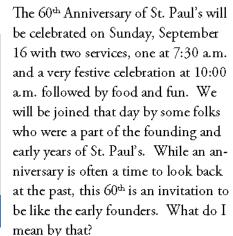
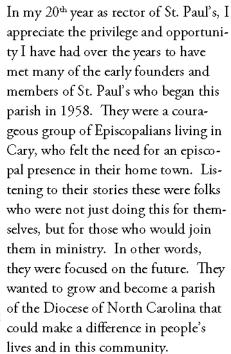
ST. PAUL'S LETTER



The Rector's Letter

Dear Friends.





And here we are 60 years later. A parish that has grown tremendously in depth, membership, and ministry over the years. I'd like to invite us on this anniversary to not just celebrate the past. Some of the early founders and

members who will be joining us on September 16 will certainly be able to share stories and memories of those early days. As a matter of fact, we will be showing a video that day capturing some of those stories. But let their presence among us remind us that we are now called to stand on their shoulders with the acknowledgement that we are now the stewards of this incredible parish. Like those early founders we need to look to the future of St. Paul's and continue the dream of being a strong presence in Cary, Wake County, and beyond as we make a difference in people's lives and the community.

In this spirit of looking to the future of St. Paul's, the 60th Anniversary Celebration on September 16 will also be the kickoff of the Welcoming in Christ – The Anniversary Campaign. We will invite you to prayerfully reflect over the weeks ahead on how you can support the campaign with a gift that will both sustain and expand the buildings and facilities that serve both ourselves and the community, as well as enable us to grow and welcome new members to join us.

It's an exciting time for St. Paul's. I am privileged to have served as rector for 20 of these 60 years. I am looking forward to our future together. See you on September 16.

George



The Rev. George Adamik Rector



News this Month

Sixtieth Anniversary
Calabustian

- Welcoming in Christ Capital Campaign
- Lobster Fest
- Kick Off of Sunday School and Youth Programs Adult Formation

60 th Anniversary	3
About our Church	3
Adult Formation	14
Arts & Crafts Festival	7
Calendar	19
Capital Campaign	5
Children's Ministries	9
Lobster Fest	4
Music Ministry	17
Mystery Book Club	4
Newcomers	6
Newsletter Update	3
Outreach: Dorcas	15
Outreach: Family Promise	15
Outreach: Refuge for Refugees	14
Outreach: Rise Against Hunger	16
Preschool News	8
Resilience Effort	7
Seniors' Ministry	8
Warden's Corner	2
Women's Study Group	4
Youth	12

The Warden's Corner



Dear Parishioners – I hope you have had a wonderful summer! As the fall season kicks off, I want to remind you of the upcoming Welcoming in Christ – St. Paul's Anniversary Campaign kick-off on Sunday, September 16. And of course, Lobster Fest on Saturday, October 6.

The topic of this month's Warden's Corner is "Apprehension." As a life-long Episcopalian, and more recently as a two-time vestry member (2009-2011 and 2016-2018) and Senior Warden twice during those terms, I have witnessed first-hand the anxiety and apprehension that many Episcopalians experience when they are personally confronted with two wonderful and honorable opportunities to help the church at this time of year: being asked to serve on vestry and being asked to pledge, increase your pledge, or actually lead the annual stewardship campaign. These opportunities should not strike fear or apprehension into anyone at St. Paul's, but they inevitably do. I was a perfect example of this apprehension a decade ago. I didn't recognize then how positively life-changing both opportunities would be. But with faith and the support of friends and loved ones, I overcame that apprehension and doubt to run for vestry, increased my pledge annually, and my life changed for the better, in many ways.

What is Vestry? The vestry is the legal representative of the parish about all matters pertaining to its corporate property. Vestry members are usually elected at the annual parish meeting. The presiding officer of the vestry is the rector. There are usually two wardens. The senior warden is a support person for the rector. The junior warden often has responsibility for church property and buildings. The

basic responsibilities of the vestry are to help define and articulate the mission of the church to the congregation; to support the church's mission by word and deed, to select the rector, to ensure effective organization and planning, and with the assistance of the treasurer and parish administrator, to manage resources and finances. Every year, we rotate four (4) vestry members on and off the vestry. I encourage you to prayerfully consider being nominated for the vestry, and accepting that nomination. It is not scary, it should not strike fear into your hearts. Vestry meets once a month for about two hours. You will meet new people and be able to interact with your favorite ministries or new ministries as a leader. And you will be surrounded by friends. Please prayerfully consider this opportunity, and if interested or have questions feel free to contact me; Olivia Delahaye, Junior Warden; the clergy; or the Vestry Nomination Committee when it forms in September.

What is stewardship? Stewardship is about being grateful, responsible stewards of the gifts we receive from God. The tradition of giving back to God and to the church comes from the Biblical practice of "tithing," which means to give back a tenth of our earnings to God (Numbers 18:26). The Episcopal Church sees stewardship as more than simply contributing money to the church; it's also about contributing time and talents and volunteering for ministry and mission. It's about reaching out to build relationships from a perspective of abundance instead of scarcity."

(https://www.episcopalchurch.org/page/stewardship)
For 2019, we are conducting the annual stewardship campaign in a new format. Nobody

(Continued on page 16)





St. PAUL'S LETTER is a publication of St. Paul's Episcopal Church, Cary, North Carolina. It is published 9 times per year. Two newsletters each year combine multiple months into a single issue: June, July, and August are combined into a summer issue, and December and January are merged into a single holiday issue.

The deadline for articles to be included in the next newsletter is: September 19, 2018. Articles for publication should be sent to newsletter@stpaulscary.org by the deadline date. If you wish to receive notification via email whenever a newsletter is available for viewing, go to https://eepurl.com/bAbob9 and sign up.

Sixtieth Anniversary Celebration

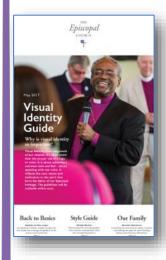
St. Paul's is celebrating its 60th anniversary this year with a party! Save the date: September 16 at 11:45 a.m.! This will be a catered event from The Flying Biscuit with some vegetarian options. There will be anniversary cake (of course) and the Kona Ice truck will come calling to keep the kids cool outside. There will also be two water slides – one for younger kids and one for the older kids. So, everyone be

prepared to PARTY and toast to 60 years past and 60 more years of worship, faith, and fun at St. Paul's! We will be having only two services on September 16th, at 7:30 and 10:00 a.m.; Sunday school classes will be cancelled for both children and adults. Our anniversary celebration will start after the 10:00 a.m. service and the capital campaign presentation.

Submitted by Sherri Hubbard







A New Look for the Newsletter

After a decade, the *St. Paul's Letter* is getting a new look! In May 2017, the Episcopal Church published a *Visual Identity Guide* (https://www.episcopalchurch.org/files/documents/

visual idenity guide tabloid digital.pdf) for use in church publications, with new colors,

new typography, and a new logo for the national church. We have adopted as much as is practical from the *Visual Identity Guide* for use in our *St. Paul's Letter* – so we have new fonts and new colors, and we have incorporated a stylized Celtic cross into our page design.

About Our Church

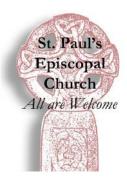
We express our sympathy to Myrna Belingon for the death of her cousin, Sharon Cosalan; to Malcolm, Ann, Neal, Paul, and Claire Lockhart for the death of Malcolm's mother, Betty Sue Hutchins Lockhart; to John and Jackie Goehrke, for the death of his sister-in-law, Sheila Goehrke; to Wallie Coco for the death of her husband, Jules Coco; to Sallie Clement, for the death of her friend, Fred Pipin; to Deborah Tilton for the death of her sister, Mary Tilton; to Lisa Roggenbuck for the death of her mother, Linda Roggenbuck; to Peter Thornton for the death of his mother, Karin Thornton; to Martha Lauer for the death of her niece's step-father, Cary B. Smith.

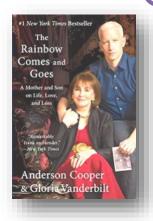
We welcome into the fellowship of St. Paul's all those confirmed and received by the Rt. Rev. Anne Hodges-Copple on June 17th, in-

cluding: Barry Bryan Boles, Madeline Elizabeth Boles, Anna Kathryn Bowersox, Grace Elaine Cozzolino, Dana Michelle Martin Frentz, Lindsay Catherine Gorman, David Andrew Gray, Catrena Marie Hall, Amy Sitler Jensen, Debora Wynn Miller, Grant William Ray, Ella Frances Vitaglione, Kristen Elizabeth Wilson, and Jared Michael Wolf.

We rejoice in the baptisms of Kennedy Ray Powers, daughter of William and Elizabeth Powers; Owen Everett Provost; son of Peter and Jessica Provost; Elias Samuel, son of John and Nicole Samuel; Claire Catherine Thomas, daughter of Peter and Jamie Thomas; and Carlos Soto Mendoza Jr., son of Carlos Soto Hernandez and Christina Mendoza.

> Submitted by Melanie Fairbrother Office Manager



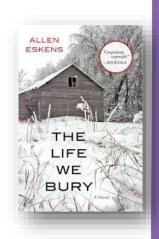




Need more information about Lobster Fest? Email

ted@lobsterfestcary.org.





Women's Study Group

The Women's Study Group will meet on September 11th from 12:00-1:30 p.m. in the bride's room to discuss *The Rainbow Comes and Goes: A Mother and Son on Life, Love, and Loss* by Anderson Cooper and Gloria Vanderbilt. From Amazon: "An appealing memoir with inspirational advice, *The Rainbow Comes and Goes* is a beautiful and affectionate celebration of the universal bond between a parent and a child, and a thoughtful reflection." We

hope you will join us. If you have any questions, contact Leah Dail at LeahDail@gmail.com.

Here is a list of our upcoming books:

Oct 9th: Challenger Deep by Neal Shuster-

man.

Nov 13th: Stitches by Anne Lamott.

Dec 11th: The Great Alone by Kristen Han-

nah.

Submitted by Leah Dail

Lobsters are Coming!

How will they get here? By overnight truck from Maine, (but many will be "roll-ing" in!!!)

...and you surely remembered that Lobster Fest is the first Saturday in October, October 6th.

You'll have to wait until October 6th for your "lobster fix," but here is what you can do now:

- Sign up to volunteer to help with Lobster Fest, and use the following link to do it now: http://www.stpaulscary.org/ lobsterfestvolunteers/.
- 2. Post a "Lobster Fest" notice on your neighborhood Nextdoor.com site.
- Post on your Facebook page (alert your local friends, and make those in Indiana jealous).
- Pick up Lobster Fest flyers and business cards after services to distribute to neighbors, friends, businesses, your place of busi-

ness, etc. Available after church services beginning in September.

Email friends a flyer (link found on): www.lobsterfestcary.org.

Need help with something to say? Start with this and add your own touches...

Lobster Fest, Saturday, October 6, for you, your friends, and friends of your friends. Fresh, and freshly cooked 1½ lb. lobsters directly from Maine, Lobster Meals, our famous Quarta Pounda Lobster Rolls, and even our not-so-famous but still delicious chicken meals. www.lobsterfestcary.org

Help us get the word out. Tell a friend, invite a friend, be a friend! Lobster Fest, Saturday, Oct. 6th. (and please sign up to volunteer): http://www.stpaulscary.org/lobsterfestvolunteers/.

Submitted by Ted Straub

Mystery Book Club

For September we will be reading and discussing *The Life We Bury* by Allen Eskens.

We are trying a new venue for this month and will be meeting at Sasool, located at 1347 Kildaire Farm Rd, on Tuesday, September 4th at 7:00 p.m.

Any questions please contact: Sarah Collins at 919-757-2086 or at mrs.frankthecat@gmail.com.

Submitted by Sarah Collins

Welcoming in Christ Capital Campaign: We are Planning for the Next 60 Years

Rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.

Colossians 2:7

Introduction

We are excited about what is to come for St. Paul's. You may have heard about the Welcoming in Christ Capital Campaign already. Maybe you were involved in our sessions with the architect last fall? Maybe you stuffed envelopes, joined a campaign party, prayed with our monthly devotionals, met with us about the campaign, participated in vision tours, or saw the architect renderings in the narthex, chapel, education building, or parish hall? Maybe you saw the stakes marking where the new parish hall extension is planned? We are blessed with an active, giving, and loving church community – and we want to thank you for your participation and all you do for St. Paul's.

Backstory: What is this About?

There are several things that the parish needs and would cost more money than our stewardship campaign can cover. Our goal is to raise \$3.25 million. Although it seems like a lofty goal, this is not a radical plan – we are envi-

sioning church buildings that are up to date, meet the needs of our current church community, and will allow for our growth as we head into the next 60 years.

Our church attracts young families through our preschool. Unfortunately, our preschool has become dated and needs a lot of attention. There is a cracked foundation that impedes some windows from opening. We would like a more visible adult presence at the entrance to the preschool so that parents have an increased feeling of their children's security. Our children are the future and while they are currently in a building that is safe – we can and should make it even safer. With the planned additional classrooms, we may be able to increase our capacity, perhaps by up to 20%.

Office space, meeting space, kitchen space, and storage space are scarce. We are already having trouble meeting our current needs, and we plan to grow during the next 60 years. We need to use the spaces we have better and expand a bit to increase capacity. By remodeling our chapel, creating a new parish hall extension, and expanding our kitchen, we can meet our current needs and be at the ready for more growth. Imagine a Lobster Fest with more elbow room in the kitchen (although, we never

mind being in close proximity to such amazing people). Imagine our plentiful and community-building ministries being able to store our supplies at church instead of in the corner of our personal dining rooms. Imagine being able to easily book a conference room for a meeting. We envision the additional

(Continued on page 6)



















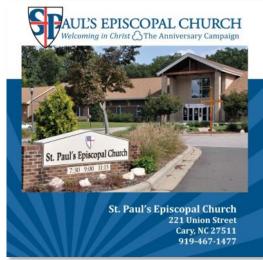




Planning for the Next 60 Years (continued)

(Continued from page 5)

space creating an even more welcoming St. Paul's.



There are some repairs that are necessary but have been cost prohibitive. For instance, we have an inoperable retention pond on our property, air conditioners and roofs that are reaching their replacement timeframe, dated bathroom fixtures, carpet that needs to be replaced, buildings needing painting, a parking lot needing resurfacing, etc. You get the idea. It takes a lot to keep up with our current facilities infrastructure needs.

We Have Got Some Great Things Planned

We have been prayerfully planning this campaign for over a year after getting feedback from you, our parishioners. Here is what to

expect over the next few months: On our official kick-off on our 60th Anniversary, on September 16, you will receive a pledge packet. In September, you can expect messages from parishioners about why they love St. Paul's and why they make St. Paul's one of their top philanthropic causes. You will be invited to join us at campaign information parties at dedicated parishioners' homes. We will launch a weekly raffle for those parishioners who have turned in pledges. Pledges are due by October 14. We are planning to conclude this campaign with a groundbreaking ceremony in 2019.

We are grateful to announce that we have already raised <u>more than 1 million dollars</u> for the campaign, and we know that this momentum will continue!

Thank you for your support of the Welcoming in Christ Capital Campaign and all that you do for St. Paul's. Happy Anniversary!

Your Campaign Chairs,

Frank Laney Rick Bradley 919-818-8029 919-363-0189

Additional Information:

Case statement: https://tinyurl.com/yamebns7

Frequently Asked Questions: https://tinyurl.com/y99ggfsm

Newcomer Ministry – Gathering

The St. Paul's Episcopal Church Newcomer Ministry will host a newcomer gathering on Sunday, October 21, from 5:00-6:30 p.m., in the Bishop Curry House. We'll have a simple supper and time to get to know each other. If you have visited St. Paul's recently and would like to chat with the clergy, some ministry leaders, or other new folks like yourself, please come! It will be casual and friendly. Food will be provided.

The Bishop Curry House is located just off the far end of the parking lot, near the conveniently positioned garbage bin. Yes, that is the landmark to look for.

Please RSVP to us at <u>annewlaney@gmail.com</u> by Oct. 14 and let us know if you can or cannot attend.

We hope to see you on October 21!

Submitted by Anne & Frank Laney

Arts & Crafts Festival

Mark your calendars -- this year's Arts & Crafts Festival will take place on Saturday, November 10, from 10:00 a.m. to 4:00 p.m. You'll find artwork and handmade crafts from local artisans, including woodworking, glass, fiber art, jewelry, hand-knit items, yard art, and more. We'll have musical performances, a coffee bar and bake sale, and a book sale. You can choose the prizes you want to win from our huge raffle, including handmade items, gift baskets, and more. Back by popular demand: delicious soups made by the Fellowship Events Team!

The Arts & Crafts Festival will be raising money for Urban Ministries, Dorcas Ministries, the Food Bank of NC, and the Outreach committee. We'll need volunteers in every area of the festival.

For more information please contact Sally Moller at sbm2@nc.rr.com.

Thank you for your support of the Arts & Crafts Festival!

Submitted by Sally Moller









Resilience at St. Paul's

The movie, *Resilience*, which describes the long -term impact of childhood trauma and suggests creative options for preventing or intervening when trauma has occurred, was shown twice this past spring at St. Paul's. Almost 100 parishioners have viewed the film and then discussed its meaning, both personally and for our faith community. Prevent Child Abuse North Carolina (PCANC) has been a strong partner for these showings and discussions.

A group of St. Paul's parishioners has come together and recognized an opportunity to offer *Resilience* to groups in our congregation whose ministries touch both children and families. The discussion after the movie would then focus on both the challenges and opportunities unique to that ministry.

The first such showing of *Resilience* will be limited to pre-school teachers and leaders, and is scheduled for August 28, 2018. Following the movie, they will then discuss the implications

that this information will have for their school year ahead. Also, on August 28, PCANC will provide *Resilience* discussion facilitator training for those parishioners who have expressed an interest.

The planning group for this effort feels that, based on the St. Paul's showings of Resilience, there will be requests for additional showings both at St. Paul's and in other local faith communities. To facilitate this effort, the planning group applied in August to be designated as a new ministry at St. Paul's. If you have interest in learning more about or joining this "Resilience Ministry at St. Paul's and Beyond," please contact Melissa Ockert (m.oakleyockert@g.mail.com), Howard Loughlin (hloughlin@earthlink.net), or Jackie Straub (impstraub@aol.com).

Submitted by Howard Loughlin







Seniors' Ministry Tour

The Seniors' Ministry is sponsoring a visit to the Holy Name of Jesus Catholic Cathedral, 715 Nazareth Street, Raleigh, on September 27 at 1:00 p.m. Everyone is welcome to join us. If you are interested, please respond by emailing Katie Robinson at katie015@bellsouth.net or via signup genius a

katie015@bellsouth.net or via signup genius at https://www.signupgenius.com/go/20f0a4cafa72ba20-holy by Sunday, Sep-

tember 23. There is parking onsite. Carpooling will be available from the church if requested.

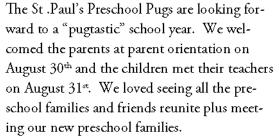
Save the Date: Susan Stanhope will present ideas for "Decluttering and Downsizing" on October 31st. More details next month!!

Submitted by Marcia Swanson



EDUCATION AND SPIRITUAL DEVELOPMENT

Happy 2018-2019 School Year



The classrooms and playground are all set for the first day of school on Tuesday,

September 4th.

The playground looks inviting with new mulch and new sand toys and big dump trucks.

Thanks again to all who donated to our Summer FUNdraiser last spring which helped us purchase these items for the

playground.

September brings many exciting events to the preschool. We have Muffins for Moms, Picture Day and our famous Ice Cream Social. These events are a wonderful way to build a strong preschool community.

We hope everyone has a successful school year! The St. Paul's Pugs are ready to excel!

Blessings,

Brooke Bowersox Preschool Director

Preschool Upcoming Events

Sep 4 - First day of school

Sep 19 - No School

Sep 20 - Muffins for Moms

Sep 26 - Chapel starts for the 3's, 4's and TK classes

Sep 26/27 - Picture Days

Sep 27 - Ice Cream Social in the courtyard



Sunday School Kickoff

We can't wait to welcome everyone back to Sunday school on September 9th at 10:15 a.m. in the education building. Listen for the ringing bell in the parish hall to signal the start of Sunday school – please remain in the parish



hall until you hear the bell. Once the bell rings, please proceed up the hallway and look for your grade listed above the doorway. Preregistration for Sunday school can be completed at https://

form.jotform.com/82054234702145. If you have any questions about Sunday school placement, please contact Christine Ingram (christine.ingram@stpaulscary.org).



Children's Stewardship-Note in the Pocket

We are thrilled to announce that St. Paul's Children's Ministries will be partnering with Note in the Pocket for the 2018-2019 Outreach Collection. St. Paul's Children's Sorting Day will be held on June 9, 2019, during Sunday School/Coffee Hour and will take place in our parish hall. A Note in the Pocket sorting event involves sorting through donated clothing and shoes and getting them organized by gender and size. This is a great activity for all ages! Our 2017 and 2018 sort days were a blast! In order to host a "sorting event" we need to collect \$3000 in our children's basket. As of the printing of this newsletter, we have collected around \$300. This is very similar to Stop Hunger Now and we know that we will be able to reach our goal with everyone's help! Those quarters and dollars add up quickly and every little bit helps our brothers and sisters in

need. You can track our progress on the bulletin board in the education building. Thank you for your generosity!

In addition to collecting funds, we will also be collecting clothing for children in need! We will be hosting two clothing drives this year... we will be collecting jeans (new and gently used) in the fall (Oct. 7-28) any size and gender are welcome. We will also collect new and like new clothing and shoes-any size and gender are welcome. A special bin will be available in the hallway outside the music room to collect our donations. Keep an eye on your email and the children's calendar for details about our spring collection drive.

You can learn more about Note in the Pocket and how they are helping underprivileged children in Wake County by going to their website www.noteinthepocket.org.





What's Happening in Children's Ministries? Find out!

If you want to receive weekly reminders about "What's Happening in Children's Ministries", please email Christine Ingram at chris-tine.ingram@stpaulscary.org. You will be add-

ed to the distribution list for weekly updates about what is going on at St. Paul's for families of children ages 3 to 5th grade.





Ministry e-mail list













2018 - 2019 Children's Calendar					
Date	Event	Location	Time		
Aug 26 Mini-Ministry Fair Po		Sanctuary Parish Hall Library	9:00 a.m. Service 10:10 a.m. 10:45 a.m.		
Sep 2	Labor Day Weekend No Children's Chap	oel			
Sep 9	Sunday School Begins	Education Bldg.	10:10 a.m.		
Sep 16	60 th Anniversary Celebration No Sunday School	Campus	10:00 a.m.		
Oct 6	Lobster Fest	Campus	All Day		
Oct 7-28	Jeans Drive for Note in the Pocket	Narthex	Multi-Week		
Oct 14	Rise Against Hunger Event	Parish Hall	10:10 a.m.		
Oct 20	Yam Jam: Pre-EYC & EYC	Wake County	Morning		
Oct 28	Fall Carnival	Parish Hall	5:00 - 7:00 p.m.		
Nov 4	PJ Sunday	Sanctuary	9:00 a.m.		
Nov 10	Arts & Crafts Festival for Outreach	Campus	All Day		
Nov 18	Drawing for Christmas Pageant Roles	Parish Hall	10:30 a.m.		
Nov 25	Cookie & Craft Coffee Hour	Parish Hall	10:10 a.m.		
Dec 14 Pageant Practice for Speaking Ro		Sanctuary	5:30 - 7:30 p.m.		
Dec 15	Pageant Practice for Everyone	Sanctuary	9:00 a.m 12:00 noon		
Dec 16	Christmas Pageant	Sanctuary	9:00 a.m. Service		
Jan 6	Sunday School Resumes	Education Bldg.	10:10 a.m.		
Feb 2	Teddy Bear Tea	Education Bldg.	10:30 a.m 12:00 noon		
Feb 3	Communion Class #1	Education Bldg.	10:10 a.m.		
Feb 10	Feb 10 Communion Class #2		10:10 a.m.		
Feb 17	Holiday Weekend / No Sunday School	'	'		
Feb 24	Communion Class #3	Education Bldg.	10:10 a.m.		
Mar 3	Communion Celebration	Sanctuary	9:00 a.m. Service		
Mar 6	Ash Wednesday Service for Families	Sanctuary	6:00 p.m.		
Mar 10 - Apr 14					
Apr 14	Apr 14 Palm Sunday / No Sunday School				
Apr 19	Good Friday / Stations of the Cross	Sanctuary	10:00 a.m.		
Apr 21	Easter Egg Hunt	Campus	10:30 a.m.		
May 5	Last Day of Sunday School				
Jun 9	Fifth-grade Promotion Note in the Pocket Sort Day	Sanctuary Parish Hall	9:00 a.m. Service 10:10 a.m.		
Summer 2019	Vacation Bible School	Campus	Multi-Day		

Gleaning Day-Oct. 20

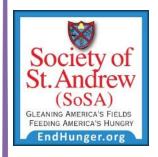
We are so excited about this outreach opportunity for families with younger children! On Saturday morning, October 20, everyone at St. Paul's and espe-

cially all families with younger children (ages 3 through 5th grade) are invited to "glean" sweet potatoes with the Society of St. Andrew. This "Yam Jam" is very simple – we collect the sweet potatoes that remain in the fields after the farmer has harvested all that is profitable to harvest. All the food we collect goes to food



banks, food pantries, soup kitchens, homeless shelters, etc. in the Triangle area. Go ahead and reserve this date and send

Christine Ingram an email to be added to this interest list! We won't know the location of our field to glean until the week of our volunteering, but it will be one hour of travel or less. This is a WONDERFUL opportunity for young children to experience outreach!!! All are welcome!



Pre-EYC

Pre-EYC Kicks Off!

Calling all 4th and 5th graders! Please join us for Pre-EYC each 2nd and 4th Sunday from 11:15 a.m. to 1:00 p.m. in the parish hall. Pre -EYCers do not have to be enrolled in Sunday school to participate. Pre-EYC is an informal, structured gathering time where our main focus is building relationships between children through fun, fellowship, and outreach. Parents will be asked to help with meals and volunteering during some meetings (about twice a year per family). Please contact Christine Ingram to have your child added to the Pre-EYC interest list. Our first meeting will be Sept. 23, 2018 at 11:15 a.m. in the parish hall!

2018 - 2019 Pre-EYC Calendar				
Date	Event	Location	Time	
Sep 23	Pre-EYC Kick Off Meeting	Parish Hall	11:15 a.m 1:00 p.m.	
Oct 7	Reverse Trick of Treat / Meeting	Glenaire / Parish Hall	10:15 a.m 1:00 p.m.	
Oct 20	Yam Jam: Pre-EYC & EYC	Wake County	Morning	
Oct 21	Set up for Family Promise	White Plains Methodist	1:45 -3:00 p.m.	
Nov 18	Meeting	Parish Hall	11:15 a.m 1:00 p.m.	
Dec 9	Meeting (St. Nicholas & Christmas Party)	Youth Wing	11:15 a.m 1:00 p.m.	
Jan 13	Meeting	Parish Hall	11:15 a.m 1:00 p.m.	
Jan 26	Note in the Pocket Sort Day	NITP, Raleigh	10:00 - 11:30 a.m.	
Feb 10	Meeting	Parish Hall	11:15 a.m 1:00 p.m.	
Feb 24	Bowling with EYC	Buffaloe Lanes	4:00 - 6:00 p.m.	
Mar 10	Meeting	Parish Hall	11:15 a.m 1:00 p.m.	
Mar 23-24	Overnight Retreat	Blue Jay Pointe	10:00 a.m 10:00 a.m.	
Apr 7	Meeting	Parish Hall	11:15 a.m 1:00 p.m.	
Apr 28	Last Meeting	Parish Hall	11:15 a.m 1:00 p.m.	





EPISCOPAL YOUTH COMMUNITY

Every young person in grades 6-12 who attends St. Paul's is welcome to be a part of the Episcopal Youth Community (EYC). The youth group is divided into middle school and high school programs, though sometimes activities are combined. Friends are always welcome to attend. EYC gathers on Sunday nights for fellowship and fun activities from 5:00-7:00 p.m. with a shared meal at 6:30 p.m. We combine lots of zaniness - games, songs, lots of action - with worship and service. Our mission is to develop a spiritually rich community of young people through our programming and the presence of faith-filled adults. It's organized chaos, but it works!

Youth Coordinator Leah Dail

Leah.Dail@stpaulscary.org



The Mission of the Youth Ministry is to develop a spiritually rich community of young people through fellowship, fun, education, service, and worship. Our Core Development Values are the foundation of our ministry and define what is most important. They are: ƏFellowship ƏEducation ƏFun ƏGrowth

Spiritual Development Service SInclusiveness Respect

Fostering the love of Christ in the youth of St. Paul's.

Youth – Registration

This year, one simple form - the Youth Information Form will register youth for all regular youth programs - Formation (Sunday school), EYC, and church events. Here is the link:

Youth Christian **Formation**

Come join us for Youth Christian Formation (Sunday school) beginning September 9th! There is a middle school class for 6th-8th graders and another for high schoolers, grades 9-12. The Sunday school hour is from 10:15-11:00 a.m. (between services). Middle schoolers

https://form.jotform.com/82118970270153.

There will be additional forms for overnight and off-site events and we will all sign a Community Covenant together.



meet in the youth wing – and no need to go by coffee hour: we will have snacks for you there. High schoolers meet in room 10 of the education building.

THEMES

We are going to have programming around themes each month. That gives us more flexibility with the programming and an emphasis on the relational part of our community - getting to know one another as we walk with Christ. Nothing about the evening programming will really change. You just need to show up and be prepared to have fun! If there are special events or things you need to bring or wear, we'll be sure to let you know ahead of time.





Theme for September: Welcome

Welcome one another, therefore, just as Christ has welcomed you, for the glory of

This is an obvious theme with which to start the year, since we have a big banner over the entrance of the church that proclaims "All Are Welcome." We will spend time getting to know one another and finding out how we all fit together to form this amazing Episcopal Youth Community. Our goal is to create is a safe place where all the youth feel welcome to be themselves, learn to recognize individual gifts for ministry, and where they can ask questions about spirituality. We can't do it alone - we need YOU here to share your gifts and make our community stronger!

September 9: Kickoff with Special Time 4:00 - 7:00 p.m.

and dances, and general hilarity as we celebrate some meal. This is a combined event for both coming back together for another great year of middle school and high school from 4-7 p.m.

Come join us for lots of wild games, silly songs faith and fellowship. There will also be an awe-

September 16: Regular EYC 5:00 -7:00 p.m.

and dances, and general hilarity as we celebrate some meal. This is a combined event for both

Come join us for lots of wild games, silly songs faith and fellowship. There will also be an awecoming back together for another great year of middle school and high school from 4-7 p.m.



September 22-23: Lock-In

Nothing works better to get to know each oth- breakfast. Pick up is at 9:00 on Sunday. You'll er than a lock-in! Come at 6:00 Saturday 9/22. We'll have dinner, play games, maybe watch a movie, and sleep in the chapel. We'll go to the 7:30 service together and then have a quick

need a sleeping bag, air mattress or sleeping pad, PJ's, toiletries, and a snack to share. Come have lots of overnight fun with us.



September 23: No EYC

Get some sleep after the lock-in!

September 30: Regular EYC 5:00 -7:00 p.m.

September Come join us for EYC fun!

STAY CONNECTED!

- Send in registration form: https:// form.jotform.com/82118970270153.
- Check your weekly emails.
- Follow the Youth webpage: http:// www.stpaulscary.org/ministries/youth/.
- Keep up with us on social media:



St. Paul's Episcopal Church, Cary NC (no longer using EYC Facebook page)



@youthstpaul



youthstpauls











Mahamed Family
At St. Paul's 2017



Adult Formation

The fall offerings of Adult Formation should be an exciting and instructive focus on Jesus, His teachings, and our call as Christians.

On Sunday mornings the theme will be Going Deeper: Ancient Teachings for a Vibrant Faith.

The Christian Faith - in the teachings of Jesus, the letters of Paul, and the witness of the saints has the potential to reshape our understanding of ourselves and the world around us. As we celebrate our 60th Anniversary as a Christian community in Cary, what might those ancient teachings mean for our Christian witness? How is God active in our ancient tradition as well as in the world today? Sundays this fall join us in the chapel (10:15-11:00 a.m.) for what is bound to be a fruitful and engaging conversation. The series will begin September 23rd as the Rev. Adrienne Koch shares "Inviting Jesus into Your Heart: the Ancient Spirituality of the Enneagram of Personality."

The Wednesday evening series, Reclaiming Jesus: A Confession of Faith in a Time of Crisis, will begin September 19th.

This Bible study was developed by the Reclaiming Jesus Movement that is supported by our own Bishop Curry and other prominent church leaders and theologians. Questions we face as Christians are these: Who is Jesus Christ for us today? What does our loyalty to Christ, as disciples, require at this moment in our history? The Reclaiming Jesus Movement believes it is time to renew our theology of public discipleship and witness. During the 9 sessions, we will listen to and reflect on Jesus' teachings. Who did God make you to be? How do we respect and serve others? What does it mean to treat others as we wish to be treated, even in disagreement and with differing values? The first session will focus on "Civil Discourse and Followers of Jesus" and meets in the youth wing from 7:00-8:00 p.m.

Watch for notices in the Sunday bulletin and look for the brochure. For more information, contact Gerri Batchelor, Chair, at gerrikairos@gmail.com.

Submitted by Linda Rudisill

OUTREACH

Refuge for Refugees

The Refuge for Refugee ministry at St. Paul's anticipates welcoming another refugee family – our fifth – in September. Watch for announcements in the bulletin about items needed to settle the new family in, once we get more details about them.

While we will soon be welcoming a new family, we are also saying good bye to one of our current families. The Mahamed family, refugees from Somalia, have decide to relocate to the Minneapolis / St. Paul area where some of their friends live in the large Somalian community there. It will be a drastic change in weather for them, but they will enjoy the com-

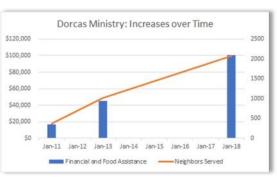
munity support. Deb Richard, who was the lead point-of-contact for this family, and I thought it would be nice to take them to the beach before they moved. None of the family members had ever seen the ocean before, and Minneapolis is a long way from the shore. They all enjoyed the experience, especially the children! What joy we had, watching their excitement as they braved the waves, built forts and castles in the sand, and discovered the fish and animals along the shore. The R4R committee also wished them *bon voyage* with a party and celebration in late August.

Submitted by M M Cupitt R4R Ministry Leader

Dorcas Ministry News

Dorcas Ministries has been meeting the needs of our neighbors – people who live and work in Cary and Morrisville - for almost 50 years. The chart on the right shows the increases in budget and in the number of neighbors served in just the last seven years. And the number of volunteers helping at Dorcas Ministries has also increased, reaching a record of 595 just this year. Even so, more volunteers are always welcome: if you are interested in becoming a volunteer or learning more about Dorcas Ministry, contact me at <u>nfierke@bellsouth.net</u> or call me at 919-467-8807. The Dorcas Thrift Shop is located at 187 High House Road in Cary and offers crisis assistance, food, job training, and a mobile medical clinic for us and our neighbors.

In celebration of the 50 years of service, Dorcas Ministries will hold a 50th Anniversary Thanksgiving Breakfast at the Embassy Suites on Harrison Avenue on Nov 1 from 7:30 to 9:00 a.m. Please contact me or David Coulter know if you are interested in attending.



Toilet Paper Collection News

We continue to have wonderful parish support for toilet paper collection. As of mid-August, we have had 1,439 rolls donated which is 60% of our goal as well as 4 rolls of paper towels. We are a little behind our goal of 200 rolls per month which would be 1,600 rolls by the end of August. I'm sure we'll catch up as attendance grows this fall. Thank you for supporting this effort. Just as a reminder, you can donate anytime by dropping off your donation in the sage colored bin located in the hallway on the right side of the narthex.

Submitted by Nancy Fierke Dorcas Ministry Leader

Family Promise Homeless Ministry Week (Sep 9 -16, 2018)

Family Promise Ministry to the Homeless is a coalition of faith communities that helps families without homes achieve independence by providing temporary housing, lodging, meals, case management & educational services. St. Paul's serves as a host congregation, providing meals, supplies, and volunteer support to families temporarily residing at White Plains United Methodist Church in Cary several times each year.

St. Paul's 3rd week for this year is Sep 9-16. Family Promise is a wonderful "hands-on" outreach opportunity, both for adults and for families.

Here are some volunteer opportunities you can

sign up at: tinyurl.com/StPaulsFP:
Room Set Up: Sunday, Sep 9 at 2:00 p.m.
Social Hosts: 6:30-8:30 p.m. on Mon, Tue,
Wed, Thurs, & Sat.

Overnight Hosts: A couple will work for any of these nights (Sun thru Sat), and it's OK to have two men or two women on any given night. We just try to have one of each if we can. This is from 8:30 p.m. to around 6:30 a.m.

Saturday Morning Hot Breakfast: Saturday Sep 15 at 7:30 a.m.

Cleanup: Sunday, Sep 16 at 6:45 a.m.

Submitted by Myrna Belingon & Kathleen Neff









Rise Against Hunger Meal Packaging Event: Sunday October 14th

Please join us at a Rise Against Hunger (formerly Stop Hunger Now) Meal Packaging Event on October 14th from 10:00 a.m.-12:00 p.m. in the parish hall. We are partnering with Rise Against Hunger for the 13th time in the movement to end hunger by the year 2030. If we reach our goal of 10,000 meals, St. Paul's will surpass 130,000 total meals to date!

Rise Against Hunger meals are nutritiously sound, and every dehydrated rice/soy meal is fortified with 23 essential vitamins and nutrients. Research has shown that one in three people in developing countries are adversely affected by vitamin and mineral deficiencies. Meals are distributed through global partners that administer school feeding programs, orphanages, health clinics, vocational training and a growing focus on the education and empowerment of women.

Volunteers ages 4 and up can commit their time and money to both packaging the meals and paying for the food ingredients used in these meals. (Note that children ages 4-5 years will need assistance from an adult.) This is a wonderful ministry where people of all ages learn there is something impactful they can do to make this world a better place for all.

Please go to: http://events.stophungernow.org/ StPaulsCary to make a donation and/or register yourself (and family) for this fun, educational, highly-impactful event.

Questions? Contact: Brooke Mautz or Ramsey McIntire, at <u>riseagainsthun-</u> ger@stpaulscary.org.

VESTRY

Warden's Corner (continued)

(Continued from page 2)

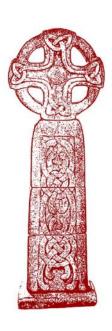
will come knocking on your door (unless you would like a visit). First, we will be sending out a letter and pledge card to all pledging families and other members, then follow-up with you if need be. This will be a somewhat quiet campaign. But an extremely important campaign. Let us try hard, as a parish, to final- In Peace ly reach the one-million-dollar threshold in pledges. Please do not confuse the annual stewardship campaign with the Welcoming in Christ – the St. Paul's Anniversary Campaign. They are two different campaigns for two different purposes. And your participation and generous giving to the annual stewardship campaign is more vital than ever to the parish's

annual budget and operations' needs. This fall is going to be an exciting time to celebrate our history and future of St. Paul's. A lot of people are doing a lot of work to make the 60th Anniversary celebration very special. Please give generously of your time, talents, and treasure.

Jeff Kager, Senior Warden

The cave you fear to enter holds the treasure you seek.

Joseph Campbell (Joseph John Campbell was an American mythology professor, writer, and orator best known for his work in the fields of comparative mythology and comparative religion.)



Music Ministries Kicks Off in September

Check out the start-up dates and rehearsal schedules for Music Ministries rehearsals for Fall 2018 in the table below.

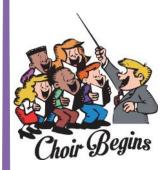
The 9:00 Choir meets on Sundays in the choir

room at 8:30 am most Sundays of the year, and does not have a midweek rehearsal.

St. Paul's Choir resumes fall schedule on Sundays (see above) starting on September 9.

Wednesday, August 2	9, 2018	(Rehearsals continue after start-up on the same days and times of each week.)		
6:00 - 6:45 p.m.	Epiphany Choir (Children Gr. K- 2)	Choir Room / Church	Grades K-2	
		Choir Room / Church	Grades 3-5	
		Church	Grades 3-5	
7:30 - 9:30 p.m.	St. Paul's Choir	Choir Room / Church	Adults	
Thursday, August 30, 2018		(Rehearsals continue after start-u and times of each week.)	o on the same days	
6:00 - 7:00 p.m.	Bells of St. Paul's	Church	Adults	
7:00 - 8:00 p.m.	Canterbury Bells)	Church	Grades 6-12	
8:00 - 9:00 p.m.	Canterbury Choir	Choir Room / Church	Grades 6-12	
Sundays				
8:30 a.m.	9:00 Choir	Choir Room		
10:30 a.m.	St. Paul's Choir	Choir Room / Church		





New to Music at St. Paul's?

If you have musical talent at any age, we want you in Music Ministries. If you participated last year, then you should have received emails from the ensemble group lists. If you are new to St. Paul's, or to the Music Ministry, or have somehow been missed on the lists, then you need to contact Minister of Music, Rusty McKinney, at rusty.mckinney@stpaulscary.org or at 919-467-6241.

All vocal choirs can use more voices. Singing in a choir has many at any age. For children and youth, choir singing is especially helpful to them if they play an instrument, both in reinforcing and expanding their music reading and for the ear training and internalization of music that it provides. (I heard a lot of good singers at VBS, so bring them to Advent and Epiphany Choirs!)

Advent Bells has room, and I encourage all 3rd-5th graders who have interest and can make the commitment to bells to join. Handbells helps develop physical coordination and is all about teamwork. And they sound cool! While not required, it is strongly recommended that Advent Bell ringers also sing in Advent Choir.

Bells of St. Paul's and Canterbury Bells do not currently have positions open, but we always need substitutes with prior ringing experience. And with more ringers (and equipment) there is always the possibility of expanding the size of the current groups.

Don't be shy and let me know if you want to sing or you know how to ring. Or if you or want to learn either-or both!







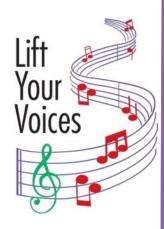
Starting in September we will begin using Simplified Anglican Chant to chant the Psalms at the 9:00 and 11:15 a.m. services. Psalms were written to be sung. St. Augustine said that "They who sing pray twice." Research on brain function has found that when we sing texts, as opposed to speaking them, that there is a deeper impact of the text that lasts longer in the memory.

Many younger church goers now are seeking the experience of chanting in worship services. There is a long tradition in Anglican worship of chanting psalms, both in plainchant and in Anglican chant. Both have symbols and rubrics that can be daunting if you aren't familiar with them. Simplified Anglican Chant (SAC) is what its name indicates. It is an easier way to sing Anglican chant with simpler music and fewer symbols to learn for the pointing of the text. It is also an excellent introduction to learning (or re-learning) Traditional Anglican Chant. Most SAC tunes are based on tunes of common hymn tunes, and none are difficult. We will use the same tune for several weeks at a time, though of course, the psalm texts will change each week according to the lectionary.

Here is an example of what you will see in the bulletin starting on September 2, and an explanation of how it works.



- 1 Those who trust in the LORD are like Mount **Zion**, * which cannot be moved, but stands fast for **ever**.
- 2 The hills stand about Jerusalem; * so does the LORD stand round about his people, from this time forth for evermore.
- 3 ¬ The scepter of the wicked shall not hold sway over the land allotted to the **just**, *
 - so that the just shall not put their hands to evil.



First, the organist will play though the chant. Then we all sing the words in standard type on the open (whole) note in speech rhythm. The bold type words at the end of the line are then sung on the bold (note head) note. There is an obvious visual relationship for how the words fit the music with the regular and bold type in the words, and the corresponding look of the notes in the chant. Since the chants are four bars long, each half verse goes to a bar or music. The asterisk shows where the verse is divided, as you are accustomed to seeing.

If you have an uneven number of verses overall, then one of the verses needs to start in the middle of the chant tune, so that you end up on the final cadence at the end of all the verses. In this example, we see the little bracket before the words of verse 3, and the same symbol appears on the music. It indicates in the music where that verse goes.

We will spend a bit of time before each service in the beginning of September going over this. You will be experts in Simplified Anglican chant in no time at all!

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5:00 p.m. 5:00 p.m. SUNDAY S
7:30 a.m. Eucharist Rite I
8:45 a.m.-12:30 p.m. Kids' Club
9:00 a.m. Eucharist Rite II
9:00 a.m. Children's Chapel
10:00 a.m. Fellowship-Coffee
10:10 a.m. Education Hour

P. P. Mil.		
Z P	1:15 a.m.	Eucharist Rite II
Z B	1:15 a.m.	Children's Chapel
M	1:15 a.m.	Pre-EYC (2nd & 4th
M		Sunday)
	:00 p.m.	Middle School EYC
	:00 p.m.	High School EYC

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Wednesday Schedule	SCHEDULE
10:00 a.m.	Prayer Stitchers
12:15 p.m.	Liturgy Meeting
6:00 p.m.	Epiphany Choir
6:00 p.m.	Advent Choir
6:45 p.m.	Advent Bells
7:30 p.m.	St. Paul's Choir

	Sat	_	8 Fellowship Events	15	22 Youth Lock-In	59	LOBSTERFEST Episopai
0.000	Έ			41	21 7:00pm Rainbow Gathering		
	Thu		6 9:00am Bulletins 6:00pm Bells of St. Paul's 7:00pm Canterbury Bells 8:00pm Canterbury Choir	13 9:00am Bulletins 6:00pm Bells of St. Paul's 7:00pm Canterbury Bells 8:00pm Canterbury Choir	9:00am Bulletins 9:15am Preschool Muffins for Moms 6:00pm Bells of St. Paul's 7:00pm Canterbury Bells 8:00pm Canterbury Choir	9:00am Bulletins 12:30pm Preschool Ice Cream Social 6:00pm Bells of St. Paul's 7:00pm Canterbury Bells 8:00pm Canterbury Choir	
	Wed		5 WEDNESDAY SCHEDULE 10:00am Prayer Stitchers 12:15pm Liturgy Meeting 6:00pm Epiphany & Advent Choirs 6:45 p.m. Advent Bells 7:00pm Adult Formation 7:00pm Baptism Class 7:30pm St. Paul's Choir	12 WEDNESDAY SCHEDULE 9:15am Julian Gathering 10:00am Prayer Stitchers 12:15pm Liturgy Meeting 6:00pm Small ACA Group 7:00pm Adult Formation	19 WEDNESDAY SCHEDULE 10:00am Prayer Stitchers 12:15pm Liturgy Meeting 7:00pm Adult Formation	26 WEDNESDAY SCHEDULE 9:15am Julian Gathering 10:00am Prayer Stitchers 12:15pm Liturgy Meeting 6:00pm Small ACA Group 7:00pm Adult Formation	
ŭ	Tue		4 PRESCHOOL RESUMES 7:00pm People of All Colors and Cultures Together	11 12:00pm Women's Study Group 7:00pm Youth Committee	18 10:00am Com Com 7:00pm Preschool Board Meeting 7:00pm MOMS	25 7:00pm MOMS	
•	Mon		3 LABOR DAY OFFICE CLOSED OFFICE CLOSED T:00pm AA	10 6:30pm Finance Comm. 7:00pm AA 7:99pm VMO	17 7:00pm AA 7:00pm Vestry	24 7:00pm AA 7:00pm Care and Share 7:00pm IT Committee 7:00pm Adult Formation Committee	
2	Sun		2 SUMMER SERVICE SCHEDULE NO CHILDREN'S CHAPEL 7:30am Rite II 10:45am Rite II 7:00pm R4R	9 FALL START UP SUNDAY 7:30am Rite II 9:00am Rite II 10:10am Education Hour 11:00am Rite II 5:00pm EYC	16 60 Th ANNIVERSARY SPECIAL SCHEDULE 7:30am Rite I 10:00am Rite II 2:00pm Endowment	23 SUNDAY SCHEDULE 11:15am Pre-EYC	30 Sunday Schedule 12:30pm ASP Ice Cream Social



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Mailing Label

All are Welcome!

Love God, Love Your Neighbor, Change the World!

St. Paul's Episcopal Church in Cary is home to an active, caring, and diverse congregation of the Episcopal Diocese of North Carolina. Through corporate worship, spiritual development, fellowship, and service we continue to grow together in faith. We strive to be Christ's welcoming, reconciling, and transforming presence in the world through our many and varied ministries.

Clergy

The Rev. George Adamik, Rector x 13 | George.Adamik@stpaulscarv.org

The Rev. Javier Almendárez-Bautista, Associate Rector

x 12 | <u>Javier@stpaulscary.org</u>

The Rev. Antoinette Wike, Priest Associate

Tony.Wike@stpaulscary.org

The Rev. Candy Snively, Deacon Candy.Snively@stpaulscary.org

Vestry

Senior Warden: Jeff Kager Junior Warden: Mary Kintz

Rick Bradley, LaQuinta Yvette Jernigan, Karen Smith, Ron Barbee, Olivia Delahaye, Bill Gautier, Victor Talbird, Nicole Gatchalian, Rob Johnson.

Clerk: Lanny Wase – Treasurer: John Goehrke

Staff

Christine Ingram, Parish Administrator / Director of Children's Ministries

Church School Office 467-2578 x 19 | Christine.lngram@stpaulscary.org ParishAdmin@stpaulscary.org

Brandy Satterfield, Financial Assistant x 36 | <u>Brandy.Satterfield@stpaulscary.org</u>

Rusty McKinney, Music Minister

Music Office 467-6241 x 15 | <u>Rusty.McKinney@stpaulscary.org</u>

Joanna Li, Organist

Andrea Dreier, Music Associate

Brooke Bowersox, Preschool Director Preschool Office 467-3788

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Laura Gorman, Nursery / Kids' Club Director

Laura.Gorman@stpaulscary.org

Leah Dail, Youth Coordinator x 23 | Leah.Dail@stpaulscary.org

Melanie Fairbrother, Office Manager x 10 | Melanie.Fairbrother@stpaulscary.org

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