

Tell me once more what The Magnetic Church Conference is all about.

This October 6-7 (Friday night and Saturday) workshop offers scores of practical evangelism ideas to help our church attract, welcome and retain new members. The leader, Andy Weeks, is an Episcopal laymen known for his ability to motivate and excite folks about evangelism and have them laughing at the same time. The schedule is 6:30 to 10:00 p.m. on Friday and 8:30 to 4:00 on Saturday.

Why do I need to attend?

Come for yourself. Learn that everyone can do some type of evangelism. See how you can apply your gifts

to church property concerns, communications, hospitality and worship. Discover fresh insights and new ideas. You can be God's instrument in changing the lives of others.

Come for The Diocese of North Carolina, whose Missionary Resource Support Team is our co-sponsor. A staggering percentage of Americans (nationally, 40%) do not attend church. Right here in Cary, North Carolina, we want to send the message that The Episcopal Church welcomes everyone.

Come for St. Paul's! Want to be more involved in the life of this church but aren't sure where to begin or what to do? Want to see St. Paul's become even more welcoming and inclusive and continue to grow and flourish? Well, come to this event and learn all about practical, do-able evangelism. Come because the clergy, the Vestry, and the staff are committed to attend and want you to join them.

**THE
MAGNETIC
CHURCH**

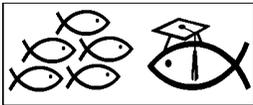
**If you build it, they will come.
If you live it, they will stay.®**

SWAT TEAMS TAKES ACTION

Submitted by Ricky Barker

The Volunteer Coordinating Committee wants to thank the Special Work Action Teams (SWAT) for taking on several special assignments for the Church recently such as helping with set up for special events. These events went smoother because of the Team's help. The purpose of this Team is to

take on special short term assignments for the Church. If you are interested in joining this Team or have a need suited for this Team, please contact Bill Holmes at 468-6046 or Ricky Barker at 303-5581. Again thanks to those SWAT members who have helped or have signed up to participate.



Sunday School Scribbles

"Let the little children come to me...for it is to such as these that the kingdom of God belongs." - Matthew 10:14

WELCOME

Welcome Back! The Church School Committee would like to welcome everyone back for the kickoff to another great year. We were busy this summer with a wonderful week of SonTreasure Island Vacation Bible School, and a journey through the stories of Genesis and Exodus during Children's Chapel. We would like to thank our many volunteers who shared their time and talent to make Vacation Bible School and Children's Chapel a success during the H-O-T summer!

Now Fall is upon us, and under the leadership of B.J. Owens, the Associate Rector of Children's and Family Ministries, and Jennifer Shy, the Church School Director, we are gearing up for another great year of Sunday School and Children's Chapel and a variety of special events that will appeal to the child in each of us. Be sure to watch the weekly bulletins and check out our website (www.stpaulscary.org) for the most up-to-date information. We are looking forward to greeting old friends and meeting new friends as our year kicks off in September!

VOLUNTEER OPPORTUNITIES

Volunteers Needed  It takes a village...or, in our case, a parish, to provide a quality Sunday School program at St. Paul's. We are blessed with many talented and giving parishioners, and we have a variety of opportunities in which to assist the Sunday School Program. We are currently looking for volunteers to lend assistance with Sunday School, Children's Chapel, and the following activities: Faith, Family and Frosting; Pumpkin Carving; Intergenerational Event; Christmas Pageant; Mardi Gras; Children's Ash Wednesday Service; Stations of the Cross; Easter Egg Hunt; Eucharist Education; Teacher Appreciation Event; and Vacation Bible School. If you have talents to offer and would like to assist with any of these activities, please contact Jennifer Shy at the Church Office.

SPECIAL EVENTS – SAVE THESE DATES!

Be sure to watch the bulletin and mark your calendars for these upcoming Fall special events:

- September 17 Faith, Family and Frosting 3:00 p.m. – Fun, fellowship and sugar for the whole family!
- October 29 Pumpkin Carving – Creepy and kooky, mysterious and spooky!
- November 26 Intergenerational Event – Help ring in the Christmas season!
- December 17 Christmas Pageant – The star will shine over Bethlehem at the 8:45 service!

SUNDAY SCHOOL

Our Sunday School classes will begin September 10 during the Education Hour at 10:10 a.m. (Adults can be educated too – check out the offerings through our Adult Education Program). Registration for children in preschool (age 3 by October 15, 2006) through the 5th grade is ongoing. We are also looking for individuals who would like to serve God and the children of St. Paul's by teaching Sunday School on a "semester" basis (either September-December or January-May, or both!). This rewarding ministry is guaranteed to bring a smile to your face as you share God's love with our young parishioners. If you would like to volunteer as a teacher or you haven't yet registered your children for Sunday School, please contact Jennifer Shy at the Church Office or go to the St. Paul's website to download a form.



CHILDREN'S CHAPEL

Children's Chapel will continue during our 8:45 Church Service for children in preschool (ages 3 – 4) through the 5th grade. This year, we are pleased to offer Children's Chapel at the 11:15 Church Service as well. Children's Chapel is not a traditional Sunday School offering. Instead, during the Church services, the children will process to our Chapel and will participate in discussions and activities centered around the liturgical readings for the day. The children will return during the Peace and celebrate the Eucharist with their families. There are numerous opportunities to lead and assist in Chapel each week during both services. You may volunteer often or only occasionally; but, if you have not yet had the opportunity to celebrate God's word with our children and would like to do so, please contact Jennifer Shy at the Church Office.



Children's Chapel

In addition, we will make available each Sunday the Children's Bulletin, blank paper, crayons and pipe cleaners at a table in the Narthex. Please help yourself to the supplies and return any reusable supplies at the end of the

Your Church School Committee
Jennifer Shy (churchschool@stpaulscary.org)
Ann Lockhart (annlockhart@nc.rr.com)
Caroline Shank (cshank@nc.rr.com)
Dee Barker (barker699@aol.com)
Maggie Williford (mwilliford71@hotmail.com)
Alana Loughlin (loughlin@bellsouth.net)
Sherri Hubbard (shubbard@ncdoi.net).
Our clergy liaison is Rev. B.J. Owens
Our vestry liaison is Josh Geigerman

WIT AND WISDOM

Submitted by The Rev. Lois Reardin

WISDOM

Charles Plumb was a Navy jet pilot during the Vietnam conflict. After 75 combat missions, his plane was shot down. He ejected and parachuted into enemy hands. He spent six years in a communist prison. He survived the ordeal and now lectures on lessons he learned from that experience.

One day, while dining, a man at another table came to him and said, "You're Plumb! You flew jets in Vietnam from the Kitty Hawk. You were shot down." "How in the world did you know that?" asked Plumb. "I packed your parachute," the man replied. "I guess it worked."

Plumb kept thinking about that man, wondering what he looked like in a Navy uniform: white hat, a bib in the back, and bell-bottomed trousers. He wondered how many times he had walked past him and never even said good morning. He was a fighter pilot and the man was "just" a sailor. He thought about the man who spent many hours in the bowels of the ship carefully weaving the shrouds and folding the silks of each chute, holding in his hands the fate of someone he didn't know. The revelation of the man who had saved his life made him realize how much we depend on each other, known and unknown.

We need physical, mental, emotional, and spiritual chutes to get us through each day. Fortunately, most of us have a cadre of chute-packers to help us meet our daily challenges. Unfortunately, an estimated 1.2 billion people in our world struggle daily just to survive with few, if any, comparable parachutes.

Our May newsletter described the Millennium Development Goals (MDGs) which all member states of the United Nations pledged to achieve by 2015. The stated goals are to confront extreme poverty and hunger, to improve children's education, to promote gender equality, to reduce child mortality, to improve maternal health, to combat HIV/AIDS, and to protect the environment. The final goal is to develop global partnerships to achieve these goals. In effect, these nations are committing to pack parachutes to uphold our global neighbors in need.

The Episcopal Church at its 2003 General Convention adopted a resolution endorsing and embracing the achievement of the MDGs. (An anonymous wit once compared our General Conventions to the mating of elephants...much trumpeting then nothing happens for three years.) Be that as it may, our recent General Convention adopted the MDGs as a mission priority. Our own Diocese of North Carolina in 2004 resolved to give 0.7% of the annual diocesan budget, beginning in 2005, to support the MDGs, and has challenged its congregations to support the programs with the same percentage of their budgets.

It is often asked, "What does the diocese do with the money each congregation contributes to it?" Part of the answer is...it makes parachutes!

WIT

If the English language made any sense, a teetotaler would be someone who counts golf pegs.

NAME BADGE REMINDER

As we move into the Fall Season and rotate our closets, please remember to include your Name Badge in your Sunday ensemble. If you are in need of a new (or original) badge, you may sign up for one at the welcome table in the narthex. They should be available there in a week or two.

BLOOD DRIVE

Submitted by Mary Marshall

St. Paul's will be having its quarterly Blood Drive on Saturday, September 9 from 9:00 a.m. to 1:00 p.m. Please sign up to receive a donation time as soon as possible. There is a sign up sheet in the narthex or you may contact Mary Marshall at daisymae5061@nc.rr.com or by phone at 388-1856. We will be able to accommodate 3 people every 15 minutes.

Some facts about donating:

- Anyone who is in good health, at least 17 years old and weighs at least 110 pounds may donate blood every 56 days (our last drive was June 10, 2006).
- Donors should eat breakfast/lunch and drink plenty of fluids before a donation.
- Donors can resume normal activity after donating; however, avoid lifting heavy objects or strenuous exercise for 24 hours.
- Most people feel great after donating. If you have abnormal symptoms, let a staff person know.
- Travel outside the U.S. may be a cause for deferral. Check with a staff member about any overseas destinations.
- Donors must not be taking antibiotics. Symptoms and medication should cease for at least 24 hours.
- There is no longer a 12-month deferral for having had a tattoo applied, if it was administered in a licensed U.S. facility.
- Bring a photo ID or blood donor card and a list of medications that you are taking.

Consider these statistics for the Triangle area:

- Fewer than 5% of the population of those that are eligible to give blood do.
- 70% of those who do donate only do it once a year when they could donate 4 times a year.
- 95% of the population will receive a blood product by the age of 72.
- With the benefits of good health care the blood supply will exceed availability by 2007.

PLEASE GIVE THE GIFT OF LIFE! Rex Blood Services needs all blood types, and by donating one pint of blood, you can save 3 lives.

APPALACHIA SERVICE PROJECT

Submitted by Kevin Swann



This year's ASP trip was a great adventure: we took 28 people—4 vanloads!—to the heart of coal mining country in West Virginia. We showed up ready to work, and were divided immediately into crews that suited our skill levels, yet we were reminded that first evening by the staff that ASP was primarily a *relational* ministry which used home repair as its vehicle. We met our client families that first night: one was a single mother with children, another a mom and dad with children, and a third a grandmother raising her grandchildren. Each family was unique, and each team went about being the good neighbor in its own way, spending some important time getting to know the homeowners. We worked with them, we ate with them, and by the end of the week we had formed great friendships.

Construction tasks were challenging, as each home was in a difficult state of disrepair. The land was hard, riddled with rocks and clay. We often wondered how these families made it from day to day. Once we arrived on-site, we divided into work crews for each task: an underpinning crew began install insulation and provide a barrier against unwanted critters, a "squirrel" team erected a freestanding tin roof over a failing trailer roof, and an elite "mole" squad bravely crawled under a trailer to install much-needed insulation. We replaced windows and began porches, but always found time to spend with the family. We also brought bags of stuffed animals to distribute, so the ASP staff designated a "Teddy Bear Thursday" so that all the toys could find appropriate homes. St. Paul's made a lot of kids happy that week.

After each day of hard work, we would returned to the ASP center to relax, and then gathered to explore issues of poverty, poor health, and the environmental devastation facing Appalachian mining communities. We discovered that the wealth of Appalachia was in the dedication and love of family, and we were inspired by it. We also explored this year's theme: "You are the Light of the World." On the last night we each got to share a thought or story about how we discovered God's Light this week. The stories shared were fantastic.

You may also notice that many of us wear a token from the week, a split washer. Craig, the ASP center director, explained the symbolism of this washer: a circle shows our unity, our togetherness as one in our creation. The split in the ring reminds us that we are broken. We have experienced hurt, pain, and our own forms of poverty. We keep this in mind as we work with and befriend families that are experiencing brokenness in their own lives. Also, the split washer is not flat but shifted to the side. The hope is that through our experiences our feelings, thoughts, and ideals will also change or shift. It gives us a chance to reflect on our purpose, beliefs, and mission to be the "Light in the World." We are called to ask, how do we see and live in this creation? How are we able to love our neighbor?

That week saw this transformation in action. Several of the teenagers had come because their parents expected them to do so, or to gain volunteer service hours. Yet by the end of the week, many had determined that this was *their* own ministry, and that they wanted to continue to be involved and to help. ASP is now something that belongs to them. They realized that this was their way of helping, of changing the world into a better place. In construction terms, we *demolished* boundaries and *built* loving relationships. We didn't just hammer nails or cut wood: we lived into our Creation story. We cared for our neighbors as we cared for ourselves, and our story is now forever linked to many grateful friends and families in Brenton, West Virginia.

ASP TEAM FOR 2006: Jeff Kager, Robin Smith, Mike McInerney, BJ Owens, Chris Schaubach, Steve Smith, Kevin Swann, Kenny O'Hara, Courtney Crigger, Aiden Crigger, Anne Gray, Daniel Hatch, Stephanie Haughey, William Kager, Phillip Lamb, Sam McClenney, Chris McInerney, Alyssa Riddle, Patrick Salkeld, Lauren Schaubach, Walker Smith, Brian Smith, Tommy Smith, Zachary Swann, Matt Wiard, Max King', Erica Seaton, Elizabeth Service

VIA MEDIA #3 IS COMING!! SAVE YOUR SPACE!

As Episcopalians, we have a great diversity of seemingly conflicting ideas; not only within the Church and within our own Parish, but even within our own personal thoughts and beliefs.

via media is a program for helping us recognize, embrace, and be strengthened by that diversity.

via media invites those seeking spiritual community to explore Anglican Christianity through a non-threatening eight-week series including study, prayer, and conversation surrounded by radical hospitality. **via media** celebrates who we are as American Anglicans (Episcopalians) and offers seekers both the content and the context for conversations about Christian faith from an Anglican (Episcopal) perspective.

St. Paul's will be offering **via media #3** on consecutive

Sunday nights, from October 1 through November 12, with the exception of the week of October 29. The session that week will be held on Saturday October 28. The series concludes with a retreat on Saturday, November 18. Each class begins at 6:00 p.m. with a light supper.

Because the program relies upon a close and trusted community of participants, we ask that you plan to participate in the entire program. If you are unable to attend the first session on October 1, please wait until we offer the series again before participating in the program.

Please join us, as our personal pathways intersect, to share in the message of an inclusive, powerful, and passionate God. To reserve your spot in this informative and spiritually enriching program, please contact Martha Waters at 469-5154 or via email at marthaleewat@aol.com.

St. Paul's Episcopal Church
221 Union Street
Cary NC 27511

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The Rev. Sally L. Harbold, Associate Rector
The Rev. Bernard J. Owens, Associate Rector
The Rev. Antoinette Wike, Priest Associate
The Rev. Lois Reardin, Priest Associate
The Rev. Candy Snively, Deacon
Melanie Fairbrother, Office Manager
Chris Lewis, Financial Manager
Lee Harris, Minister of Music
Olivia Ittoop, Music Assistant
Gaylene Henry, Music Assistant
Mary Catherine Troxler, Preschool Director
Anne Stoller, Youth Program Coordinator
Jennifer Shy, Nursery Director/Church School Director

Church Office: 467-1477: Fax 467-0152
The Rev. George Adamik x 13
The Rev. Sally L. Harbold x 12
The Rev. Bernard J. Owens 467-1477 x 23
The Rev. Lois Reardin x 36
Office Manager x 10
Financial Manager x 21
Church School Office 467-2578 x 19
Preschool Office: 467-3788 x 16
Minister of Music Office: 467-6241 x 15
Youth 467-0976 x 37

Vestry

Andy Kintz., Senior Warden
Dan Loughlin, Junior Warden

Alison Arnold, Margie Best, Nita Byrd, Ottis Cowper, Dorothy Duke, Jennifer Durant, Josh Geigerman, Manoj George, Paul Gregg, Larry Ray
Treasurer: Kay Burgess

E-mail addresses are:

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preschool@stpaulscary.org Mary Catherine Troxler
kidsclub@stpaulscary.org Jennifer Shy

Sunday Services:

Winter: 7:30, 8:45 & 11:15 a.m.
Summer Schedule Begins June 11
7:30, 8:45, & 11:15 a.m.
Church School 8:35 & 10:10 a.m.
No Church School in Summer